SURVIVAL KIT FOR SENIORS

Covering CANADIAN, CLEVELAND, LOGAN and OKLAHOMA COUNTIES

This directory is published for older adults and their families. Areawide Aging Agency does not charge for the Survival Kit, but gladly accepts donations toward the cost of printing and mailing.

Areawide Aging Agency is here to assist you. If there is something you cannot locate in the directory, we would be happy to help you, please contact us at the following numbers: 405-943-4344.

HOW TO USE THE SURVIVAL KIT

The Survival Kit is printed regularly. Most listings show an address, telephone number and sometimes a website. Please note this data was current at the time of printing and may have changed. Due to continual changes within agencies or organizations, the printed version may not have the latest information. For the most current information, look for the digital version of the Survival Kit on our website:

www.areawideaging.org

Many organizations have specific eligibility guidelines or require verification of personal data. It is sometimes best to call before going in to ensure the fastest service. We recommend taking notes when calling a listing in the directory. Information regarding hours of operation and services listed is subject to change. Please check with the organizations listed for their specific details.

Due to space limitations, some listings may have been omitted. An effort has been made to include many of those organizations most directly related to older persons and their needs.

TTY/TDD users call Relay Oklahoma at 800-722-0353 or 711.
ABOUT AREAWIDE AGING AGENCY

Areawide Aging Agency is a non-profit agency dedicated to advancing the dignity and independence of older adults in our community. We provide services to those age 60 and over in Canadian, Cleveland, Logan and Oklahoma Counties. Areawide Aging Agency is an area agency on aging, one of eleven in Oklahoma, so designated by the Division of Aging Services, Oklahoma Department of Human Services.

We help connect seniors and caregivers to needed services. Areawide Aging Agency provides information to older adults, their families, caregivers or significant others. We also offer a brochure library free to the public at our offices.

The Ombudsman program serves residents in nursing home and assisted living facilities. They advocate on behalf of residents and assist in protecting their rights by providing information, exploring problems and recommending corrective action.

Areawide coordinates senior programs in our community. We assist with providing nutritious meals, transportation, legal aid, respite and support for caregivers, health promotion and nutrition classes.

Areawide Aging Agency, Inc. makes no distinction on the grounds of race, color, national origin, disability, gender or immigration status in the provision of services, financial aid or other benefits in accordance with CIVIL RIGHTS ACT OF 1964, the AMERICANS WITH DISABILITY ACT OF 1990 and the OLDER AMERICANS ACT OF 1965, as amended.

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Denotes Areawide Aging Agency Funded Projects

A LISTING IN THE SURVIVAL KIT DOES NOT CONSTITUTE AN ENDORSEMENT.
EMERGENCY NUMBERS

The following lists the specific telephone numbers to our public service area’s ambulance, police, fire and water departments. If you need to talk with a specific emergency department, the numbers are listed below. **Do not call these numbers if you have an immediate emergency; Call 911.**

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<td>405-789-2323</td>
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<td>405-262-6941</td>
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<td>405-424-1212</td>
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<td>405-399-2255</td>
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<td>Lexington</td>
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<td>405-527-9881</td>
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<td>405-872-9231</td>
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<td>405-701-8916</td>
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<td>405-321-1444</td>
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<td>Oklahoma County</td>
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<td>405-713-1000</td>
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<td>Police Department</td>
<td>405-231-2121</td>
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OKLAHOMA AREA AGENCIES ON AGING

GRAND GATEWAY ECONOMIC DEVELOPMENT ASSOCIATION .................... 800-482-4594
333 S. Oak, Big Cabin, 74332
Counties: Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington
grandgateway.org

EASTERN OKLAHOMA DEVELOPMENT DISTRICT (EODD) .................... 918-682-7891
1012 N. 38th St., Muskogee, 74402
Counties: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, Wagoner
www.eoddok.org/area-agency-on-aging

KIAMICHI ECONOMIC DEVELOPMENT DISTRICT (KEDDO) .................... 800-722-8180
1002 Highway 2 North, Wilburton, 74578
Counties: Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha
www.keddo.org/area-agency-on-aging

SOUTHERN OKLAHOMA DEVELOPMENT ASSOCIATION (SODA) ............ 580-920-1388
2704 N. 1st St., Durant, 74701
Counties: Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc
www.soda-ok.org/area-agency-on-aging.aspx

CENTRAL OKLAHOMA ECONOMIC DEVELOPMENT DISTRICT (COEDD)....... 405-273-6410
400 N. Bell, Shawnee, 74802
Counties: Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie, Seminole
www.coednet.net/aging-services.html

INDIAN NATIONALS COUNCIL OF GOVERNMENTS .............................. 918-579-9477
2 West 2nd St., Suite 800, Tulsa, 74103
Counties: Creek, Osage, Tulsa
www.incoq.org/Agency_on_Aging/aaa_main.html

LONG TERM CARE AUTHORITY OF ENID ........................................ 580-234-7475
202 W. Broadway, Suite A, Enid, 73701
Counties: Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, Noble
ltca.org
AREAWIDE AGING AGENCY ............................................................... 405-942-8500
4101 Perimeter Center Dr., Suite 310, OKC, 73112
Counties: Canadian, Cleveland, Logan, Oklahoma
www.areawideaging.org

ASSOCIATION OF SOUTH CENTRAL OKLAHOMA GOVERNMENTS (ASCOG). 800-658-1466
802 W. Main St., Duncan, 73534
Counties: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, Tillman
http://www.ascoag.org

SOUTH WESTERN OKLAHOMA DEVELOPMENT AUTHORITY (SWODA)....800-627-4882
PO Box 569, Building 420 Sooner Dr., Burns Flat, 73624
Counties: Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills, Washita
http://www.swoda.org

NW PSA11 ................................................................................................. 580-562-4882
PO Box 569, Building 420 Sooner Drive, Burns Flat, 73624
Counties: Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods, Woodward
http://www.oeda.org/area-agency-on-aging/
ACTIVITY / SENIOR CENTERS

CANADIAN COUNTY

EL RENO SENIOR CITIZENS CENTER ......................................................... 405-262-1968
401 S. Grand, El Reno, 73036

MUSTANG SENIOR CENTER ................................................................. 405-376-1297
1201 N. Mustang Rd., Mustang, 73064

YUKON SENIOR CENTER (DALE ROBERTSON CENTER) ...................... 405-350-7680
1200 Lake Shore Dr., Yukon, 73099

CLEVELAND COUNTY

BRAND SENIOR CENTER .................................................................... 405-799-3130
501 E. Main, Moore, 73160

EASTLAKE CUMBERLAND SENIOR CENTER ....................................... 405-691-0339
700 S.W. 134th St., OKC, 73170

MOORE COMMUNITY CENTER ............................................................ 405-793-5090
301 S. Howard Ave, Moore, 73160

NOBLE SENIOR CITIZEN CENTER ...................................................... 405-872-5921
600 E. Maguire Rd., Noble, 73068

NORMAN SENIOR CITIZEN CENTER .................................................. 405-329-4200
329 S. Peters, Norman, 73069

ROSE ROCK ......................................................................................... 405-364-3710
700 N. Berry Rd., Norman, 73069

LOGAN COUNTY

CRESCENT COMMUNITY CENTER ......................................................... 405-969-3081
621 E. Van Buren, Crescent, 73028

GUTHRIE YMCA ................................................................................ 405-282-8206
114 E. Oklahoma, Guthrie, 73044

HIGHLAND HALL ............................................................................... 405-282-4204
1102 E. Warner, Guthrie, 73044

OKLAHOMA COUNTY

ANDREWS SQUARE CENTER ................................................................. 405-634-9707
2101 S. Harvey, OKC, 73109

CANDLELAKE SENIOR CENTER ......................................................... 405-949-0139
3540 N.W. 56th St, OKC, 73112
CHOCTAW SENIOR CENTER ................................................................. 405-390-8040
14653 Dean St., Choctaw, 73020

CITADEL SENIOR CENTER ............................................................... 405-619-7077
2808 S.E. 44th, OKC, 73135

CLASSEN SENIOR CENTER ............................................................... 405-236-3680
913 N.W. 12th St., OKC, 73106

DANFORTH SENIOR CENTER ............................................................. 405-789-3021
5301 N. Meridian, OKC, 73112

EDMOND SENIOR CENTER ............................................................... 405-216-7600
2733 Marilyn Williams Dr., Edmond, 73034

HARRAH SENIOR CENTER ............................................................... 405-454-3586
19791 Summer’s Ave, Harrah, 73045

HILLCREST SENIOR CENTER ........................................................... 405-681-7741
2325 S.W. 59th St., OKC, 73119

INTEGRIS SENIOR LIFE WELLNESS .................................................. 405-717-9821
5100 N. Brookline, Suite 100, OKC, 73112
4200 S. Douglas Ave, Suite B-10, OKC, 73109

JELTZ CENTER .............................................................................. 405-702-8640
1225 Kate, OKC, 73117

LA PUERTA DE ORO ........................................................................ 405-235-4243
420 S.W. 10th St., OKC, 73109

LINCOLN SENIOR CENTER - YMCA .................................................. 405-427-0862
4712 N. Martin Luther King, OKC, 73111

LUTHER SENIOR PROGRAM ............................................................ 405-277-3911
Luther Community Center, 205 E. 1st Street, Luther, 73054

MCGUIRE SENIOR CENTER ............................................................ 405-419-9925
1316 N.E. 12th St., OKC, 73117

MEMORIAL CHRISTIAN CHURCH .................................................... 405-948-1854
1915 N. Meridian, OKC, 73107

MIDWEST CITY COMMUNITY CENTER ........................................... 405-737-7611
8251 E. Reno, MWC, 73110

ORVAL RAY TOWER ....................................................................... 405-672-1412
4613 Tinker Diagonal, Del City, 73115

RED BUD SENIOR .......................................................................... 405-751-2402
1400 N.W. 115th St., OKC, 73114

www.redbudslenior.com
REDING SENIOR CENTER ................................................................. 405-631-1462
1000 S.W. 38th St, OKC, 73109

SHARTEL TOWERS SENIOR CENTER ........................................ 405-631-4644
5415 S. Shartel, OKC, 73109

SPENCER SENIOR CENTER .............................................................. 405-771-5354
8306 N.E. 36th St., Spencer, 73084

TEMPLE GARDENS ........................................................................ 405-604-3111
1515 N.E. 48th S.t, OKC, 73111

TOWERS SENIOR CENTER ............................................................... 405-272-0735
117 N.W. 9th St., OKC, 73102

WILL ROGERS GARDENS ................................................................. 405-297-1392
3400 N.W. 36th St., OKC, 73112

WILL ROGERS SENIOR CENTER ................................................... 405-297-1455
3501 Pat Murphy Dr., OKC, 73112  (In Will Rogers Park)
Educational and creative classes and activities for senior adults. 55 years +.

WOODSON PARK SENIOR ACTIVITY CENTER .......................... 405-681-3266
3401 S. May Ave, OKC, 73119
Educational and creative classes and activities for senior adults. 55 years +

ADULT DAY HEALTH AND RESpite CARE

BELLEVUE NURSING & REHABILITATION CENTER ................... 405-767-6500
6500 N. Portland, OKC 73116
www.bellevueokc.com

COMFORT KEEPERS ................................................................... 405-200-1150
2601 N.W. Expressway, Suite #1115E, OKC, 73112
Respite care. We help maintain independence and quality of life.
www.comfortkeepers.com

DAILY LIVING CENTERS

Rockwell Center, 3000 N. Rockwell, Bethany, 73008 .......................... 405-792-2401
Southside, 1681 S.W. 86th, OKC, 73150 ........................................... 405-688-5388
Jeltz Center, 1225 N. Kate, OKC, 73117 ........................................... 405-702-8640
Edmond Center, 3413 Wynn Dr., Edmond, 73013 ......................... 405-471-6867
Adult day services, transportation, meals, nurse monitoring, therapeutic
programs & Physical and Occupational Therapy, Special advanced Alzheimer’s
based on ability to pay. 24 hr. Respite care available.
www.dailyllivingcenters.org

EASTERN OK COUNTY TECHNOLOGY CENTER ...................... 405-390-9591
4601 N. Choctaw Rd., Choctaw, 73020
www.eoctxtech.edu
FULL CIRCLE ADULT DAY CENTER ................................................................. 405-447-2955
4223 28th Ave N.W., Norman, 73069
www.fullcircletov.org

LIFESPAN RESPITE VOUCHER PROGRAM ............................................. 405-271-5700  EXT. 47801
Vouchers for caregivers of persons from birth to age 59. Allows caregiver to
pay someone for respite service.
www.soonersuccess.ouhsc.edu

LORETTA’S ADULT DAY CENTER........................................................... 405-748-2575
10400 Vinyard Blvd. G101, OKC, 73120

MANSION AT WATERFORD, THE .............................................................. 405-463-2212
6110 N. Penn, OKC, 73112
www.mansionatwaterfordslc.com/p/assisted_living/respite_care_2673/okl
ahoma-city-ok-73112/the-mansion-at-waterford-2673

METROPOLITAN BETTER LIVING CENTER.............................................. 405-525-3024
702 N.E. 37th St., OKC, 73105
Adult day service
www.mblcokc.com

OKLAHOMA FOUNDATION FOR THE DISABLED ..................................... 405-842-6636
8421 N. Walker, OKC, 73114
www.okfd.org

▲ RESpite VOUCHER PROGRAM ................................................................. 405-321-3200
AGING SERVICES of CLEVELAND COUNTY
Coordinates respite services. Eligible families can receive vouchers to buy
respite services. Family responsible to interview, hire & pay respite provider.

SOMMERSET ASSISTED LIVING RESIDENCES ........................................ 405-691-9221
1601 S.W. 119th St., OKC, 73170
Respite Care.
www.sommersetassistedliving.com

SOUTH POINTE REHAB & CARE CENTER .......................................... 405-685-4791
5725 S. Ross Ave, OKC, 73119
www.mgmhealthcare.com/south-pointe-rehab-and-care-center

▲ SUNBEAM FAMILY SERVICES .............................................................. 405-528-7721
1100 N.W. 14th St., OKC, 73117
Senior Companion Program and Respite programs available.
www.sunbeamfamilyservices.org

WELCOME HOME ADULT DAY CARE ...................................................... 405-692-1800
1000 S.W. 104th, OKC, 73139

WOVENLIFE ADULT DAY CARE CENTER .............................................. 405-239-2525
701 N.E. 13th St., OKC, 73104
www.wovenlifeok.org
DEPARTMENT OF HEALTH SERVICES

COMMUNITY HEALTH CENTERS, INC. ................................................. 405-769-3301
Mary Mahoney Memorial Health Center, 12716 N.E. 36th St., Spencer, 73084
Perry Klassen Family Medical Center, 1901 Springlake Dr., OKC 73111
Healing Hands Health Care Services (for Homeless), 411 N.W. 11, OKC 73103
Healthy Start Initiative, 3017 N. Martin Luther King Blvd., OKC, 73111
www.communityhealthok.org

CROSSING COMMUNITY CLINIC .......................................................... 405-749-0800
10255 N. Penn, OKC, 73120
Free clinic. Extractions, fillings, cleanings for uninsured individuals. By
appointment only.
http://crossings.church/clinic/

D-DENT .................................................................................................. 405-424-8092
3000 Founders Tower, Suite 122, OKC, 73112
Dentist for the Disabled and Elderly in need of Treatment
Dental Services and Referrals
http://www.d-dentok.org

GOOD SHEPHERD CLINIC ................................................................. 405-232-8631
222 N.W. 12th St., OKC, 73103
Appointment required for dental and medical.
http://goodshepherdokc.org/

KING’S KLINIC ..................................................................................... 405-848-4005
921 W. Britton Rd., OKC, 73114
Dental clinic on first Monday of the month, 3:00 pm to 6:30 pm. Call for
details.
www.kingsklinic.com

MINISTRIES OF JESUS (DENTAL & VISION) ..................................... 405-340-7400
1100 E. I-35 Frontage Rd., Edmond, 73034
Dental clinic, by appointment. Must be enrolled in medical program to
receive dental services.
www.moj.com

NSO DENTAL CLINIC ........................................................................... 405-236-0413
431 S.W. 11th, OKC, 73109
Exams, x-rays, fillings, cleanings, extractions, dentures. Not a free clinic.
www.nsookc.org/dental

OKLAHOMA BOARD OF DENTISTRY .................................................. 405-522-4844
2920 N. Lincoln Blvd., Suite B, OKC, 73105
To determine training, experience and qualification.
www.ok.gov/dentistry

OPEN WIDE DENTAL CLINIC ............................................................ 405-946-9497
Portland Avenue Baptist Church
1301 N. Portland Avenue, OKC, 73107
No cost. Open 3rd Saturday each month from 9:00 a.m. to 2:00 p.m. Call the Thursday before the clinic to schedule the appointment.

www.portlandavenue.org

OU COLLEGE OF DENTISTRY ......................................................... 405-271-7744

1201 N. Stonewall, OKC, 73117

Tooth Extraction. Not a free clinic.

dentistry.ouhsc.edu

ROSE STATE COLLEGE ALLIED DENTAL PROGRAM ....................... 405-733-7336

Rose State College, 6420 S.E. 15th, MWC, 73110

Health Science Annex Building

www.rose.edu/nav/community-outreach/dental-hygiene-clinic

Preventive services only. Open August – May.

STERLING DENTAL ........................................................................ 405-728-1278

Mobile dental/vision care to Nursing Centers and Assisted Living. .... 866-632-8882

www.sterlingdhs.com

VARIETY CARE (DENTAL & VISION) ............................................ 405-632-6688

10th St. Family Health Center – 4023 N.W. 10th, OKC, 73107

Britton - 721 W. Britton Road, OKC, 73114

OSU/OKC – 440 N. Portland, Suite 1000, OKC, 73107

Norman Family Practice – 317 E. Himes, Norman, 73069

Straka Terrace – 1025 Straka Terr., OKC, 73139

www.varietycare.org

VISION CARE AND AIDS

BVA ADVANCED EYE CARE ......................................................... 405-752-2733

14701 N. Santa Fe, Edmond, 73013 .............................................. 888-323-3937

Expert care for refractive disorders, conditions of the aging eye, including cataract, eyelid reconstruction, glaucoma, corneal disease, and conditions related to diabetes and high blood pressure.

www.bva20-20.com

CATARACT INSTITUTE OF OKLAHOMA ..................................... 405-455-3937

3840 S. Blvd, Suite 103, Edmond, 73013

www.cataractinstituteofok.com

COMMUNITY HEALTH CENTERS, INC. .................................... 405-769-3301

Mary Mahoney Memorial Health Center, 12716 N.E. 36th St., Spencer, 73084

Perry Klassen Family Medical Center, 1901 Springlake Dr., OKC 73111

Healing Hands Health Care Services (for Homeless), 411 N.W. 11, OKC 73103

Healthy Start Initiative, 3017 N. Martin Luther King Blvd., OKC, 73111

www.communityhealthok.org
COMMUNITY CHARITY EYE CLINIC ............................................................... 405-632-2644
Skyline Urban Ministry, 500 S.E. 15th St., OKC, 73129
By appointment, for Oklahoma County residents only.
www.skylineurbanministry.org

DEAN MCGEE EYE INSTITUTE .............................................................. 800-787-9012
608 Stanton L. Young Blvd., OKC, 73104 ............................................. 405-271-6060
3500 N.W. 56th St., OKC, 73112......................................................... 405-271-9500
1005 Medical Park Blvd., Edmond, 73013........................................... 405-271-0909
Diagnosis, treatment, exams and referrals.
www.dme.org

EYE CARE AMERICA .............................................................................. 877-887-6327
Referral services for persons who are 65 and over and have not had an eye exam for 3 years or more. No HMO, VA or eye doctor. Not an eyeglass program. Online questionnaire for eligibility.
www.aoa.org/eyecare-america

HUMMEL EYE ASSOCIATES ................................................................. 405-755-6111
4205 McAuley Blvd., Suite 401, OKC, 73120
Total eye care, including advanced no shot, no stitch, no patch cataract surgery, laser, eyelid procedures to improve vision, and glaucoma services.
www.hummeleye.com

INDIAN HEALTH SERVICE CENTERS (DENTAL & VISION) ........... 405-234-8400
1801 Parkview Dr., El Reno, 73036 ....................................................... 405-234-8400
www.ihc.gov/oklahoma/healthcarefacilities/el-reno-indian-health-center
4913 W. Reno, OKC, 73127 ................................................................. 405-948-4900
www.okcic.com

MINISTRIES OF JESUS (DENTAL & VISION) ..................................... 405-340-7400
1100 E. I-35 Frontage Rd., Edmond, 73034
Dental clinic, by appointment. Must be enrolled in medical program to receive dental services.
www.moj.com/

NEW EYES FOR THE NEEDY ................................................................. 973-376-4903
549 Millburn Ave, Short Hills, NJ 07078
All applicants must be submitted by a social service agency.
Voucher program for prescription glasses for persons at or below U.S. poverty guidelines. Does not provide eye exams.
www.new-eyes.org

NEWVIEW OKLAHOMA ....................................................................... 855-811-9699
Low Vision Clinic, 4300 N. Classen Blvd., OKC, 73118
Main Office, 501 N. Douglas, OKC, 73106
Information & assistance, independent skill training, employment, Low vision rehabilitation and support services.
www.newviewoklahoma.org
SKYLINE URBAN MINISTRY
500 S.E. 15\textsuperscript{th} St., OKC, 73129
Free eye exams and low-cost prescription glasses.
\url{www.skylineurbanministry.org/programs}

SOONERCARE
800-978-7767
Over age 65 or have blindness or another disability. Call or refer to website.
\url{www.mysoonercare.org}

VARIETY CARE (DENTAL & VISION)
10th St. Family Health Center – 4023 N.W. 10th, OKC, 73107
Britton - 721 W. Britton Road, OKC, 73114
OSU/OKC – 440 N. Portland, Suite 1000, OKC, 73107
Norman Family Practice – 317 E. Himes, Norman, 73069
Straka Terrace – 1025 Straka Terr., OKC, 73139
\url{www.varietycare.org}

VISUAL AIDS

AMERICAN PRINTING HOUSE FOR THE BLIND, INC
1839 Frankfort Ave., Louisville, KY 40206
Aids, tools and supplies for the visually impaired. Free subscriptions to
\textit{Readers Digest} for persons who are legally blind.
\url{www.aph.org}

HUMANWARE
Technology vendor for visually impaired.
\url{www.humanware.com}

LIGHTHOUSE GUILD
111 East 59th St, New York City, NY 10022
Resource materials for visually impaired.
\url{www.lighthouseguild.org}

NATIONAL BRAILLE PRESS
Empowers the blind and visually impaired with programs, materials, and
technology supporting braille literacy and learning through touch.
\url{www.nbp.org}

NEWVIEW OKLAHOMA
501 N. Douglas Ave., OKC, 73106
Non-profit organization that seeks to empower blind and vision impaired
individuals to achieve their maximum potential through rehabilitation,
employment, and community outreach.
\url{www.nvoklahoma.org}

OK VISION
2313 N.W. 119th Terr., OKC, 73120
Reading systems for visually impaired.
OKLAHOMA COUNCIL OF THE BLIND ................................................. 877-578-6212
PO Box 1476, OKC, 73101
Membership organization for the blind and their families.
www.okcb.accountsupport.com

OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES .......... 405-951-3400 V/TTY
3535 N.W. 58th St., Suite 500, OKC, 73112 ..................................... 800-845-8476
www.okrehab.org

OKLAHOMA LIBRARY FOR THE BLIND & PHYSICALLY HANDICAPPED .... 405-521-3514
300 N.E. 18th St., OKC, 73105 ......................................................... 800-523-0288
Visual Services Division, Books & newspapers.
www.olbph.org

OLDER BLIND INDEPENDENT LIVING PROGRAM .......................... 800-829-3255
Oklahoma Department of Rehabilitation Services (Shepherd Mall)
2401 N.W. 23rd St., Suite 91, OKC, 73107 ..................................... 405-522-3382
www.okdrs.org/independence/older-blind

SENIOR EYE CARE PROGRAM......................................................... 877-887-6327
Referral service for seniors, 65 or older, for eye exam & follow-up care. (Not an eyeglass program)
www.eyecareamerica.org

SERVICES TO THE DEAF AND HARD OF HEARING .......................... 405-522-7930
Department of Rehabilitative Services ....................................... 800-833-8973
2401 N.W. 23rd St., Suite 51, OKC, 73107
Help with vocational training and job placement.
www.okrehab.org/independence/deaf

SERTOMA HEARING AID RECYCLING PROGRAM .......................... 816-333-8300
http://www.sertoma.org/

DISABILITY AID

THE ALZHEIMER’S STORE ............................................................... 800-752-3238
www.alzstore.com

AMERICAN CANCER SOCIETY ....................................................... 405-843-9888
6525 N. Meridian, Suite 110, OKC, 73116
Donated items for cancer patients, when available: wigs, bibs, prosthesis (breast forms), ostomy supplies. www.cancer.org

LIBRARY BY MAIL: METROPOLITAN LIBRARY SYSTEM OUTREACH ....... 405-606-3295
Provides library materials free to Oklahoma County residents 65+ years or completely homebound.
http://www.metrollibrary.org/discover/outreach#library--by-mail

CITY OF OKLAHOMA CITY/REFUSE AFFIDAVIT ................................ 405-297-2833
Exemption to use house-side refuse, for physically challenged. Call for application.
CLOTHING FOR THE DISABLED
Buck & Buck  www.buckandbuck.com ................................................................. 800-458-0600
Personal Touch Health Care Apparel .............................................................. 888-626-1703
Silvert’s Adaptive Clothing & Footwear  www.silverts.com ............................... 800-387-7088
Wardrobe Wagon, Inc.  www.wardrobewagon.com ........................................... 800-221-8929

DALE ROGERS TRAINING CENTER ................................................................. 405-946-4489
2501 N. Utah, OKC, 73107
Special Needs Program is designed for individuals with more significant disabilities, or those approaching retirement age. Placement is limited.

4 PAWS FOR ABILITY ...................................................................................... 937-374-0385
Trained service dogs for persons with disabilities. Provides companionship and increased independence.
www.4pawsforability.org

HANDICAPPED PARKING PERMIT, OKLAHOMA (PHYSICALLY DISABLED PARKING PLACARD) ................................................................. 405-425-2693
Application signed by physician. Applications are available at any tag agency, or online. Allow 2 weeks to process.
www.ok.gov/dps/documents/placard_application.pdf

INDEPENDENT LIVING AIDS ........................................................................ 800-537-2118
137 Rano Rd., Buffalo, NY 14207
www.independentliving.com

LS & S – LEARNING, SIGHT AND SOUND MADE EASIER ............................... 800-468-4789
145 River Rock Dr., Buffalo, NY 14207
www.issproducts.com

MAXIAIDS ........................................................................................................ 800-522-6294
Products for independent living. Vision, hearing, mobility, & medical items.
www.maxiaids.com

METROPOLITAN LIBRARY SYSTEM – OKLAHOMAN DIGITAL ARCHIVES
Database contains full-color, digital copies of The Oklahoman newspaper, including today’s edition. Search the entire archives of The Oklahoman or search individual. You can browse the newspapers by date or search by keyword across articles, advertisements and photo captions.
www.metrolibrary.org

MOBILITY PROGRAM FOR PERSONS WITH DISABILITIES
Ford  www.fordmobilitymotoring.com ................................................................. 800-952-2248
GM  www.gmmobility.com ............................................................................. 800-323-9935

NANOPAC, INC. ................................................................................................. 800-580-6086
4823 S. Sheridan Rd., Tulsa, 74145
Assistive technology for the disabled.
www.nanopac.com
NEWBY VANCE MOBILITY SALES & SERVICE ............................................. 405-282-2113
5632 S. Division, Guthrie, 73044
Scooter & Wheelchair lifts, hand controls, and converted vehicles for sale.
www.newbyvancemobility.com

OKLAHOMA ABLE TECH ........................................................................... 800-257-1705
1514 W. Hall of Fame, Stillwater, 74078
Assistive Technology Devices
www.okabletech.org

OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES .......... 405-951-3400 V/TTY
3535 N.W. 58th St., Suite 500, OKC, 73112 .............................................. 800-845-8476
www.okrehab.org

OKLAHOMA DISABILITY LAW CENTER ................................................ 405-525-7755
5600 N. May, OKC, 73106 ................................................................. 800-880-7755
www.okdlc.org

OKLAHOMA FOUNDATION FOR THE DISABLED .............................. 405-842-6636
8421 N. Walker, OKC, 73114
www.okfd.org

OKLAHOMA OFFICE OF DISABILITY CONCERNS .............................. 405-521-3756
1111 N. Lee Ave., OKC, 73103 .............................................................. 800-522-8224
Information and referral for disability programs and resources. Information on
disability issues, legislation, employment, program development and compliance
with disability laws. CAP (client assistance program) Rehabilitation issues.
www.ok.gov/odc

PROGRESSIVE INDEPENDENCE ............................................................ 405-321-3203
121 N. Porter Ave., Norman, 73071
Information/referral, advocacy, rural outreach.
www.progind.org

UNITED ACCESS MOBILITY AUTO SALES ......................................... 405-842-0511
730 W. Hefner Rd., OKC, 73114 ............................................................ 877-501-8267
New/used wheelchair-accessible vans, complete vehicle modifications,
wheilchair/scooter lifts, hand controls and more.

HEARING RESOURCES

AMERICAN HEARING AID CENTER ...................................................... 405-842-8377
5820 N. May Ave., OKC, 73112
Hearing evaluations, hearing aids, hearing aid service and batteries.
www.okbetterhearing.com

AMERICAN PRINTING HOUSE FOR THE BLIND, INC ....................... 800-223-1839
1839 Frankfort Ave., Louisville, KY 40206
Aids, tools and supplies for the visually impaired.
www.aph.org
AUDIOAID SUPPLY COMPANY ................................................................. 800-535-6044
Discount hearing aid batteries.
www.audioaidsupply.com

CAPTIONCALL ................................................................. 877-557-2227
The CaptionCall phone features a large easy-to-read screen that displays written captions of what callers say.
www.captioncall.com

CENTRAL OKLAHOMA ASSOCIATION FOR THE DEAF & HEARING IMPAIRED
4501 N. Classen, Suite 109, OKC, 73118 .............................. V/TTY 405-310-7949
www.coadhi.org

DEAF MINISTRIES
First Southern Baptist Deaf Church, 6400 S. Sooner Rd., Del City, 73135. 405-732-1300
www.firstsouthern.tv/discover/ministries/deaf
Southwest Baptist Church, 1300 S.W. 54th St., OKC, 73119 .................... 405-682-1491
www.southwestbaptistchurch.com/ministry/deaf-ministry
Windsor Hills Baptist Church, 5517 N.W. 23rd, OKC, 73127 .................... 405-943-3326
www.windsorhills.org/ministries/deaf-ministry

FAYE DONALSON HEARING HELPER ROOM ................................. 405-717-9820
Integris Senior Life Wellness Center, 5100 N. Brookline, Suite 100, OKC, 73112

FEDERAL TELECOMMUNICATIONS VOICE SYSTEM ......................... 711/TDD ..................... 888-225-5322
This relay service will permit hearing impaired persons anywhere in the U. S. to communicate via TDD with Federal agency offices throughout the country.
www.fcc.gov/guides/711-telecommunications-relay-service

HEARING LOSS ASSOCIATION OF AMERICA ..................................... 301-657-2248
7910 Woodmont Ave., Suite 1200, Bethesda, MD 20814
Consumer organization for hard of hearing persons, relatives and friends.
Benefits: bi-monthly magazine, chapters, groups, consumer information.
www.hearingloss.org

HEARING LOSS ASSOCIATION OF OKLAHOMA .......................... 405-797-9820
www.oklahomahearingloss.org

HEARING SOLUTIONS ................................................................. 405-265-1133
408 S. Mustang Rd., Suite B, Yukon, 73099
Certified audiologists conduct educational seminars on causes of hearing loss, hearing aid technology and more.
www.hearingsolutionsok.com/

HEARTS FOR HEARING ................................................................. 405-252-1308
11500 N. Portland Ave., OKC, 73120
www.heartsforhearing.org

HOUGH EAR HEARING AND SPEECH CENTER .......................... 405-947-6030
3434 N.W. 56th St., Suite 101, OKC, 73112
www.houghear.org
HUMANWARE .................................................................................................................. 800-722-3393

Technology vendor for visually impaired.

www.humanware.com/

INTERNATIONAL HEARING SOCIETY-HEARING AID HELPLINE ................... 800-521-5247

JOHN KEYS SPEECH & HEARING CENTER/ALLIED HEALTH CLINIC.......... 405-271-4214
825 N.E. 14th St., OKC, 73144

www.alliedhealth.ouhsc.edu/Keys-Clinic

OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES .......... 580-622-8812
Senior Citizen Hearing Aid Project.................................................................866-309-1717 TTY


www.okdrcs.org/node/4978

RELAY OKLAHOMA ..................................................................................................... 711

Standard phone, teletypewriter, hearing carry-over, voice carry-over, speech-to-speech, captioned telephone.

www.oklahomarelay.com

EMERGENCY/CRISIS/ALCOHOL AND SUBSTANCE ABUSE

(FOR FOOD ASSISTANCE, SEE FOOD/NUTRITION SECTION.)

EMERGENCY CALL.............................................................. .....................................................911

ELDER ABUSE & NEGLECT HOTLINE................................................................. 800-522-3511

ELDERCARE LOCATOR........................................................................................................ 800-677-1116

Monday – Friday, 8:00 a.m. – 7:00 p.m. CST

Multiple resources on issues affecting older adults.

www.eldercare.acl.gov

RED CROSS......................................................................................................................800-733-2767

Information on relief and support for senior adults and communities in crisis and responding in emergencies.

www.redcross.org

A CHANCE TO CHANGE FOUNDATION............................................................. 405-840-9000

2113 W. Britton Rd., OKC, 73120

www.achancetochange.org

AL-ANON FAMILY INFORMATION SERVICES............................................... 405-767-9071

3801 N.W. 63rd, Suite 129, OKC, 73116
Family groups

www.okcalanon.org
ALCOHOLICS ANONYMOUS-OKLAHOMA CITY ........................................ 405-524-1100
ALZHEIMERS SAFE RETURN PROGRAM (REPORT MISSING PERSON) .......... 800-625-3780
   Helpline ......................................................................................... 800-272-3900
   If an individual with Alzheimer's or a related dementia wanders and becomes lost, caregivers can call the 24-hour emergency response line to report it. www.alz.org/help-support/caregiving/safety/medicalalert-safe-return

AMERICAN RED CROSS OF CENTRAL OKLAHOMA
   601 N.E. 6th St., OKC, 73104 ......................................................... 405-228-9500
   401 S. Grand Ave., El Reno, 73036 ................................................. 405-262-5760
   219 S. 2nd St., Guthrie, 73044 ....................................................... 405-282-1194
   1205 Halley Ave., Norman, 73069 .................................................. 877-701-0111 and 405-321-0591
   72nd Medical Group, 7050 S. Air Depot Rd., Tinker AFB, 73145 .......... 405-582-6095
   Emergency assistance such as food, shelter and clothing following a disaster. www.redcross.org/local/oklahoma.html

AREAWIDE OMBUDSMAN PROGRAM .............................................. 405-942-8500
   4101 Perimeter Center Drive, Suite 310, OKC, 73112
   This program serves residents in Long-Term health care facilities and assisted living. The ombudsman advocate on behalf of individual residents. They assist in protecting residents’ rights by providing information, exploring problems, and recommending corrective action. www.areawideaging.org

CATHOLIC CHARITIES .................................................................... 405-523-3000
   1232 N. Classen, OKC, 73106
   Serves those in need, regardless of faith, through transformative, empowering and dignity-affirming social service programs that seek to eliminate material, emotional, and spiritual poverty across Central and Western Oklahoma. www.catholiccharitiesok.org

THE CATALYST BEHAVIORAL SERVICES ....................................... 405-232-9804
   Community House Residential Program, 1501 N.E. 11th, OKC, 73117 .... 405-230-1138
   State Court Services, 3033 N. Walnut, OKC, 73105 .......................... 405-230-1178
   Catalyst Health Primary Care Clinic, 1211 N. Shartel, OKC, 73103 ...... 405-235-4440
   DUI Assessments and Schools, 3033 N. Walnut, OKC, 73105 ............ 405-230-1154
   Ivanhoe and Cameo Work Release for Men .................................... 405-230-1165
   Catalyst Work Release for Women .................................................. 580-540-8954
   www.catalystok.org

CENTRAL OKLAHOMA COMMUNITY ACTION AGENCY
   1183 E. Main, Norman, 72071 ..................................................... 405-701-2170
   1524 E. Perkins, Guthrie, 73044 .................................................... 405-466-8115
   319 S.W. 25th, OKC, 73109 ......................................................... 405-232-0199
   www.caaofokc.org

COCAINE ANONYMOUS 24/7 HOTLINE ........................................... 800-304-2219
COMMUNITY ACTION AGENCY TURNING POINT
Southwest Center – 1607 S.W. 15th St., OKC, 73108 ........................................ 405-634-0508
Sober Living – 2425 N.E. 10th St., OKC, 73117 ........................................ 405-424-2547
Canadian County – 203 N. Bickford, El Reno, 73036 ................................. 405-262-0739
Alcohol/Drug Outpatient Treatment, Rehabilitation and Education Services.
www.caaofokc.org/community_services_headstart/turning-point

COMPASSIONATE HANDS
119 S. 6th, Yukon, 73099 ............................................................................... 405-354-9591
Aiding Yukon residences experiencing temporary crisis. Must live within zip code: 73099. Assists with housing and utilities, prescriptions, food and clothing referral, personal and baby needs, counseling and job leads.
compassionatehandsyukon.com

CRIME VICTIMS COMPENSATION PROGRAM ........................................ 405-264-5006
421 N.W. 13th St, Suite 290, OKC, 73013
www.ok.gov/dac/Victims

CRIMESTOPPERS OF OKLAHOMA CITY
700 Colcord Drive, OKC, 73102 ................................................................. 405-235-7300
You can report crimes and remain anonymous.
www.okccrimetips.com

DOMESTIC VIOLENCE HOTLINE .............................................................. 405-917-9922

ELDER ABUSE HOTLINE ........................................................................ 800-522-3511

FEDERAL BUREAU OF INVESTIGATION ................................................ 405-290-7770

FEMA ........................................................................................................... 800-621-3362
........................................................................................................... TTY: (800) 462-7585
Information/resources on preparing and recovering from disasters.
www.fema.gov
Information/resources on emergency preparedness.
www.ready.gov

HIV & AIDS HOTLINE - OKLAHOMA ......................................................... 800-535-2437

NARCOTICS ANONYMOUS .................................................................... 405-524-7068
121 N.E. 52nd St., OKC, 73105
Outside Oklahoma City Area ..................................................................... 866-524-7068
www.okna.org

NAIC – NORMAN ADDICTION INFORMATION & COUNSELING ........ 866-884-4595
215 W. Linn St., Norman, 73069
www.naichelp.org

NORTH-care ................................................................................................ 405-272-0660
Adult & Families Services - 2617 General Pershing Blvd., OKC, 73107 .... 405-858-1700
Day Reporting Center ................................................................................. 405-858-1700
NorthCare of Logan County – 1911 E. Rutgers Ave., Guthrie, 73044 .................................. 405-260-3441
Crisis Intervention Hotline ................................................................................. 405-858-2700
    www.northcare.com

OKLAHOMA COUNTY CRISIS INTERVENTION CENTER .................................. 405-945-6215
2625 General Pershing Blvd., OKC, 73107
    Immediate response to mental health or substance abuse emergencies;
screening, evaluation and referral; short term residential treatment;
detoxification; and emergency detention.
    www.ok.gov/odmhsas/Mental_Health/Adult_Crisis_Centers.html

OKLAHOMA CRISIS HELPLINE ........................................................................... 211

OKLAHOMA DEPARTMENT MENTAL HEALTH SUBSTANCE ABUSE
2000 N. Classen Blvd., Suite 2-600, OKC, 73106 ............................................. 405-248-9200

OKLAHOMA TOBACCO HELPLINE ................................................................ 800-784-8669
    www.okhelpline.com

POISON CONTROL HOTLINE ........................................................................ 800-222-1222

POISON & DRUG INFORMATION, OKLAHOMA CENTER FOR.................. 405-271-5454
940 N.E. 13th, OKC, 73104
    www.oklahomapoison.org

RAPE CRISIS HOTLINE – NORMAN ............................................................... 405-701-5660

THE RECOVERY CENTER .............................................................................. 405-525-2525
1215 N.W. 25th St., OKC, 73106
    Medically supervised detoxification of consumers that suffer from alcohol and
drug addictions.
    www.trck.com

SEXUAL ASSAULT HOTLINE ..................................................................... 405-943-7273

SSM HEALTH - SAINT ANTHONY RECOVERY & TREATMENT ..................... 405-713-5706
1000 N. Lee, OKC, 73102
    START Program. Intensive Outpatient/Day Treatment/Detox Chemical
dependency treatment program, inpatient & partial hospitalization.
    www.ssmhealth.com/mental-health/start

SUICIDE HOTLINE ......................................................................................... 800-273-8255

VETERANS CRISIS HOTLINE ................................................................. 800-273-8255
PRESS #1

VIOLENCE SAFELINE (HELP LINE ONLY) .................................................. 800-522-7233
    Information on rape and domestic violence issues.

WOMEN’S RESOURCE CENTER CRISIS LINE – NORMAN ....................... 405-701-5540

WOMEN’S SERVICE & FAMILY RESOURCE CENTER – EL RENO ............... 405-262-4455
YWCA CRISIS SERVICES ................................................................. 405-948-1770
2460 N.W. 39th St., OKC, 73112
Domestic Violence Hotline ......................................................... 405-917-9922
Rape & Sexual Assault ............................................................... 405-943-7273
Shelter Office, Passageway ......................................................... 405-948-1770
Oklahoma State Safeline .............................................................. 800-522-7233
Counseling & Groups ................................................................. 405-948-1770
DVVAP/VPO Assistance .............................................................. 405-297-1139
Economic Empowerment ......................................................... 405-948-1770
www.ywcaokc.org

SHELTERS

CITY CARE NIGHT SHELTER, OKC ............................................ 405-652-1112
For men, women, families, and pets. Food and shelter for guests AND PETS.
www.citycareokc.org/homelessservices

CITY RESCUE MISSION ............................................................. 405-232-2709
800 W. California, OKC, 73106
www.cityrescue.org

COMPASSIONATE HANDS ......................................................... 405-354-9591
119 S. 6th, Yukon, 73099
Yukon residents only. Emergency shelter.
www.compassionatehandsyukon.com

FOOD AND SHELTER ............................................................... 405-360-4954
201 Reed Ave., Norman, 73071
www.foodandshelterinc.org

GRACE RESCUE MISSION ......................................................... 405-232-5756
2205 Exchange Ave., OKC, 73108
Homeless shelter for men 19 years and older.
www.alliedhealth.ouhsc.edu/Keys-Clinic

HOMELESS ALLIANCE ............................................................. 405-415-8410
1724 N.W. 4th, OKC, 73106
www.homelessalliance.org

JESUS HOUSE .............................................................................. 405-232-7164
1335 W. Sheridan, OKC, 73106
www.jesushouseokc.org

SALVATION ARMY, SOCIAL SERVICES (CANADIAN COUNTY) .......... 405-295-2343
1012 S. Rock Island, El Reno, 73036
Emergency assistance for shelter. Monday, Wednesday, Thursday, 9:00 a.m. – 12:00 p.m. and 1:00 p.m. – 3:00 p.m.
www.salvationarmyokcac.org/canadiancounty/social-service-programs
SALVATION ARMY, SOCIAL SERVICES (CLEVELAND COUNTY)..........................405-364-9910
1124 N. Porter, Norman, 73071
www.salvationarmyokc.org/clevelandcounty/social-services

SUNBEAM EMERGENCY SENIOR SHELTER .............................................405-528-7721
1100 N.W. 14TH ST., OKC, 73106
Provides temporary shelter for adults, primarily over age 60 who are living in situations of abuse, neglect, exploitation or self-neglect.
www.sunbeamfamilyservices.org

FOOD/NUTRITION PROGRAMS AND PANTRIES

SNAP - SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

ACCESS CARD ISSUANCE (ELECTRIC BENEFIT TRANSFER) .....................866-411-1877
Oklahoma debit cards issued at DHS offices to qualified applicants. Food stamp issuance sites.
www.okdhslive.org

OKDHS State Office SNAP ...........................................................................405-521-3444

CANADIAN COUNTY

▲ CANADIAN COUNTY NUTRITION .........................................................405-949-2709

EL RENO SENIOR CITIZENS CENTER.....................................................405-262-1968
317 S. Grand, El Reno, 73036
www.cityofelreno.com/community/senior-citizens-center

▲ MUSTANG SENIOR CENTER (WILD HORSE PARK) .........................405-376-1297
1201 N. Mustang Rd., Mustang, 73064
www.cityofmustang.org/seniorcenter

YUKON SENIOR CENTER (DALE ROBERTSON CENTER).......................405-350-7680
1200 Lake Shore Dr., Yukon, 73099
www.yukonok.gov/city-departments/parks-recreation/facilities/m.staff/3521/view/267

CLEVELAND COUNTY

▲ AGING SERVICES, INC. (CLEVELAND COUNTY) ...............................405-321-3200
Project Office - Community Services Building, 1179 E. Main, Norman
www.agingservicesok.com

▲ BRAND SENIOR CENTER ......................................................................405-793-9060
Moore Nutrition Site, 501 E. Main, Moore, 73160

▲ EASTLAKE CUMBERLAND SENIOR MEAL SITE ...............................405-691-0339
700 S.W. 134th St., OKC, 73170
NOBLE SENIOR CITIZEN CENTER ................................................. 405-872-5921
600 Maguire Rd., Noble, 73068

NORMAN SENIOR CITIZEN CENTER ........................................ 405-360-1472
329 S. Peters, Norman, 73069

ROSE ROCK VILLA ................................................................. 405-364-3710
700 N. Berry Rd, Norman, 73069

LOGAN COUNTY

CRESCEENT NUTRITION PROGRAM ........................................ 405-969-3081
Crescent Community Building
621 E. Van Buren, Crescent, 73028

HIGHLAND HALL ...................................................................... 405-282-4204
1102 E. Warner Ave., Guthrie, 73050

MARSHALL SENIOR CENTER .................................................... 580-935-6862
303 S. Missouri, Marshall, 73056

OKLAHOMA COUNTY

ALLIANCE HEALTH MIDWEST REGIONAL MEDICAL CENTER ............. 405-610-4411
2825 Parklawn Dr., Midwest City, 73110
25% discount for registered Med-Key card holders. Special diet meals
available upon request.
Breakfast: 6:00 – 9:30 am Lunch: 11:00 – 2:00 Dinner: 4:30 – 7:00 pm

ANDREWS SQUARE CENTER- OCSNP ........................................ 405-634-9707
2101 S. Harvey, OKC, 73109

CANDLELAKE SENIOR CENTER-OCSNP .................................. 405-942-6266
3540 N.W. 56th St., OKC, 73112

CENTRAL HILLCREST NUTRITION SITE .................................. 405-680-4622
6100 S. Penn, OKC, 73119

CHOCTAW SENIOR CENTER ................................................... 405-390-8040
14653 Dean St., Choctaw, 73020

CLASSEN SENIOR CENTER - OCSNP ........................................ 405-236-3680
913 N.W. 12th St., OKC, 73106

DANFORTH SENIOR CENTER .................................................. 405-789-3021
5301 N. Meridian, OKC, 73112

DEL CITY MEAL SITE - OCSNP ............................................. 405-670-4780
4701 S.E. 26th, Del City, 73115

EDMOND SENIOR CENTER ..................................................... 405-216-7600
2733 Marilyn Williams Dr., Edmond, 73003
HARRAH SENIOR CENTER- OCSNP ................................................................. 405-454-3586
19791 Summers Ave., Harrah, 73045

HILLCREST SENIOR CENTER- OCSNP .................................................. 405-685-4622
2325 S.W. 59th St., OKC, 73119

LA PUERTA DE ORO- OCSNP ................................................................. 405-235-4243
420 S.W. 10th St., OKC, 73109

RED BUD SENIOR CENTER- OCSNP ...................................................... 405-286-1863
1400 N.W. 115th St., OKC, 73114

MCGUIRE SENIOR CENTER- OCSNP ...................................................... 405-419-9925
1316 N.E. 12th St., OKC, 73117

MEMORIAL CHRISTIAN CHURCH- OCSNP ............................................. 405-948-1854
1915 N. Meridian, OKC, 73107

MIDWEST CITY COMMUNITY CENTER- OCSNP ................................. 405-732-0302
8251 E. Reno, Midwest City, 73110
AN AREAWIDE AGING AGENCY FUNDED PROJECT

NORTHEAST YMCA SENIOR CENTER- OCSNP ................................... 405-427-5222
4712 Martin Luther King Blvd., OKC, 73111

OKLAHOMA COUNTY SENIOR NUTRITION PROGRAM ........................ 405-949-2709
Project Administrative Office, 5016 N.W. 10th St., OKC, 73127
REDING SENIOR CENTER ........................................................................ 405-631-1462
1000 S.W. 38th St., OKC, 73109

SHARTEL TOWERS SENIOR CENTER ..................................................... 405-631-4644
5415 S. Shartel, OKC, 73109

SKYLINE URBAN MINISTRY ................................................................... 405-632-2644
500 S.E. 15th, OKC. 73129
www.skylineurbanministry.org/prime-time

TEMPLE GARDENS- OCSNP ................................................................. 405-427-5338
1515 N.E. 48th St., OKC, 73112

TOWERS SENIOR CENTER- OCSNP .................................................... 405-272-0735
117 N.W. 9th St., OKC, 73102

VIETNAMESE SENIORS ........................................................................... 405-686-1511
Golden Palace, 1500 S. Meridian, OKC, 73108
(Meets 3rd Saturday at the restaurant)
MOBILE / HOME DELIVERED MEALS

CANADIAN COUNTY

CANADIAN COUNTY NUTRITION ...................................................... 405-949-2709

MOBILE MEALS OF EL RENO, INC ............................................. 405-262-8623
200 N. Country Club Road, El Reno, 73036

YUKON MOBILE MEALS ..................................................................... 405-350-5901
1200 Lake Shore Dr., Yukon, 73099

CLEVELAND COUNTY

AGING SERVICES, INC. (CLEVELAND COUNTY) ......................... 405-321-3200
Home Delivered Meals Community Services Building,
1179 E. Main, Norman, 73071

MEALS ON WHEELS OF NORMAN, INC .................................... 405-321-7272
Serving seniors 60+ years, or disabled & within the Norman city limits.

LOGAN COUNTY

LOGAN COUNTY AGING SERVICES ............................................. 405-282-1803
1102 E. Warner, Guthrie, 73044  Home delivered meals.
AN AREAWIDE AGING AGENCY FUNDED PROJECT

OKLAHOMA COUNTY

DEL CITY MOBILE MEALS ......................................................... 405-672-1311
Del City Church of Christ, 1901 Vickie Dr., Del City, 73115
Call before 9:30 am - Del City residents only.

EDMOND MOBILE MEALS-HOME DELIVERED MEALS .................... 405-341-3111
25 W. 3rd St., Edmond, 73003

HERITAGE WEEKEND MEALS ..................................................... 405-424-1860
1500 N.E. 50th, OKC, 73111  Covering the NE Quadrant of OKC

MIDWEST CITY MOBILE MEALS ............................................... 405-474-6093
705 E. Rickenbacker Dr., MWC, 73110

MEALS ON WHEELS OF OKLAHOMA CITY .................................. 405-609-1035
St. Luke’s United Methodist Church
222 N.W. 15th St., OKC, 73103
www.endinghungerokc.org

OKLAHOMA COUNTY SENIOR NUTRITION PROGRAM .................. 405-949-2709
5016 N.W. 10th St., OKC, 73127

SPENCER/NICOMA PARK MOBILE MEALS PROGRAM .................. 405-769-3301 EXT 1249
For senior care case management contact Community Health Services
(Mary Mahoney Health Center)
FOOD PANTRIES

BAPTIST MISSION CENTER ................................................................. 405-235-6162
2125 Exchange, OKC, 73108
www.cbaokc.net/page/baptist_mission_center

BRITVIL FOOD PANTRY ..................................................................... 405-842-1275
8717 N. Western Ave., OKC, 73114
Serves zip codes: 73114, 73120, 73131. Call for requirements.
www.helpbritvil.com

CARE FOR OKC .................................................................................. 405-232-4255
1201 N. Robinson, OKC, 73103  Mondays 4:30 - 6:30

CITY RESCUE MISSION, INC .......................................................... 405-232-2709
800 W. California, OKC, 73106
www.cityrescue.org

FIRST SOUTHERN BAPTIST CHURCH OF DEL CITY ....................... 405-732-1300
6400 S. Sooner Road, OKC, 73135
www.firstsouthern.tv

FOOD AND SHELTER ........................................................................ 405-360-4954
201 Reed Avenue, Norman, 73071
Hot meals – Breakfast and Lunch; homelessness prevention.
www.foodandshelterinc.org

GOD’S FOOD BANK, INC .................................................................. 405-260-1412
402 W. Vilas, Guthrie, 73044
Logan County food assistance.

HOPE CENTER OF EDMOND ............................................................. 405-348-1340
1251 N. Broadway, Edmond, 73034
Food, clothing– Edmond or Arcadia residents.
www.hopecenterofedmond.com

JESUS HOUSE ................................................................................ 405-232-7164
1335 W. Sheridan, OKC, 73146
www.jesushouseokc.org

LUTHER COMMUNITY CENTER FOOD PANTRY
18120 Hogback Rd., Luther, 73054
Clothing also available at Thrift Store, 205 E 1st St, Luther

MASTERS MARKET MISSION MID-DEL ............................................. 405-737-2010
5751 E. Reno Ave., MWC, 73110
Serves areas surrounding Midwest City. Tuesday and Fridays. 10:00 – 1:30
www.missionmiddel.org

MERCY FOOD PANTRY .................................................................... 405-982-7686
3840 N. Saint Clair, OKC, 73112
Thursday, Saturday, Sunday, call for specific times.
MID-DEL FOOD PANTRY.................................................................405-732-3603
322 N. Midwest Blvd. Midwest City, 73140
Monday, Wednesday, Friday. 10:00 a.m. – 3:00 p.m. Closed 12:00 – 1:00 p.m. for lunch.
www.middelfoodpantry.com

MISSION NORMAN.................................................................405-321-8880
2525 E. Lindsey, Norman, 73071
Serves residents of Cleveland County excluding Moore.
www.missionnorman.org

PIEDMONT SERVICE CENTER (CANADIAN COUNTY)....................405-295-2343
415 Piedmont Road N., Piedmont, 73078
Open Tuesday and Thursday, 9:00 a.m. to 3:00 p.m.
www.piedmontservicecenter.org

REACHING OUR CITY FOOD PANTRY .......................................405-440-9994
7710 N.W. 10th St., OKC, 73127
Helping citizens in the following zip codes: 73127, 73128, 73008, 73112, 73120, 73122, 73134, 73142, 73162, & 73132.
www.reachingourcity.org/

REGIONAL FOOD BANK OF OKLAHOMA .....................................405-972-1111
3355 S. Purdue, OKC, 73137
Food a food pantry close to you, visit their website under Get Help.
www.regionalfoodbank.org

SAINT GEORGE GUILD – SAINT PAUL’S CATHEDRAL ..................405-232-2266
127 N.W. 7th St., OKC, 73102
Assists with Oklahoma Birth Certificates, Picture ID, Prescriptions, Utilities, Bus passes, Food (73101, 73102, 73103, 73104, 73105, 73106, 73117, 73121)

SALVATION ARMY, SOCIAL SERVICES (CANADIAN COUNTY) .......405-295-2343
1012 S. Rock Island, El Reno, 73036
Emergency assistance for food. Mon - Thurs, 9:00 a.m. – 12:00 p.m. and 1:00 p.m. – 3:00 p.m. Call in advance to ensure funding is available.
http://salvationarmyokcacadiancounty/social-service-programs/

SALVATION ARMY, SOCIAL SERVICES (CLEVELAND COUNTY) ......405-364-9910
1124 N. Porter, Norman, 73071
Tuesdays & Thursdays, 1:00 p.m. – 3:00 p.m. Provide food once every 30 days. Bring ID, proof of residency, proof of income and complete intake form.
www.salvationarmyokcacadiancounty/social-services

SKYLINE FOOD RESOURCE CENTER........................................405-632-2644
500 S.E. 15th St., OKC, 73127
Call for hours.
www.skylineurbanministry.org/food-resource-center
THE LORD’S HARVEST ................................................................. 405-422-2001
1020 Sunset Dr., El Reno, 73036
Lunch on Monday, Wednesday, Thursday and Friday. Dinner on Tuesday. Food pantry – call for hours, must be referred.
www.thelordsharvest.org/programs.html

YUKON SHARING ........................................................................ 405-354-9456
4 N. 6th, Yukon, 73099
Provides food for those in Yukon School District.

HEALTH AND MEDICAL EQUIPMENT

ALZHEIMERS SAFE RETURN PROGRAM AND MEDICALERT FOUNDATION
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AMERICAN MEDICAL ID ...................................................................... 800-363-5985
www.americanmedical-id.com

ASBURY MEDICAL SUPPLY .......................................................... 405-858-0097
3401 N. May, OKC, 73112
www.asburymedical.com

CST – YOUR LINK TO LIFE – MEDICAL ALERT SYSTEM ...................... 888-557-4462
www.cstlinktolife.com

ESS MOBILITY SOLUTIONS ............................................................... 855-927-2668
211 N.W. 59th, OKC, 73118 ......................................................... 405-585-0000
www.electricscooterstore.com

FAMILY MEDICAL SUPPLY ............................................................ 800-479-5993
4601 N. May, OKC, 73112 ......................................................... 405-947-6162

GENUINE CARE AND EASY LIVING CONCEPTS ................................. 405-842-8505
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Products to fit your home care needs.
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HALO MEDICAL ALARMS ............................................................. 877-747-4256
www.halomedicalalarms.com

IMED SUPPLY .................................................................................. 866-585-4478
1501 S.E. 4th, Moore, 73160
www.imedsupply.com

LIFE FONE ...................................................................................... 866-294-1073
www.lifefone.com

LIFELINE – PHILLIPS ...................................................................... 800-242-1557
www.lifeline.philips.com

LINDSEY MEDICAL SUPPLY .......................................................... 405-607-5905
9600 N. MAY, OKC, 73120
630 S.W. 4th St., Moore, 73160 ............................................................... 405-735-9505
   www.lindseymedicalsupply.com

MAJORS MEDICAL SUPPLY ............................................................... 888-444-0122
   415 W. Wilshire Blvd., OKC, 73116
   www.mmedsupply.com

MEDIC- ALERT ....................................................................................... 800-432-5378
   Medical & health bracelets & necklaces.
   www.medicalert.org

MEDICAL MART ...................................................................................... 405-360-4405
   623 N. Porter Ave, Suite 100, Norman, 73071

MOBILITY LIVING ................................................................................... 866-500-5600
   1215 S.E. 44th St, OKC, 73129 .......................................................... 405-672-7237
   www.mobilityliving.org

NATIONAL SEATING AND MOBILITY .............................................. 405-440-2400
   3500 S. Lakeside Dr., OKC, 73179
   npino.com/medical-supplies/1982012951-national-seating-&-mobility,-inc.

NORMAN REGIONAL HOME MEDICAL EQUIPMENT .................... 405-307-6620
   Full line of home medical equipment & supplies.
   www.normanregional.com

OKLAHOMA DURABLE MEDICAL EQUIPMENT REUSE PROGRAM .... 405-523-4810
   3325 N. Lincoln Blvd., OKC, 73105
   www.okabletech.org/guide-to-all-services/device-reutilization/oklahoma-
   durable-medical-equipment-reuse-program

BILL VEAZEY’S MEDICAL SUPPLY .................................................... 405-843-8886
   3020 N.W. 63rd, OKC, 73116

VETERANS HOSPITAL (PROSTHETICS) ........................................... 405-456-4212
   921 N.E. 13th St., 1st Floor, Rm 1B103, OKC, 73104
   Wheelchairs, crutches, walkers, etc. Veterans only.
   www.oklahoma.va.gov/services/Prosthetics_Orthotics_Clinic.asp

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   Rents and sells accessible vans to wheelchair users.
   www.accessiblevans.com/locations
HOME HEALTH CARE ASSESSMENT AND CASE MANAGEMENT

Home health care is a wide range of health care services that can be given in your home for an illness or injury. Examples include: Wound care for pressure sores or a surgical wound; Patient and caregiver education; Intravenous or nutrition therapy; Monitoring serious illness and unstable health status.

The goal of home health care is to treat an illness or injury. Home health care helps you get better, regain your independence, and become as self-sufficient as possible.

ADVANTAGE PROGRAM ................................................................. 800-435-4711
The program assists frail elders and adults who have physical disabilities. A person must first qualify for Medicaid, a low income service, prior to receiving ADvantage. ADvantage cannot be provided for children or those individuals with developmental disabilities. www.okdhs.org/services/aglnq/Pages/ADvantageAdmin.aspx

AGING SERVICES, INC (CLEVELAND COUNTY) .................................. 405-321-3200
Community Services Building,
1179 E. Main, Norman, 73071
Assessment & case management, ADvantage Program.
www.agingservicesok.com/locations-and-hours/

CAREGIVER CONNECTION, LLC .................................................. 405-286-2727
3035 N.W. 63rd St., #150N, OKC, 73116
Paula Avery, MA, LMFT. Connecting caregivers through consultation, care coordination & counseling. Specializing in Alzheimer’s & dementia.
www.caregiverconnectionllc.com

DAILY LIVING CENTERS ADVANTAGE CASE MANAGEMENT ........... 405-792-2401
3000 N. Rockwell, Bethany, 73008
Not-for-profit case management services for the client and their caregivers.
www.dailylivingcenters.org

NG CONSULTING SERVICE .......................................................... 405-627-0467
Norma Goff, RN, MSN
Case assessment & planning, family consultation, health assessment.
www.ngconsultingservices.com

OU COLLEGE OF NURSING CASE MANAGEMENT
1100 N. Stonewall Avenue, OKC, 73117 ........................................ 405-271-8767
www.nursing.ouhsc.edu/CareManagement/AdvantageProgram.aspx

SENIOR CARE OPTIONS ............................................................. 405-205-3939
7413 N. Ann Arbor, OKC, 73132
Information, coordination and monitoring of services for the older adult.

VA HOME BASED PRIMARY CARE ............................................. 866-835-5273
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www.oklahoma.va.gov
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ABIDING HOME HEALTH OF OKLAHOMA CITY................................................. 405-607-2302
5929 N. May, Suite 204, OKC, 73112
www.abidinghomehealth.com

ACCENTRA HOME HEALTHCARE.......................................................... 405-488-2222
300 N. Meridian Ave., Suite 280N, OKC, 73107
www.accentrahealthcare.com

ADVOCATE HOME HEALTlh CARE, INC........................................... 405-242-2788
200 N.E. 28th, #100, OKC, 73105

ALL ABOUT CARING HOME HEALTH CARE........................................... 405-605-2400
801 N. Air Depot, MWC, 73110

ALLFAITH HOMECARE........................................................................... 405-340-5100
3500 S. Blvd., Bldg. A, Suite 2, Edmond, 73013
www.allfaithhc.com

ALLIANCE OKLAHOMA HOME HEALTH........................................... 405-736-0064
7919 Mid America Blvd., Suite 200, OKC, 73135
www.allianceokhomehealth.com/Central-OK/index.aspx

ALPHA HOME HEALTH CARE................................................................. 405-463-5695
7512 N. Broadway Ext., Suite 312, OKC, 73116
www.alphahomehealthcare.com

AMEDISYS HOME HEALTH................................................................. 405-748-7104
5828 N.W. 135, Suite A, OKC, 73142
www.amedisys.com

ANGELS CARE HOME HEALTH ........................................................... 405-767-9555
4045 N.W. 64th St., Suite 150, OKC, 73116
www.angelscarehealth.com

APEX HOME HEALTH............................................................................. 405-525-0118
8241 S. Walker Ave., Suite 152, OKC, 73139

AT HOME CARE......................................................................................... 405-843-2344
1901 N. Classen Blvd., #108, OKC, 73106
www.ahcok.com

BEST CHOICE HOME HEALTH.............................................................. 405-286-9140
3035 N.W. 53rd, Suite 218N, OKC, 73116
www.bestchoicehomehealthinc.com

BAPTIST VILLAGE OF OKLAHOMA CITY............................................... 405-721-2466
9700 Mashburn Blvd., OKC, 73162
www.baptistvillage.org
BRIGHTSTAR CARE ................................................................. 405-896-9600
2500 S. Broadway, Suite 122, Edmond, 73122
Alzheimer’s & Dementia care.
www.brightstarcare.com/edmond-oklahoma-city

BROOKDALE HOME HEALTH ............................................... 405-341-4361
5600 N. May, Suite 147, OKC, 73112

CARE BY DESIGN ................................................................. 405-673-6223
1211 N. Shartel, OKC, 73103
www.care.com/b/1/care-by-design/oklahoma-city-ok

CARING HOME HEALTH AGENCY ....................................... 405-936-9700
12005 N. Virginia Ave., OKC, 73120
www.caringhomehealthagency.com

CARTER HEALTHCARE .......................................................... 405-947-7700
3105 S. Meridian, OKC, 73119
www.carterhealthcare.com

CHOICE HEALTH CARE ......................................................... 405-879-3470
1232 S.W. 89th, OKC, 73139
www.choicehealthcare.net

COMFORCARE HOME CARE ................................................ 405-217-0706
5300 N. Meridian, OKC, 73112
2100 N.E. 140th, Edmond, 73103
www.comforcare.com/oklahoma/oklahoma-city

COMFORT CARE HOME HEALTH ....................................... 405-767-6221
425 W. Wilshire Blvd., Suite A, OKC, 73116
www.comfortcarehealthinc.com

COMPANION HOME HEALTH .............................................. 405-293-9000
1310 E. Oklahoma, Guthrie, 73044
901 S. Bryant Ave., Edmond, 73034
www.companionhealthcare.net

CORNERSTONE HOME HEALTH ............................................ 405-354-5454
8370 N.W. 39th Exp., Bethany, 73008
www.cornerstonehomehealthservices.com/contact.html

COVENANT HOME CARE ...................................................... 405-810-4907
5500 N. Western, Suite 212A, OKC, 73118

ELARA CARING .................................................................... 405-949-9984
3030 N.W. Expressway, Suite 1204, OKC, 73112
www.elara.com
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6701 W. Hefner, OKC, 73162
www.homecarebyelite.com

ENCOMPASS HOME HEALTH .................................................. 405-722-0047
4500 N.W. Exp., Suite 650, OKC, 73116 ...................................... 405-722-0047
209 48th Ave N.W., Norman, 73072 ........................................ 405-360-0041
8524 S. Western Avenue, OKC, 73139 ....................................... 405-735-5121
www.ehhi.com

ENTRUST HOME HEALTH ....................................................... 405-778-6270
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EXCELL HOME CARE & HOSPICE ........................................... 405-631-0521
1200 S.W. 104th St., Suite D, OKC, 73139
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FAMILY CARE HOME HEALTH ............................................... 405-842-5656
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www.familycarehh.com

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FIRST CHOICE HOME HEALTHCARE ....................................... 405-290-7555
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Physical, occupational and speech therapies.

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www.kindredathome.com/locations/oklahoma/oklahoma-city

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4801 N. Classen, Suite 253, OKC, 73118

GENTLE SHEPHERD HOME HEALTH ....................................... 405-691-8600
1625 Greenbriar Pl., Suite 400, OKC, 73159

GOLDEN AGE HOME HEALTH ............................................... 405-692-1255
934 S.W. 107th St., OKC, 73170
www.goldenagehealth.com

GOLDEN HEART SENIOR CARE OF OKLAHOMA ..................... 405-796-4848
7301 Broadway Ext., Suite 118, OKC, 73116
HARMONY HOME CARE .............................................................. 405-376-8881
255 S. Castle Rock Lane, Mustang, 73064

HEALTHBACK HOME HEALTH
  16201 N. May, Edmond, 73013 ............................................. 405-330-5500
  226 W. Gray, Suite 214, Norman, 73069 ............................... 405-292-1890
  www.healthback.com

HEART CARE AT HOME .......................................................... 405-948-1700
  13104 N. MacArthur Blvd., Suite B, OKC, 73142
  www.heartcareathome.com

INNOVA HOME HEALTH ...................................................... 405-604-9172
  4100 Perimeter Center Dr., Suite 200, OKC, 73122
  www.innovahomecare.com

INTEGRIS HOME CARE OKLAHOMA CITY ............................... 405-951-8400
  3500 N.W. 56th St., Suite 201, OKC, 73112
  integrisok.com/locations/hospice-and-home-care/Integris-home-care-in-okc

INTERIM HEALTHCARE ....................................................... 405-848-3555
  3613 N.W. 56th St., Suite 385, OKC, 73112
  www.interimhealthcare.com/oklahomacity

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  424 E. 2nd, Edmond, 73034 ............................................... 405-735-6122
  2411 Springer Dr., Norman, 73069 ...................................... 405-329-4545
  www.lifespringhomecare.com

LORETTA’S HOME HEALTH CARE ......................................... 405-748-2575
  10400 Vineyard Blvd., Suite G101, OKC, 73120

LOVING CARE IN-HOME HEALTH SERVICES
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  1411 Health Center Parkway, Yukon, 73099 ............................ 405-805-5500
  www.lovingcarehealth.com

MAYS HOME HEALTH
  4300 S. Walker, OKC, 73109 .............................................. 405-632-2110
  508 W. Vandament, Yukon, 73099 ..................................... 405-354-2958

MERCY HOME HEALTH - QUAILBROOK .............................. 405-486-8600
  4401 W. Memorial Rd., Suites 143 & 116, OKC, 73134
  www.mercy.net/practice/mercy-home-health-quailbrook

NATIONAL ASSOCIATION FOR HOME CARE AND HOSPICE .......... 202-547-7424
  228 Seventh St., S.E., Washington, DC 20003
  A professional association representing agencies providing home care services.
NURSE AIDE REGISTRY – OKLAHOMA DEPARTMENT OF HEALTH .................. 405-271-4085
Call to see if an aide is certified or has record of abuse.
www.ok.gov/health/pub/wrapper/naverify.html

OKLAHOMA ASSOCIATION FOR HOME CARE & HOSPICE .......................... 405-609-6160
310 N.E. 28th St., Suite 201, OKC, 73157
Primary advocate and resource for the licensed home care industry in our state.
www.oahc.com

OKLAHOMA HERITAGE HOME CARE ............................................... 405-722-8111
6000 N.W. 120 Ct., OKC, 73162
www.oklahomaheritagehomecare.com

OKLAHOMA STATE DEPARTMENT OF HEALTH ................................... 405-271-6576
Medical Facilities Services-Home Services Division, 1000 N.E. 10th St., OKC, 73104
www.ok.gov/health/Protective_Health/Medical_Facilities_Service/Home_Services_Division

OPTIONONE .......................................................... 405-548-4848
14000 N. Portland, Suite 205, OKC, 73134
www.myoptionone.com

PEACE HOME CARE .......................................................... 405-701-5951
1818 W. Lindsey St., Suite C-180, Norman, 73069
www.peacehomecare.net

PERSONAL NURSING CARE ......................................................... 405-752-5222
1240 N.W. 115th St., OKC, 73114
www.pncokc.com

PHOENIX HOME HEALTH AGENCY .............................................. 405-702-1515
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www.providencehcare.com

REDWING THERAPY ........................................................................ 405-822-4583
6701 W. Hefner Rd., OKC, 73162
www.redwingtherapy.com
SOONER HOME HEALTH CARE ................................................................. 405-321-7400
Norman ................................................................. 866-676-1589
www.soonerhs.com

SSM HEALTH AT HOME ................................................................. 405-231-1200
1211 N. Shartel, Suite 1100, OKC, 73103
www.ssmhealth.com/health-at-home

TRUEVINE HOME HEALTH ................................................................. 405-253-4413
3411 W. Rock Creek Road, Norman, 73072
www.truevineok.com

UNIVERSAL HOME HEALTH ................................................................. 405-272-0700
114 N.W. 6th St., Suite 104, OKC, 73102
www.universalhomehealth.net

VALIR PACE PROGRAM ................................................................. 405-609-3688
Rehabilitation Hospital - 721 N.W. 6th St., OKC, 73102
www.valir.com

VENERATE HOME HEALTH EXPRESS ................................................................. 405-513-7794
2921 N.W. 156th St., Edmond, 73013
www.veneratehomecare.com/index.php

NON-MEDICAL HOME SERVICES
Non-medical care is care or assistance provided by individuals without formal medical training. Providing non-medical care generally means assisting elderly or disabled persons in performing their activities of daily living, such as eating, maintaining personal hygiene, and basic mobility.

ABSOLUTE SENIOR CARE, INC ................................................................. 405-945-2220
9925 S. Penn, Suite 110, OKC, 73159
www.absolutesenior.com

ACCENTRA HOME HEALTHCARE ................................................................. 405-488-2222
4350 Will Rogers Parkway, Suite 500, OKC, 73108
www.accentrahealthcare.com

AGING SERVICES, INC (CLEVELAND COUNTY) ................................................................. 405-321-3200
Community Services Building, 1179 E. Main, Norman, 73071
Housekeeping services.

AT HOME CARE ................................................................. 405-843-2344
1901 N. Classen Blvd., #108, OKC, 73106
www.ahcok.com

BRIGHTSTAR CARE ................................................................. 405-896-9600
3000 United Founders Blvd, Suite 103G, OKC, 73112
www.brightstarcare.com/edmond-oklahoma-city

CARE PLUS HOME CARE ................................................................. 405-769-2551
9828 N.E. 23rd St., OKC, 73141
Family owned agency provides an alternative for seniors wanting to remain independent and in the comfort of their own home.
www.careplusathome.com

CHOICE HEALTHCARE ........................................................................................................ 405-879-3470
1232 S.W. 89th St., OKC 73139
www.choicehealthcare.net

COMFORT KEEPERS ........................................................................................................ 405-200-1156
2601 N.W. Expressway, Suite 1115E, OKC, 73112
We help maintain independence and quality of life.
www.comfortkeepers.com

DEPARTMENT OF HUMAN SERVICES HOME MAINTENANCE AIDES / PERSONAL CARE .................................................................................................................. 800-435-4711
www.okdhs.org/ Intake & Screening

Canadian County ......................................................... 866-806-1056
7901 E. US Hwy 66, El Reno, 73036 ................................................................. 405-295-2000
Canadian County ......................................................... 800-572-6845
314 W. Rogers St., El Reno, 73036 ................................................................. 405-295-2700
Cleveland County .............................................................. 877-207-7317
2507 N. Shields, Moore, 73160 ................................................................. 405-912-2000
Cleveland County .............................................................. 800-572-6823
631 E. Robinson, Norman, 73071 ................................................................. 405-573-8300
Logan County ................................................................. 405-264-2700
1414 S. Division, Guthrie, 73044

Oklahoma County, North ........................................ 800-884-1534
2409 N. Kelley, OKC, 73127 ................................................................. 405-522-5818
Oklahoma County, North ........................................ 800-884-1534
7201 N.W. 10th, OKC, 73127 ................................................................. 405-470-6200
Oklahoma County, Midwest City ........................................ 405-739-8000
9901 S.E. 29th St., MWC, 73130

Oklahoma County, Southeast ........................................ 405-271-3325
940 N.E. 13th, Garrison Tower 2100, OKC, 73104 ........................................ 800-884-1572
Oklahoma County, Southwest ........................................ 800-884-1532
401 W. Commerce, OKC, 73109 ................................................................. 405-644-5700

BAPTIST VILLAGE OF OKLAHOMA CITY .................................................................. 405-721-2466
9700 Mashburn Blvd., OKC, 73162
www.baptistvillage.org

EXCELL HOME CARE & HOSPICE ....................................................... 405-631-0521
1200 S.W. 104th St., Suite D, OKC, 73139
www.excellcares.com
FAMILY CARE HOME HEALTH ................................................................. 405-842-5656
865 E. 33 St., Edmond, 73013
www.familycarehh.com

FIRST CALL OF OKLAHOMA CITY.......................................................... 405-842-7775
7925 N. May Ave, OKC, 73120
www.my-firstcall.com

FLORENCENCE NIGHT & DAY .................................................................... 800-684-3570
www.florencenightandday.com

HEARTS AT HOME ..................................................................................... 405-310-4000
1400 N. Porter, Norman, 73071
www.heartsathomeok.com

HOME CARE ASSISTANCE ....................................................................... 405-285-4191
323 S. Blackwelder Ave., Edmond, 73034
www.homecareassistanceoklahoma.com

HOME INSTEAD SENIOR CARE ................................................................. 405-521-1963
3816 N. MacArthur, Warr Acres, 73122
www.homeinstead.com

INTERIM HEALTHCARE & HOSPICE ....................................................... 405-848-3555
3613 N.W. 56th St., Suite 385, OKC, 73112
www.interimhealthcare.com/oklahomacity/home

JUST FOR SENIORS .................................................................................. 405-227-0801
4200 Perimeter Center Drive #245, OKC, 73112
www.justforseniorsok.com

LAURA LYNN’S HOME CARE .................................................................... 405-418-2961
9801 N. May, OKC, 73120
www.lauralynnshomecare.com

LIFESPRI NG IN-HOME CARE NETWORK .................................................. 405-735-6122
424 E. 2nd, Edmond, 73034 ................................................................. 405-329-4545
2411 Springer Dr., Norman, 73069 ...................................................... www.lifespringhomecare.com

LOGAN COUNTY AGING SERVICES ....................................................... 405-282-1803
1102 E. Warner, Guthrie, 73044 Homemaker services only.

NOVAL SENIOR CARE ............................................................................. 405-751-4663
3140 W. Britton Rd., Suite A, OKC, 73120
www.novalseniorcare.com

OKLAHOMA COUNTY SENIOR NUTRITION PROGRAM ....................... 405-949-2709
5016 N.W. 10th St., OKC, 73127 Homemaker services.
PEACE HOME CARE ................................................................. 405-701-5951
1818 W. Lindsey, Suite C-180, Norman, 73069
www.peacehomecare.net

PERSONAL NURSING CARE ..................................................... 405-752-5222
1240 N.W. 115th St., OKC, 73114
www.pncokc.com

RIGHT AT HOME
2948 Via Experanza, Edmond, 73013 ........................................ 405-237-4456
4430 N.W. 50th, Suite N, OKC, 73112 ..................................... 405-237-4460
10601 S. Western, Suite 119, OKC, 73170 ............................. 405-703-4431
3750 W. Main St., Suite AA, Norman, 73072 ...................... 405-216-3726
www.rightathome.net

RIGHT CHOICE PERSONAL ASSISTANCE .................................. 405-595-7066
10001 S. Pennsylvania Ave., Suite 190, OKC, 73159

SENIOR HELPERS OF GREATER OKC .................................... 405-237-5170
9636 N. May Ave, Suite 274, OKC, 73120
www.seniorhelpers.com/greaterokcnorth-ok

SYNERGY HOMECARE
13720 N Bryant Ave, Edmond, 73013 ..................................... 405-254-3046
1272 N. Interstate Dr., Norman, 73072 ................................ 405-254-3046
Synergy gives you peace of mind by providing the high quality care your loved ones deserve.
www.synergyhometcare.com

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2500 S. Broadway, #310, Edmond, 73013 .............................. 405-227-9899
9024 SE 29th St, Suite C, OKC, 73130 ................................. 405-259-9155
11705 S. Western Ave, OKC, 73170 ..................................... 405-703-7676
713 S. Mustang Rd., Yukon, 73099 ..................................... 405-350-6700
Assistance with personal care; light housekeeping; meal preparation; errands & shopping. Live-in care available, medication reminders.
http://www.visitingangels.com/

HOME REPAIR AND WEATHERIZATION

CENTRAL OKLAHOMA COMMUNITY ACTION AGENCY (CLEVELAND/LOGAN)
Weatherization for income eligible in:
Cleveland County ............................................................. 405-232-0199
Logan County ................................................................. 405-695-1636 X-143
www.cocaa.website/weatherization-services
COMMUNITY ACTION AGENCY OF OKLAHOMA CITY (OKLAHOMA/CANADIAN)
319 S.W. 25th Street, OKC, 73109 .................................................. 405-232-0199
Emergency home repair for seniors in Oklahoma City, Canadian and
Oklahoma counties.
www.caaofokc.org/services/emergency-needs/emergency-home-repair

CITY OF EDMOND – OWNER-OCCUPIED HOUSING REHABILITATION ....... 405-359-4789
10 S. Littler, Edmond, 73034
www.edmondok.com/217/Housing-Neighborhood

CITY OF MIDWEST CITY HOME REPAIR ........................................... 405-739-1216
Midwest City residents only.
Housing Rehabilitation: Loans to rehabilitate homes, available to low and
moderate income residents. Primary Systems Home Repair: Program for low-
income home owners to address emergency home repairs
www.midwestcityok.org/460/Housing-Resources

OPERATION PAINTBRUSH ............................................................... 405-739-1005
Supplies paint and equipment to paint the exterior of a residence that are in
violation of city codes.
www.midwestcityok.org/732/Operation-Paint-Brush

COMMUNITY ACTION AGENCY ...................................................... 405-232-0199
319 S.W. 25th St., OKC, 73109
Weatherization & Emergency Home Repair – Oklahoma & Canadian Counties
www.caaofokc.org/services/housing-services/weatherization

HABITAT FOR HUMANITY ............................................................... 405-232-4828
5005 South I-35 Service Rd., OKC, 73129
Critical Home Repair Program – helps low-income homeowners with repairs,
including weatherization, painting, and minor repairs.
www.cohfh.org/critical-home-repair/what-is-chr

NORMAN HOUSING REHABILITATION .......................................... 405-366-5324
201-A W. Gray, Norman, 73070
www.normanok.gov/planning/housing-rehabilitation-programs

OG&E WEATHERIZATION PROGRAM ............................................. 405-272-9741
Free weatherization assistance for OG&E qualified customers.
www.oge.com/wps/portal/oge/save-energy/weatherization

REBUILDING TOGETHER .............................................................. 405-607-0464
945 W. Wilshire Blvd., OKC, 73116
Provides free home repairs to low-income, (55+) homeowners. North to
Danforth; South to SW 89th St.; East to Post Rd; and West to Countyline Rd.
www.rebuildingtogetherokc.org
HOSPICE

NATIONAL HOSPICE & PALLIATIVE CARE ORGANIZATION HELPLINE ........ 703-837-1500
1731 Kings St., Alexandria, VA 22314 ............................................. 800-658-8898
Promotes quality care and provides information about hospice services.

OKLAHOMA HOSPICE & PALLIATIVE CARE ASSOCIATION .................405-985-9197
www.okhospice.org

ALPHA HOME HEALTH AND HOSPICE ........................................405-463-5695
7512 Broadway Extension, Suite 312, OKC, 73116
www.alphahomehealthcare.com

BELLEVUE NURSING & REHABILITATION CENTER .....................405-767-6500
6500 N. Portland, OKC, 73116
www.bellevueokc.com

CARTER HEALTHCARE
3105 S. Meridian, OKC, 73119 .........................................................405-947-7700
2700 Washington Dr., Norman, 73069 ............................................405-329-6660
www.carterhealthcare.com

CENTENNIAL HOSPICE .............................................................405-562-1211
14003 Quail Springs Parkway, Suite A, OKC, 73134
2600 Van Buren, Suite 2625, Norman, 73072
www.centennialhospice.com

CHOICE HEALTHCARE .............................................................405-879-3470
1232 S.W. 89th St. OKC, 73109
www.choicehealthcare.net

CITY HOSPICE .............................................................................405-942-8999
235 N. McArthur Blvd., Suite 500, OKC, 73127

COMPANION HEALTHCARE .....................................................405-293-9000
1310 E. Oklahoma, Guthrie, 73044 ..............................................405-282-3980
901 S. Bryant Ave, Edmond, 73034 ............................................405-341-9751
www.companionhealthcare.net

CROSSROADS HOSPICE & PALLIATIVE CARE .........................405-632-9631
1301 S.E. 59th St., OKC, 73129
www.crossroadshospice.com

ENCOMPASS HOSPICE ............................................................405-722-0047
4005 N.W. Expressway, Suite 650, OKC, 73116 866-945-0909
www.encompasshealth.com

EXCELL HOME CARE & HOSPICE ...........................................405-631-0521
1200 S.W. 104th St., Suite D, OKC, 73139
http://www.excelldes.com/
FAITH HOSPICE ........................................................................................................ 405-321-2257
2612 Tee Circle, Norman, 73069
http://www.faithhospice.com/

FRONTIER HOSPICE .............................................................................................. 405-789-2913
221 N. I-35 Service Road, Suite D, Moore, 73160
http://www.frontierhospice.com/

GOOD SHEPHERD HOSPICE
4350 Will Rogers Parkway, Suite 400, OKC, 73108 ........................................ 405-943-0903
1370 N. Interstate, Suite 160, Norman, 73072 ............................. 405-928-2777
Concept of care that addresses the medical, emotional and spiritual needs of
terminally ill patients and their families.
http://goodshepherdhospice.com/

HEARTLAND HOSPICE ...................................................................................... 405-579-8565
1300 S. Meridian, Suite 105, OKC, 73108

HOSPICE BY LOVING CARE ............................................................................... 405-873-7393
1722 N. Main St., Noble, 73068
http://www.lovingcarehealth.com/

HOSPICE QUALITY CARE, INC................................................................. 405-619-9100
921 S. Sooner Rd., MWC, 73111
http://www.hospicequalitycare.com/

HUMANITY HOSPICE ....................................................................................... 405-405-418-2530
1109 N. Bryant Ave., Suite 100, Edmond, 73034
http://www.humanityhospice.com/

INTEGRIS HOSPICE, INC ................................................................................. 405-848-8884
5710 N.W. 130th St., OKC, 73142

INTEGRIS HOSPICE HOUSE ............................................................................ 405-751-5557
13920 Quailbrook Dr., OKC, 73134
Hospice and palliative care in Oklahoma City is a team-oriented practice
delivering the best in medical care, expert pain management, and emotional
and spiritual support expressly tailored to the patient’s needs and wishes.
www.integrisok.com/hospice-oklahoma-city-ok

INTERIM HEALTHCARE & HOSPICE .............................................................. 405-848-3555
3613 N.W. 56th St., Suite 385, OKC, 73112
www.interimhealthcare.com/oklahomacity/home

LIFESPRING IN-HOME CARE NETWORK
424 E. 2nd, Edmond, 73034 ................................................................. 405-735-6122
2411 Springer Dr., Norman, 73069 ................................................................. 405-329-4545
www.lifespringhomecare.com

MERCY AT HOME HOSPICE ................................................................. 405-486-8600
4401 W. Memorial Road, Suite 143, OKC, 73134
www.mercy.net/practice/mercy-home-health-and-hospice-quailbrook

MISSION HOSPICE ....................................................................................... 405-848-3779
8241 S. Walker Ave, Suite 152, OKC 73139

OKLAHOMA HOSPICE CARE ................................................................. 405-418-2659
8241 S. Walker Ave, Suite 204, OKC, 73139
www.oklahomahc.com/web/#.VbZcE7NVhBc

PHYSICIAN’S CHOICE HOSPICE ............................................................... 888-819-2119
14324 N. Western, Edmond, 73013 ......................................................... 405-936-9433
6401 N. Interstate Dr., Suite 158, Norman, 73069 .......................... 405-310-3436
www.physicianschoicehospice.com

RUSSELL-MURRAY HOSPICE ................................................................. 405-262-3088
2001 Parkview Dr., El Reno, 73036 ......................................................... 405-262-3088

1111 N Lee, Suite 101, OKC, 73103 ......................................................... 405-606-7448

SOONER HOSPICE ....................................................................................... 405-608-0555
2028 E. Memorial Rd., Edmond, 73013
www.soonerhospice.com

TRUEVINE HOSPICE ................................................................................. 405-253-4413
2424 Springer Dr., Suite 300, Norman, 73069
www.truevineok.com

VALIR HOSPICE SERVICES ..................................................................... 405-236-3636
721 N.W. 6th St., OKC, 73102
www.valir.com

INSURANCE INFORMATION

AARP ........................................................................................................... 405-844-4888
126 N. Bryant, Edmond, 73034 ................................................................. 866-295-7277
Auto policyholders, Homeowners policyholder, Long-term Care Insurance, Mobile Home Insurance, Pharmacy Service, Medical Insurance Policyholder.
states.aarp.org/oklahoma

ABC MEDICARE PLANS ............................................................................ 405-759-4059
4101 Perimeter Center Dr., Suite 102, OKC, 73112
Edutes clients about available Medicare and Medicare plans and assists them in choosing the plan that is right for them.

BANKERS LIFE & CASUALTY ..................................................................... 405-843-0009
2601 N.W. Expressway, Suite 203W, OKC, 73112
Long term care, life, and Medicare supplement insurance plans.
BLUE CROSS / BLUE SHIELD OF OK - SENIOR MARKETS ........................................ 800-942-5837
Provides health insurance to supplement Medicare through: Plan 65 –
Medicare Supplement (Ages 65+)
Mediplan A (Under age 65 Medicare Supplement).

FLOODSMART.GOV ........................................................................................................ 888-379-9531
National Flood Insurance
www.floodsmart.gov

INSURE OKLAHOMA ........................................................................................................ 888-365-3742
4345 N. Lincoln Blvd., OKC, 73105 .............................................................. 405-522-7300
State-purchased health care option for uninsured, low-income working adults
between 19-64 years of age, who are not receiving Medicaid. Coverage also
for those who are temporarily unemployed and dependent children.
www.insureoklahoma.org

KEPRO ............................................................................................................................. 844-430-9504
Medicare Complaints & Appeals - Reviews quality of care complaints from
Medicare beneficiaries. Reviews discharge appeals if beneficiaries feel they
are not ready for discharge. Case review services are free.
www.keproqio.com/bene/qualityofcarecomp.aspx

Medicaid Fraud Unit ..................................................................................................... 800-784-5887

MEDICARE (LOCAL SOCIAL SECURITY OFFICE) ...................................................... 800-633-4227
12301 N. Kelley Ave, OKC, 73131 .............................................................. 866-331-2207
200 N.E. 27th, Moore, 73160 .............................................................. 866-964-4260
www.medicare.gov

SENIOR HEALTH INSURANCE COUNSELING PROGRAM .............................. 800-763-2828
Five Corporate Plaza, 3625 N.W. 56th St., Suite 100, OKC, 73112
www.map.oid.ok.gov

MEDICARE FRAUD & ABUSE - SMP .............................................................. 800-763-2828
Seniors Medicare/Medicaid Fraud, Abuse and Waste Reduction Program
www.ok.gov/oid/consumers/information_forSeniors/smp.html
www.stopmedicarefraud.gov

MEDICARE RIGHTS CENTER .............................................................. 800-333-4114
Non-profit consumer service organization that works to ensure access to
affordable health care for older adults and people with disabilities through
counseling and advocacy, educational programs and public policy initiatives.
www.medicarerights.org

MEDICARE CONTACT CENTER .............................................................. 800-633-4227
For specific billing or claim questions ...................................................... 877-486-2048 TTY
www.mymedicare.gov

OKLAHOMA HEALTH CARE AUTHORITY ................................................... 405-522-7300
4345 N. Lincoln Blvd., OKC, 73105
www.okhca.org
OKLAHOMA INSURANCE DEPARTMENT ........................................... 405-521-2828
Five Corporate Plaza, 3625 N.W. 56th St., Suite 100, OKC, 73112 .......... 800-522-0071
Complaints & claims, questions on life & health policies, information on Insurance
agents and general information.
www.ok.gov/oid

OKLAHOMA MARKET ASSISTANCE PROGRAM ................................. 405-842-9883
9417 N. Kelley, OKC, 73131
Help in acquisition of homeowner’s insurance for those who are having difficulty
finding insurance coverage for owner-occupied houses or mobile homes. Owner
must have been turned down by at least two other insurance carriers.
www.mapsprogram.com

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP) .......... 405-521-2281
www.okdhs.org/services/aging/Pages/SCSEP.aspx

SOCIAL SECURITY
12301 N. Kelley, OKC, 73131 ......................................................... 866-331-2207
200 N.E. 27th, Moore, 73160 ......................................................... 866-964-4260
www.ssa.gov

SOONERCARE HELPLINE ............................................................... 800-987-7767
Medicaid health coverage benefits information.
www.okhca.org/about.aspx?id=53

VETERANS INSURANCE INFORMATION - BENEFITS .......................... 800-827-1000
Health Care ................................................................................... 877-222-8387
www.va.gov/healthbenefits/cost/insurance.asp

WORKER’S COMPENSATION COURT .............................................. 405-522-8600
Denver Davison Building, 1915 N. Stiles, Suite 127, OKC, 73105
ces.ok.gov

LEGAL

AMERICAN CIVIL LIBERTIES UNION OF OKLAHOMA (ACLU) .................... 405-524-8511
www.acluok.org

FIND A LAWYER DIRECTORY (OKLAHOMA BAR ASSOCIATION)
As a community service, the Oklahoma Bar Association provides a directory of its
attorney members.
www.okbar.org/findalawyer

COMMUNITY ACTION AGENCY ....................................................... 405-232-0199 X3206
319 S.W. 25th, OKC, 73109
Free legal services to income-eligible residents of Oklahoma/Canadian counties.
Call for appointment and ask for Legal Assistance.
www.caaofokc.org/services/community-services/legal-assistance
LEGAL AID SERVICES OF OKLAHOMA, INC.

SPLASH - (SIXTY PLUS LEGAL AID SERVICES HELPLINE)......................... 855-488-6814
  Free legal advice, counseling and community education for American citizens who
  are 60 years of age or older.
Persons under 60, call and leave a message.......................................... 888-534-5243
Cleveland County .................................................................................. 405-360-6631
  2600 Van Buren St., Suite 2606, Norman, 73072
Logan County ......................................................................................... 800-256-9601
  312 S. Duck St., Stillwater, 74074 405-624-1734
Oklahoma and Canadian Counties ......................................................... 800-421-1641
  2901 N. Classen Blvd., Suite 112, OKC, 73106 405-521-1302
  www.legalaidok.org

OKLAHOMA BAR ASSOCIATION ............................................................. 405-416-7000
  1901 Lincoln Blvd., OKC, 73105
  www.okbar.org

OKLAHOMA DISABILITY LAW CENTER ................................................. 405-525-7755
  5600 N. May Ave., Suite 260, OKC, 73112 ........................................... 800-880-7755
  Federally funded protection and advocacy system for people with disabilities.
  www.okdlc.org

OKLAHOMA INDIAN LEGAL SERVICES, INC ........................................ 405-943-6457
  4200 Perimeter Center Dr., Suite 222, OKC, 73112 .............................. 800-658-1497
  oilsonline.org/www.oilsonline.org/Welcome_to_OILS.html

UNIVERSITY OF OKLAHOMA LEGAL CLINIC .................................... 405-325-3702
  College of Law Clinical Program
  300 Timberdell Rd., Norman, 73072
  Must be eligible to be filed in Cleveland or McClain County.
  www.law.ou.edu/academics/experiential-learning/clinics

MENTAL HEALTH

ADULT PROTECTIVE SERVICES OKLAHOMA DEPARTMENT OF HUMAN SERVICES
  STATEWIDE (24 HOURS) ..................................................................... 800-522-3511

ALLIANCE HEALTH MIDWEST BEHAVIORAL HEALTH .......................... 405-610-4411
  2825 Parklawn Dr., MWC, 73110
  www.myalliancehealth.com/alliancehealth-midwest

AUTUMN LIFE CENTER ......................................................................... 855-625-1680
OU Medical Center, 1 S. Bryant, Edmond, 73034
Comprehensive diagnostic and inpatient treatment
www.oumedicine.com/oumedicine/ou-medical-center-edmond/medical-services/autumn-life-center

CAREGIVER CONNECTION, LLC .......................................................... 405-286-2727
3035 N.W. 63rd St, #150N, OKC, 73116
www.caregiverconnectionLLC.com

CEDAR RIDGE BEHAVIORAL HEALTH
7600 N.W. 23rd, Bethany, 73008 ................................................................. 405-792-5330
6501 N.E. 60th Street, OKC, 73141 .............................................................. 405-605-6111
cedarridgebhs.com/programs-services/adults-overview-bethany

CENTRAL OKLAHOMA COMMUNITY MENTAL HEALTH CENTER .......... 405-360-5100
909 E. Alameda, Norman, 73071
www.odmhsas.org/cocmhc/directions/index.htm

COMMUNITY HEALTH CENTERS, INC.
(MARY MAHONEY MEMORIAL HEALTH CENTER) ............................ 405-769-3301
12716 N.E. 36th St., Spencer, 73084
Comprehensive health service, charge on sliding scale.

EDMOND FAMILY SERVICES .................................................................. 405-341-3554
1251 N. Broadway Suite C, Edmond, 73034
Senior services on a sliding scale fee. Counsels on topics specifically for seniors
www.edmondfamilycounseling.org

ELDERCOUNSELING & CLINICAL SERVICES, PLLC ....................... 405-872-0050
Laurel Dinkel, MSW, LCSW, 3140 W. Britton Rd., #200, OKC, 73120
Private in-home, in-facility, or office based counseling, psychotherapy and mental
health services for older adults and their families. Serving Oklahoma, Cleveland,
and Eastern Canadian counties. Medicare, Medicaid, insurance and private pay.

GRiffin MEMORIAL HOSPITAL ............................................................. 405-321-4880
900 E. Main St., Norman, 73071
Inpatient treatment and rehabilitation services for mental illnesses.

HEARTLINE/CARELINE SUICIDE HELPLINE ...................................... 800-273-8255
Crisis support
www.heartlineoklahoma.org

HOPE COMMUNITY SERVICES, INC ...................................................... 405-634-4400
6100 S. Walker, OKC, 73139
www.hopecsi.org

INFORMATION AND REFERRAL TO HEALTH & HUMAN SERVICES .......... 211

INTEGRIS DECISIONS DAY TREATMENT ............................................. 405-717-9840
5100 N. Brookline, Suite 950, OKC, 73112
INTEGRIS MENTAL HEALTH HOTLINE 24-HOUR HOTLINE ................................. 405-951-2273

MENTAL HEALTH ASSOCIATION OKLAHOMA ........................................... 405-943-3700
400 N. Walker, Suite 190, OKC, 73102
www.mhaok.org

MOORE COUNSELING CENTER ................................................................. 405-735-6333
1044 S.W. 4th St., Moore, 73160

MOORE YOUTH AND FAMILY SERVICES INC ........................................... 405-799-3379
624 N.W. 5th St., Moore, 73160
Outpatient drug & alcohol counseling for adults.
www.mooreyouthandfamily.org

NORTHCARE CENTER
2617 General Pershing Blvd., OKC, 73107 ................................................ 405-858-1700
119 E. Rutgers Ave., Guthrie, 73044 ....................................................... 405-260-3441
330 W. Gray, Suite 110, Norman, 73069 .................................................. 405-329-3349
Outpatient counseling and psychiatric services.
www.northcare.com

OAKWOOD SPRINGS .................................................................................. 405-438-3000
13101 Memorial Springs Court, OKC, 73114
Specializing in the treatment of adults and seniors suffering from mental illness or addiction.
www.oakwoodsprings.com

OKLAHOMA CHRISTIAN COUNSELING CENTER ..................................... 405-752-9500
13301 N. Meridian, Bldg. 100, OKC, 73120
Counseling, psychotherapy, psychological evaluation, etc.
www.okchristiancounseling.com

OKLAHOMA CITY INDIAN CLINIC .............................................................. 405-948-4900
4913 W. Reno, OKC, 73127
Family services for American Indians, counseling and family therapy.
www.oklic.com

OKLAHOMA COUNTY CRISIS INTERVENTION CENTER ......................... 405-945-6215
2625 General Pershing Blvd., OKC, 73107
Mental health emergencies

OKLAHOMA DEPARTMENT OF MENTAL HEALTH
AND SUBSTANCE ABUSE SERVICES ......................................................... 405-248-9200
2000 N. Classen Blvd., 600 E, OKC, 73106
www.ok.gov/odmhsas

OKLAHOMA MENTAL HEALTH & AGING COALITION .......................... 405-858-2827
NorthCare, 2617 General Pershing Blvd., OKC, 73107
OU HEALTH SCIENCES CENTER................................................................. 405-271-5251
Department of Psychiatry and Behavioral Sciences
920 Stanton L. Young, Williams Pavilion, OKC, 74104
Adult mental health conditions are assessed and treated.
www.oumedicine.com/psychiatry/adult-mental-health-services

OU MEDICINE SENIOR HEALTH CLINIC.............................................. 405-271-3050
O’Donoghue Building 1122 N.E. 13th St., OKC, 73117
Helps patient with the following: Balance problems, Frequent falls, Changes in eating habits, Sleeplessness, Loss of bladder control, Changes in memory or emotions, Fatigue, Uncontrollable pain, Frequent headaches, and Problems with walking.

OU PHYSICIANS NEUROLOGY............................................................... 405-271-3445
OU Physicians Building, 825 N.E. 10th St., Suite 5B, OKC, 73104
Outpatient diagnostic clinic, using a multi-disciplinary approach to insure accurate assessment and management of degenerative dementias.
www.oumedicine.com/oumedicine/adult-services/neurosciences/neurology

PSYCHOLOGICAL SERVICES FOR FAMILIES........................................ 405-888-5299
849 E. 33rd St., Edmond, 73013
Counseling services, will accept health insurance and Medicare.
www.psychologicalservicesforfamilies.net/index.html

REACHOUT HOTLINE............................................................................. 800-522-9054
24 hour hotline for mental health and substance abuse issues.

RED ROCK BEHAVIORAL HEALTH SERVICES
PRESCRIPTIONS & APPOINTMENTS.................................................... 405-425-0490
4400 N. LINCOLN BLVD, OKC, 73105................................................... 405-424-7711
7777 E. HWY 66, EL RENO, 73036....................................................... 405-422-8800
NORMAN CRISIS UNIT, 901 N. PORTER, NORMAN, 73071............... 405-307-4800
1501 W. COMMERCE, YUKON, 73099 ................................................. 405-354-1927
Diagnosis, treatment, follow-up, support groups. Outpatient services, case management, day treatment rehabilitation, vocational & transitional living.
www.red-rock.com

SSM HEALTH SAINT ANTHONY SOUTH.............................................. 405-685-6671
2129 S.W. 59TH ST, OKC, 73119
Inpatient diagnostic psychiatric unit for adults 55 and over. Evaluation and treatment of depression, dementia, psychosis, anxiety, and various emotional problems related to aging. Alcohol & chemical dependency program. Partial hospitalization day program.
www.ssmhealth.com
Intensive outpatient programs and partial hospitalization program for adults and senior patients with mental health issues.

www.ssmhealth.com
SUBSTANCE ABUSE SERVICES ................................................................. 800-522-9054
SUICIDE CRISIS CALLS ................................................................. 800-273-8255
SUNBEAM FAMILY SERVICES ..................................................... 405-528-7721
   1100 N.W. 14th St., OKC, 73106
       www.sunbeamfamilyservices.org
THE REFERRAL CENTER ................................................................. 405-525-2525
   1215 N.W. 25th St., OKC, 73106
       www.trcok.com
VETERANS AFFAIRS MEDICAL CENTER ........................................... 405-456-1000
   921 N.E. 13th St., OKC, 73104
       Veterans only. Outpatient mental health. Walk-ins accepted first time only, or contact social work service or primary care physician.
VETERANS CRISIS LINE ................................................................. 800-273-8255

TRANSPORTATION

AGING SERVICES, INC. (CLEVELAND COUNTY) .................................. 405-321-3200
   1179 E. Main, Norman, 73071
       Transportation for persons 60 and over & disabled for Norman only. Schedule in advance. Medical, shopping, etc.
       www.agingservicesok.com
AIRPORT EXPRESS ........................................................................... 405-681-3311
       Door to door van service. Make reservations 24 hours a day to and from Will Rogers Airport.
       www.airportexpressokc.com
ALLIANCE HEALTH MIDWEST ......................................................... 405-610-8066
   2825 Parklawn Dr., Midwest City, 73110
       For non-emergency transfers.
       www.myalliancehealth.com/ambulance-services
AMERICAN CANCER SOCIETY .......................................................... 405-843-9888
   Gas vouchers for transportation to treatments ...................................... 800-227-2345
       (Not available in all areas.)
       www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html
ANGEL FLIGHT INC ........................................................................... 918-749-8992
   12345 E. Skelly Dr., Tulsa, 74128 ......................................................... Fax # 918-745-0879
       National non-profit organization provides free air transportation for medical purposes for patients in need. (5 business days needed to make arrangements; will fly up to 1000 miles; persons must be ambulatory.)
       http://www.angelflight.com/
       www.angelflight.com
ANNIETRANS NON-EMERGENCY TRANSPORTATION ........................................ 405-789-7070

Medical transportation for ambulatory & wheelchair.

BRAND SENIOR CENTER ............................................................................. 405-799-3130

501 E. Main, Moore, 73160

Transportation within city limits of Moore to doctor appointments, grocery store, and other locations.

www.cityofmoore.com/community-places/senior-centers

CANADIAN COUNTY (EMBARK) .................................................................. 405-297-2583

Transportation to medical appointments within Canadian County and into Oklahoma County. Rides must be scheduled 48 hours prior.

CAP (CITYWIDE ACCESS PARATRANSIT) ............................................. 405-509-6370

Free curb-to-curb service for disabled riders. Wheelchair accessible. Call or see website for application.

edmondok.com/931/CAPS-Citylink-Access-Paratransit-Service

CART ACCESS ............................................................................................... 405-325-5438

510 E. Chesapeake St., Norman, 73019

Public transportation in Norman, as well as a commuter route to Oklahoma City. Some free bus passes granted to low-income riders for Norman route.

Curb to curb service by lift-equipment vans, for disabled persons unable to ride the fixed route buses. Must have approved application on file and call 24 hours in advanced. Norman service area only.

www.ou.edu/cart

CITYLINK TRANSIT ..................................................................................... 405-509-6370

10 W. 3rd, Edmond, 73003

Local route bus transportation service in Edmond. Services are free, and operate Mon- Fri, limited service on Saturday. All buses are wheelchair friendly. Express Link provides free bus service to Oklahoma City. Call for route information.

edmondok.com/205/CityLink-Edmond

COMMUNITY ACTION AGENCY

Main Office - 319 S.W. 25th St., OKC, 73109 ......................................... 405-232-0199

NW District – 1300 N. McKinley, OKC, 73106 .................................... 405-525-2468

SW District - 1621 S.W. 15th St., OKC, 73108 ................................. 405-634-1469

City-County District - 12520 N.E. 36th, Spencer, 73084 .................. 405-769-3346

Canadian County District - 203 N. Bickford, El Reno, 73036 .......... 405-262-7042

MWC District – 1124 N. Douglas, Midwest City, 73130 .................. 405-869-9354

NE District – 3401 N.E. 16th St., OKC, 73117 ................................. 405-424-0315

SE District – 6315 S. Camille, OKC, 73149 ...................................... 405-672-7311

Transportation to meal sites, shopping and medical.

www.caaofokc.org/community_services_headstart

COMPASSIONATE HANDS ............................................................................. 405-354-9591

119 S. 6th, Yukon, 73099
Transportation for Yukon residents only, for shopping and medical appointments. Mon-Fri. 9am-4pm. 48 hour advance notice for medical appointments needed.

www.compassionatelyhandsyukon.com

DAILY LIVING CENTERS ................................................................. 405-792-2401

3000 N. Rockwell, Bethany, 73008
Enrolled Daily Living Center participants are eligible for service. Referrals for One-time transportation service may be considered when coordinated via another nonprofit organization. Grocery store & some medical transportation.

www.dailylivingcenters.org

EDMOND SENIOR CENTER ............................................................ 405-216-7600

2733 Marilyn Williams Dr., Edmond, 73003
Transportation to Senior Center within 6 miles.

EL RENO TRANSPORTATION ....................................................... 405-262-1968

El Reno Senior Citizen Center, 317 S. Grand, El Reno, 73036
Shopping, medical, dental, social, recreational etc. El Reno city limits.

ELAINE’S TRANSPORTATION ....................................................... 405-670-1700

3717 Vickie Dr., Del City, 73115

EMBARK INTERIM ....................................................................... 405-297-2583

Emergency transportation service for one time use. Referrals are made by social service agencies.

EMBARK PLUS ................................................................. 405-235-7433

Origin-to-destination paratransit service for individuals with a disability who are functionally unable to utilize fixed-route bus service. Application and medical certification process is required to determine eligibility. Once approved, trip reservations can be made one to seven days in advance.

www.embarkok.com

EMBARK REDUCED FARE ......................................................... 405-235-7433

Persons age 60 and above and persons with disabilities may ride Embark fixed route buses at half fare. Half fare unlimited monthly pass is available. An Embark photo ID or Medicare card is required. Call for fixed-route bus schedule or ID card.

www.embarkok.com

EMBARK SENIOR SERVICES ....................................................... 405-297-2583

2000 S. May Ave, Oklahoma City, 73108
Information and assistance in choosing appropriate transportation services.
STEP Shopping Shuttle and Congregate Meal Transportation.

www.embarkok.com/special-services

EMSA / TOTAL CARE ................................................................. 405-297-7100

1111 Classen Drive, OKC, 73103

www.emsaonline.com

FIRST CAPITAL TROLLEY ......................................................... 405-282-6000

55
Shuttle Service: In town shuttle service with routes available to the public. Vehicles are accessible to riders with mobility disabilities. Operates Mon-Fri. Call for pick up locations.

Guthrie-Langston shuttle and Edmond-Guthrie-Stillwater shuttle available Monday-Friday. A Rural Area shuttle service operates in Logan County on Tuesdays. Call for information on costs and departure locations.

Demand-Response: On demand service provides transportation to various locations such as doctor appointments, shopping, etc. Vans are wheelchair accessible. Operates 7 days a week. Call for information and schedule a ride.

www.firstcapitaltrolley.com

GOGOGRANDPARENT .............................................................. 855-464-6872

GoGoGrandparent allows older adults to utilize on demand transportation 24/7 while keeping families and loved ones notified.

www.gogograndparent.com

HARRAH SENIOR CENTER .................................................. 405-454-3586

19791 Summers Ave, Harrah, 73045

Van transportation provided to person's age 60 and older or disabled.

ITN CENTRAL OKLAHOMA ................................................ 405-602-1558

313 N.E. 50th Street, #2, OKC, 73105

Riders sign up online or may request a member application.

www.itncentraloklahoma.org  info@itncentraloklahoma.org

LOGAN COUNTY AGING SERVICES .................................. 405-282-1803

1102 E. Warner, Guthrie, 73044

Transportation for social activities, medical and shopping in Guthrie only.

MEDRIDE ................................................................. 877-685-8267

4225 S.W. 44th St., OKC, 73119 ........................................... 405-685-8267

An alternative solution to your wheelchair and stretcher van support needs.

Call for reservations and free quotes.

www.medride.com/

MIDWEST CITY REGIONAL HOSPITAL AMBULANCE ................. 405-610-4411

2825 Parklawn Dr., MWC, 73110

Non-emergencies. Statewide transportation service also.

NATIONAL PATIENT TRAVEL CENTER HELPLINE 800-296-1217

Provides information about forms of charitable, long-distance medically-related transportation and provides referrals to appropriate sources of help.

www.patienttravel.org/

RSVP PROVIDE-A-RIDE .................................................... 405-605-3106

7401 N.E. 23rd St, OKC, 73141

Curb-to-door transportation provided by senior volunteers. Transportation to medical appointments for low to moderate-income persons age 60 and older. Participants must be enrolled in the program. Rides must be scheduled 10 days or more in advance. Donations welcomed.

https://rsvpokc.org/need-a-ride-2/
SOONER RIDE ................................................................. 877-404-4500

Free rides for active Medicaid recipients for non-emergency medical & prescription pick-up. Eligibility determined by Oklahoma Health Care Authority. Rides must be scheduled 3 days in advance. Call for further information.

YUKON SENIOR CENTER/DALE ROBERTSON CENTER ....................... 405-350-7680
1200 Lake Shore Dr., Yukon, 73099
Limited service in Yukon.

UTILITY ASSISTANCE

COMPASSIONATE HANDS .................................................................. 405-354-9591
119 S. 6th, Yukon, 73099
Yukon residents only. Utility assistance for elderly and disabled.
www.compassionatehandsyukon.com

FOOD AND SHELTER, INC ................................................................ 405-360-4954
201 Reed Avenue, Norman, 73071
www.foodandshelterinc.org/#about

LIFELINE – UNIVERSAL SERVICE ADMINISTRATIVE COMPANY ............. 800-234-9473
Low income phone service.
www.lifelinesupport.org/is

LOW INCOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Regular Energy Assistance Program and Energy Crisis Assistance Program to assist Oklahomans in paying primary fuel source bills.
http://www.okdhslive.org/

County Dept. of Human Services Offices:

Canadian County, 7901 E. US Hwy 66, El Reno, 73036 .......................... 866-806-1056
Canadian County, 314 W. Rogers St., El Reno, 73036 .......................... 800-572-6845
Cleveland County, 2507 N. Shields, Moore, 73160 ............................. 877-207-7317
Cleveland County, 631 E. Robinson, Norman, 73170 ......................... 800-572-6823
Logan County, 1414 S. Division, Guthrie, 73044 ................................. 405-264-2700
Oklahoma County, North 2409 N. Kelley, OKC, 73111 ....................... 800-884-1534
Oklahoma County, North, 7201 N.W. 10th, OKC, 73127 .................... 800-884-1534
Oklahoma County, Midwest City, 9901 S.E. 29th St., MWC, 73130 ....... 405-739-8000
Oklahoma County, Southeast ......................................................... 800-884-1572
940 N.E. 13th, Garrison Tower 2100, OKC, 73104
Oklahoma County, Southwest, 401 W. Commerce, OKC, 73109 ............ 800-884-1532

OG&E ELECTRIC SERVICES .......................................................... 405-272-0888
Report Power Outage ....................................................................... 405-272-9595
TDD 405-232-0410 ........................................................................ 800-532-6788
OKLAHOMA CORPORATION COMMISSION ................................................. 405-521-2331
Consumer Services Division, Public Utilities .......................... 800-522-8154
2101 N. Lincoln, Jim Thorpe Building, 5th Floor, OKC, 73105
  Information and complaints relating to gas, electric or telephone. Does not cover municipal utilities.
  www.occ.state.ok.us/

OKLAHOMA CITY WATER DEPARTMENT ............................................. 405-297-2833
Emergency ............................................................... 405-297-3334
420 W Main, OKC, 73102
  www.okc.gov/departments/utilities/customer-service/ways-to-pay-bill

OKLAHOMA NATURAL GAS (ONG)
Billing and payments and special programs.......................... 800-664-5463
CALL OKIE......................................................................... 800-522-6543
  Locate underground lines before you dig.
Emergency or Gas Leaks ..................................................... 800-458-4251
TDD ........................................................................ 800-722-0353
  www.oklahomanaturalgas.com

PIEDMONT SERVICE CENTER (CANADIAN COUNTY) .................. 405-295-2343
415 Piedmont Road N., Piedmont, 73078
  Tuesdays/Thursdays 9:00 a.m. to 3:00p.m.
  www.piedmontservicecenter.org

SALVATION ARMY, SOCIAL SERVICE DEPT ........................................ 405-246-1060
1001 N. Penn, OKC
  Lend-A-Hand (OG&E) / Share the Warmth (ONG)
  www.salvationarmyok.org/programs/social-services/lend-a-hand
  www.salvationarmyok.org/programs/social-services/share-the-warmth

SALVATION ARMY, SOCIAL SERVICES (CANADIAN COUNTY) .... 405-295-2343
1012 S. Rock Island, El Reno, 73036
  Emergency assistance for utilities. Mon - Thurs, 9:00 a.m. – 12:00 p.m. and 1:00 p.m. – 3:00 p.m. Call in advance to ensure funding is available.
  www.salvationarmyokcac.org/canadlancounty/social-service-programs

SALVATION ARMY, SOCIAL SERVICES (CLEVELAND COUNTY) . 405-364-9910
1124 N. Porter, Norman, 73071
  Screening for eligibility 1st Tuesday each month, 9:30 a.m.; next set appointment. Assist with electricity and gas, NOT WATER.
  www.salvationarmyokcac.org/clevelandcounty/social-services

UPWARD TRANSITIONS ................................................................. 405-232-5507
1134 W. Main Street, OKC, 73106
  www.upwardtransitions.org

YUKON SHARING ............................................................................. 405-354-9456
4 N. 6th, Yukon, 73099
  Provides utility assistance for those in Yukon School District.