

This directory is published for older adults and their families. **Areawide Aging Agency** does not charge for the Survival Kit, but gladly accepts donations toward the cost of printing and mailing.

**Areawide Aging Agency** is here to assist you. If there is something you cannot locate in the directory, we would be happy to help you, please contact us at the following number: **405-942-8500**.

### **How To Use The Survival Kit**

The survival kit is printed regularly. Most listings show an address, telephone number and sometimes a website. **Please note this data was current at the time of printing and may have changed.** Due to continual changes within agencies or organizations, the printed version may not have the latest information. For the most current information, look for the digital version of the survival kit on our website:

**[www.areawideaging.org](http://www.areawideaging.org)**

Many organizations have specific eligibility guidelines or require verification of personal data. It is sometimes best to call before going in to ensure the fastest service. We recommend taking notes when calling a listing in the directory. Information regarding hours of operation and services listed is subject to change. Please check with the organizations listed for their specific details.

Due to space limitations, some listings may have been omitted. An effort has been made to include many of those organizations most directly related to older persons and their needs.

TTY/TDD users call relay Oklahoma at 800-722-0353 or 711.

**A listing in the survival kit does not constitute an endorsement.**

# ABOUT AREAWIDE AGING AGENCY

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**Areawide Aging Agency** is a non-profit agency dedicated to advancing and maintaining the dignity and independence of older adults in our community. We provide services to those age 60 and over in Canadian, Cleveland, Logan, and Oklahoma counties. **Areawide Aging Agency** is an area agency on aging; one of eleven in Oklahoma, so designated by The Community Living, Aging, and Protective Services, Oklahoma Department of Human Services.

We help connect seniors and caregivers to needed services and provide information and referrals to community services. We also offer a brochure library free to the public at our offices.

The ombudsman program serves residents in nursing home and assisted living facilities. They advocate on behalf of residents and assist in protecting their rights by providing information, exploring problems and recommending corrective action.

Areawide coordinates senior programs in our community. We assist with providing nutritious meals, transportation, legal aid, respite and support for caregivers, health promotion and nutrition classes.

Areawide Aging Agency, Inc. Makes no distinction on the grounds of race, color, national origin, disability, gender or immigration status.

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# NON-EMERGENCY NUMBERS

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City	Name Of County/District Sheriff & Police Departments	Phone Number
Bethany	Bethany Police Department	405-789-2323
Choctaw	Choctaw Police Department	405-769-3821
Crescent	Crescent Police Department	405-969-2538
Del City	Del City Police Department	405-677-2443
Edmond	Edmond Police Department	405-359-4420
El Reno	Canadian County Sheriff's Office	405-262-3434
El Reno	El Reno Police Department	405-262-6941
Forest Park	Forest Park Police Department	405-424-1212
Guthrie	Logan County Sheriff's Office and Detention Center	405-282-4100
Guthrie	Guthrie Police Department	405-282-3535
Harrah	Harrah Police Department	405-454-1203
Jones	Jones Police Department	405-399-5301
Lexington	Lexington Police Department	405-527-9881
Luther	Luther Police Department	405-277-3500
Midwest City	Midwest City Police Department	405-739-1320
Moore	Moore Police Department	405-793-5171
Mustang	Mustang Police Department	405-376-2488
Nicoma Park	Nicoma Park Police Department	405-769-5674 / 5675
Noble	Noble Police Department	405-872-9231
Norman	Cleveland County Sheriff's Office	405-701-8888
Norman	Norman Police Department	405-321-1600
Oklahoma City	Oklahoma County Sheriff's Office	405-713-1000
Oklahoma City	Oklahoma City Police Department	405-297-1000
Piedmont	Piedmont Police Department	405-373-1334
Spencer	Spencer Police Department	405-771-3798
Valley Brook	Valley Brook Police Department	405-677-5213
Warr Acres	Warr Acres Police Department	405-789-0282
Yukon	Yukon Police Department	405-354-1895

<b>City</b>	<b>Name of County/District Fire Departments</b>	<b>Phone Number</b>
Bethany	Bethany Fire Department	405-789-2218
Calumet	Calumet Fire Department	405-893-2232
Choctaw	Choctaw Fire Department	405-390-8300
Coyle	Coyle Fire Department	405-466-3741
Del City	Del City Fire Department	405-671-2890
Edmond	Deer Creek Fire Protection District	405-216-0665
Edmond	Edmond Fire Department	405-216-7300
Edmond	Oak Cliff Fire Protection District	405-340-9115
El Reno	El Reno Fire Department	405-262-2949
Guthrie	Guthrie Fire Department	405-282-4433
Harrah	Harrah Fire Department	405-454-2111
Hinton	Cedar Lake Fire Department	405-284-6933
Jones	Jones Fire Department	405-399-5200
Langston	Langston Volunteer Fire Department	405-466-2280
Lexington	Cedar Country Fire Protection District	405-899-4122
Luther	Hickory Hills Volunteer Fire Department	405-454-0533
Midwest City	Midwest City Fire Department	405-739-1340
Moore	Moore Fire Department	405-793-5110
Mustang	Mustang Fire Department	405-376-9365
Newalla	Newalla Fire Department	405-817-2911
Nichols Hills	Nichols Hills Fire Department	405-843-8526
Nicoma Park	Nicoma Park Fire Department	405-769-4593
Noble	Noble Fire Department	405-872-3030
Norman	Norman Fire Department	405-292-9780
Oklahoma City	Oklahoma City Fire Department	405-297-3314
Slaughterville	Slaughterville Fire Department	405-872-3000
Spencer	Spencer Fire Department	405-771-3621
The Village	The Village Fire Department	405-751-2122
Union City	Union City Fire Department	405-483-5272
Warr Acres	Warr Acres Fire Department	405-789-5912
Yukon	Yukon Fire Department	405-354-2133

<b>City/County Health Departments</b>		
<b>Name</b>	<b>Phone</b>	<b>Website</b>
Canadian County Health Department	El Reno - 405-262-0042 Yukon - 405-354-4872	canadian.health.ok.gov
Cleveland County Health Department	Moore - 405-794-1591 Norman - 405-321-4048	cleveland.health.ok.gov
Logan County Health Department	405-282-3485	logan.health.ok.gov
Oklahoma City/County Health Department	405-427-8651	occhd.gov

<b>City</b>	<b>Name of Electrical Services</b>	<b>Phone Number</b>
Oklahoma City	Oklahoma Gas and Electric	800-272-9741 405-272-9741
Edmond	Edmond Electric	405-216-7660

<b>City</b>	<b>Name of Gas Companies</b>	<b>Phone Number</b>
All counties	Oklahoma Natural Gas	800-664-5463

<b>City</b>	<b>Name of Water Departments</b>	<b>Phone Number</b>
Bethany	City of Bethany	405-789-6285
Choctaw	City of Choctaw	405-390-8198
Del City	City of Del City	405-671-7319
El Reno	City of El Reno	405-262-4070
Edmond	City of Edmond	405-359-4541
Midwest City	City of Midwest City	405-739-1066
Moore	City of Moore	405-793-5032
Mustang	City of Mustang	405-376-4521
Norman	City of Norman	405-366-5320
Oklahoma City	City of Oklahoma City	405-297-2833
Yukon	City of Yukon	405-350-3910



<b>City</b>	<b>Name of Propane Companies</b>	<b>Phone Number</b>
	Oklahoma LP Gas and Safety Commission	405-879-9828
Calumet	Daughety Bros Propane	405-893-2220
Choctaw	Choctaw Propane	405-390-2758
Crescent	Propane Sales, Inc	405-969-3526
Del City	Del City Propane	405-672-8425
Edmond	Ethridge Propane	405-341-0078
Edmond	Northern Oklahoma Propane	405-340-8834
El Reno	Carnott	405-262-0000
El Reno	Schulte Oil Company	405-262-3121
Guthrie	Kelley Propane Company	405-282-1311
Lexington	OLG of Lexington	405-527-6124
Marshall	Dean	580-935-6739
Mustang	Briscoe & Hughes Propane	405-376-2407
Mustang	AmeriGas	405-376-2407
Noble	Noble Propane	405-872-3333
Norman	Buck's Propane	405-360-7640
Norman	Suburban Propane	405-321-5917
Oklahoma City	AmeriGas	405-732-1329
Oklahoma City	American Propane Gas Company	405-235-8401
Oklahoma City	Lundy's Propane Gas Company	405-732-4993
Oklahoma City	Oklahoma Liquefied Gas	405-789-6100
Oklahoma City	Pinnacle Propane	405-917-1850
Oklahoma City	Red Baker Propane	405-677-5277
Union City	Menz Propane	405-483-5467

# AGING SERVICES NATIONAL/STATE

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**ALZHEIMER'S ASSOCIATION HELPLINE ..... 800-272-3900**

**ALZHEIMER'S ASSOCIATION SAFE RETURN PROGRAM ..... 800-625-3780**

(REPORT MISSING PERSON)

Membership is available to provide 24/7 wandering support to help first responders and families find individuals with dementia who experience a medical emergency or have wandered.

[www.alz.org/help-support/caregiving/safety/medicalert-safe-return](http://www.alz.org/help-support/caregiving/safety/medicalert-safe-return)

**COMMUNITY LIVING, AGING, AND PROTECTIVE SERVICES ..... 405-521-2281**

OKLAHOMA HUMAN SERVICES

Supportive services for vulnerable adults over age 18 regarding abuse, neglect, exploitation or fraud in private residential settings and long-term care

<https://oklahoma.gov/okdhs/services/cap.html>

**ELDERCARE LOCATOR ..... 800-677-1116**

MONDAY – FRIDAY, 8:00 A.M. – 7:00 P.M. CST

A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.

[www.eldercare.acl.gov](http://www.eldercare.acl.gov)

**OKLAHOMA ASSOCIATION OF AREA AGENCIES ON AGING ..... 580-562-4882**

Statewide network of agencies that provide services for the elderly.

<http://www.o4aoklahoma.org/>

# OKLAHOMA AREA AGENCIES ON AGING

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<b>AREA 1 - GRAND GATEWAY AREA AGENCY ON AGING .....</b>	<b>918-276-2501</b>
INFORMATION AND ASSISTANCE .....	<b>800-482-4594</b>
333 S. OAK, BIG CABIN, 74332	
Counties: Craig, Delaware, Mayes, Nowata, Ottawa, Rogers, Washington	
<b>AREA 2 - EODD AREA AGENCY ON AGING .....</b>	<b>918-682-7891</b>
1012 N. 38TH STREET, MUSKOGEE, 74402	
Counties: Adair, Cherokee, McIntosh, Muskogee, Okmulgee, Sequoyah, Wagoner	
<b>AREA 3 - KEDDO AREA AGENCY ON AGING .....</b>	<b>918-465-2367</b>
INFORMATION AND ASSISTANCE .....	<b>800-722-8180</b>
1002 HWY 2 NORTH, WILBURTON, 74578	
Counties: Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, Pushmataha	
<b>AREA 4 - SODA AREA AGENCY ON AGING.....</b>	<b>580-920-1388</b>
2704 N. 1ST AVE, DURANT, OK 74702	
Counties: Atoka, Bryan, Carter, Coal, Garvin, Johnston, Love, Marshall, Murray, Pontotoc	
<b>AREA 5 - COEDD AREA AGENCY ON AGING .....</b>	<b>405-273-6410</b>
INFORMATION AND ASSISTANCE .....	<b>800-375-8255</b>
400 N. BELL, SHAWNEE, 74801	
Counties: Hughes, Lincoln, Payne, Okfuskee, Pawnee, Pottawatomie, Seminole	
<b>AREA 6 - INCOG AREA AGENCY ON AGING .....</b>	<b>918-584-7526</b>
2 WEST SECOND STREET, SUITE 800, TULSA, OK 74103	
Counties: Creek, Osage, Tulsa	
<b>AREA 7 - LTCAE AREA AGENCY ON AGING .....</b>	<b>580-234-7475</b>
202 W. BROADWAY, SUITE A, ENID, OK 73701	
Counties: Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, Noble	
<b>AREA 8 – AREAWIDE AGING AGENCY .....</b>	<b>405-942-8500</b>
4101 PERIMETER CENTER DR, SUITE 310, OKLAHOMA CITY, OK 73112	
Counties: Canadian, Cleveland, Logan, and Oklahoma	

- AREA 9 - ASCOG AREA AGENCY ON AGING..... 580-736-7976**  
INFORMATION AND ASSISTANCE ..... **1-800-658-1466 EXT. 241**  
P.O. BOX 1647, DUNCAN, 73534  
**Counties:** Caddo, Comanche, Cotton, Grady, McClain Jefferson, Stephens,  
Tillman
- AREA 10 - SWODA AREA AGENCY ON AGING ..... 580-562-4882**  
INFORMATION AND ASSISTANCE ..... **800-627-4882**  
P.O. BOX 569, BURNS FLAT, OK 73624  
**Counties:** Beckham, Custer, Greer, Harmon, Kiowa, Jackson, Roger Mills,  
Washita
- AREA 11 - EODD AREA AGENCY ON AGING..... 918-682-7891**  
1012 N. 38TH STREET, MUSKOGEE, 74402  
**Counties:** Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods, Woodward

# ACTIVITY / SENIOR CENTERS

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## CANADIAN COUNTY

**DALE ROBERTSON CENTER..... 405-350-7680**

1200 LAKE SHORE DR., YUKON, 73099

Offers a large banquet hall, crafts, games, and exercise.

<http://www.yukonok.gov/city-departments/parks-recreation/facilities>

**EL RENO SENIOR CITIZENS CENTER..... 405-262-1968**

401 S. GRAND, EL RENO, 73036

Lunch daily at 11:30 a.m., Monday-Friday.

<https://www.cityofelreno.com/community/senior-citizens-center/>

**MUSTANG ACTIVE ADULT CENTER ..... 405-376-1297**

1201 N. MUSTANG RD., MUSTANG, 73064

Recreational facility open to all adults 55 and over. Provides a sitting area, TV and Wi-Fi, gaming area, puzzles, and game tables for dominos or card games.

<https://www.cityofmustang.org/seniorcenter>

## CLEVELAND COUNTY

**BRAND SENIOR CENTER ..... 405-799-3130**

501 E. MAIN, MOORE, 73160

Offers games, and various crafts. There are also programs on nutrition as well as health checks for hearing, blood pressure, and blood sugar screenings.

<https://www.cityofmoore.com/community-resources/brand-senior-center>

**CLEVELAND COUNTY YMCA.....405-364-9622**

1350 LEXINGTON AVENUE, NORMAN, 73069

Various health and exercise programs available.

<https://www.ymcanorman.org/>

**EASTLAKE CUMBERLAND SENIOR CENTER..... 405-691-0339**

700 S.W. 134TH ST., OKLAHOMA CITY, 73170

Lunch time meals, socialization, and educational programs Monday – Friday.

<https://agingservicesok.com/oklahoma-city-site/>

<b>MOORE COMMUNITY CENTER .....</b>	<b>405-793-5090</b>
301 S. HOWARD AVE, MOORE, 73160	
Various activities encouraging health and exercise.	
<a href="https://www.cityofmoore.com/departments/parks-recreation"><u>https://www.cityofmoore.com/departments/parks-recreation</u></a>	
<b>NOBLE SENIOR CITIZEN CENTER .....</b>	<b>405-872-5921</b>
606 E. MAGUIRE RD., NOBLE, OK 73068	
9:00 a.m. to 1:00 p.m. Monday - Friday. Meals are provided between 11:30 a.m. and 12:00 p.m. for individuals 60 years and older. 24 -hour notice recommended for attendance.	
<a href="https://cityofnoble.org/departments/parks-recreation/"><u>https://cityofnoble.org/departments/parks-recreation/</u></a>	
<b>NORMAN SENIOR CITIZEN CENTER.....</b>	<b>405-329-4200</b>
329 S. PETERS, NORMAN, OK 73069	
Provides recreation and leisure activities for adults 55 years and older.	
<a href="http://www.normanok.gov/residents-visitors/parks-recreation/senior-wellness-center"><u>www.normanok.gov/residents-visitors/parks-recreation/senior-wellness-center</u></a>	
<b>ROSE ROCK VILLA.....</b>	<b>405-364-3710</b>
700 N. BERRY RD., NORMAN, OK 73069	
Lunch time meals, socialization, and educational programs Monday - Friday.	
<a href="https://agingservicesok.com/norman-site/"><u>https://agingservicesok.com/norman-site/</u></a>	

## LOGAN COUNTY

<b>CRESCENT COMMUNITY CENTER .....</b>	<b>405-969-3081</b>
621 E. VAN BUREN, CRESCENT, 73028	
Offers a variety of educational, health, and nutritional promotion.	
<a href="http://cityofcrescent.com/venue/cc/"><u>http://cityofcrescent.com/venue/cc/</u></a>	
<b>GUTHRIE YMCA.....</b>	<b>405-282-8206</b>
114 E. OKLAHOMA, GUTHRIE, 73044	
Group exercise classes throughout the day, senior fitness available.	
<a href="http://ymcaokc.org/branch/guthrie"><u>http://ymcaokc.org/branch/guthrie</u></a>	
<b>HIGHLAND HALL .....</b>	<b>405-282-4204</b>
HIGHLAND CITY PARK, 1102 E. WARNER, GUTHRIE, OK 73050	
Lunch time meals, socialization, and educational programs Monday – Friday.	
<b>MARSHALL COMMUNITY CENTER .....</b>	<b>405-935-6862</b>
303 S. MISSOURI, MARSHALL, OK 73056	
Lunch time meals, socialization, and educational programs Monday – Friday.	

## OKLAHOMA COUNTY

**ANDREWS SQUARE CENTER ..... 405-634-9707**

2101 S. HARVEY, OKLAHOMA CITY, 73109

Lunch time meals, socialization, and educational programs Monday – Friday.

**CANDLELAKE SENIOR CENTER ..... 405-942-6266**

3540 N.W. 56TH ST, OKLAHOMA CITY, 73112

Lunch time meals, socialization, and educational programs Monday – Friday.

**CHOCTAW SENIOR CENTER ..... 405-390-8040**

14653 DEAN ST., CHOCTAW, 73020

Lunch time meals, socialization, and educational programs Monday – Friday.

[https://choctaw-senior-citizens-center.business.site/?utm\\_source=gmb&utm\\_medium=referral#summary](https://choctaw-senior-citizens-center.business.site/?utm_source=gmb&utm_medium=referral#summary)

**CLASSEN SENIOR CENTER ..... 405-236-3680**

913 N.W. 12TH ST., OKLAHOMA CITY, 73106

Lunch time meals, socialization, and educational programs Monday – Friday.

**DANFORTH SENIOR CENTER ..... 405-789-3021**

5301 N. MERIDIAN, OKLAHOMA CITY, 73112

The Salvation Army Senior Centers provide a variety of activities designed especially for senior citizens, 55 years of age and older.

[https://seniorcenter.us/sc/the\\_salvation\\_army\\_senior\\_centers\\_danforth\\_center\\_oklahoma\\_city\\_ok](https://seniorcenter.us/sc/the_salvation_army_senior_centers_danforth_center_oklahoma_city_ok)

**EDMOND SENIOR CENTER ..... 405-216-7600**

2733 MARILYN WILLIAMS DR., EDMOND, 73034

Offers members a wide range of adult-education programs, fitness classes, day trip opportunities, special events, and activities.

[https://seniorcenter.us/sc/the\\_salvation\\_army\\_senior\\_centers\\_danforth\\_center\\_oklahoma\\_city\\_ok](https://seniorcenter.us/sc/the_salvation_army_senior_centers_danforth_center_oklahoma_city_ok)

**HARRAH SENIOR CENTER ..... 405-454-3586**

19791 SUMMERS AVE, HARRAH, 73045

Lunch time meals, socialization, and educational programs Monday – Friday.

**HILLCREST SENIOR CENTER ..... 405-681-7741**

2325 S.W. 59TH ST., OKLAHOMA CITY, 73119

Lunch time meals, socialization, and educational programs Monday – Friday.

**INTEGRIS SENIOR LIFE WELLNESS**

5100 N. BROOKLINE, SUITE 100, OKLAHOMA CITY, 73112.....**405-717-9821**

Encourages involvement and growth through various programs and services.

**LA PUERTA DE ORO SENIOR CENTER ..... 405-235-4243**

420 S.W. 10TH ST., OKLAHOMA CITY, 73109

Lunch time meals, socialization, and educational programs Monday - Friday.

**LINCOLN PARK SENIOR CENTER - YMCA ..... 405-427-0862**

4712 N. MARTIN LUTHER KING AVE, OKLAHOMA CITY, 73111

Weekly crafts, games, puzzles, group activities and daily lunch available.

<https://ymcaokc.org/community/lincoln-park-senior-center/>

**MCGUIRE SENIOR CENTER ..... 405-419-9925**

1316 N.E. 12TH ST., OKLAHOMA CITY, 73117

Lunch time meals, socialization, and educational programs Monday - Friday.

**MEMORIAL CHRISTIAN CHURCH ..... 405-948-1854**

1915 N. MERIDIAN, OKLAHOMA CITY, 73107

Lunch time meals, socialization, and educational programs Monday - Friday.

**MIDWEST CITY SENIOR CENTER ..... 405-739-1200**

200 N. MIDWEST BLVD., MIDWEST CITY, 73110

Provides lunch time meals, socialization, and educational programs Monday through Friday.

**PETE WHITE HEALTH & WELLNESS CENTER ..... 405-246-3950**

4021 S. WALKER AVE., OKLAHOMA CITY, 73109

Public facility provides a comprehensive approach to wellness. Financial assistance available upon request for membership dues.

<http://healthandwellnessokc.com/>

**REDING SENIOR CENTER ..... 405-631-1462**

1000 S.W. 38TH ST., OKLAHOMA CITY, 73109

**SAIL (STAY ACTIVE & INDEPENDENT FOR LIFE) ..... 405-974-5304 & 405-974-5681**

Strength and balance exercise fall prevention program conducted by the University of Central Oklahoma. Call for locations and times.

[https://seniorcenter.us/sc/the\\_salvation\\_army\\_senior\\_centers\\_reding\\_center\\_oklahoma\\_city\\_ok](https://seniorcenter.us/sc/the_salvation_army_senior_centers_reding_center_oklahoma_city_ok)



<b>SENIOR WELLNESS CENTER .....</b>	<b>405-773-6910</b>
11501 N. ROCKWELL AVENUE, OKLAHOMA CITY, 73162	
Promotes healthy, active lifestyles, social interaction, and overall quality of life for Oklahoma City residents 50 years and older.	
<a href="https://healthylivingokc.com/"><u>https://healthylivingokc.com/</u></a>	
<b>SHARTEL TOWERS SENIOR CENTER .....</b>	<b>405-631-4644</b>
5415 S. SHARTEL, OKLAHOMA CITY, 73109	
Provide a variety of activities designed especially for senior citizens, 55 years of age and older.	
<b>TEMPLE GARDENS SENIOR APARTMENTS .....</b>	<b>405-604-3111</b>
1515 N.E. 48TH ST., OKLAHOMA CITY, 73111	
Oklahoma County Senior Nutrition Program meal provider.	
<b>TOWERS SENIOR APARTMENTS .....</b>	<b>405-272-0735</b>
117 N.W. 9TH ST., OKLAHOMA CITY, 73102	
Oklahoma County Senior Nutrition Program meal provider.	
<b>WILL ROGERS SENIOR CENTER .....</b>	<b>405-297-1455</b>
3501 PAT MURPHY DR., OKLAHOMA CITY, 73112 (IN WILL ROGERS PARK)	
For adults 55 and over, our two Senior Activity Centers offer a wide variety of programs and activities that engage both body and mind.	
<a href="https://seniorcenter.us/sc/the_salvation_army_senior_centers_reding_center_oklahoma_city_ok"><u>https://seniorcenter.us/sc/the_salvation_army_senior_centers_reding_center_okl ahoma_city_ok</u></a>	

## **YMCA**

BETHANY, 3400 N. MUELLER AVENUE, BETHANY, 73008.....	<b>405-789-0231</b>
EARLYWINE PARK, 11801 S. MAY AVE., OKC, 73170 .....	<b>405-378-0429</b>
E. L. GAYLORD, 1 N.W. 4TH ST., OKC, 73102 .....	<b>405-297-7700</b>
HEALTHY LIVING CENTER, 5520 N. INDEPENDENCE, OKC, 73112.....	<b>405-942-9622</b>
MAIN STREET, 100 W. MAIN STREET, #125, OKC 73102.....	<b>405-702-9003</b>
MIDTOWN, 1100 N. CLASSEN DRIVE #100, OKC 73103 .....	<b>405-232-9622</b>
MIDWEST CITY, 2817 N. WOODCREST DRIVE, MWC, 73110 .....	<b>405-733-9622</b>
MITCH PARK, 2901 MARILYN WILLIAMS DRIVE, EDMOND, 73003 .....	<b>405-330-4016</b>
EDMOND, 1220 S. RANKIN ST., EDMOND, 73034.....	<b>405-348-9622</b>
ROCKWELL CROSSING, 12100 N. ROCKWELL, #6, OKC, 73162 .....	<b>405-728-9622</b>
ROCKWELL PLAZA, 8300 GLADE AVENUE, OKC, 73132.....	<b>405-621-5858</b>

# ADULT DAY HEALTH AND RESPITE CARE

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## **BELLEVUE NURSING & REHABILITATION CENTER ..... 405-767-6500**

6500 N. PORTLAND, OKLAHOMA CITY, 73116

119-room facility offers a variety of living options to fit the specific needs and lifestyles of patients and residents, whether recovering from illness or injury, or looking for the enhanced support of assisted living.

[www.bellevueokc.com](http://www.bellevueokc.com)

## **COMFORT KEEPERS..... 405-200-1156**

2601 N.W. EXPRESSWAY, SUITE #107W, OKLAHOMA CITY, 73112

Respite care. We help maintain independence and quality of life.

<https://www.comfortkeepers.com/offices/oklahoma/oklahoma-city/care-services/respice-care>

## **DAILY LIVING CENTERS..... 405-792-2401**

3000 N. ROCKWELL, BETHANY, 73008.....**405-792-2401**

1681 SW 86TH ST OKLAHOMA CITY, 73159.....**405-688-5388**

2600 EAST 2ND, EDMOND, 73034 .....**405-471-6867**

Activities available such as crafts, games, and contests. Transportation available.

[www.dailylivingcenters.org](http://www.dailylivingcenters.org)

## **EASTERN OKLAHOMA COUNTY TECHNOLOGY CENTER..... 405-390-9591**

1404 N. CHOCTAW RD., CHOCTAW, 73020

Offers experienced care, transportation, recreational activities, and intergenerational programs.

[www.eoctech.edu/adult-day-services/](http://www.eoctech.edu/adult-day-services/)

## **FRIENDLY VISITOR PROGRAM**

ST. LUKE'S UNITED METHODIST CHURCH

222 N.W. 15TH ST., OKLAHOMA CITY, 73103

Provides companion services for seniors. Volunteers are paired with a senior for a weekly phone or in-person visit. **Apply on their website.**

<https://stlukesokc.org/serve/food-ministry/>

<b>FULL CIRCLE ADULT DAY CENTER .....</b>	<b>405-447-2955</b>
4223 28TH AVE N.W., NORMAN, 73069	
Provides a variety of health, social, and related support services during daytime hours.	
<a href="http://www.fullcircleok.org">www.fullcircleok.org</a>	
<b>LIFESPAN RESPITE VOUCHER PROGRAM .....</b>	<b>580-291-6730</b>
Vouchers for caregivers of persons from birth to age 59. Allows caregiver to pay someone for respite service.	
<b>LORETTA’S ADULT DAY CENTER .....</b>	<b>405-439-1559</b>
3027 WILLOWWOOD RD, EDMOND, OK 73034	
Provides adult day health care as well as home health care.	
<b>METROPOLITAN BETTER LIVING CENTER.....</b>	<b>405-525-3024</b>
702 N.E. 37TH ST., OKLAHOMA CITY, 73105	
Provides various health, therapeutic and social services to the aged, aging and developmentally disabled to improve their quality of life.	
<a href="http://www.mblcokc.com">www.mblcokc.com</a>	
<b>OKLAHOMA FOUNDATION FOR THE DISABLED .....</b>	<b>405-842-6636</b>
8421 N. WALKER, OKLAHOMA CITY, 73114	
Provides specialized transportation service to and from a client’s home, as well as various activities that stimulate both body and mind.	
<a href="http://www.okfd.org">www.okfd.org</a>	
<b>RESPITE VOUCHER PROGRAM.....</b>	<b>405-321-3200</b>
AGING SERVICES, INC., 1179 EAST MAIN STREET NORMAN, OK 73071	
Coordinates respite services. Eligible families can receive vouchers to buy respite services. Family responsible to interview, hire & pay respite provider.	
<a href="https://agingservicesok.com/">https://agingservicesok.com/</a>	
<b>WELCOME HOME ADULT DAY CARE.....</b>	<b>405-692-1800</b>
11720 SOUTH WESTERN AVENUE SUITE A, OKLAHOMA CITY, OKLAHOMA 73170	
Provides professional care for seniors and young adults who need structured socialization and activities or whose caregivers need relief with balancing careers, lifestyles, and families.	
<a href="https://welcomehomeadc.com/">https://welcomehomeadc.com/</a>	

**WOVENLIFE ADULT DAY CARE CENTER..... 405-239-2525**  
701 N.E. 13TH ST., OKLAHOMA CITY, 73104  
Services are offered for various levels of care based on the individual needs.  
<https://www.wovenlifeok.org/ad>

# ALCOHOL AND SUBSTANCE ABUSE

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- A CHANCE TO CHANGE FOUNDATION** ..... 405-840-9000  
2113 W. BRITTON RD., OKLAHOMA CITY, 73120  
[www.achancetochange.org](http://www.achancetochange.org)
- AL-ANON FAMILY INFORMATION SERVICES** ..... 405-767-9071  
3801 N.W. 63RD, SUITE 129, OKLAHOMA CITY, 73116  
Family groups  
[www.okcalanon.org](http://www.okcalanon.org)
- ALCOHOLICS ANONYMOUS** ..... 405-524-1100  
OKLAHOMA CITY INTERGROUP SERVICE OFFICE HOTLINE  
Find virtual or in-person meetings.  
<https://okcintergroup.org/meetings/>
- CATALYST BEHAVIORAL SERVICES** ..... 405-232-9804  
[www.catalystok.org](http://www.catalystok.org)
- COMMUNITY ACTION AGENCY TURNING POINT** ..... 405-634-0508  
SOUTHWEST CENTER – 1607 S.W. 15TH ST., OKLAHOMA CITY, 73108  
Alcohol/drug outpatient treatment, rehabilitation, and education services.  
[www.caaofokc.org/community\\_services\\_headstart/turning-point](http://www.caaofokc.org/community_services_headstart/turning-point)
- JESUS HOUSE** ..... 405-232-7164  
1335 W. SHERIDAN, OKLAHOMA CITY, 73106  
Recovery program.  
[www.jesushouseokc.org](http://www.jesushouseokc.org)
- MOORE YOUTH AND FAMILY SERVICES INC** ..... 405-799-3379  
624 N.W. 5TH ST., MOORE, 73160  
Outpatient drug & alcohol counseling for adults.  
<http://www.mooreyouthandfamily.org/need-help>
- NARCOTICS ANONYMOUS HELPLINE** ..... 405-524-7068  
121 N.E. 52ND ST., OKLAHOMA CITY, 73105  
Outside Oklahoma City area 866-524-7068  
[www.okna.org](http://www.okna.org)

- THE VIRTUE CENTER..... 405-321-0022**  
 215 W. LINN ST., NORMAN, 73069  
<https://www.thevirtuecenter.org/contact>
- OKLAHOMA DEPARTMENT MENTAL HEALTH SUBSTANCE ABUSE ..... 405-248-9200**  
 2000 N. CLASSEN BLVD., SUITE 2-600, OKLAHOMA CITY, 73106  
 Provides information for prevention, treatment, and recovery.  
<https://oklahoma.gov/odmhsas.html>
- OKLAHOMA TOBACCO HELPLINE ..... 800-784-8669**  
 Various resources and support available to quit tobacco use.  
[www.okhelpline.com](http://www.okhelpline.com)
- THE RECOVERY CENTER ..... 405-525-2525**  
 1215 N.W. 25th St., Oklahoma City, 73106  
 Medically supervised detoxification of consumers that suffer from alcohol and drug addictions. Also offers ambulatory detoxification, outpatient and intensive outpatient services, family services, opioid use disorders specific outpatient treatment services, case management services and aftercare planning.  
[www.trcok.com](http://www.trcok.com)
- SSM HEALTH - SAINT ANTHONY RECOVERY & TREATMENT ..... 405-713-5706**  
 1000 N. LEE, OKLAHOMA CITY, 73102  
 Start program. Intensive outpatient/day treatment/detox chemical dependency treatment program, inpatient & partial hospitalization.  
[www.ssmhealth.com/mental-health/start](http://www.ssmhealth.com/mental-health/start)

# CAREGIVER RESOURCES

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**AARP CAREGIVING RESOURCE CENTER ..... 877-333-5885**

Tips, tools, and resources while caring for a loved one.

[www.aarp.org/caregiving](http://www.aarp.org/caregiving)

**ALZHEIMER'S ASSOCIATION OKLAHOMA CHAPTER..... 405-319-0780**

6601 BROADWAY EXT. SUITE 120, OKLAHOMA CITY, 73116

Provides information, education and support to families living with Alzheimer's and other dementias.

[www.alz.org/oklahoma](http://www.alz.org/oklahoma)

**ALZHEIMER'S FOUNDATION OF AMERICA – VOICE HELPLINE ..... 866-232-8484**

In real time, licensed social workers aid and support to families affected by Alzheimer's disease.

[www.alzfdn.org](http://www.alzfdn.org)

**CAREGIVER ACTION NETWORK ..... 855-227-3640**

Information, educational materials, and support for family caregivers.

[www.caregiveraction.org](http://www.caregiveraction.org)

**CAREGIVING TOPICS – COMPREHENSIVE LIST**

[www.agingcare.com/topics](http://www.agingcare.com/topics)

**ELIZABETH DOLE FOUNDATION**

Created to help American military caregivers.

[www.elizabethdolefoundation.org](http://www.elizabethdolefoundation.org)

**FAMILY CAREGIVER ALLIANCE ..... 800-445-8106**

Tools, resources and state-by-state list of services and assistance.

[www.caregiver.org/family-care-navigator](http://www.caregiver.org/family-care-navigator)

**LIFESPAN RESPITE VOUCHER PROGRAM ..... 877-441-0434**

Vouchers for caregivers of persons from birth to age 59. Allows caregivers to pay someone for respite service.

<https://soonersuccess.ouhsc.edu/>

**NEXT STEP IN CARE**

Caregiver easy-to-use guides, checklists, self-education how-to videos, links & resources, terms & definitions.

<https://www.nextstepincare.org/>



**OK CARES**

Comprehensive website for Oklahoma caregivers.

[www.okcares.org](http://www.okcares.org)

**OKLAHOMA STATE UNIVERSITY COUNTY EXTENSION - CAREGIVING FACT SHEETS**

<https://extension.okstate.edu/topics/youth-family-health-and-home/aging-and-caregiving/index.html?page=1>

**VA CAREGIVER SUPPORT ..... 855-260-3274**

Offers training, educational resources, support services and multiple tools to help military families and veteran caregivers.

[www.caregiver.va.gov](http://www.caregiver.va.gov)

**VETERANS CORNER..... 405-387-5070**

VETERANS CORNER INC., HWY 9 WEST  
3806 S.E. 44TH ST., NEWCASTLE, OK 73072

Resource center and assistance for veterans; created by veterans and operated by veterans.

[www.veteranscornerok.org](http://www.veteranscornerok.org)

# CEMETERIES BY COUNTY

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<https://www.okcemeteries.net/>

## **CANADIAN COUNTY**

<https://www.okcemeteries.net/canadian/canadian.htm>

## **CLEVELAND COUNTY**

<https://www.okcemeteries.net/cleveland/cleveland.htm>

## **LOGAN COUNTY**

<https://www.okcemeteries.net/logan/logan.htm>

## **OKLAHOMA COUNTY**

<https://www.okcemeteries.net/oklahoma/oklahoma.htm>

# CONSUMER SERVICES

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- AUTOMOBILE TAG & REGISTRATION INFORMATION ..... 405-521-3221**  
[https://www.Ok.Gov/Tax/Individuals/Motor\\_Vehicle/Tag, Tax, Title & Fees/Index.html](https://www.Ok.Gov/Tax/Individuals/Motor_Vehicle/Tag,_Tax,_Title_&_Fees/Index.html)
- BETTER BUSINESS BUREAU ..... 405-239-6081**  
17 S. DEWEY, OKLAHOMA CITY 73102  
<http://www.Bbb.Org/Oklahoma-City/>
- CITY OF NORMAN ACTION CENTER ..... 405-366-5396**  
Central point of contact during normal business hours for you to report concerns, get information or ask questions.  
<https://www.Normanok.Gov/Action-Center>
- CITY OF OKLAHOMA CITY ACTION CENTER..... 405-297-2535**  
Handles requests for city services and complaints.  
<https://www.Okc.Gov/Residents/Action-Center>
- CONSUMER PRODUCT SAFETY COMMISSION..... 800-638-2772**  
4330 EAST WEST HIGHWAY BETHESDA, MD 20814  
Provides recall information on a variety of products, as well safety education.  
<http://www.cpsc.gov/>
- CONSUMER HEALTH SERVICES ..... 405- 426-8250**  
OKLAHOMA STATE DEPARTMENT OF HEALTH - CONSUMER HEALTH SERVICE  
123 ROBERT S. KERR AVE, OKLAHOMA CITY, 73102  
Focuses on protecting the health of consumers and preventing disease through the licensing, inspecting, and monitoring of multiple professional, occupational, and business programs.  
<https://oklahoma.gov/health/protective-health/consumer-health-service.html>
- CORPORATION COMMISSION CONSUMER SERVICES DIVISION ..... 405-521-2331**  
2101 N. LINCOLN BLVD, OKLAHOMA CITY 73105 .....800-522-8154  
Information and complaints relating to gas, electric or land line telephone, and some municipal water utilities.  
<http://www.occeweb.com/cs/cs.html>

<b>CRIME VICTIMS COMPENSATION PROGRAM .....</b>	<b>405-264-5006</b>
421 N.W. 13TH ST., SUITE 290, OKLAHOMA CITY, 73103	
Provides a method of compensation for victims of violent crime.	
<a href="https://www.ok.gov/dac/Victims/Victims_Compensation_Program/index.html">https://www.ok.gov/dac/Victims/Victims_Compensation_Program/index.html</a>	
<b>DEPARTMENT OF AGRICULTURE, CONSUMER PROTECTION .....</b>	<b>405-521-3864</b>
2800 N. LINCOLN BLVD, OKLAHOMA CITY 73105	
Consumer protection regarding pesticides, weights and measure, scrap metal, ethanol, and others.	
<a href="https://ag.ok.gov/divisions/consumer-protection/">https://ag.ok.gov/divisions/consumer-protection/</a>	
<b>DEPARTMENT OF PUBLIC SAFETY .....</b>	<b>405-425-2424</b>
3600 NORTH MARTIN LUTHER KING AVENUE, OKLAHOMA CITY, 73111	
Provides services regarding motor vehicle licenses and other IDs.	
<a href="https://oklahoma.gov/dps.html">https://oklahoma.gov/dps.html</a>	
<b>FEDERAL BUREAU OF INVESTIGATION.....</b>	<b>405-290-7770</b>
3301 WEST MEMORIAL ROAD OKLAHOMA CITY, OK 73134-7098	
<a href="https://www.fbi.gov/contact-us/field-offices/oklahomacity">https://www.fbi.gov/contact-us/field-offices/oklahomacity</a>	
<b>FEDERAL TRADE COMMISSION .....</b>	<b>202-326-2222</b>
CONSUMER RESPONSE CENTER	
600 PENNSYLVANIA AVENUE, NW, WASHINGTON, DC 20580	
IDENTITY THEFT .....	<a href="https://www.identitytheft.gov/">https://www.identitytheft.gov/</a>
NATIONAL DO NOT CALL REGISTRY .....	<a href="https://www.donotcall.gov/">https://www.donotcall.gov/</a>
REDUCE UNSOLICITED COMMERCIAL EMAILS .....	<a href="http://www.dmachoice.org">www.dmachoice.org</a>
Protecting consumers and competition by preventing anticompetitive, deceptive, and unfair business practices through law enforcement, advocacy, and education without unduly burdening legitimate business activity.	
<a href="https://www.ftccomplaintassistant.Gov">https://www.ftccomplaintassistant.Gov</a>	
<b>IN YOUR CORNER – KFOR CHANNEL 4 .....</b>	<b>405-478-6363</b>
444 E. BRITTON RD, OKLAHOMA CITY 73114	
Investigates consumer complaints; offers information & referral.	
<a href="http://kfor.com/category/news/in-your-corner/">http://kfor.com/category/news/in-your-corner/</a>	
<b>NATIONAL CONSUMER LEAGUE .....</b>	<b>202-835-3323</b>
1701 K ST NW, SUITE 1200, WASHINGTON, DC 20006	
Guidance on handling fraudulent activity.	
<a href="http://www.fraud.org">www.fraud.org</a>	

<b>OKLAHOMA CORPORATION COMMISSION .....</b>	<b>405-521-2211</b>
JIM THORPE BUILDING, 2101 N. LINCOLN, OKLAHOMA CITY 73105	
Handles various complaints pertaining to gasoline and diesel, motor carrier, public utilities, and other services.	
<b>OKLAHOMA ATTORNEY GENERAL – CONSUMER PROTECTION UNIT .....</b>	<b>405-521-2029</b>
Assists Oklahoma consumers through community outreach and education programs, mediation of consumer complaints and taking legal action, when necessary, against individuals or businesses engaged in deceptive, fraudulent, or unfair advertising or sales practices.	
<a href="https://www.oag.ok.gov/consumer-protection-unit">https://www.oag.ok.gov/consumer-protection-unit</a>	
<b>OKLAHOMA STATE DEPARTMENT OF CONSUMER CREDIT .....</b>	<b>405-521-3653</b>
629 N.E. 28TH STREET, OKLAHOMA CITY, OKLAHOMA CITY 73105	
Protects and educates consumer buyers, lessees, and borrowers against unfair practices, and are fair and impartial in the regulation of consumer credit transactions in Oklahoma. Complaints can be submitted by fax, e-mail, or regular mail.	
<a href="https://www.ok.gov/okdocc/">https://www.ok.gov/okdocc/</a>	
<b>OKLAHOMA STATE DEPARTMENT OF HEALTH.....</b>	<b>405-271-5600</b>
1000 N.E. 10TH ST, OKLAHOMA CITY 73117	
Certification & licensure of hospitals, home health facilities, nursing, and residential care facilities. Regulations of medical facilities and long-term care.	
<a href="http://www.ok.gov/health/Forms_Regulations_Licensing/">http://www.ok.gov/health/Forms_Regulations_Licensing/</a>	
<b>SMP – SENIOR MEDICARE PATROL.....</b>	<b>800-763-2828</b>
Empower and assist Medicare and Medicaid beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse through outreach, counseling, and education.	
<a href="https://www.smpresource.org/">https://www.smpresource.org/</a>	
<b>SOCIAL SECURITY FRAUD HOTLINE.....</b>	<b>800-269-0271</b>
To report the unauthorized use of your personal identification information.	
<a href="https://www.ssa.gov/fraud/">https://www.ssa.gov/fraud/</a>	
<b>TRIAD – CLEVELAND COUNTY SHERIFF’S OFFICE.....</b>	<b>405-701-8636</b>
111 N. PETERS AVE, SUITE 600, NORMAN 73069	
<a href="https://www.ccsok-ok.us/">https://www.ccsok-ok.us/</a>	

- TRIAD - OKLAHOMA COUNTY SHERIFF'S OFFICE..... 405-713-1950**  
**<https://docs.oklahomacounty.org/sheriff/adminservices/triad.asp>**
- US OFFICE OF THE COMPTROLLER..... 800-613-6743**  
Investigates complaints on credit cards and banks.  
**[www.helpwithmybank.gov](http://www.helpwithmybank.gov)**
- US POST OFFICE CONSUMER CARE CENTER..... 800-275-8777**  
4025 W. RENO, OKLAHOMA CITY 73125

# CRISIS

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## CALL 911 FOR AN IMMEDIATE EMERGENCY

**MENTAL HEALTH CRISIS LINE .....988**  
**COVID-19 CALL CENTER..... 877-215-8336**  
**HEARTLAND.....211**  
**ELDER ABUSE & NEGLECT HOTLINE ..... 800-522-3511**  
<https://www.abuseisnotok.org/s/reportabuse>

**AMERICAN RED CROSS OF CENTRAL OKLAHOMA..... 800-733-2767**  
**CANADIAN, CLEVELAND AND OKLAHOMA COUNTIES:**  
601 N.E. 6TH ST., OKLAHOMA CITY, 73104.....**405-228-9500**  
**LOGAN COUNTY:**  
408 S. MAIN, STILLWATER, OK 74074 .....**405-372-1833**  
Services following a disaster include mental health counseling, cleaning supplies, basic kitchen wares and assistance with replacing critical medications and medical equipment. The Red Cross also provides financial help with first month's rent and security deposits as needed.  
[www.redcross.org/local/oklahoma.html](http://www.redcross.org/local/oklahoma.html)

**CATHOLIC CHARITIES ..... 405-523-3000**  
1232 N. CLASSEN, OKLAHOMA CITY, 73106  
Serves those in need, regardless of faith, social service programs that seek to eliminate material, emotional, and spiritual poverty.  
[www.catholiccharitiesok.org](http://www.catholiccharitiesok.org)

**CENTRAL OKLAHOMA COMMUNITY ACTION AGENCY**  
1183 E. MAIN, NORMAN, 72071.....**405-701-2170**  
1524 E. PERKINS, GUTHRIE, 73044 .....**405-466-8115**  
319 S.W. 25TH, OKLAHOMA CITY, 73109 .....**405-232-0199**  
Emergency home repair, rent/mortgage assistance, and utility assistance.  
[www.caaofokc.org](http://www.caaofokc.org)

**COMPASSIONATE HANDS ..... 405-354-9591**  
119 S. 6TH, YUKON, 73099  
Aiding Yukon residents experiencing temporary crisis. Must live within zip code: 73099. Assists with housing and utilities, prescriptions, food and clothing referral, personal and baby needs, counseling and job leads.  
<https://compassionatehandsyukon.com/>

<b>CRIMESTOPPERS OF OKLAHOMA CITY .....</b>	<b>405-235-7300</b>
700 COLCORD DRIVE, OKLAHOMA CITY, 73102	
Report crimes and remain anonymous.	
<u><a href="http://www.okccrimetips.com">www.okccrimetips.com</a></u>	
<b>FEMA.....</b>	<b>800-621-3362</b>
	<b>TTY: (800) 462-7585</b>
Information/resources on preparing and recovering from disasters.	
<u><a href="http://www.fema.gov">www.fema.gov</a></u>	
<b>HIV &amp; AIDS HOTLINE - OKLAHOMA .....</b>	<b>800-535-2437</b>
Provides outreach and clinic services focused on HIV, Sexually Transmitted Infections (STI), Hepatitis C (HCV) prevention, education, counseling, testing, and referrals to medical care and social services for those who test positive.	
<u><a href="https://hopetesting.org/">https://hopetesting.org/</a></u>	
<b>HOPE COMMUNITY SERVICES, INC. CRISIS LINE.....</b>	<b>405-226-6200</b>
6100 S. WALKER, OKLAHOMA CITY, 73139	
<u><a href="http://www.hopecsi.org">www.hopecsi.org</a></u>	
<b>NATIONAL DOMESTIC VIOLENCE HOTLINE .....</b>	<b>800-799-7233</b>
Text and chat are also available.	
<u><a href="https://www.thehotline.org/get-help/">https://www.thehotline.org/get-help/</a></u>	
<b>NORTHCARE CRISIS INTERVENTION HOTLINE.....</b>	<b>405-858-2700</b>
ADULT & FAMILIES SERVICES	
2617 GENERAL PERSHING BLVD., OKLAHOMA CITY, 73107	
<b>NORTHCARE OF LOGAN COUNTY .....</b>	<b>405-858-1750</b>
1911 E. RUTGERS AVE., GUTHRIE, 73044	
<u><a href="http://www.northcare.com">www.northcare.com</a></u>	
<b>OKLAHOMA COUNTY CRISIS INTERVENTION CENTER .....</b>	<b>405-942-2300</b>
2625 GENERAL PERSHING BLVD., OKLAHOMA CITY, 73107	
Immediate response to mental health or substance abuse emergencies; screening, evaluation, and referral; short term residential treatment; detoxification; and emergency detention.	
<u><a href="http://www.ok.gov/odmhsas/mental_health/adult_crisis_centers.html">www.ok.gov/odmhsas/mental_health/adult_crisis_centers.html</a></u>	



<b>OKLAHOMA COALITION AGAINST DOMESTIC VIOLENCE AND SEXUAL ASSAULT</b>	
<b>VIOLENCE SAFELINE (HELP LINE ONLY)</b> .....	<b>800-522-7233</b>
Operators at this safeline can help you with safety planning, emergency shelter, and crisis intervention.	
Information on rape and domestic violence issues.	
<a href="https://www.ocadvsa.org/get-help/"><u>https://www.ocadvsa.org/get-help/</u></a>	
<b>POISON CONTROL HOTLINE</b> .....	<b>800-222-1222</b>
<b>OKLAHOMA CENTER FOR POISON &amp; DRUG INFORMATION</b> .....	<b>405-271-5062</b>
940 N.E. 13TH ST, STE 3850, NICHOLSON TOWER, OKLAHOMA CITY, 73104	
Provides information concerning the prevention and management of potentially toxic exposures to the people of Oklahoma.	
<a href="http://www.oklahomapoison.org"><u>www.oklahomapoison.org</u></a>	
<b>RED ROCK NORMAN CRISIS UNIT</b> .....	<b>405-307-4800</b>
RED ROCK BEHAVIORAL HEALTH SERVICES	
900 E. MAIN ST, BLDG 52, NORMAN, OK 73070	
Community-based programs that serve adults ages 18 and over with mental health, substance use, or co-occurring disorders who are in crisis and require immediate evaluation/stabilization.	
<a href="http://www.red-rock.com"><u>www.red-rock.com</u></a>	
<b>SEXUAL ASSAULT HOTLINE</b> .....	<b>405-943-7273</b>
<a href="https://www.ywcaokc.org/sexual-assault"><u>https://www.ywcaokc.org/sexual-assault</u></a>	
<b>SUICIDE HOTLINE</b> .....	<b>800-273-8255</b>
Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	
<a href="https://suicidepreventionlifeline.org/"><u>https://suicidepreventionlifeline.org/</u></a>	
<b>VETERANS CRISIS HOTLINE</b> .....	<b>800-273-8255</b>
<b>PRESS #1</b>	
<b>WOMEN’S RESOURCE CENTER CRISIS LINE – NORMAN</b> .....	<b>405-364-9424</b>
DOMESTIC VIOLENCE CRISIS LINE .....	
<b>405-701-5540</b>	
SEXUAL VIOLENCE CRISIS LINE .....	
<b>405-701-5660</b>	
Specialized services catered to domestic violence, sexual assault, and stalking in Cleveland County.	
<a href="https://wrcnormanok.org/"><u>https://wrcnormanok.org/</u></a>	

**YWCA CRISIS SERVICES ..... 405-948-1770**  
DOMESTIC VIOLENCE HOTLINE.....**405-917-9922**  
RAPE & SEXUAL ASSAULT .....**405-943-7273**  
2460 N.W. 39TH ST., OKLAHOMA CITY, 73112  
**www.ywcaokc.org**

# CULTURAL RESOURCES

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- ABSENTEE SHAWNEE TRIBAL – LITTLE AXE HEALTH CLINIC ..... 405-447-0300**  
 15951 LITTLE AXE DR. NORMAN, 73026  
 Behavioral health, dental, diabetes and wellness, family medicine, laboratory, radiology, transportation, and other services. Walk-in clinic across the street.  
<https://www.asthealth.org/services>
- ALZHEIMER’S FOUNDATION OF AMERICA – VOICE HELPLINE ..... 866-232-8484**  
 Helpline chat system in 90 languages:  
[www.alzfdn.org](http://www.alzfdn.org)
- ASIAN DISTRICT CULTURAL ASSOCIATION**  
 OKLAHOMA CITY, OK  
[www.asiandistrictok.com/](http://www.asiandistrictok.com/)
- INSTITUTE FOR SOCIAL POLICY & UNDERSTANDING ..... 313-436-0523**  
 6 PARKLANE BLVD, SUITE 510, DEARBORN, MI 48126  
 Online resources available, call for reprint fees.  
[www.ispu.org/social-policy/american-muslims-and-aging/](http://www.ispu.org/social-policy/american-muslims-and-aging/)
- CATHOLIC CHARITIES IMMIGRATION & NATURALIZATION ..... 405-523-3001**  
 1232 N. CLASSEN BLVD., OKLAHOMA CITY, 73106  
**IMMIGRATION** LEGAL SERVICES ..... 405-523-3001  
 Call to see if they are taking new clients.  
<https://catholiccharitiesok.org/get-help/immigration-legal-services>  
**REFUGEE** SERVICES ..... 405-523-3002  
<https://catholiccharitiesok.org/get-help/refugee-services>
- DELAWARE NATION VOCATIONAL REHABILITATION ..... 877-297-3139**  
 7249 S. WESTERN AVE., SUITE 204, OKLAHOMA CITY, 73139  
[www.delawarenation-nsn.gov/vocational-rehabilitation/](http://www.delawarenation-nsn.gov/vocational-rehabilitation/)
- DIVERSITY CENTER OF OKLAHOMA, INC..... 405-604-5217**  
 2242 N.W. 39TH, OKLAHOMA CITY, 73112  
<https://www.diversitycenterofoklahoma.org/about.html>

- DIVERSE ELDER'S COALITION ..... 646-653-5015**  
 305 SEVENTH AVENUE, 15TH FLOOR, NEW YORK, NY 10001  
 advocates for policies and programs that improve aging in communities as  
 racially and ethnically diverse people.  
[www.diverseelders.org/](http://www.diverseelders.org/)
- GRAND MOSQUE OF OKLAHOMA CITY..... 405-948-6188**  
 3201 N.W. 48TH STREET, OKLAHOMA CITY, 73112  
[www.amaokc.com/](http://www.amaokc.com/)
- GREATER OKLAHOMA CITY ASIAN CHAMBER OF COMMERCE ..... 405-301-6674**  
 1720 N. SHARTEL, SUITE C, OKLAHOMA CITY, 73103  
<https://www.asianchamberokc.com/>
- GREATER OKLAHOMA CITY HISPANIC CHAMBER OF COMMERCE ..... 405-616-5031**  
 3321 S. WESTERN AVENUE, OKLAHOMA CITY, 73109  
<http://www.okchispanicchamber.org/pages/home>
- HISPANIC AMERICAN MISSION ..... 405-272-0890**  
 1836 N.W. 3RD STREET, OKLAHOMA CITY, OK 73106  
 May assist with all family immigration matters.  
<https://hispanic-american-mission.business.site/>
- IMMIGRATION CENTER AT WESTERN OAKS ..... 405-506-0346**  
 7901 N.W. 16<sup>TH</sup> ST, OKLAHOMA CITY, 73127  
 Provides family-based legal services at a very low cost. Citizenship classes  
 available.  
<https://westernoaks.nucleus.church/immigration>
- IMMIGRATION CONNECTION**  
**AT MAY AVENUE WESLEYAN CHURCH ..... 405-684-3247**  
 5201 S. MAY AVE, OKLAHOMA CITY, OK 73119  
 Provides affordable legal immigration assistance to Oklahoma.
- INTERFAITH ALLIANCE OF OKLAHOMA..... 405-237-8426**  
 301 N.W. 36TH, OKLAHOMA CITY, 73118  
 A non-partisan clergy-led grassroots organization dedicated to promoting the  
 positive, healing role of faith and challenging intolerance and extremism.  
[www.tiaok.org/](http://www.tiaok.org/)

<b>ISLAMIC SOCIETY OF GREATER OKLAHOMA CITY .....</b>	<b>405-946-2116</b>
3815 N. ST. CLAIR AVE., OKLAHOMA CITY 73112	
Provides services such as counseling, notary, weekly classes, and funeral services.	
<a href="http://www.isgoc.com/site/"><u>http://www.isgoc.com/site/</u></a>	
<b>JEWISH FEDERATION OF GREATER OKLAHOMA CITY.....</b>	<b>405-848-3132</b>
701 W. WILSHIRE BLVD., SUITE 103, OKLAHOMA CITY, 73116	
An umbrella organization sponsoring a wide variety of educational, cultural, and community outreach programs and services as well as serving as an important safety net for individuals and families in need.	
<a href="http://www.jfedokc.org/"><u>www.jfedokc.org/</u></a>	
<b>LATINO COMMUNITY DEVELOPMENT AGENCY .....</b>	<b>403-236-0701</b>
420 S.W. 10TH ST., OKLAHOMA CITY, 73109	
Focuses its limited staff and financial resources on the most pressing health needs within the Latino community and matches them to available funding sources.	
This requires an experienced, bilingual, and culturally sensitive staff team.	
<b>OFFICE OF MINORITY HEALTH RESOURCE CENTER – US DEPT. OF HEALTH &amp; HUMAN SERVICES.....</b>	<b>800-444-6472</b>
Focused on the collective goal of success, sustainability and spread of health equity promoting policies, program and practices.	
<a href="https://minorityhealth.hhs.gov/"><u>https://minorityhealth.hhs.gov/</u></a>	
<b>LA PUERTA DE ORO SENIOR CENTER &amp; NUTRITION SITE.....</b>	<b>405-235-4243</b>
420 S.W. 10TH ST., OKLAHOMA CITY, 73109	
<b>NATIONAL ASIAN PACIFIC CENTER ON AGING .....</b>	<b>206-624-1221</b>
Provides various learning resources for AAPI older adults.	
<a href="http://www.napca.org/"><u>www.napca.org/</u></a>	
<b>NATIONAL CAUCUS AND CENTER ON BLACK AGING.....</b>	<b>202-637-8400</b>
1220 L STREET, N.W. SUITE 800, WASHINGTON D.C. 20005	
Helps protect and improve the quality of life for elderly populations, making certain-that legislators, policymakers, philanthropists, advocacy groups, service organizations, thought leaders, and the public-at-large include minority seniors in their programs, policy-and law-making, and giving.	
<a href="http://www.ncba-aging.org/about/"><u>www.ncba-aging.org/about/</u></a>	

<b>NATIONAL HISPANIC COUNCIL ON AGING.....</b>	<b>202-347-9733</b>
2201 12TH STREET NW SUITE 101, WASHINGTON, DC 20009	
NHCOA works to implement initiatives, work on public policy, and conduct research that are aligned with the organization’s priorities.	
<a href="http://www.nhcoa.org"><u>www.nhcoa.org</u></a>	
<b>NATIONAL INDIAN COUNCIL ON AGING .....</b>	<b>505-292-2001</b>
8500 MENDALL BLVD. NE ALBUQUERQUE, NM 87112, SUITE B-470	
Advocates for improved comprehensive health, social services, and economic wellbeing for American Indian and Alaska Native elders.	
<a href="http://www.nicoa.org/"><u>www.nicoa.org/</u></a>	
<b>NATIONAL RESOURCE CENTER ON LGBT AGING .....</b>	<b>212-741-2247</b>
Provides training, technical assistance and educational resources to aging providers, LGBT organizations and LGBT older adults.	
<a href="https://www.lgbtagingcenter.org/"><u>https://www.lgbtagingcenter.org/</u></a>	
<b>OKLAHOMA CITY BLACK CHAMBER OF COMMERCE .....</b>	<b>405-595-4874</b>
1700 SPRINGLAKE DRIVE, OKLAHOMA CITY, 73111	
Serves the greater Oklahoma City metro, providing sound advocacy for minority businesses and individuals.	
<a href="http://www.okcblackchamber.com/"><u>http://www.okcblackchamber.com/</u></a>	
<b>OKLAHOMA CITY INDIAN HEALTH CLINIC .....</b>	<b>405-948-4900</b>
4913 W. RENO AVE., OKLAHOMA CITY 73127	
Provides quality health care and wellness services for urban American Indians living in central Oklahoma.	
<a href="http://okcic.com/"><u>http://okcic.com/</u></a>	
<b>OKLAHOMA CITY UNIVERSITY’S AMERICAN INDIAN WILLS CLINIC.....</b>	<b>405-208-5017</b>
800 N. HARVEY, OKLAHOMA CITY, 73102	
OCU law students and professors provide legal aid free of charge in American Indian estate planning.	
<a href="http://law.okcu.edu/?page_id=13854"><u>http://law.okcu.edu/?page_id=13854</u></a>	
<b>URBAN LEAGUE OF GREATER OKLAHOMA CITY.....</b>	<b>405-424-5243</b>
3900 N. MARTIN LUTHER KING AVE., OKLAHOMA CITY, 73111	
Serves African Americans and other minorities to achieve social and economic equality.	
<a href="http://www.urbanleagueok.org/"><u>www.urbanleagueok.org/</u></a>	

# DENTAL CARE

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**COMMUNITY HEALTH CENTERS, INC..... 405-769-3301**

Various locations in Oklahoma City. Dental hygienists and assistants provide emergency and primary preventive dental care.

[www.communityhealthok.org](http://www.communityhealthok.org)

**CROSSING COMMUNITY CLINIC ..... 405-749-0800**

10255 N. PENN, OKLAHOMA CITY, 73120

Free clinic. Extractions, fillings, cleanings for uninsured individuals. By appointment only.

<http://crossings.church/clinic/>

**D-DENT ..... 405-424-8092**

3000 FOUNDERS TOWER, SUITE 122, OKLAHOMA CITY, 73112

Dentist for disabled and elderly who need treatment. Dental services referrals

<http://www.d-dentok.org>

**GOOD SHEPHERD CLINIC..... 405-232-8631**

222 N.W. 12TH ST., OKLAHOMA CITY, 73103

Appointment required for dental and medical.

<http://goodshepherdokc.org/>

**INDIAN HEALTH SERVICE CENTERS..... 405-948-4900 EXT 263**

309 S. ANN ARBOR AVE., OKLAHOMA CITY, OK, 73128

Dental clinic by appointment only. Staff can direct to low-cost dental services if needed.

<http://okcic.com/services-specialties/dental/>

**KING'S KLINIC ..... 405-848-4005**

921 W. BRITTON RD., OKLAHOMA CITY, 73114

Dental clinic on first Monday of the month, 3:00 p.m. to 6:30 p.m.. Call for details.

[www.kingsklinik.com](http://www.kingsklinik.com)

**MINISTRIES OF JESUS (DENTAL) ..... 405-340-7400**

1100 E. I-35 FRONTAGE RD., EDMOND, 73034

Dental patients must see a physician in MOJ medical clinic and receive a referral for dental services.

[www.moj.com](http://www.moj.com)

<b>NSO DENTAL CLINIC .....</b>	<b>405-236-0413</b>
431 S.W. 11TH, OKLAHOMA CITY, 73109	
Exams, x-rays, fillings, cleanings, extractions, dentures. Not a free clinic.	
<u><a href="https://www.nsookc.org/dental-clinic/">https://www.nsookc.org/dental-clinic/</a></u>	
<b>OKLAHOMA BOARD OF DENTISTRY.....</b>	<b>405-522-4844</b>
2920 N. LINCOLN BLVD., SUITE B, OKLAHOMA CITY, 73105	
For use to verify training, experience, and qualification.	
<u><a href="http://www.ok.gov/dentistry">www.ok.gov/dentistry</a></u>	
<b>OPEN WIDE DENTAL CLINIC.....</b>	<b>405-946-9497</b>
<b>PORTLAND AVENUE BAPTIST CHURCH</b>	
1301 N. PORTLAND AVENUE, OKLAHOMA CITY, 73107	
No cost. Open 3rd Saturday each clinic. Treatment includes exams, cleanings, and extractions.	
<u><a href="http://www.portlandavenue.org">www.portlandavenue.org</a></u>	
<b>OU COLLEGE OF DENTISTRY .....</b>	<b>405-271-7744</b>
1201 N. STONEWALL, OKLAHOMA CITY, 73117	
Tooth extraction. Not a free clinic.	
<u><a href="https://dentistry.ouhsc.edu/">https://dentistry.ouhsc.edu/</a></u>	
<b>ROSE STATE COLLEGE ALLIED DENTAL PROGRAM .....</b>	<b>405-733-7336</b>
6301 TINKER DIAGONAL, MWC, OK 73110 IN THE ALLIED DENTAL EDUCATION (ADE) BUILDING.	
Preventive services only.	
<u><a href="http://www.rose.edu/nav/community-outreach/dental-hygiene-clinic">www.rose.edu/nav/community-outreach/dental-hygiene-clinic</a></u>	
<b>STERLING DENTAL.....</b>	<b>405-728-1278</b>
.....	<b>866-632-8882</b>
Mobile dental/vision care to nursing centers and assisted living <i>only</i> .	
<u><a href="http://www.sterlinghs.com">www.sterlinghs.com</a></u>	
<b>SOONERCARE (STATE MEDICAID) HELPLINE .....</b>	<b>800-987-7767</b>
Medicaid assistance for dental care.	
<u><a href="https://oklahoma.gov/ohca/individuals/mysooner.html">https://oklahoma.gov/ohca/individuals/mysooner.html</a></u>	



**VARIETY CARE..... 405-632-6688**

OSU/OKC – 440 N. PORTLAND, SUITE 1000, OKLAHOMA CITY, 73107

STRAKA TERRACE – 1025 STRAKA TERR., OKLAHOMA CITY, 73139

Various dental services including exams and cleanings, x-rays, fillings, braces, crowns, root canals, and others.

**Offers no-cost transportation from Norman to OKC for dental treatment.** Call to schedule.

**[www.varietycare.org](http://www.varietycare.org)**

# DISABILITY & AGING AIDS

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## **THE ALZHEIMER'S STORE ..... 800-752-3238**

Resources and health-related products to help make everyday life more manageable for family and loved ones.

[www.alzstore.com](http://www.alzstore.com)

## **AMERICAN CANCER SOCIETY ..... 800-227-2345**

PO BOX 22958, OKLAHOMA CITY, OK 73123

Provides everything from emotional support to the latest cancer information for those who have been touched by cancer.

<https://www.cancer.org/about-us/local/oklahoma.html>

## **CITY OF OKLAHOMA CITY/REFUSE AFFIDAVIT ..... 405-297-2833**

Exemption to use house-side refuse, for those with physical limitations. Call for application.

<https://www.okc.gov/departments/utilities/trash-bulk-waste>

## **CLOTHING FOR THOSE WITH DISABILITIES**

**Buck & Buck ..... 800-458-0600**

[www.buckandbuck.com](http://www.buckandbuck.com)

**Personal Touch Health Care Apparel ..... 888-626-1703**

<https://www.nursinghomeapparel.com/>

**Silvert's Adaptive Clothing & Footwear ..... 800-387-7088**

[www.silverts.com](http://www.silverts.com)

**Wardrobe Wagon, Inc. .... 800-221-8929**

[www.wardrobewagon.com](http://www.wardrobewagon.com)

## **DALE ROGERS TRAINING CENTER ..... 405-946-4489**

2501 N. UTAH, OKLAHOMA CITY, 73107

Vocational training for persons with disabilities. Proceeds from their gift shop provide work opportunities to people with disabilities and support this non-profit that pays its own way.

<http://www.drct.org/>

**DRIVING ACCESSIBILITY PROGRAMS**

**FORD** [WWW.FORDMOBILITYMOTORING.COM](http://WWW.FORDMOBILITYMOTORING.COM).....888-848-3673  
**GM** [WWW.GMMOBILITY.COM](http://WWW.GMMOBILITY.COM) .....800-323-9935

**4 PAWS FOR ABILITY** ..... 937-374-0385  
Trained service dogs for persons with disabilities. Provides companionship and increased independence.  
[www.4pawsforability.org](http://www.4pawsforability.org)

**HANDICAPPED PARKING PERMIT, OKLAHOMA** ..... 405-425-2693  
(PHYSICAL DISABILITY PARKING PLACARD)  
Application signed by physician. Applications are available at any tag agency, or online. Allow 2 weeks to process.  
[https://oklahoma.gov/content/dam/ok/en/dps/docs/placard\\_application.pdf](https://oklahoma.gov/content/dam/ok/en/dps/docs/placard_application.pdf)

**INDEPENDENT LIVING AIDS**..... 800-537-2118  
137 RANO RD., BUFFALO, NY 14207  
[www.independentliving.com](http://www.independentliving.com)

**LIBRARY BY MAIL: METROPOLITAN LIBRARY SYSTEM OUTREACH** ..... 405-606-3295  
Provides library materials free to Oklahoma county residents 65+ years or completely homebound.  
<http://www.metrolibrary.org/discover/outreach#library--by-mail>

**LS & S – LEARNING, SIGHT AND SOUND MADE EASIER**..... 800-468-4789  
145 RIVER ROCK DR., BUFFALO, NY 14207  
[www.lssproducts.com](http://www.lssproducts.com)

**MAXIAIDS**..... 800-522-6294  
Products for independent living. Vision, hearing, mobility, & medical items.  
[www.maxiaids.com](http://www.maxiaids.com)

**METROPOLITAN LIBRARY SYSTEM – OKLAHOMAN DIGITAL ARCHIVES**  
The database contains full-color, digital copies of the Oklahoman newspaper, including today’s edition. Search the entire archives of the Oklahoman or search individual. You can browse the newspapers by date or search by keyword across articles, advertisements, and photo captions.  
[www.metrolibrary.org](http://www.metrolibrary.org)

**NAOPAC, INC. .... 800-580-6086**

4823 S. SHERIDAN RD., TULSA, 74145

Supplies products and services for individuals with disabilities (low vision, blindness, reading disabilities, quadriplegia, blind, legally blind, magnifiers, reading machines, magnification, reading glasses, environmental controls, voice activation, hearing impairments, voice recognition, speech synthesis, text to speech, magnifiers, and door openers).

[www.nanopac.com](http://www.nanopac.com)

**NEWBY VANCE MOBILITY SALES & SERVICE ..... 405-282-2113**

5632 S. DIVISION, GUTHRIE, 73044

Scooter & wheelchair lifts, hand controls, and converted vehicles for sale.

[www.newbyvancemobility.com](http://www.newbyvancemobility.com)

**OKLAHOMA ABLETECH ..... 405-523-4810**

**DURABLE MEDICAL EQUIPMENT REUSE PROGRAM**

Serves any Oklahoman who needs durable medical equipment (DME), regardless of income. Priority will be given to SoonerCare members, but any resident is eligible to receive equipment with a completed application. The program also accepts gently used equipment donations.

[www.okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program](http://www.okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program)

**OKLAHOMA ABLETECH.....800-257-1705**

**FINANCIAL LOAN PROGRAM**

Provides Oklahomans with affordable, flexible financing options with low interest and flexible repayment terms to purchase assistive technology to help them live, work, and learn independently. Common items financed include vision and hearing equipment, glasses, mobility devices, vehicle modifications, lift chairs, durable medical equipment, home modifications, and ramps.

<https://www.okabletech.org/guide-to-all-services/financial-program/>

**OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES..... 405-951-3400 V/TTY**

**DISABILITY RESOURCE GUIDE**

3535 N.W. 58TH ST., SUITE 500, OKLAHOMA CITY, 73112 .....800-845-8476

Provides information regarding disability services in Oklahoma.

<https://www.okdrs.gov/guide/home>

**OKLAHOMA DISABILITY LAW CENTER ..... TOLL FREE 800-880-7755**  
5600 N. MAY, OKLAHOMA CITY, 73106 .....**405-525-7755**  
The Mission of the Oklahoma Disability Law Center, Inc. is to protect, promote  
and expand the rights of people with disabilities.  
[www.okdlc.org](http://www.okdlc.org)

**OKLAHOMA FOUNDATION FOR THE DISABLED ..... 405-842-6636**  
8421 N. WALKER, OKLAHOMA CITY, 73114  
Specialized transportation service to and from a client’s home. Numerous  
activities that stimulate both the body and the mind are provided. Additional  
therapies (occupational, physical, and speech) are available.  
[www.okfd.org](http://www.okfd.org)

**OKLAHOMA OFFICE OF DISABILITY CONCERNS ..... 405-521-3765**  
11212 N. MAY AVE, STE 103A, OKLAHOMA CITY, OK 73120 .....  
Information and referral for disability programs and resources. Information on  
disability issues, legislation, employment, program development and  
compliance with disability laws. CAP (client assistance program) rehabilitation  
issues.  
[www.ok.gov/odc](http://www.ok.gov/odc)

# DISASTER PREPAREDNESS

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## **AARP**

Operation Emergency Preparedness Kit. Checklists for emergency preparation.

<https://createthegood.aarp.org/content/dam/aarp/ctg/pdf/guides/emergency-prep-individual.pdf>

## **AMERICAN RED CROSS OF OKLAHOMA..... 405-228-9500**

MAIL: 601 N.E. 6TH ST OKLAHOMA CITY, OK, 73104

Teaches how to perform CPR, first aid, AED and aquatics training.

<https://www.redcross.org/local/oklahoma/about-us.html>

## **FEMA..... 800-621-3362**

Preparing for disaster for people with disabilities and other special needs

<https://www.fema.gov/press-release/20210318/disaster-preparedness-people-disabilities-same-different>

## **OKLAHOMA INSURANCE DEPARTMENT ..... 800-522-0071**

Check list for insuring items in homes.

<https://www.oid.ok.gov/take-inventory-to-insure-what-is-yours/>

## **READY.GOV ..... 800-621-3362**

General disaster preparedness; covers a variety of topics such as wildfires, extreme heat, drought, flooding, and storms.

<https://www.ready.gov/>

# EDUCATION

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**AARP DRIVER SAFETY PROGRAM ..... 866-295-7277**

AARP STATE OFFICE,  
126 N. BRYANT AVE, EDMOND 73034  
Zone Coordinator

**COMPUTER CLUB OF OKLAHOMA CITY ..... 405-843-4300**

3000 UNITED FOUNDERS BLVD, SUITE 209, OKLAHOMA CITY 73112  
Provides adults 50 and over with hands-on computer training. Free study groups.  
[www.ccokc.org](http://www.ccokc.org)

**FRANCIS TUTTLE VO-TECH ..... 405-717-4900**

CAMPUSES AT THE FOLLOWING LOCATIONS:  
12777 N. ROCKWELL, OKLAHOMA CITY 73142  
7301 W. RENO, OKLAHOMA CITY 73127  
3500 N.W. 150TH ST, OKLAHOMA CITY 73134  
2824 PROGRESSIVE DR, EDMOND 73034  
<http://www.francistuttle.edu/>

**LANGSTON UNIVERSITY ..... 877-466-2231**

2020 LANGSTON UNIVERSITY, LANGSTON, 73050  
6700 N. MARTIN LUTHER KING BLVD, OKLAHOMA CITY, 73111.....405-530-7500  
<https://www.langston.edu/>

**METRO TECH ..... 405-424-8324**

1700 SPRINGLAKE DR., OKLAHOMA CITY 73111  
District residents 65 of age or older may attend short-term programs at half price on a space available basis. Books and materials are additional. Adult classes. Subject matter varies.  
<http://www.metrotech.edu/individuals/adults/short-term-courses>

**OKLAHOMA CITY COMMUNITY COLLEGE ..... 405-682-7873**

6500 S. LAND AVE, OKLAHOMA CITY 73159  
Adult Learning Center  
<http://www.occc.edu/coe/>

- OKLAHOMA CITY METRO LITERACY COALITION ..... 405-830-2790**  
 1444 N.W. 28TH ST., OKLAHOMA CITY, OK 73106  
 Referrals to reading tutors.  
<http://okcliteracycoalition.org/>
- OKLAHOMA HEALTHY AGING INITIATIVE ..... 405-271-6424**  
 1122 N.E. 13TH ST, SUITE 186, OKLAHOMA CITY 73117  
 Provides workshops led by Certified Leaders to help with chronic diseases, caregiver training, and exercise classes.  
[www.ouhsc.edu/ohai](http://www.ouhsc.edu/ohai)
- OPPORTUNITIES INDUSTRIALIZATION CENTER (OIC) ..... 405-235-2651**  
 3033 N. WALNUT, BUILDING EAST, OKLAHOMA CITY 73105  
 Adult education and GED.  
<http://www.oicofoklahomacounty.okpls.org/>
- OSHER LIFELONG LEARNING INSTITUTE AT OU ..... 405-325-3488**  
 1700 ASP AVE, NORMAN 73072  
 There are several senior programs available. Call for more information.  
<http://www.ou.edu/outreach/olli/>
- OSHER LIFELONG LEARNING INSTITUTE AT OSU ..... 405-744-5868**  
 139 NANCY RANDOLPH DAVIS BLDG. STILLWATER, OK 74078  
 Classes available in Oklahoma City  
<https://education.okstate.edu/olli>
- OKLAHOMA STATE UNIVERSITY EXTENSION CENTER ..... 405-713-1125**  
 2500 N.E. 63RD ST, OKLAHOMA CITY 73111  
<http://oces.okstate.edu/oklahoma>
- ROSE STATE COLLEGE..... 405-733-7673**  
 6420 S.E. 15TH ST, MIDWEST CITY 73110  
<https://www.rose.edu/>
- SENIOR COMMUNITY WELLNESS ..... 405-682-7873**  
 5100 N. BROOKLINE, SUITE 100, OKLAHOMA CITY 73112 .....  
 Educational meetings & lectures of interest to older adults. Health, wellness & exercise information. Free computer classes to members.  
<https://integrisok.com/locations/specialty-clinic/integris-senior-life-wellness>



# EMPLOYMENT

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**AARP FOUNDATION SCSEP..... 405-879-3899**

5300 N. MERIDIAN AVENUE, SUITE 8, OKLAHOMA CITY, OK 73112

623 N. PORTER, STE 500, NORMAN, 73071

Senior Community Service Employment Program for age 55+ and low income.

<https://www.aarp.org/aarp-foundation/our-work/income/scsep/>

**CENTRAL OKLAHOMA WORKFORCE INNOVATON BOARD – OKLAHOMA WORKS**

5005 N. LINCOLN BLVD, OKLAHOMA CITY, OK 73105.....**405-426-8850**

114 W. HARRISON AVE., GUTHRIE, OK 73044-4739 .....**405-260-2674**

210 N. CHOCTAW AVE., EL RENO, OK 73036-2679 .....**405-295-2218**

103 W. ACRES ST., NORMAN, OK 73069 .....**405-701-2681**

Job seekers with disabilities and their advocates can get answers to questions about job discrimination laws.

<https://www.eeoc.gov/field-office/oklahoma/location>

**EQUAL EMPLOYMENT OPPORTUNITY COMMISSION.... 800-669-4000/ TTY 800-669-6820**

215 DEAN A. MCGEE AVE, SUITE 524, OKLAHOMA CITY 73102

Job seekers with disabilities and their advocates can get answers to questions about job discrimination laws.

<https://www.eeoc.gov/field-office/oklahoma/location>

**OKLAHOMA EMPLOYMENT SECURITY COMMISSION ....405-557-7100/TTY 800-522-8506**

PO BOX 52003, OKLAHOMA CITY, 73152

[http://www.ok.gov/oesc\\_web/](http://www.ok.gov/oesc_web/)

**OKLAHOMA STATE DEPARTMENT OF LABOR ..... 405-521-6100**

3017 NORTH STILES AVENUE OKLAHOMA CITY, OKLAHOMA 73105

<https://www.ok.gov/odol/>

**OKLAHOMA WORKS – AMERICAN JOB CENTER..... 405-426-8850**

5005 N. LINCOLN BLVD, OKLAHOMA CITY, OK 73105

<https://oklahomaworks.gov/>

**SCSEP – SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM ..... 405-521-2281**

**OKLAHOMA DEPARTMENT OF HUMAN SERVICES**

**COMMUNITY LIVING, AGING, AND PROTECTIVE SERVICES (CAP)**

Community service and work-based job training program for low-income, unemployed older adults aged 55 and over.

<https://oklahoma.gov/okdhs/services/cap/scsep.html>

**TEEM, THE EDUCATION AND EMPLOYMENT MINISTRY, INC..... 405-235-5671**

1501 N. CLASSEN, OKLAHOMA CITY 73106

Training and job placement for people impacted by incarceration.

<http://www.teem.org/>

**UNITED URBAN INDIAN COUNCIL, INC.- WIA ..... 405-778-6805**

7203 S. WESTERN AVENUE OKLAHOMA CITY, OK 73139

American Indian Education Training & Employment Center for eligible American Indians and Native Americans who live in Oklahoma County.

**URBAN LEAGUE OF GREATER OKLAHOMA CITY, INC ..... 405-424-5243**

3900 N. MARTIN LUTHER KING JR. AVE, OKLAHOMA CITY 73111

Job placement, counseling, health, social welfare & education.

<https://www.urbanleagueok.org/>

**UNITED STATES DEPARTMENT OF LABOR ..... 866-487-2365**

Guarantees worker's rights to safe working conditions, a minimum hourly wage and overtime pay, freedom from employment discrimination, unemployment insurance, workers compensation, and worker's pension rights. Special efforts are made to help older workers, women, minorities, and people with disabilities.

<http://www.dol.gov/>

# FINANCIAL ASSISTANCE

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## **CATHOLIC CHARITIES ..... 405-523-3000**

1232 N. CLASSEN BLVD., OKLAHOMA CITY, 73106

<https://catholiccharitiesok.org/>

## **COMMUNITY ACTION AGENCIES - MAY HELP IF FUNDS ARE AVAILABLE.**

MAIN OFFICE - 319 S.W. 25TH ST., OKLAHOMA CITY, 73109..... **405-232-0199**

NW DISTRICT – 1300 N. MCKINLEY, OKLAHOMA CITY, 73106 ..... **405-525-2468**

SW DISTRICT - 1621 S.W. 15TH ST., OKLAHOMA CITY, 73108 ..... **405-634-1469**

CITY-COUNTY DISTRICT - 12520 N.E. 36TH, SPENCER, 73084 ..... **405-769-3346**

MWC DISTRICT – 1124 N. DOUGLAS, MIDWEST CITY, 73130 ..... **405-869-9354**

NE DISTRICT – 3401 N.E. 16TH ST., OKLAHOMA CITY, 73117 ..... **405-424-0315**

SE DISTRICT – 6315 S. CAMILLE, OKLAHOMA CITY, 73149..... **405-672-7311**

<https://www.caaofokc.org/services/emergency-needs/>

CANADIAN COUNTY DISTRICT – 203 N. BICKFORD, EL RENO, 73036 ..... **405-262-7042**

<http://www.caaofokc.org/services/emergency-needs/utility-assistance/>

CLEVELAND COUNTY DISTRICT –1183 E. MAIN, NORMAN, 72071 ..... **405-701-2170**

<http://cocoa.website/norman/>

LOGAN COUNTY DISTRICT – 1524 E. PERKINS, GUTHRIE, 73044 ..... **405-466-8115**

<http://cocoa.website/guthrie/>

## **COMPASSIONATE HANDS ..... 405-354-9591**

119 S. 6TH, YUKON, 73099

Yukon residents only. Utility assistance for elderly and disabled.

[www.compassionatehandsyukon.com](http://www.compassionatehandsyukon.com)

## **FOOD AND SHELTER, INC ..... 405-360-4954**

201 REED AVENUE, NORMAN, 73071

[www.foodandshelterinc.org/#about](http://www.foodandshelterinc.org/#about)

## **HOPE CENTER OF EDMOND ..... 405-348-1340**

1251 N. BROADWAY, EDMOND, 73034

Serving zip codes 73034, 73013, 73003, 73007, 73025, and 73012.

Has assistance with food, hygiene items, clothing, household items, utility assistance, rental assistance and others.

<http://hopecenterofedmond.com/>

<b>PULSEWRX WIRELESS PROGRAM .....</b>	<b>614-656-8056</b>
Oklahoma Medicaid members – free phone. <a href="http://www.pulsewrx.com">www.pulsewrx.com</a>	
<b>LIFELINE – UNIVERSAL SERVICE ADMINISTRATIVE COMPANY.....</b>	<b>800-234-9473</b>
LOW INCOME PHONE SERVICE. <a href="http://www.lifelinesupport.org/lis">www.lifelinesupport.org/lis</a>	
<b>HOPE CHEST OKC .....</b>	<b>405-204-9108</b>
P.O. BOX 850322 YUKON, OK 73085 Provides beds, bedding, kitchen tables, and chairs through various partner referrals. <a href="https://www.hopechestokc.org/">https://www.hopechestokc.org/</a>	
<b>LOW INCOME ENERGY LOW INCOME ASSISTANCE PROGRAM (LIHEAP).....</b>	<b>405-521-3444</b>
<b>LOW INCOME WATER ASSISTANCE PROGRAM (LIWAP)</b> <a href="http://www.okdhslive.org/">http://www.okdhslive.org/</a>	
<b>OG&amp;E ELECTRIC SERVICES .....</b>	<b>800-272-9741</b>
REPORT POWER OUTAGE ..... <b>800-522-6870</b>	
<b>OKLAHOMA CORPORATION COMMISSION .....</b>	<b>405-521-2331</b>
PUBLIC UTILITY DIVISION, CONSUMER SERVICE 2101 N. LINCOLN, OKLAHOMA CITY, OK, 73105 Information and complaints relating to gas, electricity, or telephone. Does not cover municipal utilities.	
<b>OKLAHOMA CITY WATER DEPARTMENT</b>	
CUSTOMER SERVICES .....	<b>405-297-2833</b>
EMERGENCY .....	<b>405-297-3334</b>
420 W. MAIN, 5 <sup>TH</sup> FLOOR, OKLAHOMA CITY, OK 73102 <a href="http://www.okc.gov/departments/utilities/customer-service/ways-to-pay-bill">www.okc.gov/departments/utilities/customer-service/ways-to-pay-bill</a>	
<b>OKLAHOMA NATURAL GAS (ONG) .....</b>	<b>TDD 800-722-0353</b>
CUSTOMER SERVICES. ....	<b>800-664-5463</b>
EMERGENCY OR GAS LEAKS.....	<b>800-458-4251</b>
<a href="http://www.oklahomanaturalgas.com">www.oklahomanaturalgas.com</a>	
<b>PIEDMONT SERVICE CENTER (CANADIAN COUNTY).....</b>	<b>405-373-4022</b>
415 PIEDMONT ROAD N., PIEDMONT, 73078 Tuesdays/Thursdays 9:00 a.m. to 3:00 p.m.	

Serves Piedmont and the immediate surrounding areas.

[www.piedmontservicecenter.org](http://www.piedmontservicecenter.org)

**RX FOR OKLAHOMA PRESCRIPTION ASSISTANCE ..... 877-794-6552**

OKLAHOMA DEPARTMENT OF COMMERCE

900 N. STILES AVE., OKLAHOMA CITY, 73104

RX for Oklahoma helps Oklahomans access prescription assistance programs for those who qualify. RX Oklahoma is available to help with the application process. No charge for services.

[www.rx4okla.com](http://www.rx4okla.com)

**SAINT JOHN THE BAPTIST CATHOLIC CHURCH ..... 405-216-7554**

SAMARITAN HOUSE, 42 E. 9TH ST, EDMOND 73034

Monday - Friday, 9:00 a.m to noon. Rent and utility assistance is available to individuals in this parish area.

<https://stjohn-catholic.org/samaritan-house>

**SHEPHERDS OF LOVE MINISTRIES ..... 405-348-5195**

Emergency financial assistance, including help with utilities, gas for car, etc. Applications by phone only.

<http://shepherdsoflove.org/>

**SALVATION ARMY, SOCIAL SERVICES:**

**CANADIAN COUNTY, 1012 S. ROCK ISLAND, EL RENO, 73036.....405-295-2343**

Emergency assistance for utilities. Mon - Thurs, 9:00 a.m. – 12:00 p.m. and 1:00 p.m. – 3:00 p.m. Call in advance to ensure funding is available.

[www.salvationarmyokcac.org/canadiancounty/social-service-programs](http://www.salvationarmyokcac.org/canadiancounty/social-service-programs)

**CLEVELAND COUNTY, 1124 N. PORTER, NORMAN, OK 73069 .....405-364-9910**

Screening for eligibility 1st Tuesday each month, 9:30 a.m.; next set appointment. Assist with electricity and gas, not water.

[www.salvationarmyokcac.org/clevelandcounty/social-services](http://www.salvationarmyokcac.org/clevelandcounty/social-services)

**OKLAHOMA COUNTY, 1001 N. PENN, OKLAHOMA CITY ..... 405-246-1100**

<http://salvationarmyokcac.org/contact/>

**LEND-A-HAND (OG&E) & SHARE THE WARMTH (ONG)**

[www.salvationarmyaok.org/programs/social-services/lend-a-hand](http://www.salvationarmyaok.org/programs/social-services/lend-a-hand)

[www.salvationarmyaok.org/programs/social-services/share-the-warmth](http://www.salvationarmyaok.org/programs/social-services/share-the-warmth)

**UPWARD TRANSITIONS ..... 405-232-5507**  
1134 W. MAIN STREET, OKLAHOMA CITY, 73106  
Financial assistance with utilities, rent, bus tokens, cost of I.D. Help for stranded travelers. Call for requirements of each program.  
[www.upwardtransitions.org](http://www.upwardtransitions.org)

**YUKON SHARING ..... 405-354-9456**  
4 N. 6TH, YUKON, 73099  
Provides utility assistance for those in Yukon school district.  
<https://www.yukonsharing.org/>

**FINANCIAL COUNSELING**

**CREDIT REPORTS ..... 877-322-8228**  
FREE CREDIT REPORTS..... <https://www.annualcreditreport.com>  
EQUIFAX ..... <http://www.equifax.com/>  
EXPERIAN.....<http://www.experian.com/>  
TRANSUNION CREDIT REPORT..... <http://www.transunion.com/>  
Federal law allows you to get a free copy of your credit report every 12 months from each credit reporting company. [www.annualcreditreport.com](http://www.annualcreditreport.com) will give you credit reports from all three companies.  
<https://www.consumer.ftc.gov/articles/free-credit-reports>

**GREENPATH FINANCIAL WELLNESS ..... 800-550-1961**  
4045 N.W. 64<sup>TH</sup> ST, STE 280, OKLAHOMA CITY, 73116  
Counsels and guides individuals through financial crises.  
<https://www.greenpath.com/>

**NEIGHBORHOOD HOUSING SERVICES OF OKLAHOMA CITY..... 405-231-4663**  
4101 N. CLASSEN BLVD, STE A, OKLAHOMA CITY 73118  
Provides funding (loans or down payment and closing cost assistance) for low to moderate-income first-time home buyers who would be unable to qualify for conventional mortgages. Home buyer education classes. Assistance with foreclosure prevention is also offered.  
<http://www.nhsokc.org/>

**OKLAHOMA DEPARTMENT OF SECURITIES..... 405-280-7700**  
204 N. ROBINSON AVE, STE 400, OKLAHOMA CITY, 73102  
Investigates investment fraud.  
<http://www.securities.ok.gov/>

**SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)..... 405-233-3050**  
301 N.W. 6TH, SUITE 116, OKLAHOMA CITY 73102  
Helps small businesses with problems. Small business financial planning services.  
<https://oklahomacity.score.org>

# FOOD/NUTRITION PROGRAMS

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**SNAP - SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM..... 405-522-5050**

ACCESS CARD ISSUANCE (ELECTRIC BENEFIT TRANSFER) .....888-328-6551

Oklahoma debit cards issued at DHS offices to qualified applicants.

[www.okdhslive.org](http://www.okdhslive.org)

## **SENIOR FARMERS' MARKET NUTRITION PROGRAM**

**LOGAN & OKLAHOMA COUNTIES.....405-521-4089**

**CLEVELAND COUNTY.....405-321-3200**

Offers low-income older citizens an opportunity to purchase fresh fruits, vegetables, and herbs. Fill out an application for qualification.

**Senior Farmers Market Nutrition Program - ONIE Project**

## **CANADIAN COUNTY**

**CANADIAN COUNTY NUTRITION ..... 405-949-2709**

**EL RENO SENIOR CITIZENS CENTER..... 405-262-1968**

401 S. GRAND, EL RENO, OK 73036

[www.cityofelreno.com/community/senior-citizens  
center](http://www.cityofelreno.com/community/senior-citizens-center)

**MUSTANG ACTIVE ADULT CENTER ..... 405-376-1297**

1201 N. MUSTANG RD., MUSTANG, 73064

[www.cityofmustang.org/seniorcenter](http://www.cityofmustang.org/seniorcenter)

**YUKON SENIOR CENTER (DALE ROBERTSON CENTER)..... 405-350-7680**

1200 LAKESHORE DR., YUKON, 73099

[www.yukonok.gov/city-departments/parks-  
recreation/facilities/m.staff/3521/view/267](http://www.yukonok.gov/city-departments/parks-recreation/facilities/m.staff/3521/view/267)

## **CLEVELAND COUNTY**

**AGING SERVICES, INC. (CLEVELAND COUNTY) ..... 405-321-3200**

1179 E. MAIN, NORMAN, OK 73071

[www.agingservicesok.com](http://www.agingservicesok.com)

**BRAND SENIOR CENTER ..... 405-793-9060**

501 E. MAIN, MOORE, 73160

<https://www.cityofmoore.com/community-resources/brand-senior-center>



<b>EASTLAKE CUMBERLAND SENIOR MEAL SITE .....</b>	<b>405-691-0339</b>
700 S.W. 134TH ST., OKLAHOMA CITY, 73170	
<a href="http://www.eastlakechurch.org/index.php/home-meal-delivery-driver">http://www.eastlakechurch.org/index.php/home-meal-delivery-driver</a>	
<b>NOBLE SENIOR CITIZEN CENTER .....</b>	<b>405-872-5921</b>
HIGHWAY 77 & MCGUIRE ROAD, NOBLE, OK 73069	
<a href="https://agingservicesok.com/noble-site/">https://agingservicesok.com/noble-site/</a>	
<b>NORMAN SENIOR CITIZEN CENTER .....</b>	<b>405-360-1472</b>
329 S. PETERS, NORMAN, OK 73068	
<a href="http://www.normanok.gov/residents-visitors/parks-recreation/senior-citizens-center">www.normanok.gov/residents-visitors/parks-recreation/senior-citizens-center</a>	
<b>ROSE ROCK VILLA.....</b>	<b>405-364-3710</b>
700 N. BERRY RD., NORMAN, 73069	
<a href="https://agingservicesok.com/norman-site/">https://agingservicesok.com/norman-site/</a>	

### LOGAN COUNTY

<b>CRESCENT COMMUNITY BUILDING .....</b>	<b>405-969-3081</b>
621 E. VAN BUREN, CRESCENT, 73028	
<b>MARSHALL COMMUNITY CENTER .....</b>	<b>405-935-6862</b>
303 S. MISSOURI, MARSHALL, OK 73056	
<b>HIGHLAND HALL NUTRITION SITE.....</b>	<b>405-282-4204</b>
1102 E. WARNER AVE., GUTHRIE, 73050	

## OKLAHOMA COUNTY

<b>OKLAHOMA COUNTY SENIOR NUTRITION PROGRAM .....</b>	<b>405-949-2709</b>
PROJECT ADMINISTRATIVE OFFICE, 5016 N.W. 10TH ST., OKLAHOMA CITY, 73127	
<b>ANDREWS SQUARE CENTER.....</b>	<b>405-634-9707</b>
2101 S. HARVEY, OKLAHOMA CITY, 73109	
<b>CANDLELAKE SENIOR CENTER-OCSNP .....</b>	<b>405-942-6266</b>
3540 N.W. 56TH ST., OKLAHOMA CITY, 73112	
<b>CHOCTAW SENIOR CENTER - OCSNP .....</b>	<b>405-390-8040</b>
14653 DEAN ST., CHOCTAW, OK 73020	
<b>CLASSEN SENIOR CENTER - OCSNP .....</b>	<b>405-236-3680</b>
913 N.W. 12TH ST., OKLAHOMA CITY, 73106	
<b>DANFORTH SENIOR CENTER.....</b>	<b>405-789-3021</b>
5301 N. MERIDIAN, OKLAHOMA CITY, 73112	
<b>DEL CITY NUTRITION SITE - OCSNP .....</b>	<b>405-670-4780</b>
4701 S.E. 26TH, DEL CITY, 73115	
<b>D. D. KIRKLAND – OCSNP</b>	
6020 N. INDPENDENCE AVENUE, OKLAHOMA CITY, 73112	
<b>EDMOND SENIOR CENTER.....</b>	<b>405-216-7600</b>
2733 MARILYN WILLIAMS DR., EDMOND, 73003	
<b>HARRAH SENIOR CENTER- OCSNP .....</b>	<b>405-454-3586</b>
19791 SUMMERS AVE., HARRAH, OK 73045	
<b>HILLCREST SENIOR CENTER- OCSNP.....</b>	<b>405-681-7741</b>
2325 S.W. 59TH ST., OKLAHOMA CITY, 73119	
<b>LA PUERTA DE ORO- OCSNP .....</b>	<b>405-235-4243</b>
420 S.W. 10TH ST., OKLAHOMA CITY, 73109	
<b>MCGUIRE SENIOR CENTER-OCSNP .....</b>	<b>405-419-9925</b>
1316 N.E. 12TH ST., OKLAHOMA CITY, 73117	
<b>MEMORIAL CHRISTIAN CHURCH-OCSNP .....</b>	<b>405-948-1854</b>
1915 N. MERIDIAN, OKLAHOMA CITY, 73107	
<b>MIDWEST CITY SENIOR CENTER -OCSNP.....</b>	<b>405-732-0302</b>
8251 E. RENO, MIDWEST CITY, 73110	

<b>NORTHEAST YMCA SENIOR CENTER-OCSNP .....</b>	<b>405-427- 5222</b>
4712 MARTIN LUTHER KING BLVD., OKLAHOMA CITY, 73111	
<b>PETE WHITE HEALTH &amp; WELLNESS CENTER-OCSNP.....</b>	<b>405-949-2709</b>
4021 S. WALKER AVE, OKLAHOMA CITY, OK 73109	
<b>RED BUD SENIOR CENTER-OCSNP .....</b>	<b>405-286-1863</b>
1400 N.W. 115TH ST., OKLAHOMA CITY, 73114	
<b>REDING SENIOR CENTER .....</b>	<b>405-631-1462</b>
1000 S.W. 38TH ST., OKLAHOMA CITY, 73109	
<b>TEMPLE GARDENS-OCSNP.....</b>	<b>405-427-5338</b>
1515 N.E. 48TH ST., OKLAHOMA CITY, 73112	
<b>TOWERS SENIOR CENTER-OCSNP .....</b>	<b>405-272-0735</b>
117 N.W. 9TH ST., OKLAHOMA CITY, 73102	

# FOOD PANTRIES

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## LOCATE FOOD PANTRIES IN YOUR AREA BY ZIP CODE:

<https://regionalfoodbank.org/get-help#pantry>

### CANADIAN COUNTY

**LOAVES & FISHES** ..... 405-376-4538

1116 W. STATE HWY 152 MUSTANG, OKLAHOMA 73064

**MANNA PANTRY** ..... 405-265-0193

123 S. 6TH STREET, YUKON, OK 73099

Must be a resident of Yukon or Piedmont.

<http://www.mannapantryyukon.org/>

**YUKON SHARING MINISTRIES** ..... 405-354-9456

4 N. 6TH ST., YUKON, OKLAHOMA 73099

### CLEVELAND COUNTY

**FOOD AND SHELTER, INC.** ..... 405-360-4954

201 REED AVE NORMAN, OK 73071

<http://www.foodandshelterinc.org/get-help#need-food>

**REGIONAL FOOD BANK FRC** ..... 405-600-3182

2635 N. SHIELDS BLVD. MOORE, OK

Serves zip codes 73119, 73129, 73135, 73139, 73145, 73149, 73150, 73159, 73160, 73165, 73170, 73026, 73065, 73069, 73071, 73072

<https://www.regionalfoodbank.org/about-us/our-programs/food-for-communities/frc/>

**HIGHLAND BAPTIST CHURCH FOOD PANTRY MINISTRY** ..... 405 794-5432

2425 S.E. 4TH STREET MOORE, OK 73160

Not zip code specific – may receive food once every 60 days.

<https://hbcmoore.org/ministries/food-pantry/>

- HILLTOP BAPTIST CHURCH ..... 405-794-0603**  
 MASTERCARE FOOD PANTRY  
 11710 E. STELLA RD., NORMAN, OKLAHOMA 73026  
 Food available to those living within 12 miles of Hilltop Baptist church campus.
- MISSION NORMAN ..... 405-321-8880**  
 2525 E. LINDSEY, NORMAN, 73071  
 Serves residents of Cleveland county excluding Moore.  
[www.missionnorman.org](http://www.missionnorman.org)

**LOGAN COUNTY**

- GOD’S FOOD BANK ..... 405-260-1412**  
 402 W. VILAS, GUTHRIE, OK  
<http://www.godsfoodbank.org/>
- CRESCENT REGIONAL FOODBANK ..... 405-708-1451**  
 813 E. JEFFERSON ST, CRESCENT, OK 73028
- HANDS OF JESUS..... 405-260-3440**  
 2403 W. NOBLE AVE, GUTHRIE, OK 73044

**OKLAHOMA COUNTY**

- BAPTIST MISSION CENTER ..... 405-235-6162**  
 2125 EXCHANGE, OKLAHOMA CITY, 73108  
[www.cbaokc.net/page/baptist\\_mission\\_center](http://www.cbaokc.net/page/baptist_mission_center)
- BONNIE’S HELPING HANDS ..... 405-615-5675**  
 1031 N.E. 36TH ST, OKLAHOMA CITY, 73111  
 Provides food to those in need; may also provide clothing and other items as needed. Saturday 9:00-12:00; 3<sup>rd</sup> Saturday of each month.  
<https://bonnieshelpinghand.wixsite.com/bonnieshelpinghands>
- BRITVIL FOOD PANTRY..... 405-842-1275**  
 8717 N. WESTERN AVE., OKLAHOMA CITY, 73114  
 Serves zip codes: 73114, 73120, 73131, 73105. Call for requirements.  
[www.helpbritvil.com](http://www.helpbritvil.com)

- CARE FOR OKLAHOMA CITY ..... 405-232-4255**  
FIRST BAPTIST CHURCH  
1201 N. ROBINSON, OKLAHOMA CITY, 73103 MONDAYS 4:30 - 5:30  
<https://fbcokc.org/careforokc>
- CHURCH OF THE OPEN ARMS ..... 405-525-9555**  
3131 N. PENNSYLVANIA AVE, OKLAHOMA CITY, OK 73112  
<http://www.openarms.org/food-pantry/>
- LUTHER CHURCH OF CHRIST ..... 405-277-3804**  
SOUTH 8TH ST. & SOUTH BIRCH, LUTHER, 73054  
<https://www.lutherchurchofchrist.com/ministries.html>

# MOBILE / HOME DELIVERED MEALS

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## CANADIAN

**CANADIAN COUNTY NUTRITION ..... 405-949-2709**

**MOBILE MEALS OF EL RENO, INC..... 405-262- 8623**

200 N. COUNTRY CLUB ROAD, EL RENO, 73036

**YUKON MOBILE MEALS..... 405-350-5901**

DALE ROBERTSON CENTER

1200 LAKE SHORE DR., YUKON, 73099

## CLEVELAND COUNTY

**AGING SERVICES, INC. (CLEVELAND COUNTY) ..... 405-321-3200**

COMMUNITY SERVICES BUILDING,

1179 E. MAIN, NORMAN, 73701

**MEALS ON WHEELS OF NORMAN, INC. .... 405-321-7272**

Serving seniors 60+ years or disabled & within the Norman city limits.

## LOGAN COUNTY

**LOGAN COUNTY AGING SERVICES..... 405-282-1803**

1102 E. WARNER, GUTHRIE, 73044 HOME DELIVERED MEALS.

An areawide aging agency funded project.

## OKLAHOMA COUNTY

**DEL CITY MOBILE MEALS..... 405-672-1311**

DEL CITY CHURCH OF CHRIST

1901 VICKIE DR., DEL CITY, 73115

Call before 9:30 a.m. - Del City residents only.

**EDMOND MOBILE MEALS-HOME DELIVERED MEALS..... 405-341-3111**

25 W. 3RD ST., EDMOND, 73003

**HERITAGE WEEKEND MEALS ..... 405-424-1860**

1500 N.E. 50TH, OKLAHOMA CITY, 73111

Covering the N.E. quadrant of Oklahoma City.

- MIDWEST CITY MOBILE MEALS ..... 405-474-6093**  
 705 E. RICKENBACKER DR., MWC, 73110
  
- MEALS ON WHEELS OF OKLAHOMA CITY. .... 405-609-1035**  
 ST. LUKE’S UNITED METHODIST CHURCH  
 222 N.W. 15TH ST., OKLAHOMA CITY, 73103  
[www.endinghungerokc.org](http://www.endinghungerokc.org)
  
- OKLAHOMA COUNTY SENIOR NUTRITION PROGRAM ..... 405-949-2709**  
 5016 N.W. 10TH ST., OKLAHOMA CITY, 73127
  
- SPENCER/NICOMA PARK MOBILE MEALS PROGRAM ..... 405-769-3301 EXT 1249**  
 (MARY MAHONEY HEALTH CENTER)  
 For senior care case management contact community health services



# OTHER NUTRITION OPTIONS

## DINING EXPRESS DELIVERY OF METRO OKLAHOMA CITY ..... 405-858-8646

7801 N ROBINSON AVE OKLAHOMA CITY, OK 73116

Breakfast, lunch & dinner. Fee per delivery + tip for driver (10-15%)

<http://www.858togo.com>

## HEY NEIGHBOR.....405-252-1011

Grocery delivery service for seniors and at-risk persons. Fill out the request online and you will be contacted. Free delivery. You pay for your order.

Includes Oklahoma City Metro, Edmond, Yukon, Midwest City, Del City, Choctaw, Moore, Norman, and Shawnee.

[www.heyneighborokc.com](http://www.heyneighborokc.com)

## MILLIE'S TABLE ..... 405-330-9156

1333 N. SANTA FE, SUITE 102, EDMOND, 73003 (HOMESTEAD CENTER)

Prepared foods ready for pick-up or delivery.

<http://milliestable.com/>

## ONLINE ORDERING OPTIONS:

ALDI ..... <https://www.aldi.us/en/grocery-delivery/>

CASH SAVER..... <https://www.cashsaverfoods.com/>

COSTCO ..... <https://www.costco.com/>

CREST..... <https://www.crestfoodsok.com/>

HOMELAND ..... <https://www.homelandstores.com/>

SAM'S ..... <https://www.samsclub.com>

TARGET ..... <https://www.target.com/>

UPTOWN ..... <https://uptowngroceryco.com/>

WALMART ..... <https://www.walmart.com/>

WINCO ..... <https://www.wincofoods.com/stores#/5809>

## SCHWAN'S FOODS ..... 888-724-9267

Frozen foods delivered to your home.

<http://www.schwans.com/>

## SOUP, SOUP ..... 405-843-7095

7654 N. WESTERN, OKLAHOMA CITY, 73116

Soups, stews, casseroles ready for pick-up. Individual servings available.

<http://soupsoup.webs.com/>

- SUPPERTHYME OK ..... 405-285-1340**  
300 W. 33RD ST., EDMOND, 73013  
Prepared food for pickup. Single serving frozen entrees available.  
<http://supperthymeok.com/>
- THE MARKET AT RESTORE OKLAHOMA CITY ..... 405-254-0922**  
2222 N.E. 27TH STREET, OKLAHOMA CITY, 73111  
Our grocery store serves the N.E. Oklahoma City community. We have fresh produce from our 5-acre farm. Fresh food and coffee.
- WHAT'S COOKING ..... 405-843-6530**  
337 W. WILSHIRE, SUITE C, OKLAHOMA CITY, 73116  
Fresh & frozen meals-to-go. Small size servings for 1 or 2 persons available.  
<http://whatscookingok.com/>

# FUNERAL HOMES

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## CANADIAN COUNTY

<https://www.okgenweb.net/funeral/county/canadian.htm>

## CLEVELAND COUNTY

<https://okgenweb.net/~okclevel/funeral.htm>

## LOGAN COUNTY

<https://www.okgenweb.net/funeral/county/logan.htm>

## OKLAHOMA COUNTY

<https://www.okgenweb.net/funeral/county/oklahoma.htm>

## OTHER HELPFUL INFORMATION

**ANATOMICAL DONOR PROGRAM ..... 405-271-2424 EXT 0**

UNIVERSITY OF OU HEALTH SCIENCES CENTER

<https://medicine.ouhsc.edu/Faculty-Staff/Office-of-Medical-Education/Willed-Body-Program>

**OKLAHOMA COUNTY PHARMACY OF SOCIAL SERVICES ..... 405-713-1893**

COUNTY WELFARE, 7401 N.E. 23RD ST, OKLAHOMA CITY 73141

The Burial/Cremation Program is operated in cooperation with local funeral homes and Office of the Medical Examiner. The county provides services for persons who died in Oklahoma County and whose bodies are unclaimed, or for whom no funds are available. Referrals for this program must come from a funeral home in Oklahoma County or from the Office of the Medical Examiner. Due to budgetary constraints, cremations are provided in most cases. Burial services are provided only under extenuating circumstances.

**OKLAHOMA FUNERAL BOARD ..... 405-522-1790**

3700 N. CLASSEN STE 175, OKLAHOMA CITY, OK 73118

The mission of the Oklahoma Funeral Board is to act in the public interest, and for the protection of the public within the powers vested in the Board by the State of Oklahoma for the regulation and education of the funeral service profession. <http://ok.gov/funeral/>

<b>OKLAHOMA STATE HEALTH DEPARTMENT VITAL RECORDS .....</b>	<b>405-426-8880</b>
Birth and Death Certificates.	
<a href="https://oklahoma.gov/health/birth-and-death-certificates.html">https://oklahoma.gov/health/birth-and-death-certificates.html</a>	
<b>PRIVATE AUTOPSY SERVICE .....</b>	<b>405-525-4040</b>
2415 N. WALNUT AVE, OKLAHOMA CITY, OK 73105	
Provides a range of autopsy and investigative services.	
<a href="https://www.autopsyok.com/">https://www.autopsyok.com/</a>	
<b>SOCIAL SECURITY ADMINISTRATION.....</b>	<b>800-772-1213</b>
12301 N. KELLEY AVE, OKLAHOMA CITY 73131. ....	<b>800-325-0778 TTY</b>
200 N.E. 27 <sup>TH</sup> , MOORE, OK 73160.....	<b>800-772-1213</b>
Called to apply for benefits or to report a death.	
<a href="http://www.ssa.gov/survivors/">http://www.ssa.gov/survivors/</a>	
<b>VETERANS AFFAIRS – BURIAL BENEFITS .....</b>	<b>800-535-1117</b>
NATIONAL CEMETERY SCHEDULING OFFICE	
<a href="http://www.cem.va.gov/cem/burial_benefits/">http://www.cem.va.gov/cem/burial_benefits/</a>	

# HEALTH and MEDICAL EQUIPMENT

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## **ALZHEIMERS SAFE RETURN PROGRAM AND MEDICALERT FOUNDATION**

To order a MedicAlert ID and Safe Return membership

**800-432-5378**

**[www.alz.org/care/dementia-medical-alert-safe-return.asp](http://www.alz.org/care/dementia-medical-alert-safe-return.asp)**

## **AMERICAN MEDICAL ID ..... 800-363-5985**

Shop of various medical ID options.

**[www.americanmedical-id.com](http://www.americanmedical-id.com)**

## **ASBURY MEDICAL SUPPLY ..... 405-843-6691**

3401 N. MAY, OKLAHOMA CITY, 73112

Prescriptions, medical equipment, and specialty services.

**<https://asburypharmacy.com/>**

## **BEST BUY HEALTH**

Provides technologic services such as person emergency response systems, medication management devices, senior living safety system and other services.

**<https://healthcare.bestbuy.com/>**

## **ELECTRIC SCOOTER STORE (ESS) MOBILITY SOLUTIONS ..... 855-927-2668**

211 N.W. 59TH, OKLAHOMA CITY, 73118.....**405-585-0000**

Provides a wide selection of mobility products.

**[www.electricscooterstore.com](http://www.electricscooterstore.com)**

## **DIRECT MEDICAL SUPPLY ..... 800-479-5993**

4601 N. MAY, OKLAHOMA CITY, 73112

National orthotics and medical equipment supplier. Offers affordable solutions to home health care needs.

**<https://www.directmedicalsupply.com/>**

## **GENUINE CARE REHAB SERVICES..... 405-606-6504**

744 CULBERTSON DR., OKLAHOMA CITY, 73105

Products to fit your home care needs.

**[www.genuinecareokc.com](http://www.genuinecareokc.com)**

<b>HOME CARE MEDICAL MART .....</b>	<b>405-634-1467</b>
4401 S. WALKER AVE OKLAHOMA CITY, OK 73109	
Medical equipment is available to buy or rent in Oklahoma City to help independent living.	
<b>IMED SUPPLY .....</b>	<b>405-799-8855</b>
1501 S.E. 4TH, MOORE, 73160	
Provides medical equipment and supplies.	
<a href="http://www.imedsupply.com"><u>www.imedsupply.com</u></a>	
<b>LIFE FONE .....</b>	<b>800-882-2280</b>
Gives individuals instant access to caring, compassionate help 24 hours a day, every day of the year.	
<a href="http://www.lifefone.com"><u>www.lifefone.com</u></a>	
<b>LIFELINE – PHILIPS.....</b>	<b>855-681-5351</b>
PHILIPS LIFELINE	
111 LAWRENCE STREET, FRAMINGHAM, MA 01702	
Medical alert system	
<a href="http://www.lifeline.philips.com"><u>www.lifeline.philips.com</u></a>	
<b>LINDSEY MEDICAL SUPPLY</b>	
9600 N. MAY, OKLAHOMA CITY, 73120 .....	<b>405-607-5905</b>
630 S.W. 4TH ST., MOORE, 73160 .....	<b>405-735-9505</b>
1110 E. 2ND STREET, EDMOND, OK 73034 .....	<b>405-216-3324</b>
Various medical supplies are located locally.	
<a href="http://www.lindseymedicalsupply.com"><u>www.lindseymedicalsupply.com</u></a>	
<b>MAJORS MEDICAL SUPPLY .....</b>	<b>405-840-5272</b>
415 W. WILSHIRE BLVD., STE A, OKLAHOMA CITY, 73116	
Medical equipment provider.	
<a href="http://www.mmedsupply.com"><u>www.mmedsupply.com</u></a>	
<b>MEDIC-ALERT.....</b>	<b>800-432-5378</b>
Medical & health bracelets & necklaces.	
<a href="http://www.medicalert.org"><u>www.medicalert.org</u></a>	
<b>MOBILITY LIVING .....</b>	<b>866-500-5600</b>
1215 S.E. 44TH ST, OKLAHOMA CITY, 73129 .....	<b>405-672-7237</b>
Medical equipment rentals available.	
<a href="http://www.mobilityliving.org"><u>www.mobilityliving.org</u></a>	

**NATIONAL SEATING AND MOBILITY ..... 405-440-2400**

3500 S. LAKESIDE DR., OKLAHOMA CITY, 73179

A supplier of medical equipment such as respirators, wheelchairs, home dialysis systems, or monitoring systems, that are prescribed by a physician for a patient's use in the home and that are usable for an extended period.

[www.Npino.com/medical-supplies/1982012951-national-seating-&-mobility,-inc.](http://www.Npino.com/medical-supplies/1982012951-national-seating-&-mobility,-inc.)

**NORMAN REGIONAL HOME MEDICAL EQUIPMENT..... 405-307-6620**

718 N. PORTER AVE., SUITE 100 NORMAN, OK 73071

Full line of home medical equipment & supplies.

<https://www.normanregional.com/services/home-medical-equipment>

**OKLAHOMA ABLETECH ..... 405-523-4810**

3325 N. LINCOLN BLVD., OKLAHOMA CITY, 73105

**DURABLE MEDICAL EQUIPMENT REUSE PROGRAM**

This program serves any Oklahoman who needs durable medical equipment (DME), regardless of income. Priority will be given to SoonerCare members, but any resident is eligible to receive equipment with a completed application. Examples: bath benches, blood pressure monitors, commodes, hospital beds, knee walkers, walkers, nebulizers, patient lifts, canes, scooters, shower chairs, standers, manual & power wheelchairs. The program also accepts gently used equipment donations.

**FINANCIAL LOAN PROGRAM**

Provides financial options with low interest and flexible repayment terms to purchase needed equipment to live, learn, and work independently.

[www.okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program](http://www.okabletech.org/guide-to-all-services/device-reutilization/oklahoma-durable-medical-equipment-reuse-program)

<https://www.okabletech.org/guide-to-all-services/financial-program/>

**SMITH MEDICAL ..... 405-285-9888**

601 S. BROADWAY, EDMOND, OK 73034

Provides a wide range of medical equipment and services, including diagnostic check-ups and repair on motorized equipment by qualified technicians.

[www.smeokc.com](http://www.smeokc.com)

**OKLAHOMA CITY VA MEDICAL CENTER..... 405-456-1000**

921 N.E. 13TH ST., OKLAHOMA CITY, OK 73104

Provide and help you use medical aids, hearing aids, state-of-the-art adaptive home equipment and other equipment to help you preserve and increase your mobility and independence. Veterans only.

[www.va.gov/oklahoma-city-health-care/locations/oklahoma-city-v-a-medical-center/](http://www.va.gov/oklahoma-city-health-care/locations/oklahoma-city-v-a-medical-center/)



# HEALTH ASSOCIATIONS

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- ALZHEIMER'S ASSOCIATION** ..... 800-272-3900  
6601 N. BROADWAY EXT., SUITE 120, OKLAHOMA CITY, OK 73116 ....405-319-0780  
Help and support for individuals with Alzheimer's or dementia and their loved ones.  
<http://www.alz.org/>
- AMERICAN CANCER SOCIETY** ..... 800-227-2345  
PO BOX 22958, OKLAHOMA CITY, OK 73123  
<https://www.cancer.org/about-us/local/oklahoma.html>
- AMERICAN DIABETES ASSOCIATION** ..... 800-342-2383  
OKLAHOMA OFFICE ..... 918-492-3839  
<http://www.diabetes.org/>
- AMERICAN HEART AND STROKE ASSOCIATION** ..... 800-242-8721  
3401 N.W. 63RD STREET, SUITE 510, OKLAHOMA CITY, OK 73116.....405-415-3030  
<https://www.heart.org/>
- AMERICAN LUNG ASSOCIATION**..... 800-586-4872  
**OKLAHOMA CHAPTER**  
710 W. WILSHIRE BLVD, SUITE 101, OKLAHOMA CITY, OK 73116 ..... 405-748-4674  
<http://www.lung.org/>
- AMERICAN PARKINSONS DISEASE ASSOCIATION** ..... 800-223-2732  
<http://www.apdaparkinson.org/>
- ARTHRITIS FOUNDATION – OKLAHOMA CHAPTER** ..... 800-283-7800  
<http://www.arthritis.org/>
- EPILEPSY ASSOCIATION OF OKLAHOMA**..... 800-332-1000  
2915 N. CLASSEN BLVD, STE 040, OKLAHOMA CITY, OK 73106 .....405-416-1023  
SPANISH.....866-748-8008  
<http://www.okepilepsy.org/>
- INTERNATIONAL HEARING SOCIETY-HEARING AID HELPLINE**..... 800-521-5247  
<http://ihsinfo.org/lhsV2/Home/Index.cfm>

**LEUKEMIA AND LYMPHOMA SOCIETY ..... 888-557-7177**  
 OKLAHOMA CITY .....405-943-8888  
<https://www.lls.org/>

**LIMBS FOR LIFE FOUNDATION ..... 888-235-5462**  
 9604 N. MAY AVE, THE VILLAGE, OK 73120.....405-843-5174  
[limbsforlife.org](http://limbsforlife.org)

**LUPUS FOUNDATION OF AMERICA ..... 800-558-0121**  
 2121 K STREET NW, SUITE 200, WASHINGTON, DC 20037  
<http://www.lupus.org/>

**LUPUS FOUNDATION OF OKLAHOMA ..... 405-503-5386**  
 OKLAHOMA CITY OFFICE: 3017 N. STILES, SUITE 203, OKLAHOMA CITY 73105  
 EDMOND OFFICE: 405-330-2356  
 NORMAN OFFICE: 405-926-0033  
<http://www.oklupus.org/>

**NATIONAL CANCER INSTITUTE ..... 800-422-6237**  
<http://www.cancer.gov/>

**NATIONAL KIDNEY FOUNDATION ..... 800-622-9010**  
[www.kidney.org](http://www.kidney.org)

**NATIONAL MULTIPLE SCLEROSIS SOCIETY ..... 800-344-4867**  
 2526 EAST 71ST ST, SUITE A, TULSA, OK 74136  
<http://www.nationalmssociety.org/>

**NATIONAL PARKINSON FOUNDATION ..... 800-473-4636**  
<http://www.parkinson.org/>

**NATIONAL STROKE ASSOCIATION ..... 800-787-6537**  
<http://www.stroke.org/>

**OKLAHOMA BLOOD INSTITUTE ..... 877-340-8777**  
 901 N. LINCOLN BLVD, OKLAHOMA CITY 73104 .....405-278-3100  
 5105 N. PORTLAND, OKLAHOMA CITY 73112 .....405-968-4100  
 3409 S. BROADWAY, SUITE 300, EDMOND 73013 .....405-252-5200  
 1004 24TH AVE, N.W., SUITE 101, NORMAN 73069 .....405-364-2444  
<http://obi.org/>

<b>OKLAHOMA PARKINSON ALLIANCE.....</b>	<b>405-810-0695</b>
720 W. WILSHIRE BLVD, SUITE 109, OKLAHOMA CITY 73116	
<a href="https://oklahomapa.org/"><u>https://oklahomapa.org/</u></a>	
<b>PARKINSON’S DISEASE FOUNDATION INFO LINE .....</b>	<b>800-457-6676</b>
<a href="http://www.pdf.org/"><u>http://www.pdf.org/</u></a>	
<b>SCLERODERMA FOUNDATION.....</b>	<b>800-722-4673</b>
<a href="http://www.scleroderma.org/"><u>http://www.scleroderma.org/</u></a>	

# HEARING RESOURCES

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**AMERICAN HEARING AID CENTER ..... 405-842-8377**

5820 N. MAY AVE., OKLAHOMA CITY, 73112

Hearing evaluations, hearing aids, hearing aid service and batteries.

[www.okbetterhearing.com](http://www.okbetterhearing.com)

<https://ahacokc.com/>

**CAPTIONCALL ..... 833-691-1600**

LEZLEY BELL, LOCAL REPRESENTATIVE ..... **580-302-4283**

The caption call phone features a large easy-to-read screen that displays written captions of what callers say.

[www.captioncall.com](http://www.captioncall.com)

**FEDERAL TELECOMMUNICATIONS VOICE SYSTEM.....711/TDD**

..... **888-225-5322**

This relay service will permit hearing impaired persons anywhere in the U. S.

To communicate via TDD with federal agency offices throughout the country.

[www.fcc.gov/guides/711-telecommunications-relay-service](http://www.fcc.gov/guides/711-telecommunications-relay-service)

**HEARING LOSS ASSOCIATION OF AMERICA ..... 301-657-2248**

HEARING LOSS ASSOCIATION OF OKLAHOMA..... **405-717-9820**

3400 N.W. 36<sup>TH</sup> ST, OKLAHOMA CITY, OK

Consumer organization for hearing impaired persons, relatives, and friends.

Benefits: bi-monthly magazine, chapters, groups, consumer information.

[www.hearingloss.org](http://www.hearingloss.org)

**HEARING SOLUTIONS..... 405-544-4698**

408 S. MUSTANG RD., SUITE B, YUKON, 73099

Certified audiologists conduct hearing tests, hearing aid fittings and other services.

[www.hearingsolutionsok.com](http://www.hearingsolutionsok.com)

**HEARTS FOR HEARING ..... 405-548-4335**

11500 N. PORTLAND AVE., OKLAHOMA CITY, OK 73120

721 W. BRITTON RD, OKLAHOMA CITY, OK 73114

Hearts for Hearing creates life-changing opportunities for children and adults with hearing loss to listen for a lifetime.

[www.heartsforhearing.org](http://www.heartsforhearing.org)

**HOUGH EAR HEARING AND SPEECH CENTER..... 405-639-2877**

3400 N.W. 56TH ST., OKLAHOMA CITY, OK 73112

Non-profit 501c3 organization committed to restoring hearing worldwide through research, teaching, and humanitarian efforts.

[www.houghhear.org](http://www.houghhear.org)

**INTERNATIONAL HEARING SOCIETY-HEARING AID HELPLINE..... 800-521-5247**

Provides answers you can trust to all your questions about better hearing health.

[http://ihsinfo.org/ihsv2/hearing\\_health\\_info/index.cfm](http://ihsinfo.org/ihsv2/hearing_health_info/index.cfm)

**JOHN KEYS SPEECH & HEARING CENTER/ALLIED HEALTH CLINIC ..... 405-271-2866**

1200 N. STONEWALL AVE., OKLAHOMA CITY, OK 73117

Speech & hearing evaluations. Speech reading and speech therapy. Hearing aids through United Way Hearing Aid Bank.

[www.alliedhealth.ouhsc.edu/keys-clinic](http://www.alliedhealth.ouhsc.edu/keys-clinic)

**OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES..... 580-622-8812**

SENIOR CITIZEN HEARING AID PROJECT ..... 866-309-1717 TTY

1100 EAST OKLAHOMA ST., SULPHUR, OK 73086

Oklahoma school for the deaf - interpreter services, equipment, relay service & information. Hearing aids & other devices. Sliding scale. Need proof of income.

[www.okdrs.org/node/4978](http://www.okdrs.org/node/4978)

**RELAY OKLAHOMA ..... 711**

Standard phone, teletypewriter, hearing carry-over, voice carry-over, Speech-to-speech, captioned telephone.

[www.oklahomarelay.com](http://www.oklahomarelay.com)

**SERVICES TO THE DEAF AND HARD OF HEARING ..... 405-522-7930**

**DEPARTMENT OF REHABILITATIVE SERVICES ..... 800-833-8973**

2401 N.W. 23RD ST., SUITE 51, OKLAHOMA CITY, 73107

Help with vocational training and job placement.

<https://www.okdrs.gov/guide/drs-vr-sdhh-okc>

# HOME HEALTH CARE ASSESSMENT AND CASE MANAGEMENT

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Home health care is a wide range of health care services that can be given in your home for an illness or injury. Examples include wound care for pressure sores or a surgical wound; patient and caregiver education; intravenous or nutrition therapy; monitoring serious illness and unstable health status. Home health care helps you get better, regain your independence, and become as self-sufficient as possible.

**ADVANTAGE WAIVER PROGRAM.....800-435-4711**

Assists frail elders and adults who have physical disabilities. A person must first qualify for Medicaid, a low-income service, prior to receiving Advantage.  
[www.okdhs.org/services/aging/pages/advantageadmin.aspx](http://www.okdhs.org/services/aging/pages/advantageadmin.aspx)

**MEDICALLY FRAGILE WAIVER PROGRAM.....888-287-2443**

Frail adults who are Medicaid eligible and meet one of the following: a) have a life-threatening condition; b) require frequent, specialized treatment; c) have a dependency on medical technology.  
[https://www.okhca.org/individuals.aspx?id=12065&parts=21980\\_21981](https://www.okhca.org/individuals.aspx?id=12065&parts=21980_21981)

**AGING SERVICES, INC. (CLEVELAND COUNTY) ..... 405-321-3200**

COMMUNITY SERVICES BUILDING,  
1179 E. Main, Norman, 73071  
Advantage program assessment and case management.  
[www.agingservicesok.com/locations-and-hours/](http://www.agingservicesok.com/locations-and-hours/)

**CAREGIVER CONNECTION, LLC ..... 405-286-2727**

3035 N.W. 63RD ST., #150N, OKLAHOMA CITY, 73116  
Paula Avery, MA, LMFT. Connecting caregivers through consultation, care coordination & counseling. Specializing in Alzheimer’s & dementia.  
[www.caregiverconnectionllc.com](http://www.caregiverconnectionllc.com)

**OU COLLEGE OF NURSING CASE MANAGEMENT ..... 405-271-8767**

1100 N. STONEWALL AVENUE, OKLAHOMA CITY, 73117  
Assesses, coordinates, and monitors healthcare services.  
<https://nursing.ouhsc.edu/Care-Management/Care-Management-Services>

**SENIOR CARE REFERRAL SERVICES OF OKLAHOMA ..... 405-509-6311**

Provides information and referral to assisted living, retirement, and independent living communities.

<https://www.seniorlivingok.com/>

# HOME HEALTH CARE PROVIDERS

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## HOME HEALTH CARE COMPARE IN YOUR AREA

<https://www.medicare.gov/care-compare/>

**COMPANION HOME HEALTH ..... 405-293-9000**

1310 E. OKLAHOMA, GUTHRIE, 73044

901 S. BRYANT AVE., EDMOND, 73034

Quality home health services for those who wish to stay in the place they call home.

[www.companionhealthcare.net](http://www.companionhealthcare.net)

**DISPATCH HEALTH ..... 405-438-3873**

Home delivered health care in Canadian, Cleveland, and Oklahoma counties.

Call for appointment and insurance information.

[www.dispatchhealth.com/locations/ok/oklahoma-city/](http://www.dispatchhealth.com/locations/ok/oklahoma-city/)

**ENCOMPASS HOME HEALTH**

4005 N.W. EXP., SUITE 605, OKLAHOMA CITY, 73116 ..... **405-722-0047**

209 48TH AVE N.W., NORMAN, 73072 ..... **405-360-0041**

Provides skilled nurses, physical therapists, occupational therapists, speech language pathologists, medical social workers and home health aides use a coordinated, interprofessional approach to deliver compassionate, specialized care in the comfort of home.

<https://encompasshealth.com/>

**HEALTHBACK HOME HEALTH**

16201 N. MAY, EDMOND, 73013 ..... **405-330-5500**

226 W. GRAY, SUITE 214, NORMAN, 73069 ..... **405-292-1890**

Home health aide services providing short term personal care, bathing, grooming, dressing, and other assistance.

[www.healthback.com](http://www.healthback.com)



**LIFESPRING IN-HOME CARE NETWORK**

424 E. 2ND, EDMOND, 73034 .....**405-735-6122**  
2411 SPRINGER DR., NORMAN, 73069 .....**405-329-4545**

Types of care offered include Recovery from surgery, assist Chronic Illness sufferers, patients too ill to take care of themselves, condition that requires regular medical attention.

**[www.lifespringhomecare.com](http://www.lifespringhomecare.com)**

**MAYS HOME HEALTH**

4300 S. WALKER, OKLAHOMA CITY, 73109.....**405-632-2110**  
508 W. VANDAMMENT, STE 115 YUKON, 73099 .....**405-354-2958**

Provides skilled nursing, home care aide, and various therapies.

**<https://mayshomecare.com/>**

**NATIONAL ASSOCIATION FOR HOME CARE AND HOSPICE..... 202-547-7424**

228 SEVENTH ST., S.E., WASHINGTON, DC 20003

A professional association representing agencies providing home care services.

**[www.nahc.org](http://www.nahc.org)**

**SOONER HOME HEALTH CARE..... 405-407-1313**

3750 W MAIN ST, BUILDING 7, PARK A, NORMAN, OK 73072 .....**405-321-7400**  
4400 GRANT BLVD, YUKON, OK 73099 .....**405-379-2300**

Nurses and therapists work closely with physicians to help you recover from a hospitalization or surgery. Helps teach how to manage chronic conditions like heart failure, diabetes, or lung problems.

**[www.soonerhs.com](http://www.soonerhs.com)**

**CLEVELAND**

**LOVING CARE IN-HOME HEALTH SERVICES**

100 WOODBRIAR, NOBLE, OK 73068.....**405-872-1515**  
1411 HEALTH CENTER PARKWAY, YUKON, 73099 .....**405-805-5500**

Provides skilled nursing care, various therapies, social workers, and home health aides.

**[www.lovingcarehealth.com](http://www.lovingcarehealth.com)**

**PEACH HOME CARE.....405-701-5951**  
1818 W. LINDSEY ST., SUITE C-180, NORMAN, OK 73069  
Provides personal care services: bathing, grooming, dressing, medication reminders, transport to appointments, meal preparation, and lite housekeeping.  
[www.peacehomecare.net](http://www.peacehomecare.net)

**OKLAHOMA**

**ABIDING HOME HEALTH OF OKLAHOMA CITY ..... 405-607-2302**  
5929 N. MAY, SUITE 204, OKLAHOMA CITY, 73112  
Provides services such as various therapies, skilled nursing, and companion care.  
[www.abidinghomehealth.com](http://www.abidinghomehealth.com)

**ACCENTRA HOME HEALTHCARE ..... 405-488-2222**  
300 N. MERIDIAN AVE., SUITE 280N, OKLAHOMA CITY, 73107  
Offers a wide variety of healthcare and social services coordinated and supervised by a registered nurse – all in the comfort of home.  
[www.accentrahealthcare.com](http://www.accentrahealthcare.com)

**ADVOCATE HOME HEALTH CARE, INC. .... 405-242-2788**  
200 N.E. 28TH, #100, OKLAHOMA CITY, 73105  
Provides nursing care, 24-hour care, home health aide services, rehabilitation therapy, and medical social services.  
<http://docuadhhc.wixsite.com/website/services>

**ALL ABOUT CARING HOME HEALTH CARE ..... 405-605-2400**  
801 N. AIR DEPOT, MWC, OK 73110

**ALLFAITH HOMECARE ..... 405-340-5100 OR 877-718-4741**  
3500 S. BLVD., BLDG. A, SUITE 2, EDMOND, 73013  
Services provided include in-home therapy, laboratory, wound and diabetic care, and home medical devices and supplies.  
[www.allfaithhc.com](http://www.allfaithhc.com)

**ALLIANCE OKLAHOMA HOME HEALTH ..... 405-736-0064**  
7919 MID AMERICA BLVD., SUITE 200, OKLAHOMA CITY, 73135  
Provides skilled nursing, nurse aides, in-home therapy, wound care, rehabilitation, fall risk assessment, and other services.  
[www.allianceokhomehealth.com/central-ok/index.aspx](http://www.allianceokhomehealth.com/central-ok/index.aspx)

- ALPHA HOME HEALTH CARE ..... 405-463-5695**  
 7512 N. BROADWAY EXT., SUITE 312, OKLAHOMA CITY, 73116  
 Provides various care services such as cardiac, diabetic, medication management, ostomy, in-home therapies, and aides.  
[www.alphahomehealthcare.com](http://www.alphahomehealthcare.com)
- AMEDISYS HOME HEALTH..... 405-748-7104**  
 5828 N.W. 135, SUITE A, OKLAHOMA CITY, 73142  
 Provides services such as skilled nursing, home health aides, and physical, occupational, or other therapies.  
[www.amedisys.com](http://www.amedisys.com)
- ANGELS CARE HOME HEALTH..... 405-767-9555**  
 4045 N.W. 64TH ST., SUITE 150, OKLAHOMA CITY, 73116  
 Administers medical services, such as skilled nursing, restorative therapy, and medical social services, to the patient while strictly adhering to their physician's plan of care.  
[https://www.brookdale.com/en/find-a-](https://www.brookdale.com/en/find-a-community.html)  
[community.htmlwww.angelscarehealth.com](http://www.angelscarehealth.com)
- APEX HOME HEALTH..... 405-525-0118**  
 8241 S. Walker Ave., SUITE 152, OKLAHOMA CITY, 73139  
 Home health aide services; assistance in grooming, dressing, transferring, and meal preparation.  
<https://apex-homecare.com/>
- AT HOME CARE..... 405-843-2344**  
 1901 N. Classen Blvd., #108, OKLAHOMA CITY, 73106  
 Live-in care available. Provides cooking, light housekeeping, grooming, companionship, and transportation.  
[www.ahcok.com](http://www.ahcok.com)
- BEST CHOICE HOME HEALTH..... 405-286-9140**  
 3037 N.W. 63RD, SUITE 152W, OKLAHOMA CITY, 73116  
 Promotes activities that improve quality of life, are more comfortable for patients, reduces the risk of infection and minimizes the possibility of future hospitalizations in-home.  
[www.bestchoicehomehealthinc.com](http://www.bestchoicehomehealthinc.com)

- BAPTIST VILLAGE OF OKLAHOMA CITY ..... 405-720-2401**  
 9700 MASHBURN BLVD., OKLAHOMA CITY, 73162  
 Provides services such as companionship, live-in or respite, light housekeeping, medication reminders and administration, personal care, and in-home therapies.  
[www.baptistvillage.org](http://www.baptistvillage.org)
- BRIGHTSTAR CARE ..... 405-896-9600**  
 3000 UNITED FOUNDERS BLVD, SUITE 103G, OKLAHOMA CITY, 73112  
 Provides companion care, personal care, senior care, transitional care, and other types of care.  
[www.brightstarcare.com/edmond-oklahoma-city](http://www.brightstarcare.com/edmond-oklahoma-city)
- BROOKDALE HOME HEALTH..... 844-491-7680**  
 5600 N. MAY, SUITE 147, OKLAHOMA CITY, 73112  
 Service area includes Oklahoma City, Edmond, and surrounding areas.  
[www.brookdale.com/en/find-a-community.html](http://www.brookdale.com/en/find-a-community.html)
- CARE PLUS HOME CARE ..... 405-769-2551**  
 9828 N.E. 23RD ST., OKLAHOMA CITY, 73141  
 Assisted living at home services.  
[www.careplusathome.com](http://www.careplusathome.com)
- CARING HOME HEALTH AGENCY ..... 405-936-9700**  
 12005 N. VIRGINIA AVE., OKLAHOMA CITY, 73120  
 Services include skilled nursing, ostomy care, wound care, pulmonary care, diabetes care and assessments.  
[www.caringhomehealthagency.com](http://www.caringhomehealthagency.com)
- CARTER HEALTHCARE ..... 405-947-7700**  
 3105 S. Meridian, Oklahoma City, 73119  
 Patients are assigned a skilled registered nurse who will follow their recovery process from start to finish.  
[www.carterhealthcare.com](http://www.carterhealthcare.com)
- COMFORCARE HOME CARE**  
 5300 N. MERIDIAN, OKLAHOMA CITY, 73112 ..... **405-217-0706**  
 2100 N.E. 140TH, EDMOND, 73103 ..... **405-438-0078**  
 Various in-home services such as grooming, light housekeeping, meal prep, personal care, and private duty nursing.  
[www.comforcare.com/oklahoma/oklahoma-city](http://www.comforcare.com/oklahoma/oklahoma-city)

<b>COMFORT CARE HOME HEALTH.....</b>	<b>405-767-6221</b>
425 W. WILSHIRE BLVD., SUITE A, OKLAHOMA CITY, 73116	
Services include skilled nursing, in-home therapies, wound care, medical social services, private sitters, and x-rays.	
<a href="http://www.comfortcarehealthinc.com"><u>www.comfortcarehealthinc.com</u></a>	
<b>COMPLETE HOME HEALTH .....</b>	<b>405-691-1333</b>
1232 S.W. 89TH ST., OKLAHOMA CITY, 73139	
Various home health services including case management, chores and errands, disability assistance, meal preparation, and homemaking.	
<a href="http://www.chhllc.org"><u>www.chhllc.org</u></a>	
<b>CORNERSTONE HOME HEALTH .....</b>	<b>405-354-5454</b>
8370 N.W. 39TH EXP., BETHANY, 73008	
Offers 24-hour care, rehabilitation therapy, and medication distribution.	
<a href="https://www.cornerstonehomehealthservices.com/"><u>https://www.cornerstonehomehealthservices.com/</u></a>	
<b>ELARA CARING.....</b>	<b>405-949-9984</b>
3030 N.W. EXPRESSWAY, SUITE 1204A, OKLAHOMA CITY, 73112	
Provides skilled home health.	
<a href="http://www.elara.com"><u>www.elara.com</u></a>	
<b>ELITE HOME CARE.....</b>	<b>405-752-2523</b>
6701 W. HEFNER RD, OKLAHOMA CITY, 73162	
Various services including balance rehab, travel clinic, diabetic management, wound management, and pain management.	
<a href="http://www.homecarebyelite.com"><u>www.homecarebyelite.com</u></a>	
<b>ENTRUST HOME HEALTH.....</b>	<b>405-778-6270</b>
5104 N. FRANCIS AVE, SUITE 100, OKLAHOMA CITY, 73118	
Provides skilled nursing, medical social workers, in-home therapies, and home health aide services.	
<a href="https://www.entrusthh.com/"><u>https://www.entrusthh.com/</u></a>	
<b>EXCELL HOME CARE &amp; HOSPICE .....</b>	<b>405-631-0521</b>
1200 S.W. 104TH ST., SUITE D, OKLAHOMA CITY, 73139	
Provides patients with medical care in their own homes or place of residence.	
<a href="http://www.excellcares.com"><u>www.excellcares.com</u></a>	

<b>FAMILY CARE HOME HEALTH .....</b>	<b>405-842-5656</b>
865 E. 33RD, EDMOND, 73013	
Home health aides available to provide companionship, bathing, grooming, and homemaking.	
<a href="http://www.familycarehh.com"><u>www.familycarehh.com</u></a>	
<b>FIRST CALL OF OKLAHOMA CITY .....</b>	<b>405-842-7775</b>
7925 N. MAY, OKLAHOMA CITY, 73120	
Provides private duty home care and home nursing, sitter services, companionship, and live-in services.	
<a href="http://www.my-firstcall.com"><u>www.my-firstcall.com</u></a>	
<b>FIRST CHOICE HOME HEALTHCARE.....</b>	<b>405- 768-2073</b>
1211 N. SHARTEL AVE., SUITE 905 A/B, OKLAHOMA CITY, 73103	
Provides skilled nursing, AM/PM care, toileting, general symptom monitoring, light errands, light housekeeping, and other services.	
<a href="https://firstchoice-hha.com/"><u>https://firstchoice-hha.com/</u></a>	
<b>FIRST LIGHT HOME CARE .....</b>	<b>495-594-7433</b>
4301 N.W. 63RD STREET, OKLAHOMA CITY, 73116	
Provides medication reminders, meal prep, light housekeeping & laundry, shopping, transportation, respite care.	
<a href="https://www.firstlighthomecare.com/home-healthcare-central-oklahoma-city/"><u>https://www.firstlighthomecare.com/home-healthcare-central-oklahoma-city/</u></a>	
<b>FOCUS ON FUNCTION .....</b>	<b>405-840-2903</b>
6400 N. SANTA FE, SUITE B, OKLAHOMA CITY, 73116	
Physical, occupational and speech therapy.	
<a href="https://www.facebook.com/focusonfunctiontherapy/"><u>https://www.facebook.com/focusonfunctiontherapy/</u></a>	
<b>GENTLE HANDS HOME HEALTH .....</b>	<b>405-834-1409</b>
4801 N. CLASSEN, SUITE 253, OKLAHOMA CITY, 73118	
<a href="http://www.healthcare4ppl.com/home-health/oklahoma/oklahoma-city/gentle-hands-home-health-llc-377785.html"><u>www.healthcare4ppl.com/home-health/oklahoma/oklahoma-city/gentle-hands-home-health-llc-377785.html</u></a>	
<b>GENTLE SHEPHERD HOME HEALTH .....</b>	<b>405-691-8600</b>
1625 GREENBRIAR PL., SUITE 400, OKLAHOMA CITY, 73159	
Home health services.	
<a href="https://www.facebook.com/gentleshepherdhomehealthok/"><u>https://www.facebook.com/gentleshepherdhomehealthok/</u></a>	

<b>GOLDEN AGE HOME HEALTH .....</b>	<b>405-692-1255</b>
934 S.W. 107TH ST., OKLAHOMA CITY, 73170	
Provides various services such as skilled nursing, home health aide services, advantage case management, and in-home therapies.	
<a href="http://www.goldenagehealth.com"><u>www.goldenagehealth.com</u></a>	
<b>HEART CARE AT HOME.....</b>	<b>405-948-1700</b>
13104 N. MACARTHUR BLVD., SUITE B, OKLAHOMA CITY, 73142	
Primary focus on cardiac and pulmonary services.	
<a href="http://www.heartcareathome.com"><u>www.heartcareathome.com</u></a>	
<b>HOME CARE ASSISTANCE .....</b>	<b>405-277-0035</b>
323 S. BLACKWELDER AVE., EDMOND, OK 73034	
Assistance with daily tasks like bathing, grooming, dressing, meal preparation, light housekeeping, errands, and transportation.	
<a href="http://www.homecareassistanceoklahoma.com"><u>www.homecareassistanceoklahoma.com</u></a>	
<b>HOME INSTEAD SENIOR CARE .....</b>	<b>405-521-1963</b>
3844 N. MACARTHUR, WARR ACRES, 73122	
Provides a variety of care such as personal care, Alzheimer’s and Dementia care, Hospice support, chronic illness care, home helper, transportation, and companionship.	
<a href="http://www.homeinstead.com/okc"><u>www.homeinstead.com/okc</u></a>	
<b>INNOVA HOME HEALTH .....</b>	<b>405-604-9172</b>
4100 PERIMETER CENTER DR., SUITE 210, OKLAHOMA CITY, 73122	
Provides Skilled nursing and home health aide services.	
<a href="http://www.innovahomecare.com"><u>www.innovahomecare.com</u></a>	
<b>INTEGRIS HOME CARE OKLAHOMA CITY .....</b>	<b>405-951-8400</b>
3500 N.W. 56TH ST., SUITE 201, OKLAHOMA CITY, 73112	
Provides home health aide services as well as therapies and skilled nursing.	
<a href="http://www.Integrisok.com/locations/hospice-and-home-care/integris-home-care-in-okc"><u>www.Integrisok.com/locations/hospice-and-home-care/integris-home-care-in-okc</u></a>	
<b>INTERIM HEALTHCARE .....</b>	<b>405-848-3555</b>
3613 N.W. 56TH ST., SUITE 385, OKLAHOMA CITY, 73112	
Provides infusion therapy, skilled nursing, wound care and other in-home services.	
<a href="http://www.interimhealthcare.com/oklahomacity"><u>www.interimhealthcare.com/oklahomacity</u></a>	

- LORETTA'S HOME HEALTH CARE, INC..... 405-748-2575**  
 10400 VINEYARD BLVD., SUITE G101, OKLAHOMA CITY, 73120
- MERCY HOME HEALTH - QUAILBROOK ..... 405-486-8600**  
 4401 W. MEMORIAL RD., SUITES 143, OKLAHOMA CITY, 73134  
 Provides chronic disease management, specialized wound care, ostomy care,  
 bowel and bladder training, home infusion therapy, and in-home health as  
 well as other services.  
[www.mercy.net/practice/mercy-home-health-quailbrook](http://www.mercy.net/practice/mercy-home-health-quailbrook)
- NURSE AIDE REGISTRY – OKLAHOMA DEPARTMENT OF HEALTH..... 405-271-4085**  
 123 ROBERT S. KERR, OKLAHOMA CITY, OK 73102-6406.....**405-426-8150**  
 Call to see if an aide is certified or has a record of abuse.
- OKLAHOMA ASSOCIATION FOR HOME CARE & HOSPICE..... 405-609-6160**  
 310 N.E. 28TH ST., SUITE 201, OKLAHOMA CITY, 73157  
 Primary advocate and resource for the licensed home care industry in our  
 state.  
[www.oahc.com](http://www.oahc.com)
- OKLAHOMA STATE DEPARTMENT OF HEALTH..... 405-426-8470**  
 HOME SERVICES DIVISION  
 123 ROBERT S. KERR. AVE, SUITE 1702, OKLAHOMA CITY, OK 73102  
<https://oklahoma.gov/health/protective-health/medical-facilities-service/home-services-division.html>
- OPTIONONE..... 405-548-4848**  
 14000 N. PORTLAND, SUITE 205, OKLAHOMA CITY, 73134  
 Specialty pharmacy providing home and alternate-site infusion therapies  
 through a comprehensive clinical approach to patient care.  
[www.myoptionone.com](http://www.myoptionone.com)
- PERSONAL NURSING CARE..... 405-752-5222**  
 1240 N.W. 115TH ST., OKLAHOMA CITY, 73114  
 Provides homemaker and rehabilitation services, elder and respite care, and  
 medication administration.  
[www.pncokc.com](http://www.pncokc.com)



<b>PHOENIX HOME HEALTH AGENCY .....</b>	<b>405-702-1515</b>
2526 N. MIDWEST BLVD., SPENCER, OK 73084	
Provides nursing, rehabilitation, and personal care services.	
<a href="http://www.phoenixhha.com"><u>www.phoenixhha.com</u></a>	
<b>PHYSICIAN HOUSECALLS .....</b>	<b>405-896-8058</b>
101 W. HEFNER RD. SUITE 100 OKLAHOMA CITY OK, 73114	
Delivering home-based primary care in Canadian, Cleveland, Logan, and Oklahoma counties.	
<a href="http://www.housecallsok.com"><u>www.housecallsok.com</u></a>	
<b>PROVIDENCE HOME CARE.....</b>	<b>405-602-3295</b>
2831 N.W. 59TH, OKLAHOMA CITY, 73122	
Provides health monitoring, therapy, wound care, injections, and education.	
<a href="http://www.providencehcare.com"><u>www.providencehcare.com</u></a>	
<b>REDWING THERAPY .....</b>	<b>405-822-4583</b>
6701 W. HEFNER RD., OKLAHOMA CITY, 73162	
Home health contract therapy service provider servicing the greater OKC metro area including Edmond, Guthrie, Norman, and Yukon.	
<a href="http://www.redwingtherapy.com"><u>www.redwingtherapy.com</u></a>	
<b>SENIOR HELPERS.....</b>	<b>405-608-4339</b>
10605 N. MAY AVE., STE 274, OKLAHOMA CITY, 73120	
Offers a comprehensive suite of programs and services that support aging in-place such as companion care, transitional care, respite care, and personal care as well as other services.	
<a href="http://www.seniorhelpers.com"><u>www.seniorhelpers.com</u></a>	
<b>SHELBY HEALTHCARE .....</b>	<b>405-446-9604</b>
301 NORTH HARVEY AVE, SUITE 215, OKLAHOMA CITY, OK 73102	
Offers various home and home health care options including skilled nursing, companion care, case management, overnight care, and live in care. Additional services include personal care, light housekeeping, meal preparation, and medication reminders.	
<a href="https://www.shelbyhealthcare.com/"><u>https://www.shelbyhealthcare.com/</u></a>	

- UNIVERSAL HOME HEALTH ..... 405-272-0700**  
114 N.W. 6TH ST., SUITE 104, OKLAHOMA CITY, 73102  
Provides skilled nursing, rehabilitation, medical social services, personal care, and specialty services as well as other services.  
[www.universalhomehealth.net](http://www.universalhomehealth.net)
- VALIR PACE PROGRAM ..... 405-609-3688**  
REHABILITATION HOSPITAL  
721 N.W. 6TH ST., OKLAHOMA CITY, 73102  
Provides services such as medical, social, transportation, and home care.  
[www.valir.com](http://www.valir.com)
- VENERATE HOME HEALTH EXPRESS ..... 405-513-7794**  
2921 N.W. 156TH ST., EDMOND, 73013  
Provides skilled nursing, disease/disorder management, mental health services and other services.  
[www.veneratehomecare.com](http://www.veneratehomecare.com)

# NON-MEDICAL HOME SERVICES

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Non-medical care is care or assistance provided by individuals without formal medical training, assisting elderly or disabled persons in activities of daily living, such as eating, maintaining personal hygiene, and basic mobility.

**AGING SERVICES, INC. (CLEVELAND COUNTY) ..... 405-321-3200**

COMMUNITY SERVICES BUILDING

1179 E. MAIN, NORMAN, 73071

Housekeeping services.

<https://agingservicesok.com/areas-of-service/#housekeepingservices>

**AT HOME CARE..... 405-843-2344**

1901 N. CLASSEN BLVD., #108, OKLAHOMA CITY, 73106

24 hours a day, 7 days a week, live-in care for older adults. Various services such as: Light housekeeping, laundry, shopping and errands, bathing/dress/grooming assistance, transportation, and transferring.

[www.ahcok.com](http://www.ahcok.com)

**BAPTIST VILLAGE OF OKLAHOMA CITY ..... (405) 720-2401**

9700 MASHBURN BLVD., OKLAHOMA CITY, 73162

24 hours a day, seven days a week, live-in or respite care, light housekeeping, occupational therapy, physical therapy, and transportation.

[www.baptistvillage.org](http://www.baptistvillage.org)

**CARE PLUS HOME CARE ..... 405-769-2551**

9828 N.E. 23RD ST., OKLAHOMA CITY, 73141

Family-owned agency provides an alternative for seniors wanting to remain independent and in the comfort of their own home. Provides companionship services, home care, around the clock care, transportation, and other services.

[www.careplusathome.com](http://www.careplusathome.com)

**COMFORT KEEPERS..... 405-200-1156**

2601 N.W. EXPRESSWAY, SUITE 1115E, OKLAHOMA CITY, 73112

Helps maintain independence and quality of life. Provides companion, personal, and safety care as well as transportation and other services.

<https://www.comfortkeepers.com/care-services/in-home-care>

<b>EXCELL HOME CARE &amp; HOSPICE .....</b>	<b>405-631-0521</b>
1200 S.W. 104TH ST., SUITE D, OKLAHOMA CITY, 73139	
Various personal and health care options for individual living at the senior's place of residence.	
<a href="http://www.excellcares.com"><u>www.excellcares.com</u></a>	
<b>FIRST CALL OF OKLAHOMA CITY .....</b>	<b>405-842-7775</b>
7925 N. MAY AVE, OKLAHOMA CITY, 73120	
Provides Private home care and home nursing, sitting and live-in services, and services for facility residents.	
<a href="http://www.my-firstcall.com"><u>www.my-firstcall.com</u></a>	
<b>FIRST LIGHT HOME CARE.....</b>	<b>405-594-7433</b>
4301 N.W. 63RD ST., OKLAHOMA CITY, 73116	
Serving Oklahoma City, Edmond, The Village and Nichols Hills. Various care services.	
<a href="https://www.firstlighthomecare.com/home-healthcare-central-oklahoma-city/"><u>https://www.firstlighthomecare.com/home-healthcare-central-oklahoma-city/</u></a>	
<b>HEARTS AT HOME.....</b>	<b>405-310-4000</b>
1400 N. PORTER, NORMAN, 73071	
Provides in-home support such as companionship, bathing, dressing, laundry, light housekeeping, meals, respite, medication reminders, and transportation.	
<a href="http://www.heartsathomeok.com"><u>www.heartsathomeok.com</u></a>	
<b>HOME CARE ASSISTANCE .....</b>	<b>405-277-0035</b>
323 S. BLACKWELDER AVE., EDMOND, 73034	
Serves Edmond and surrounding communities.	
Home care assistance services include live-in or 24-hour care, Alzheimer's care, dementia care, stroke care, Parkinson's care, hospice support, and post-hospital care.	
<a href="http://www.homecareassistanceoklahoma.com"><u>www.homecareassistanceoklahoma.com</u></a>	
<b>HOME INSTEAD .....</b>	<b>405-261-8823</b>
3816 N. MACARTHUR, WARR ACRES, 73122	
Services include personal care, Alzheimer's and dementia care, hospice support, home helper, and companionship.	
<a href="https://www.homeinstead.com/location/196"><u>https://www.homeinstead.com/location/196</u></a>	

<b>INTEGRITY SENIOR CARE .....</b>	<b>405-810-5128</b>
11212 N. MAY AVE., SUITE 207, OKLAHOMA CITY, 73013	
Home care services including technologic help, companionship, transportation, meal planning and preparation, and light housekeeping.	
<a href="http://www.integrityseniorcareokc.com"><u>www.integrityseniorcareokc.com</u></a>	
<b>INTERIM HEALTHCARE &amp; HOSPICE .....</b>	<b>405-848-3555</b>
3613 N.W. 56TH ST., SUITE 385, OKLAHOMA CITY, 73112	
Services range from hourly aid services to specialized care directed by the order of a doctor.	
<a href="http://www.interimhealthcare.com/oklahomacity/home"><u>www.interimhealthcare.com/oklahomacity/home</u></a>	
<b>JUST FOR SENIORS .....</b>	<b>405-227-0801</b>
4200 PERIMETER CENTER DRIVE #245, OKLAHOMA CITY, 73112	
Services include doctor’s appointments, shopping and errands, light housekeeping and meal preparation, respite, and moving/downsizing, and companionship.	
<a href="http://www.justforseniorsok.com"><u>www.justforseniorsok.com</u></a>	
<b>LAURA LYNN’S HOME CARE .....</b>	<b>405-418-2961</b>
9801 N. MAY, OKLAHOMA CITY, 73120	
Provides home care services such as companionship, cooking, laundry, light housekeeping, medication reminders, personal care, transportation, and errands.	
<a href="http://www.lauralynnshomecare.com"><u>www.lauralynnshomecare.com</u></a>	
<b>NOVAL SENIOR CARE .....</b>	<b>405-751-4663</b>
3140 W. BRITTON RD., SUITE A, OKLAHOMA CITY, 73120	
Provides assistance with personal care, medication reminders, hospital sitting, companionship, meal and snack preparation, incontinence care, recording vital signs, drive to doctor appointments, grocery shopping and errands in client's car, Light housekeeping, plant, and pet care.	
<a href="http://www.novalseniorcare.com"><u>www.novalseniorcare.com</u></a>	
<b>PEACE HOME CARE .....</b>	<b>405-701-5951</b>
1818 W. LINDSEY, SUITE C-180, NORMAN, 73069	
Certified home health aide, companion, housekeeping, transportation, live-in services, medication management, and case management.	
<a href="http://www.peacehomecare.net"><u>www.peacehomecare.net</u></a>	

**PERSONAL NURSING CARE..... 405-752-5222**

1240 N.W. 115TH ST., OKLAHOMA CITY, 73114

Provides companionship, transportation, and household activities such as cooking and laundry, and respite.

[www.pncokc.com](http://www.pncokc.com)

**RIGHT AT HOME**

2948 VIA EXPERANZA, EDMOND, 73013 .....**405-471-6201**

4430 N.W. 50TH, SUITE N, OKLAHOMA CITY, 73112 .....**405-605-6064**

3750 W. MAIN ST., SUITE AA, NORMAN, 73072 .....**405-216-3726**

Services include companion care, physical assistance, hygiene, Alzheimer’s and dementia care, respite, and health reminders.

[www.rightathome.net](http://www.rightathome.net)

**SENIOR HELPERS OF GREATER OKLAHOMA CITY ..... 405-608-4339**

10605 N. MAY AVE, OKLAHOMA CITY, 73120

Provides in-home care assessment, companion, Alzheimer’s, and dementia, Parkinson’s, and personal care.

[www.seniorhelpers.com/ok/greater-oklahoma-city](http://www.seniorhelpers.com/ok/greater-oklahoma-city)

**SENIORS HELPING SENIORS..... 405-562-6000**

100 NE 5<sup>TH</sup> STREET, OKLAHOMA CITY, 73104

Provides companionship, light housekeeping, personal care, pet care, cooking/shopping, errands, transportation, Alzheimer’s & dementia.

<https://shscentralok.com/>

**SYNERGY HOMECARE OF EDMOND/NORMAN..... 405-254-3046**

770 E. BRITTON RD, OKLAHOMA CITY, OK 73114

1272 N. INTERSTATE DRIVE NORMAN OK, 73072

Help with personal care; light housekeeping; meal pre; errands & shopping.

[www.synergyhomecare.com](http://www.synergyhomecare.com)

**VISITING ANGELS LIVING ASSISTANCE SERVICES**

2500 S. BROADWAY, #310, EDMOND, 73013 .....**405-227-9899**

9024 S.E. 29TH ST, SUITE C, OKLAHOMA CITY, 73130 .....**405-259-9155**

11705 S. WESTERN AVE, OKLAHOMA CITY, 73170 .....**405-703-7676**

713 S. MUSTANG RD., YUKON, 73099 .....**405-350-6700**

Assistance with personal care; light housekeeping; meal preparation; errands & shopping. Live-in care available & medication reminders.

<http://www.visitingangels.com/>

# HOME REPAIR AND WEATHERIZATION

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**AARP FOUNDATION - HERE TO STAY PROGRAM**

Informational home maintenance website & free home maintenance guide for older adults to read or download. Also find resources by your zip code.  
<https://heretostay.aarpfoundation.org/>

**COMMUNITY ACTION AGENCY OF OKLAHOMA CITY**

(OKLAHOMA / CANADIAN / CLEVELAND)  
319 S.W. 25TH STREET, OKLAHOMA CITY, 73109 ..... **405-232-0199**  
Emergency home repair and weatherization for seniors in Oklahoma, Canadian and Cleveland counties.  
[www.caaofokc.org/services/emergency-needs/emergency-home-repair](http://www.caaofokc.org/services/emergency-needs/emergency-home-repair)

**CITY OF EDMOND – HOUSING & NEIGHBORHOOD PROGRAMS..... 405-359-4694**

10 S. LITTLER, EDMOND, 73034  
Various housing programs for owner-occupied properties.  
[www.edmondok.com/217/housing-neighborhood](http://www.edmondok.com/217/housing-neighborhood)

**CITY OF MIDWEST CITY – HOUSING RESOURCES ..... 405-739-1217**

Midwest City residents only.  
Housing rehabilitation: loans to rehabilitate homes, available to low- and moderate-income residents. Primary systems home repair: program for low-income homeowners to address emergency home repairs.  
[www.midwestcityok.org/460/housing-resources](http://www.midwestcityok.org/460/housing-resources)

**HABITAT FOR HUMANITY ..... 405-232-4828**

5005 SOUTH I-35 SERVICE RD., OKLAHOMA CITY, 73129  
Critical home repair program – helps low-income homeowners with repairs, including weatherization, painting, and minor repairs.  
[www.cohfh.org/critical-home-repair/what-is-chr](http://www.cohfh.org/critical-home-repair/what-is-chr)

**LOGAN COUNTY HOME REPAIR..... 405-282-2489**

Grant assistance and financial assistance to qualified persons repairing their homes.  
<http://www.cityofguthrie.com/98/neighborhood-solutions>

- NORMAN HOUSING REHABILITATION ..... 405-366-5324**  
201-A W. GRAY, NORMAN, 73070  
Various housing rehabilitation programs such as emergency repair grant and accessibility modification projects.  
<https://www.normanok.gov/your-government/departments/planning-and-community-development/grant-programs/housing>
- OG&E WEATHERIZATION PROGRAM..... 405-272-9741**  
Free weatherization assistance for OG&E qualified customers.  
[www.oge.com/wps/portal/oge/save-energy/weatherization](http://www.oge.com/wps/portal/oge/save-energy/weatherization)
- CITY OF OKLAHOMA CITY – RESIDENTIAL FINANCIAL ASSISTANCE ..... 405-297-2406**  
Provides income-based grants and loans for housing rehabilitation, home exterior maintenance, and emergency repairs.  
<https://www.okc.gov/departments/planning/financial-assistance/residential>
- REBUILDING TOGETHER ..... 405-607-0464**  
945 W. WILSHIRE BLVD., OKLAHOMA CITY, 73116  
Provides free home repairs to qualifying homeowners 55 and older in Oklahoma county.  
[www.rebuildingtogetherokc.org](http://www.rebuildingtogetherokc.org)
- STRONG NEIGHBORHOOD INITIATIVE (SNI)..... 405-297-2911**  
Areas currently being served (at the time this directory was printed) are **Capitol Hill, Capitol View, and Metro Park**. Services include heavy items removal, housing down payment assistance program, emergency home repair, housing discrimination counseling, and hazardous tree removal. Call or get applications online.  
[okc.gov/departments/planning/programs/strong-neighborhoods-initiative](http://okc.gov/departments/planning/programs/strong-neighborhoods-initiative)



# HOSPICE

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## HOSPICE COMPARE IN YOUR AREA

<https://www.medicare.gov/care-compare/>

**NATIONAL ASSOCIATION FOR HOME CARE & HOSPICE ..... 202-547-7424**

228 SEVENTH STREET, SE WASHINGTON, DC 20003

Consumer information on how to select a home care provider or hospice.

[www.nahc.org](http://www.nahc.org)

**NATIONAL HOSPICE & PALLIATIVE CARE ORGANIZATION HELPLINE ..... 703-837-1500**

1731 KINGS ST., ALEXANDRIA, VA 22314 .....800-658-8898

Promotes quality care and provides information about hospice services.

<https://www.nhpco.org/>

**OKLAHOMA HOSPICE & PALLIATIVE CARE ASSOCIATION.....405-985-9197**

P.O. BOX 1466, ARDMORE, OK 73402

Advocates for quality hospice care throughout the state of Oklahoma.

[www.okhospice.org](http://www.okhospice.org)

**CARTER HEALTHCARE ..... 888-951-1112**

3105 SOUTH MERIDIAN, OKLAHOMA CITY 405-947-7700

2700 WASHINGTON DRIVE, SUITE 100, NORMAN 405-329-6660

Provides a variety of services including hospice care.

[www.carterhealthcare.com](http://www.carterhealthcare.com)

**COMPANION HEALTHCARE ..... 405-293-9000**

1310 E. OKLAHOMA, GUTHRIE, 73044.....405-282-3980

901 S. BRYANT AVE, EDMOND, 73034.....405-341-9751

Provides services such as medications, medical equipment, and supplies as well as routine visits, dietary counseling, bereavement support, 24-hour on call, various therapies, and pet assisted visits.

[www.companionhealthcare.net](http://www.companionhealthcare.net)

**GOOD SHEPHERD HOSPICE**

4350 WILL ROGERS PARKWAY, SUITE 400, OKLAHOMA CITY, 73108 ..405-943-0903

1370 N. INTERSTATE, SUITE 160, NORMAN, 73072 .....405-928-2777

Concept of care that addresses the medical, emotional, and spiritual needs of terminally ill patients and their families. <http://goodshepherdhospice.com/>

**HUMANITY HOSPICE ..... 405-418-2530**  
1109 N. BRYANT AVE., SUITE 100, EDMOND, 73034  
2812 WASHINGTON DR, SUITE 120C, NORMAN, OK 73069  
Services include pain and symptom management, emotional and spiritual support, education, respite, catheter care, and on-call support.  
<http://www.humanityhospice.com/>

**LIFESPRING IN-HOME CARE NETWORK**  
424 E. 2ND, EDMOND, 73034 .....**405-735-6122**  
2411 SPRINGER DR., NORMAN, 73069 .....**405-329-4545**  
Services include providing comfort through pain and system management, along with spiritual and emotional support.  
[www.lifespringhomecare.com](http://www.lifespringhomecare.com)

**TRADITIONS HEALTH ..... 405-562-1211**  
14003 QUAIL SPRINGS PARKWAY, SUITE A, OKLAHOMA CITY, 73134  
2600 VAN BUREN, SUITE 2625, NORMAN, 73072  
Provides hospice care such as skilled nursing, chaplain, occupational and speech therapy, and bereavement coordinator.  
<https://www.traditionshealth.com/hospice>

**CANADIAN**

**RUSSELL-MURRAY HOSPICE**  
2001 PARKVIEW DR., EL RENO, 73036.....**405-262-3088**  
Headquartered in El Reno, Okla., Russell-Murray Hospice is an open-access, nonprofit hospice that provides end-of-life care through several locations in central and western Oklahoma.  
<http://rmhospice.org/>

**CLEVELAND**

**FRONTIER HOSPICE ..... 405-789-2913**  
221 N. I-35 SERVICE ROAD, SUITE D, MOORE, 73160  
Clinical staff care, respite, and 24-hour on-call services are available.  
<http://www.frontierhospice.com/>

**HOSPICE BY LOVING CARE ..... 405-873-7393**  
1722 N. MAIN ST., NOBLE, 73068  
Provides services such as skilled nursing, pain management, family counseling, dietician counseling, respite, short term in-patient care, and various therapies.  
<http://www.lovingcarehealth.com/>

**OKLAHOMA**

**ACCENTRA HOME HEALTH AND HOSPICE ..... 405-488-2222**  
2028 E. MEMORIAL RD., EDMOND, 73013  
Hospice professionals receive training to assist patients in living their lives fully and completely, while managing their pain and symptoms until the end of their lives.  
<https://accentrahealthcare.com/>

**ALPHA HOME HEALTH AND HOSPICE .....405-463-5695**  
7512 BROADWAY EXTENSION, SUITE 312, OKLAHOMA CITY, 73116  
Provides hospice, home health, companion, and consulting services.  
[www.alphahomehealthcare.com](http://www.alphahomehealthcare.com)

**APEX HOSPICE ..... 405-848-3779**  
8241 S. WALKER AVE, SUITE 152, OKLAHOMA CITY 73139  
Physicians, nurses, social workers, aides, chaplains, bereavement specialists, and volunteers, as well as medical supplies related to an individual’s terminal illness are provided as a comprehensive care approach to their care.  
<https://apex-homecare.com/contact-us/>

**BELLEVUE NURSING & REHABILITATION CENTER ..... 405-767-6500**  
6500 N. PORTLAND, OKLAHOMA CITY, 73116  
Provides a variety of care including hospice.  
[www.bellevueokc.com](http://www.bellevueokc.com)

**COMPLETE HOSPICE CARE - OKLAHOMA CITY ..... 405-879-3470**  
1232 S.W. 89TH ST. OKLAHOMA CITY, 73109  
Physician and nursing services, social workers, spiritual and in-home care are available.  
<https://hospice.completeok.com/location/oklahoma-city/>

<b>CROSSROADS HOSPICE &amp; PALLIATIVE CARE .....</b>	<b>405-632-9631</b>
1301 S.E. 59TH ST., OKLAHOMA CITY, 73129	
Provides a variety of unique hospice programs.	
<a href="http://www.crossroadshospice.com"><u>www.crossroadshospice.com</u></a>	
<b>EXCELL HOME CARE &amp; HOSPICE .....</b>	<b>405-631-0521</b>
1200 S.W. 104TH ST., SUITE D, OKLAHOMA CITY, 73139	
Provides hospice and caregiver support.	
<a href="http://www.excellcares.com/"><u>http://www.excellcares.com/</u></a>	
<b>HOSPICE QUALITY CARE, INC.....</b>	<b>405-619-9100</b>
921 S. SOONER RD., MWC, 73111	
Provides a variety of hospice services.	
<b>INTEGRIS HOSPICE IN OKLAHOMA CITY .....</b>	<b>405-848-8884</b>
5710 N.W. 130TH ST. OKLAHOMA CITY, OK 73142	
Offers patient-centered end-of-life care, nurturing and support for patients and families in a comfortable, inviting atmosphere.	
<a href="http://www.integrisok.com/hospice-oklahoma-city-ok"><u>www.integrisok.com/hospice-oklahoma-city-ok</u></a>	
<b>INTEGRIS HOSPICE HOUSE .....</b>	<b>405-848-8884</b>
13920 QUAILBROOK DR., OKLAHOMA CITY, 73134	
Hospice and palliative care in Oklahoma City is a team-oriented practice delivering the best in medical care, expert pain management, and emotional and spiritual support expressly tailored to the patient’s needs and wishes.	
<a href="https://integrisok.com/locations/hospice-and-home-care/integris-hospice-house"><u>https://integrisok.com/locations/hospice-and-home-care/integris-hospice-house</u></a>	
<b>INTERIM HEALTHCARE &amp; HOSPICE .....</b>	<b>405-429-7927</b>
3613 N.W. 56TH ST., SUITE 385, OKLAHOMA CITY, 73112	
Services include nursing care, hospice home health aides, social work Support, Chaplain for spiritual care and support, volunteer program, complimentary therapies, and bereavement program.	
<a href="http://www.interimhealthcare.com/oklahomacity/home"><u>www.interimhealthcare.com/oklahomacity/home</u></a>	
<b>MERCY AT HOME HOSPICE - QUAILBROOK.....</b>	<b>405-486-8600</b>
4401 W. MEMORIAL ROAD, SUITE 143, OKLAHOMA CITY, 73134	
Services included nursing, personal care, medication assistance, and respite as well as others.	
<a href="https://www.mercy.net/practice/mercy-hospice-quailbrook/"><u>https://www.mercy.net/practice/mercy-hospice-quailbrook/</u></a>	

- OKLAHOMA PALLIATIVE & HOSPICE CARE..... 405-418-2659**  
8241 S. WALKER AVE, SUITE 204, OKLAHOMA CITY, 73139  
Provides services such as pain management, emotional and spiritual support, medication management, respite, and counseling.  
<http://oklahomahc.com/>
- PROMISE CARE HOSPICE OKLAHOMA CITY..... 405-996-0502**  
5300 N. MERIDIAN AVE, STE. 7, OKLAHOMA CITY, 73112  
Offers comfort, dignity and support for patients and their families as they journey through end-of-life issues.  
[www.promisecarehospice.com](http://www.promisecarehospice.com)
- SUNCREST HOSPICE ..... 405-578-9710**  
5100 N. BROOKLINE AVE. #150, OKLAHOMA CITY, 73112  
Services include home health, therapists, social workers, spiritual advisors, as well as physicians and nurses to aid in hospice care.  
<https://suncrestcare.com/>
- VALIR HOSPICE SERVICES ..... 405-236-3636**  
800 N.W. 6TH ST., OKLAHOMA CITY, 73102  
Utilizes individualized pain- and symptom-management plans to enhance the patient’s quality of life.  
[www.valir.com](http://www.valir.com)

# HOUSING AND MORTGAGE INFORMATION

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## **A TO Z INSPECTIONS & TRAINING ..... 405-412-7861**

3625 N. MCKINLEY, OKLAHOMA CITY 73118

Provides “Aging in Place” home inspections and training to help people remain at home safely & comfortably as they get older. Certified Americans with Disabilities Act (ADA) inspector, & Certified Aging in Place (CAP) specialist on staff.

<https://atozinspectionsok.com/contact/>

## **COMPASS SENIOR LIVING SOLUTIONS ..... 405-308-6433**

Provides assessment for exploring living options such as independent living, assisted living, and memory care.

<https://seniorlivingsolutionsok.com/>

## **DEL CITY HOUSING AUTHORITY ..... 405-672-1412**

4613 TINKER DIAGONAL, DEL CITY 73115

<https://www.cityofdelcity.com/housing-authority>

## **FINANCIAL LITERACY AND EDUCATION COMMISSION..... 800-333-4636**

1500 PENNSYLVANIA AVENUE, N.W. WASHINGTON, D.C. 20220

Provides information regarding federal agencies, programs, benefits, or services related to financial literacy and education.

<https://www.mymoney.gov/>

## **HUD APPROVED HOUSING COUNSELING AGENCIES**

COMMUNITY ACTION AGENCY OF OKLAHOMA CITY.....405-232-0199

GREENPATH FINANCIAL WELLNESS .....888-860-4167

NEIGHBORHOOD HOUSING SERVICES OF OKLAHOMA CITY .....405-231-4663

## **HABITAT FOR HUMANITY ..... 405-232-4828**

5005 S. I-35 SERVICE RD, OKLAHOMA CITY 73129

1100 W. MAIN, NORMAN 73069 .....405-360-7868

<https://www.cchfh.org>

## **HOUSING AUTHORITY OF GUTHRIE..... 405-282-3246**

1524 E. PERKINS AVENUE, GUTHRIE, 73044

Oversees low-income housing, including the application process, eligibility guidelines, and related resources.

<https://www.guthriehousing.org/index.html>

<b>MAKING HOME AFFORDABLE .....</b>	<b>888-995-4673</b>
312 NORTHEAST 28TH STREET, SUITE 112 OKLAHOMA CITY, OK 73105	
Provides information regarding housing counselors, applying for mortgage assistance, scams, and other issues.	
<a href="https://www.makinghomeaffordable.gov/"><u>https://www.makinghomeaffordable.gov/</u></a>	
<b>METROPOLITAN FAIR HOUSING COUNCIL .....</b>	<b>405-232-3247</b>
312 NORTHEAST 28TH STREET, SUITE 112 OKLAHOMA CITY, OK 73105	
Assisting Oklahomans who feel they may have had their housing rights violated.	
<a href="http://metrofairhousing.org/"><u>http://metrofairhousing.org/</u></a>	
<b>NORMAN HOUSING AUTHORITY.....</b>	<b>405-329-0933</b>
700 N. BERRY, NORMAN, OK - 73069	
A Public Housing Agency in Norman that participates in the <b>Section 8</b> Housing Choice Voucher (HCV), and Public Housing, Low Rent programs.	
<a href="http://www.normanha.org/"><u>http://www.normanha.org/</u></a>	
<b>OKC MATURE MOVES .....</b>	<b>405-563-7101</b>
2932 NW 122ND ST., SUITE 17, OKLAHOMA CITY, OK 73120	
Provides services such as downsizing, packing, moving, unpacking, and cleaning estates when the senior moves to a new home.	
<a href="https://www.okcmaturemoves.com/"><u>https://www.okcmaturemoves.com/</u></a>	
<b>OKLAHOMA CITY HOUSING AUTHORITY .....</b>	<b>405-239-7551</b>
1700 NORTHEAST FOURTH STREET, OKLAHOMA CITY, OK 73117	
Provides housing assistance to low-income residents through the management of programs such as low rent public housing and the housing choice voucher program - <b>Section 8</b> .	
<a href="https://www.ochanet.org/index.php"><u>https://www.ochanet.org/index.php</u></a>	
<b>OKLAHOMA DEPARTMENT OF HOUSING &amp; URBAN DEVELOPMENT .....</b>	<b>800-955-2232</b>
301 N.W. 6TH ST, SUITE 200, OKLAHOMA CITY 73102 .....	<b>405-609-8400</b>
TTY .....	<b>800-877-8339</b>
QUESTIONS ON FHA LOANS.....	<b>800-225-5342</b>
QUESTIONS ON HUD RENTAL PROGRAMS .....	<b>800-955-2232</b>
Information / referral, low-income rentals and subsidized housing.	
<a href="https://www.hud.gov/states/oklahoma/offices"><u>https://www.hud.gov/states/oklahoma/offices</u></a>	

**OKLAHOMA HOUSING FINANCE AGENCY..... 405-848-1144**  
205 N.W. 63 STREET, SUITE 140, OKLAHOMA CITY, OK - 73116  
OHFA helps families pay rent or purchase homes, and housing assistance to low- and moderate-income families in all 77 Oklahoma counties.  
<https://www.ohfa.org/>

**OKLAHOMA REAL ESTATE COMMISSION..... 405-521-3387**  
1915 N. STILES, SUITE 200, OKLAHOMA CITY 73105  
<https://www.ok.gov/OREC/>

**PUBLIC HOUSING**  
Affordable housing network. Look up by state, city and receive a list of housing options.  
<https://www.publichousing.com/>

**REVERSE MORTGAGES..... 800-225-5342**  
HOME EQUITY CONVERSION MORTGAGES THROUGH HUD  
Federal Housing Administration's (FHA) reverse mortgage program which enables you to withdraw some of the equity in your home. You choose how you want to withdraw your funds, whether in a fixed monthly amount or a line of credit or a combination of both. You can also use a HECM to purchase a primary residence if you are able to use cash on hand to pay the difference between the HECM proceeds and the sales price plus closing costs for the property you are purchasing.  
<http://www.benefits.gov/benefits/benefit-details/709>

**SENIOR CARE REFERRAL SERVICES OF OKLAHOMA ..... 405-509-6311**  
3000 W. MEMORIAL RD, SUITE 123-130, OKLAHOMA CITY, OK 73120  
Helps seniors find independent living, long-term care, memory care, and residential care communities at no cost.  
<https://www.seniorlivingok.com/contact>

**SENIOR TRANSITIONS OF EDMOND ..... 405-315-3844**  
820 W. DANFORTH, SUITE A-33, EDMOND 73003  
Offering options for seniors and their families who are downsizing.  
<https://seniortransitionsok.com/contact-us/>



# INCOME BENEFITS INFORMATION

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**DEPARTMENT OF VETERAN AFFAIRS..... 800-698-2144**

INTERPRETER.....SELECT '0'

Provides information regarding veteran benefits and services.

<https://www.va.gov/contact-us/>

**MUSKOGEE REGIONAL OFFICE - VETERAN AFFAIRS..... 800-827-1000**

125 SOUTH MAIN ST., MUSKOGEE, OK 74401

VA Regional benefit satellite office.

<https://www.benefits.va.gov/muskogee/>

**OKLAHOMA DEPARTMENT OF VETERAN AFFAIRS..... 405-609-8220**

301 N.W. 6<sup>TH</sup> ST., STE 113, OKLAHOMA CITY, 73102

VA Regional benefit satellite office.

**OKLAHOMA HUMAN SERVICES..... 405-522-5050**

P.O. BOX 2700, NORMAN, OK 73070

Apply for food benefits or Medicaid.

<https://www.okdhslive.org/>

**SOCIAL SECURITY ADMINISTRATION..... 800-772-1213**

12301 N. KELLEY AVE OKLAHOMA CITY, OK 73131.....**866-331-2207**

200 N. E. 27<sup>th</sup> St. Moore, OK 73160.....**800-772-1213**

Apply for food benefits or Medicaid.

<https://www.ssa.gov/>

# INSURANCE INFORMATION

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## **AARP MEDICARE Q & A TOOL**

Online tool that provides answers to frequently asked questions about Medicare.

[www.aarp.org/medicareqa](http://www.aarp.org/medicareqa)

## **FLOOD SMART ..... 877-336-2627**

National Flood Insurance Program

[www.floodsmart.gov](http://www.floodsmart.gov)

## **INSURE OKLAHOMA..... 888-365-3742**

4345 N. LINCOLN BLVD., OKLAHOMA CITY, 73105 .....405-522-7300

State-purchased health care option for uninsured, low-income working adults between 19-64 years of age, who are not receiving Medicaid.

[www.insureoklahoma.org](http://www.insureoklahoma.org)

## **MEDICARE ..... 800-633-4227**

General information, ordering Medicare booklets, and information about health plans.

<https://www.medicare.gov/>

## **MEDICARE QUALITY OF CARE – APPEAL/COMPLAINT PROCESS**

**OKLAHOMA: KEPRO QUALITY IMPROVEMENT ORGANIZATION .....888-315-0636**

Free services to 1) file a quality-of-care complaint; 2) file an appeal of your discharge from a hospital, skilled nursing facility, home health agency or a hospice; 3) request an immediate advocacy for immediate concerns.

[www.keprogio.com](http://www.keprogio.com)

## **MEDICARE RIGHTS CENTER..... 800-333-4114**

Non-profit consumer service organization that works to ensure access to affordable health care for older adults and people with disabilities through counseling and advocacy, educational programs, and public policy initiatives.

[www.medicarerights.org](http://www.medicarerights.org)

## **MEDICARE CONTACT CENTER ..... 800-633-4227**

FOR SPECIFIC BILLING OR CLAIM QUESTIONS..... TTY 877-486-2048

[www.mymedicare.gov](http://www.mymedicare.gov)

**OKLAHOMA ATTORNEY GENERAL’S MEDICAID FRAUD CONTROL UNIT ..... 405-522-2963**

313 NE 21ST STREET, OKLAHOMA CITY, OK 73105

Identify, investigate, and prosecute Medicaid fraud, abuse, neglect, and exploitation of patients by Medicaid providers to recover taxpayer money through successful prosecution.

<https://www.oag.ok.gov/medicaid-fraud-control-unit>

**OKLAHOMA INSURANCE DEPARTMENT .....800.522.0071**

400 N.E. 50TH ST., OKLAHOMA CITY, 73105

Complaints & claims, questions on life & health policies, information on insurance agents and general information. Report on suspected Medicare fraud.

<https://www.oid.ok.gov/consumers/anti-fraud-unit/>

**OKLAHOMA MARKET ASSISTANCE PROGRAM ..... 405-842-9883**

9417 N. KELLEY, OKLAHOMA CITY, 73131

Help in acquisition of homeowner’s insurance for those having difficulty finding insurance coverage for owner-occupied houses or mobile homes.

[www.mapsprogram.com](http://www.mapsprogram.com)

**SENIOR HEALTH INSURANCE COUNSELING PROGRAM (SHIP)..... 800-763-2828**

400 N.E. 50TH ST., OKLAHOMA CITY, 73105

Free and helpful unbiased information about Medicare and Medicaid from counselors at the Oklahoma insurance department.

<https://www.oid.ok.gov/consumers/information-for-seniors/senior-health-insurance-counseling-program-ship/>

**SOCIAL SECURITY ADMINISTRATION (NATIONAL) ..... 800-772-1213**

12301 N. KELLEY, OKLAHOMA CITY, 73131 .....866-331-2207

200 N.E. 27TH, MOORE, 73160.....866-964-4260

[www.ssa.gov](http://www.ssa.gov)

**SOONERCARE HELPLINE ..... 800-987-7767**

MEDICAID HEALTH COVERAGE BENEFITS INFORMATION.

[www.okhca.org/about.aspx?id=53](http://www.okhca.org/about.aspx?id=53)

**VETERANS INSURANCE INFORMATION - BENEFITS ..... 800-827-1000**

HEALTH CARE.....877-222-8387

[www.va.gov/healthbenefits/cost/insurance.asp](http://www.va.gov/healthbenefits/cost/insurance.asp)

**WORKER’S COMPENSATION COURT ..... 405-522-8600**  
DENVER DAVISON BUILDING, 1915 N. STILES, SUITE 127, OKLAHOMA CITY, 73105  
[www.Cec.ok.gov](http://www.Cec.ok.gov)

# LEGAL

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## **AARP HEALTH LAW ANSWERS**

Online tool designed to help understand what the health care law means for you and your family and where to go for information in Oklahoma.

<https://www.aarp.org/health/health-care-reform/info-11-2011/health-care-reform-law-quiz.html#quest1>

## **AMERICAN CIVIL LIBERTIES UNION OF OKLAHOMA (ACLU) ..... 405-524-8511**

PO BOX 13327, OKLAHOMA CITY, OK 73113

The American Civil Liberties Union of Oklahoma is a nonprofit, non-partisan, privately funded organization devoted exclusively to the defense and promotion of the individual rights secured by the U.S. and Oklahoma constitutions.

[www.aduok.org](http://www.aduok.org)

## **FIND A LAWYER DIRECTORY (OKLAHOMA BAR ASSOCIATION) ..... 405-416-7000**

As a community service, the Oklahoma Bar Association provides a directory of its attorney members.

<https://ams.okbar.org/eweb/startpage.aspx?site=FALWEB>

## **COMMUNITY ACTION AGENCY ..... 405-232-0199 EXT 3206**

319 S.W. 25TH, OKLAHOMA CITY, 73109

Free legal services to income-eligible residents of Oklahoma/Canadian counties. Call for an appointment and ask for legal assistance.

[www.caaofokc.org/services/community-services/legal-assistance](http://www.caaofokc.org/services/community-services/legal-assistance)

## **LEGAL AID – SENIOR DIVISION**

### **SIXTY PLUS LEGAL AID SERVICES HELPLINE (OK-SPLASH) ..... 855-488-6814**

..... 918-308-5295

Free legal advice, counseling and community education for American citizens who are 60 years of age or older.

<https://www.legalaidok.org/senior-legal-help/>

### **LEGAL AID SERVICES OF OKLAHOMA, INC. .... 888-534-5243**

..... 918-428-4357

Free legal advice and help on various issues for individuals under 60 years of age. Call for more information.

<https://www.legalaidok.org/if-you-need-help/>

**NATIONAL ACADEMY OF ELDER LAW ATTORNEYS**

A professional association of attorneys who specialize in legal services for older adults and people with special needs. Find information on legal issues affecting older adults and a database of elder law attorneys by state.

[www.naela.org](http://www.naela.org)

**OKLAHOMA CITY UNIVERSITY’S AMERICAN INDIAN WILLS CLINIC.....405-208-5017**

800 N. HARVEY, OKLAHOMA CITY, 73102

[http://law.okcu.edu/?page\\_id=13854](http://law.okcu.edu/?page_id=13854)

**OKLAHOMA DISABILITY LAW CENTER ..... 405-525-7755**

5600 N. MAY AVE., SUITE 260, OKLAHOMA CITY, 73112 .....**800-880-7755**

Federally funded protection and advocacy system for people with disabilities.

[www.okdlc.org](http://www.okdlc.org)

**OKLAHOMA INDIAN LEGAL SERVICES, INC ..... 405-943-6457**

4200 PERIMETER CENTER DR., SUITE 222, OKLAHOMA CITY, 73112 ...**800-658-1497**

EXTENSIONS:

WILL PREPARATION: **118**

FAMILY SITUATIONS: **116**

ALL OTHER SITUATIONS: **103**

When calling the office number, you will be asked to leave a message. Please leave your name, your telephone number with area code, and a brief description of your request for legal assistance.

<https://oilsonline.org/index.html>

**OKLAHOMA LAWYERS FOR AMERICA’S HEROS.....405-416-7000**

1901 N. LINCOLN BLVD., OKLAHOMA CITY, 73152

Provides legal advice and assistance free of charge to active-duty servicemen and women as well as veterans.

[www.okbarheroes.org](http://www.okbarheroes.org)

**PRO-BONO HOUSING EVICTION LEGAL ASSISTANCE PROGRAM ..... 405-208-5207**

OKLAHOMA CITY UNIVERSITY’S

Helps low-income persons facing eviction by informing them about their procedural and substantive rights, possibly detouring them from facing the consequences of eviction.

<https://law.okcu.edu/academics/curriculum/centers-programs/>

**UNIVERSITY OF OKLAHOMA LEGAL CLINIC ..... 405-325-3702**  
ANDREW M. COATS HALL 300  
TIMBERDELL RD., ROOM 2020, NORMAN, 73019  
Eligible: low-income individuals who have cases in Cleveland or McClain  
counties in a variety of civil and criminal matters, felonies, and misdemeanors.  
[www.law.ou.edu/academics/experiential-learning/clinics](http://www.law.ou.edu/academics/experiential-learning/clinics)

# LEGISLATIVE/GOVERNMENT OFFICES AND VOTER INFORMATION

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## GETTING DETAILED INFORMATION ON A BILL:

Copies of bills which interest you can be obtained from these sources:

1. Your state senator (405-524-0126), or state representative (405-521-2711).
  2. The capitol bill distribution office, Room 312, state capitol.
- Call 405-521-5514 and ask for bill distribution.

## GETTING INFORMATION ON THE STATUS OF A BILL:

The status of a bill describes where a bill is within the legislative process. you can request information on the status of a bill by contacting the bill status clerk in the chief clerk's office of the house (405-521-2711), or senate records and information (405-521-5642). You may also contact the office of your state senator or representative. For bill status information on disability – related measures, you may contact the office of disability concerns. (405-521-3756)  
<http://www.oklegislature.gov/>

## FEDERAL OFFICES

**PRESIDENT OF THE UNITED STATES OF AMERICA ..... 202-456-1414**  
THE WHITE HOUSE,  
1600 PENNSYLVANIA AVE, NW, WASHINGTON, DC 20500

## COUNTY OFFICES: LOGAN COUNTY

### COUNTY OFFICES

<https://www.logancountyok.com/149/county-offices>

<https://www.whitehouse.gov/>

**US HOUSE OF REPRESENTATIVES ..... 202-224-3121**  
List of representatives available. Call for more information or visit the website.  
<https://www.house.gov/>

**US SENATE..... 202-224-3121**  
List of senators available. Call for more information or visit the website.  
<https://www.senate.gov/>



## STATE OFFICES

**DEMOCRATIC PARTY OF OKLAHOMA..... 405-427-3366**

3815 N. SANTA FE AVE, SUITE 122, OKLAHOMA CITY 73118

<https://okdemocrats.org/>

**GOVERNOR..... 405-521-2342**

STATE CAPITOL BUILDING,

2300 N. LINCOLN BLVD., ROOM #212, OKLAHOMA CITY, 73105

<https://www.governor.ok.gov/>

**LEAGUE OF WOMEN VOTERS ..... 405-242-2031**

720 W. WILSHIRE BLVD, SUITE 101-I, OKLAHOMA CITY

<https://my.lwv.org/oklahoma>

**REPUBLICAN PARTY OF OKLAHOMA ..... 405-528-3501**

4031 N. LINCOLN, OKLAHOMA CITY, 73105

<https://www.okgop.com/>

**STATE ELECTION BOARD ..... 405-521-2391**

STATE CAPITOL BUILDING,

2300 N. LINCOLN BLVD., ROOM G28, OKLAHOMA CITY, 73105

<https://www.oklahoma.gov/elections.html>

**STATE HOUSE OF REPRESENTATIVES..... 405-521-2711**

STATE CAPITOL BUILDING,

2300 N. LINCOLN BLVD., OKLAHOMA CITY, 73105

<https://okhouse.gov/>

**STATE SENATE ..... 405-524-0126**

STATE CAPITOL BUILDING,

2300 N. LINCOLN BLVD., OKLAHOMA CITY, 73105

<https://oksenate.gov/>

## COUNTY OFFICES: CANADIAN COUNTY

### STAFF DIRECTORY

<http://www.canadiancounty.org/Directory.aspx>

ASSESSOR .....	405-295-6331
COURT CLERK.....	405-295-6100
CLERK .....	405-295-6130
COUNTY COMMISSIONERS .....	405-295-6200
ELECTION BOARD.....	405-422-2422
SHERIFF .....	405-262-4787
TREASURER.....	405-295-6330
DISTRICT ATTORNEY .....	405-262-0177

**COUNTY OFFICES: CLEVELAND COUNTY**

**GOVERNMENT OFFICES**

<https://clevelandcount yok.com/27/Government-Offices>

ASSESSOR.....	405-366-0230
CLERK .....	405-366-0240
COMMISSIONERS.....	405-366-0200
COURT CLERK.....	405-321-6402
ELECTION BOARD .....	405-366-0210
SHERIFF .....	405-321-8600
TREASURER.....	405-366-0217
DISTRICT ATTORNEY .....	405-321-8268

**COUNTY OFFICES: LOGAN COUNTY**

**COUNTY OFFICES**

<https://www.logancount yok.com/149/county-offices>

ASSESSOR .....	405-282-3509
CLERK .....	405-282-0266
COMMISSIONERS.....	405-282-2124
COURT CLERK.....	405-282-0123
DISTRICT ATTORNEY .....	405-282-0655
ELECTION BOARD .....	405-282-1900
SHERIFF .....	405-282-4100
TREASURER.....	405-282-3154

**COUNTY OFFICES: OKLAHOMA COUNTY**

ASSESSOR .....	405-713-1200
CLERK .....	405-713-1540
COMMISSIONERS.....	405-270-0082
COURT SERVICES.....	405-713-1152
DISTRICT ATTORNEY .....	405-713-1600
DISTRICT COURT .....	405-713-1722
ELECTION BOARD.....	405-713-1515
TREASURER.....	405-713-1300
COURT CLERK.....	405-713-1705
SHERIFFS OFFICE .....	405-713-1000

# LIBRARY SERVICES

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## METROPOLITAN LIBRARY SYSTEM

ALMONTE – 2914 S.W. 59TH, OKLAHOMA CITY.....	405-606-3575
BELLE ISLE – 3621 NORTHWEST EXPRESSWAY, OKLAHOMA CITY.....	405-843-9601
BETHANY – 6700 N.W. 35TH STREET, BETHANY.....	405-789-8363
CAPITOL HILL – 327 S.W. 27TH STREET, OKLAHOMA CITY.....	405-634-6308
CHOCTAW – 2525 MUZZY ST, CHOCTAW 73020 .....	405-390-8418
DEL CITY – 4330 S.E. 15TH STREET, DEL CITY 73115 .....	405-672-1377
DOWNTOWN – 300 PARK AVE, OKLAHOMA CITY.....	405-231-8650
EDMOND – 10 S. BLVD, EDMOND, OK.....	405-341-9282
HARRAH – 1930 N. CHURCH, HARRAH, OK 73045.....	405-454-2001
JONES – 9295 WILLA WAY, JONES, OK 73049 .....	405-399-5471
LUTHER – 310 N.E. 3RD ST, LUTHER, OK 73054.....	405-277-9967
MIDWEST CITY – 8143 E. RENO AVE, MIDWEST CITY, OK 73110 .....	405-732-4828
NICOMA PARK – 2240 OVERHOLSER DR, NICOMA PARK, OK 73066 .....	405-769-9452
NORTHWEST – 5600 N.W. 122ND ST, OKLAHOMA CITY, OK 73142.....	405-606-3580
RALPH ELLISON – 2000 N.E. 23RD ST, OKLAHOMA CITY, OK 73111.....	405-424-1437
SOUTHERN OAKS – 6900 S. WALKER AVE, OKLAHOMA CITY, OK 73139.....	405-631-4468
SOUTHWEST – 2201 S.W. 134TH OKLAHOMA CITY.....	405-979-2200
THE VILLAGE – 10307 N. PENN, OKLAHOMA CITY.....	405-755-0710
TDD # FOR LIBRARY SYSTEM – VILLAGE LIBRARY, OKLAHOMA CITY.....	405-755-7319
WARR ACRES – 5901 N.W. 63RD, OKLAHOMA CITY.....	405-721-2616
WRIGHT – 2101 EXCHANGE AVE, OKLAHOMA CITY .....	405-235-5035

LIBRARY BY MAIL:.....405-606-3295 OR 405-606-3297

### METROPOLITAN LIBRARY SYSTEM OUTREACH

Free to Oklahoma county residents 65 years or older or homebound.

<https://www.metrolibrary.org/discover/outreach#library--by-mail>

### METROPOLITAN LIBRARY SYSTEM – OKLAHOMAN DIGITAL ARCHIVES

<http://www.metrolibrary.org/oklahoman-digital-archives-1901-present>

OKLAHOMA DEPARTMENT OF LIBRARIES..... 405-521-2502

200 N.E. 18 ST, OKLAHOMA CITY, OKLAHOMA 73105

Official state library of Oklahoma.

<https://libraries.ok.gov/>

## NON-METRO LIBRARIES

- EL RENO CARNEGIE LIBRARY** ..... 405-262-2409  
 215 E. WADE ST, EL RENO, OK 73036 .....  
<https://elrenolibrary.okpls.org/>
- GUTHRIE PUBLIC LIBRARY** ..... 405-282-0050  
 201 N. DIVISION ST, GUTHRIE, OK 73044  
<https://guthrie.okpls.org/>
- MABLE C. FRY PUBLIC LIBRARY** ..... 405-354-8232  
 1200 LAKE SHORE DR, YUKON, OK 73099.....  
<http://www.yukonok.gov/city-departments/mabel-c-fry-public-library/>

## PIONEER LIBRARY SYSTEM

- MOORE – 225 S. HOWARD** ..... 405-793-5100
- MUSTANG – 1201 N. MUSTANG RD** ..... 405-376-2226
- NOBLE PUBLIC – 204 N. 5TH ST** ..... 405-872-5713
- NORMAN – 225 N. WEBSTER** ..... 405-701-2600
- NORMAN – 300 NORMAN CENTER COURT**..... 405-701-2644
- NORMAN – 125 VICKSBURG AVE - 24 HOUR LOCATION, RESERVE BOOK ONLINE**  
<http://pioneerlibrarysystem.org/>

## SPECIALTY LIBRARIES

- OKLAHOMA HISTORICAL SOCIETY** ..... 405-521-2491  
 800 NAZIH ZUHDI DR, OKLAHOMA CITY  
 Newspaper archives, historical and genealogical books, telephone books, city directories, high school and university yearbooks.  
<http://www.okhistory.org/research/index>
- INTEGRIS THIRD AGE LIFE CENTER**  
 5100 N. BROOKLINE, SUITE 100, OKLAHOMA CITY ..... 405-717-9821  
 4200 S. DOUGLAS AVE, SUITE B-10, OKLAHOMA CITY ..... 405-636-7474  
 Lending library – reference section on aging population and general health concerns. also has an exchange section containing mysteries, biographies, modern romance, western and history.

**JUSTIN A. MCCURRY LIBRARY & RESOURCE CENTER**

SHEPHERD CENTER

2401 N.W. 23RD STREET, STE. 74, OKLAHOMA CITY, 73107

There are more than 2,500 books available to read in our library or to borrow. Our books and videos range from such varied topics as funding sources and non-profit management to special education issues, along with information on specific disabilities such as Autism, Asperger's, Down Syndrome, etc.

<https://okddc.ok.gov/library>

**OKLAHOMA LIBRARY FOR THE BLIND & PHYSICALLY HANDICAPPED ..... 405-521-3514**

**TTY/TTD.....405-521-4672**

300 N.E. 18TH ST, OKLAHOMA CITY.

The Oklahoma Library for the Blind and Physically Handicapped provides free services to Oklahomans who are blind or visually impaired. Those with reading disabilities or physical limitations also qualify for our services.

The Library provides books, magazines, and other materials in audio formats as well as the audio equipment needed to read these materials. There is no cost for library services and no charge to mail the materials back to the library.

Recorded materials are available on digital talking-book cartridges. Digital recordings require specially designed playback equipment which is loaned free to eligible individuals and institutions.

<http://www.library.state.ok.us/>

# MEDICAL CLINICS

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<b>ABSENTEE SHAWNEE TRIBAL – HEALTH SYSTEM .....</b>	<b>.....</b>
LITTLE AXE HEALTH CENTER 15951 LITTLE AXE DR, NORMAN 73026 ..	<b>405-447-0300</b>
PLUSCARE 15702 E. HIGHWAY 9, NORMAN, OK 73026 .....	<b>405-447-0477</b>
Provides two locations for various health care needs.	
<a href="https://www.asthealth.org/">https://www.asthealth.org/</a>	
<b>SSM HEALTH ST. ANTHONY HOSPITAL – MIDWEST .....</b>	<b>405-610-4411</b>
2825 PARKLAWN DR, MIDWEST CITY 73110	
<a href="https://www.ssmhealth.com/locations/st-anthony-hospital-midwest">https://www.ssmhealth.com/locations/st-anthony-hospital-midwest</a>	
<b>BALANCE &amp; DIZZINESS CLINIC .....</b>	<b>405-271-2866</b>
OU HEALTH SCIENCES, ALLIED HEALTH,	
1200 N. Stonewall, Oklahoma City 73117	
<b>BAPTIST MISSION CENTER .....</b>	<b>405-235-6162</b>
2125 EXCHANGE, OKLAHOMA CITY 73108	
By appointment only. Lab, radiology, and specialty care referrals.	
<a href="http://www.cbaokc.net/page/baptist_mission_center">http://www.cbaokc.net/page/baptist_mission_center</a>	
<b>CANADIAN COUNTY HEALTH DEPARTMENT CLINIC</b>	
100 S. ROCK ISLAND, EL RENO 73036 .....	<b>405-262-0042</b>
1023 E. VANDAMENT, YUKON 73099 .....	<b>405-354-4872</b>
<a href="https://oklahoma.gov/health/county-health-departments/canadian-county-health-department.html">https://oklahoma.gov/health/county-health-departments/canadian-county-health-department.html</a>	
<b>CHOCTAW FAMILY MEDICINE AND AESTHETICS .....</b>	<b>405-390-9600</b>
15809 N.E. 23RD, CHOCTAW 73020	
<a href="http://www.choctawfamilymedicine.com/">http://www.choctawfamilymedicine.com/</a>	
<b>CLEVELAND COUNTY HEALTH DEPARTMENT</b>	
250 12TH AVE N.E., NORMAN 73071.....	<b>405-321-4048</b>
424 S. EASTERN, MOORE 73160 .....	<b>405-794-1591</b>
<a href="http://oklahoma.gov/health/county-health-departments/cleveland-county-health-department.html">oklahoma.gov/health/county-health-departments/cleveland-county-health-department.html</a>	

**COMMUNITY HEALTH CENTERS, INC.**

HEALING HANDS HEALTH CARE SERVICE .....405-272-0476  
411 N.W. 11TH ST, OKLAHOMA CITY 73013  
MEDICAL CLINIC AND EYE CLINIC REFERRALS FOR HOMELESS.  
MARY MAHONEY MEMORIAL HEALTH CENTER .....405-769-3301  
12716 N.E. 36TH ST, OKLAHOMA CITY 73084  
MEDICAL CLINIC – BY APPT. SLIDING SCALE FEE.  
MARY MAHONEY HEALTH CENTER AT LANGSTON..... 405-466-2535  
300 MARTIN LUTHER KING ST LANGSTON 73050  
PERRY A. KLAASSEN FAMILY MEDICAL CENTER .....405-769-3301  
1901 SPRINGLAKE DR, OKLAHOMA CITY 73111  
Call for appointment. Sliding scale fee.  
<https://communityhealthok.org/places>

**CROSSINGS COMMUNITY CLINIC ..... 405-749-0800**  
10255 N. PENNSYLVANIA AVE, OKLAHOMA CITY 73120  
Free. Call for appointment.  
<http://crossingsokc.org/clinic/>

**EL RENO INDIAN HEALTH CENTER ..... 405-234-8400**  
1801 PARKVIEW DR, EL RENO 73036  
Services focusing on prevention, restoration and collaborative relationships that are valued and “exceeds the needs” of patients, community, and tribal partners.  
<https://www.ihs.gov/oklahomacity/healthcarefacilities/el-reno-indian-health-center/>

**ESRD (END-STAGE RENAL DISEASE) NETWORK 13 ..... TOLL FREE 800-472-8664**  
MAIN OFFICE .....405-942-6000  
4200 PERIMETER CENTER DRIVE, SUITE 102, OKLAHOMA CITY, 73112  
Resource for information, education, and care of kidney disease.  
<https://www.hsag.com/en/esrd-networks/esrd-network-13/>

**GOOD SHEPHERD MINISTRY OF FIRST BAPTIST CHURCH ..... 405-232-8631**  
222 NW 12TH ST, OKLAHOMA CITY 73103  
The medical clinic is open Monday to Friday. Dental extractions on Mondays. Appointment required for dental and medical.  
<http://goodshepherdokc.org/>



**HEALTH ALLIANCE FOR THE UNINSURED..... 405-286-3343**

3000 UNITED FOUNDERS BLVD, SUITE 224, OKLAHOMA CITY

Addresses unmet medical needs of low-income uninsured. Provides access to specialists/testing/surgical care in Oklahoma county.

<http://hauonline.org/>

**INDIAN HEALTH SERVICE CENTERS..... 405-948-4900**

4913 W. RENO, OKLAHOMA CITY 73127

Provides access to a variety of specialties that will help in diagnosis, treatment, and improvement of your overall quality of life.

<http://www.okcic.com/>

**INTEGRIS**

**BAPTIST MEDICAL CENTER .....405-949-3011**

3300 N.W. EXPRESSWAY, OKLAHOMA CITY 73112

**BAPTIST MEDICAL CENTER PORTLAND AVENUE.....405-604-6000**

5501 N. PORTLAND, OKLAHOMA CITY 73112

**PAUL SILVERSTEIN BURN CENTER .....405-949-3345**

3300 N.W. EXPRESSWAY, OKLAHOMA CITY 73112

**CANCER INSTITUTE.....405-773-6400**

5911 W. MEMORIAL RD, OKLAHOMA CITY 73142

**HEART HOSPITAL.....405-949-3011**

3300 N.W. EXPRESSWAY, OKLAHOMA CITY 73112

**SOUTHWEST MEDICAL CENTER .....405-636-7000**

4401 S. WESTERN, OKLAHOMA CITY 73109

**JIM THORPE REHABILITATION .....405-644-5356**

4219 S. WESTERN, OKLAHOMA CITY 73109

**LAKESIDE WOMEN'S HOSPITAL .....405-936-1500**

11200 N. PORTLAND, OKLAHOMA CITY 73120

**HEALTH EDMOND .....405-657-3000**

4801 INTEGRIS PARKWAY 73034

**CANADIAN VALLEY HOSPITAL.....405-717-6800**

1201 HEALTH CENTER PKWY, YUKON 73099

**MENTAL HEALTH.....405-427-2441**

2601 SPENCER RD, SPENCER 73084

**WOMEN'S CARE .....405-713-4400**

3435 N.W. 56<sup>TH</sup> BLDG. A, #600, OKLAHOMA CITY 73112

<http://integrityok.com/>

<b>INTEGRIS HEALTHLINE .....</b>	<b>405-951-2277</b>
Provides comprehensive referral sources on a wide range of health topics.	
<a href="http://intgrisok.com/healthline"><u>http://intgrisok.com/healthline</u></a>	
<b>KING’S KLINIC .....</b>	<b>405-848-4005</b>
921 W. BRITTON RD, OKLAHOMA CITY 73114	
Free clinic. Call for appointment.	
<a href="http://www.kingsclinic.com/"><u>http://www.kingsclinic.com/</u></a>	
<b>LIFESHARE TRANSPLANT DONOR SERVICES OF OKLAHOMA.....</b>	<b>405-840-5551</b>
4705 N.W. EXPRESSWAY, OKLAHOMA CITY .....888-580-5680	
Information about organ & tissue donation. Call for a donor card and learn how you can become a potential donor.	
<a href="https://www.lifeshareoklahoma.org/about-donation.html"><u>https://www.lifeshareoklahoma.org/about-donation.html</u></a>	
<b>LIGHTHOUSE MEDICAL CLINIC .....</b>	<b>405-202-8162</b>
2801 S. ROBINSON, OKLAHOMA CITY 73109	
Free clinic on Tuesdays 4:00 p.m.- 8:00 p.m., and Saturdays from 8:30am-10:30 a.m.	
<a href="http://www.lighthousemedicalclinic.org/"><u>http://www.lighthousemedicalclinic.org/</u></a>	
<b>LITTLE FLOWER CHURCH</b>	
CLINIC PHONE.....	<b>405-235-7055</b>
1125 S. WALKER, OKLAHOMA CITY 73109	
<b>LOGAN COUNTY HEALTH DEPARTMENT.....</b>	<b>405-282-3485</b>
215 FAIRGROUNDS RD, SUITE A, GUTHRIE 73044	
<a href="https://oklahoma.gov/health/county-health-departments/logan-county-health-department.html"><u>https://oklahoma.gov/health/county-health-departments/logan-county-health-department.html</u></a>	
<b>LOGAN COUNTY MERCY HOSPITAL .....</b>	<b>405-282-6700</b>
200 S. ACADEMY RD, GUTHRIE 73044	
<a href="https://www.mercy.net/newsroom-mercy-hospital-logan-county"><u>https://www.mercy.net/newsroom-mercy-hospital-logan-county</u></a>	
<b>MANOS JUNTAS CLINIC .....</b>	<b>405-605-3101</b>
1145 WEST I-240 SERVICE ROAD BLDG D, STE D, OKLAHOMA CITY, OK, 73139	
Monday through Friday 11:00 a.m. to 5:00 p.m. 2:30 p.m. and 3:30 p.m. by appointment. Saturdays, 9:00 a.m. to 11:00 a.m. No appointment necessary. Walk-ins welcome.	
<a href="http://www.manosjuntas.com/"><u>http://www.manosjuntas.com/</u></a>	

**MCBRIDE ORTHOPEDIC HOSPITAL**

<b>ORTHOPEDIC HOSPITAL</b> .....	<b>405-486-2100</b>
9600 BROADWAY EXTENSION, OKLAHOMA CITY 73114	
<b>NORTH OKLAHOMA CITY OUTPATIENT</b> .....	<b>405-230-9000</b>
9600 BROADWAY EXT OKLAHOMA CITY, OK 73114	
<b>EDMOND</b> .....	<b>405-230-9200</b>
400 N. BRYANT, EDMOND 73034	
<b>OCCUPATIONAL MEDICINE</b> .....	<b>405-230-9700</b>
3406 S. BLVD, EDMOND 73013	
<b>NORMAN</b> .....	<b>405-230-9600</b>
3700 36TH AVE, NW, NORMAN 73072	
<b>YUKON CLINIC</b> .....	<b>405-230-9270</b>
1491 HEALTH CENTER PARKWAY, YUKON 73099	
<u><a href="http://www.mcboh.com/">http://www.mcboh.com/</a></u>	

<b>MEDICAL CLINIC FOR THE UNINSURED</b> .....	<b>405-455-5755</b>
OKLAHOMA HEART HOSPITAL CLINIC	
1416 N. KEY BLVD., MIDWEST CITY, OK 73110	
<u><a href="https://www.okheart.com/clinics/midwest-city-key-blvd">https://www.okheart.com/clinics/midwest-city-key-blvd</a></u>	

<b>MERCY GOOD SAMARITAN CLINIC</b> .....	<b>405-506-7327</b>
4505 MEMORIAL CIRCLE, OKLAHOMA CITY, OK 73142	
Free clinic for uninsured Monday-Thursday: 8:00 a.m. - 4:30 p.m.; Friday: 8:00 a.m. – noon. Call for appointment.	
<u><a href="https://www.mercy.net/practice/mercy-good-samaritan-clinic-memorial-circle/">https://www.mercy.net/practice/mercy-good-samaritan-clinic-memorial-circle/</a></u>	

<b>MERCY HEALTH CENTER</b> .....	<b>405-755-1515</b>
4300 WEST MEMORIAL ROAD, OKLAHOMA CITY 73120	
Various hospitals and medical clinics.	
<u><a href="https://www.mercy.net">https://www.mercy.net</a></u>	

<b>MID-DEL COMMUNITY HEALTH CENTER</b> .....	<b>405-672-0488</b>
4748 S. BRYANT AVE, OKLAHOMA CITY 73135	
Free clinic, call Thursday after 9:00 a.m. for an appointment.	
<u><a href="https://www.middelclinic.com/">https://www.middelclinic.com/</a></u>	

<b>MINISTRIES OF JESUS</b> .....	<b>405-340-7400</b>
1100 E I-35 FRONTAGE RD, EDMOND 73034	
Free medical clinic. Call 9:00 a.m. – 4:00 p.m. Monday-Thursday, or 9:00 a.m.- 12:00 p.m. on Friday. <u><a href="http://www.moj.com/">http://www.moj.com/</a></u>	

**MOORE FAITH MEDICAL CLINIC ..... 405-759-0853**

224 S. CHESTNUT AVE, MOORE 73160

Free clinic, limited pharmacy, health education, social services. every  
Thursday from 5:30 p.m.-8:00 p.m. by appointment only. Serving zip codes:  
73160, 73165, 73170, 73135, 73159 and 73153.

<http://www.moorefaithclinic.org/>

**NORMAN REGIONAL HOSPITAL**

HEALTHPLEX - 3300 HEALTHPLEX PARKWAY, NORMAN 73072 .....405-515-1000

901 N. PORTER, NORMAN 73071 .....405-307-1000

700 S. TELEPHONE RD, MOORE 73160 .....405-793-9355

<https://www.normanregional.com>

**OU HEALTH PHYSICIANS FAMILY MEDICINE CENTER OKLAHOMA CITY ..... 405-271-4311**

900 N.E. 10TH ST, OKLAHOMA CITY 73104

Comprehensive, holistic, health care for older persons and their families.

<https://www.ouhealth.com/find-a-location/ou-health-family-medicine-center-oklahoma-city/>

**OU MEDICAL CENTER**

**PRESBYTERIAN TOWER .....405-271-4700**

700 N.E. 13TH ST, OKLAHOMA CITY 73104

<https://www.ouhealth.com/find-a-location/ou-health-university-of-oklahoma-medical-center/>

**MEDICAL CENTER EDMOND .....405-341-6100**

1 S. BRYANT, EDMOND 73034

<https://www.ouhealth.com/find-a-location/ou-health-edmond-medical-center/>

**OU DONALD W REYNOLDS DEPARTMENT OF GERIATRIC MEDICINE ..... 405-271-3050**

825 N.E. 10TH, 4F, OKLAHOMA CITY, OK 73104

Specialized primary care for older adults.

<https://www.ouhealth.com/find-a-location/ou-health-physicians-senior-health/>

**OKLAHOMA CITY-COUNTY HEALTH DEPARTMENT**

**NORTHEAST REGIONAL HEALTH & WELLNESS CAMPUS .....405-427-8651**

2600 N.E. 63RD ST, OKLAHOMA CITY 73111

**SOUTH HEALTH CLINIC.....405-419-4119**

6728 S. HUDSON AVE, OKLAHOMA CITY, 73139

**WEST CAMPUS .....405-419-4150**

4330 N.W. 10TH ST, OKLAHOMA CITY 73107

Immunizations, including flu shots.

<https://www.occhd.org/>

**OKLAHOMA CITY INDIAN HEALTH CLINIC ..... 405-948-4900**

**CORRINE Y. HALFMOON MEDICAL BUILDING**

4913 W. RENO, OKLAHOMA CITY 73127

**EVERETT R. RHOADES MEDICAL BUILDING**

5208 W. RENO AVE, OKLAHOMA CITY, 73127

**OKLAHOMA CITY INDIAN CLINIC**

309 S. ANN ARBOR AVE, OKLAHOMA CITY, 73128

Serving ambulatory Native Americans with health, mental health, and dental issues.

<http://www.okcic.com/>

**OKLAHOMA COUNTY MEDICAL SOCIETY ..... 405-702-0500**

313 N.E. 50TH ST, SUITE 2, OKLAHOMA CITY 73105

<https://www.okcountymed.org/>

**OKLAHOMA HEART HOSPITAL**

<b>NORTH CAMPUS</b> .....	<b>405-608-3200</b>
4050 W. MEMORIAL RD, OKLAHOMA CITY 73120	
<b>SOUTH CAMPUS</b> .....	<b>405-628-6000</b>
5200 E. I-240 SERVICE RD, OKLAHOMA CITY 73135	
<b>OKLAHOMA HEART HOSPITAL CLINICS - BETHANY</b> .....	<b>405-787-6772</b>
6801 N.W. 39TH EXPRESSWAY, SUITE C, BETHANY, OK 73008	
<b>EDMOND</b> .....	<b>405-608-4610</b>
2017 W. I-35 FRONTAGE ROAD, SUITE 240, EDMOND, OK 73013	
<b>FAMILY CARE CENTER</b> .....	<b>405-454-2404</b>
20826 MAIN, HARRAH, OK 73045	
<b>AIR DEPOT CLINIC</b> .....	<b>405-737-2800</b>
412 S. AIR DEPOT, SUITE B, MIDWEST CITY, OK 73110	
<b>MD MEDICAL TOWER</b> .....	<b>405-610-3023</b>
8121 NATIONAL AVENUE, SUITE 200 & 300, MIDWEST CITY, OK 73110	
<b>A NEW BEGINNING</b> .....	<b>405-735-3041</b>
11401 S. WESTERN, MOORE, OK 73170	
<a href="https://www.okheart.com/find-a-clinic">https://www.okheart.com/find-a-clinic</a>	

**OU PHYSICIANS COMMUNITY HEALTH CLINICS**

<b>NE REGIONAL HEALTH AND WELLNESS CENTER</b> .....	<b>405- 427-8651</b>
2700 N.E. 63 <sup>RD</sup> ST, OKLAHOMA CITY 73111	
<b>SOUTH REGIONAL HEALTH AND WELLNESS CAMPUS</b> .....	<b>405-419-4062</b>
6728 S. HUDSON AVE, OKLAHOMA CITY, OK 73139	
<b>PHYSICIANS WEST COMMUNITY HEALTH CLINIC</b> .....	<b>405- 419-4150</b>
4330 N.W. 10TH ST, OKLAHOMA CITY 73107	
<a href="https://www.occhd.org/clinics">https://www.occhd.org/clinics</a>	

<b>SAINT ANTHONY HOSPITAL</b> .....	<b>405-272-7000</b>
1000 N. LEE AVE, OKLAHOMA CITY 73102	
<a href="https://www.ssmhealth.com/locations/st-anthony-hospital">https://www.ssmhealth.com/locations/st-anthony-hospital</a>	

<b>SAINT CHARLES/ MCAULEY CLINIC</b> .....	<b>405-384-3809 5024</b>
NORTH GROVE, OKLAHOMA CITY OKLAHOMA 73122	
Free medical care for persons without health insurance. Internal medicine and prescriptions. By appointment only. Wednesday evenings.	
<a href="https://stcharlesokc.net/st-charles-mcauley-clinic">https://stcharlesokc.net/st-charles-mcauley-clinic</a>	

<b>SELECT SPECIALTY HOSPITAL.....</b>	<b>405-606-6937</b>
3524 N.W. 56TH ST, OKLAHOMA CITY 73112	
Provides continuum of care, from critical illness recovery to inpatient rehab to outpatient rehab.	
<a href="http://www.selectmedical.com/"><u>http://www.selectmedical.com/</u></a>	
<b>INSPIRE SPECIALTY HOSPITAL OF MIDWEST CITY .....</b>	<b>405-739-0800</b>
8210 NATIONAL AVE, MIDWEST CITY 73110	
A long-term acute care hospital.	
<a href="http://www.inspirehospital.com/"><u>http://www.inspirehospital.com/</u></a>	
<b>VALIR REHABILITATION HOSPITAL .....</b>	<b>405-236-3131</b>
700 N.W. 7TH ST, OKLAHOMA CITY 73102	
<a href="https://www.valir.com/"><u>https://www.valir.com/</u></a>	
<b>VARIETY CARE.....</b>	<b>405-632-6688</b>
ADMINISTRATIVE OFFICE	
3000 N. GRAND BLVD, OKLAHOMA CITY, OK 73107	
Various locations in the Oklahoma City metro.	
<a href="http://www.varietycare.org/"><u>http://www.varietycare.org/</u></a>	
<b>VETERANS ADMINISTRATION MEDICAL CENTER .....</b>	<b>405-456-1000</b>
921 N.E. 13TH ST, OKLAHOMA CITY 73104	
Provides a wide range of health and support services for veterans, families, and caregivers.	
<a href="http://www.oklahoma.va.gov/"><u>http://www.oklahoma.va.gov/</u></a>	

# MENTAL HEALTH

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**MENTAL HEALTH CRISIS LINE ..... 988**

**AUTUMN LIFE CENTER ..... 855-625-1680**

OU MEDICAL CENTER,  
1 S. BRYANT, EDMOND, 73034

Offers a dedicated inpatient behavioral health program developed to meet the unique needs of mature adults, age 55 and older. This geriatric psychiatry program addresses and seeks to relieve the suffering that occurs due to changes in emotional, mental, and behavioral wellness.

<https://www.ouhealth.com/find-a-location/ou-health-autumn-life-behavioral-center/>

**CAREGIVER CONNECTION, LLC ..... 405-286-2727**

3035 N.W. 63RD ST, #150N, OKLAHOMA CITY, 73116

Individual or family counseling provided regarding caregiver stress, depression, grief, and loss. We can help the caregiver develop improved coping skills and stress reduction techniques.

[www.caregiverconnectionllc.com](http://www.caregiverconnectionllc.com)

**CEDAR RIDGE BEHAVIORAL HEALTH**

7600 N.W. 23RD, BETHANY, 73008 ..... **405-792-5330**

6501 N.E. 60TH STREET, OKLAHOMA CITY, 73141 ..... **405-605-6111**

Provides mental health services for those 55 and older with various problems. Walk-ins are welcome.

<https://cedarridgebhs.com/programs-services/adults-overview-bethany/older-adults/>

**CENTRAL OKLAHOMA COMMUNITY MENTAL HEALTH CENTER ..... 405-360-5100**

909 E. ALAMEDA, NORMAN, 73071

Provides various mental health services to children, youth, adults and families.

<http://www.odmhas.org/cocmhc/services/AdultOutpatientServices.htm>

**COMMUNITY HEALTH CENTERS, INC. .... 405-769-3301**

(MARY MAHONEY MEMORIAL HEALTH CENTER)

12716 N.E. 36TH ST., SPENCER, 73084

Professional counseling services provided to individuals, families, and groups.

<https://communityhealthok.org/>



<b>EDMOND FAMILY COUNSELING .....</b>	<b>405-341-3554</b>
1251 N. BROADWAY SUITE C, EDMOND, 73034	
Senior services on a sliding scale fee. Counsels on topics specifically for seniors.	
<a href="https://www.edmondfamily.org/services-seniors">https://www.edmondfamily.org/services-seniors</a>	
<b>ELDERCOUNSELING &amp; CLINICAL SERVICES, PLLC .....</b>	<b>405-872-0050</b>
LAUREL DINKEL, MSW, LCSW,	
3140 W. Britton Rd., #200, OKLAHOMA CITY, 73120	
Private in-home, in-facility, or office-based counseling, psychotherapy and mental health services for older adults and their families.	
<b>GRIFFIN MEMORIAL HOSPITAL.....</b>	<b>405-321-4880</b>
900 E. MAIN ST., NORMAN, 73071	
Inpatient treatment and rehabilitation services for mental illnesses.	
<b>HOPE COMMUNITY SERVICES, INC .....</b>	<b>405-634-4400</b>
6100 S. WALKER, OKLAHOMA CITY, 73139	
provide adult therapy and rehabilitation services on an outpatient basis to treat individuals, families, and groups with a wide range of emotional and psychiatric needs.	
<a href="http://www.hopecsi.org">www.hopecsi.org</a>	
<b>INFORMATION AND REFERRAL TO HEALTH &amp; HUMAN SERVICES .....</b>	<b>211</b>
<b>INTEGRIS MENTAL HEALTH .....</b>	<b>405-604-3170</b>
5100 N. BROOKLINE, SUITE 900, OKLAHOMA CITY, 73112	
Mental health screening is available online, has a variety of mental health options.	
<a href="https://integrisok.com/locations/mental-health/integris-mental-health-clinic">https://integrisok.com/locations/mental-health/integris-mental-health-clinic</a>	
<b>INTEGRIS MENTAL HEALTH HOTLINE 24-HOUR HOTLINE .....</b>	<b>405-951-2273</b>
2601 N. SPENCER RD, SPENCER, OK 73084	
The Integris mental health assessment team (MAT) is a group of experienced mental health professionals available through Integris mental health to provide the community with a free 24-hour assessment service.	
<a href="https://integrisok.com/locations/mental-health/integris-mental-health-spencer/services/mobile-assessment-team">https://integrisok.com/locations/mental-health/integris-mental-health-spencer/services/mobile-assessment-team</a>	

<b>MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES.....</b>	<b>405-248-9200</b>
OKLAHOMA DEPARTMENT 2000 N. CLASSEN BLVD., 2-600, OKLAHOMA CITY, 73106 <a href="http://www.ok.gov/odmhsas">www.ok.gov/odmhsas</a>	
<b>MENTAL HEALTH ASSOCIATION OKLAHOMA .....</b>	<b>405-943-3700</b>
400 N. Walker, Suite 190, Oklahoma City, 73102 Provides information and resources related to mental illness, suicide prevention, employment support and housing. <a href="http://www.mhaok.org">www.mhaok.org</a>	
<b>MOORE COUNSELING CENTER .....</b>	<b>405-735-6333</b>
1044 S.W. 4TH ST., MOORE, 73160 Individual and group therapy, psychological assessment, and medication management. <a href="http://www.moorecounselingcenter.com/services-for-adults/">http://www.moorecounselingcenter.com/services-for-adults/</a>	
<b>NORTHCARE CENTER .....</b>	<b>405-858-2700</b>
2617 GENERAL PERSHING BLVD., OKLAHOMA CITY, 73107 Adult outpatient services available. <a href="http://www.northcare.com/index.php/adult-services/">http://www.northcare.com/index.php/adult-services/</a>	
<b>OAKWOOD SPRINGS.....</b>	<b>405-400-0351</b>
13101 MEMORIAL SPRINGS COURT, OKLAHOMA CITY, 73114 Inpatient and outpatient treatment available diagnose, manage, and treat a variety of mental health issues. <a href="http://www.oakwoodsprings.com">www.oakwoodsprings.com</a>	
<b>OKLAHOMA CHRISTIAN COUNSELING CENTER .....</b>	<b>405-752-9500</b>
13301 N. MERIDIAN, BLDG. 100, OKLAHOMA CITY, 73120 Counseling, psychotherapy, psychological evaluation, etc. <a href="http://www.okchristiancounseling.com">www.okchristiancounseling.com</a>	
<b>OKLAHOMA CITY INDIAN CLINIC .....</b>	<b>405-948-4900 EXT 610</b>
4913 W. RENO, OKLAHOMA CITY, 73127 Substance Abuse & Adult Mental Health assessment and treatment, Child and Family Counseling, Psychiatric Services and Social Services information & referral. <a href="http://www.okcic.com">www.okcic.com</a>	

<b>OKLAHOMA COUNTY CRISIS INTERVENTION CENTER .....</b>	<b>405-945-2300</b>
2625 GENERAL PERSHING BLVD., OKLAHOMA CITY, 73107	
24/7 walk in mental health evaluations.	
<b>OU HEALTH SCIENCES CENTER .....</b>	<b>405-271-5251 (OPTION 2)</b>
DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES	
920 STANTON L. YOUNG BLVD, G. RAINEY WILLIAMS PAVILION, 3 <sup>RD</sup> FLOOR,	
OKLAHOMA CITY, 74104	
<u><a href="https://medicine.ouhsc.edu/Academic-Departments/Psychiatry-and-Behavioral-Sciences">https://medicine.ouhsc.edu/Academic-Departments/Psychiatry-and-Behavioral-Sciences</a></u>	
<b>OU MEDICINE SENIOR HEALTH CLINIC.....</b>	<b>405-271-3050</b>
O'DONOGHUE BUILDING 1122 N.E. 13TH ST., OKLAHOMA CITY, 73117	
<b>OU PHYSICIANS NEUROLOGY .....</b>	<b>405-271-3445</b>
OU PHYSICIANS BUILDING, 825 N.E. 10TH, SUITE 5B, OKLAHOMA CITY, 73104	
Outpatient diagnostic clinic, (Brain, spine, and nerve-related conditions)	
<u><a href="http://www.oumedicine.com/oumedicine/adult-services/neurosciences/neurology">www.oumedicine.com/oumedicine/adult-services/neurosciences/neurology</a></u>	
<b>PSYCHOLOGICAL SERVICES FOR FAMILIES .....</b>	<b>405-888-5299</b>
849 E. 33RD ST., EDMOND, 73013	
Screening, intake assessment, and referral services are available.	
Outpatient individual, marriage, and family counseling services.	
Psychological screening (depression, anxiety, obsessive compulsive disorder, ADHD, etc.)	
<u><a href="http://www.psychologicalservicesforfamilies.net/index.html">www.psychologicalservicesforfamilies.net/index.html</a></u>	
<b>REACHOUT HOTLINE .....</b>	<b>800-522-9054</b>
24-hour hotline for mental health and substance abuse issues.	
<u><a href="https://www.occhd.org/about/emergency-contact">https://www.occhd.org/about/emergency-contact</a></u>	
<b>RED ROCK BEAVORIAL HEALTH SERVICES .....</b>	<b>405-424-7711</b>
4400 N. LINCOLN BLVD, OKLAHOMA CITY, 73105 .....	
7777 E. HWY 66, EL RENO, 73036.....	<b>405-422-8800</b>
NORMAN CRISIS, 900 E. MAIN ST, BLDG 52, NORMAN, 73070.....	<b>405-307-4800</b>
Outpatient counseling, substance use services, court services, etc.	
<b>SSM HEALTH CENTRAL INTAKE .....</b>	<b>405-312-1782.</b>
2129 S.W. 59TH ST., OKLAHOMA CITY, 73119	
Geriatric diagnostic center, outpatient services, etc.	

**SUBSTANCE ABUSE SERVICES..... 800-522-9054**

**SUNBEAM FAMILY SERVICES..... 405-528-7721**

1100 N.W. 14TH ST., OKLAHOMA CITY, 73106

Provides counseling for: anxiety, addiction, children’s issues related to school or home behaviors, depression, family and blended family relationships, grief, or loss, managing anger, and overcoming negative behaviors.

<https://sunbeamfamilyservices.org/mentalhealth-2/>

**VETERANS AFFAIRS MEDICAL CENTER ..... 877-565-9329 EXT. 1**

921 N.E. 13TH ST., ROOM 3G100, OKLAHOMA CITY, 73104

Veterans only. Outpatient mental health. If you qualify for VA health care, you can get high-quality mental health services as part of your benefits. You may also be able to get care for certain mental health problems even if you don't have VA health care.

[https://www.oklahoma.va.gov/services/ambulatory\\_mental\\_health\\_clinic.asp](https://www.oklahoma.va.gov/services/ambulatory_mental_health_clinic.asp)

# PARKS AND RECREATION

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## AMERICA THE BEAUTIFUL SENIOR PASS

<https://shop.usparkpass.com/pages/senior-military-access-or-other-passes>

## LIST OF NATIONAL PARKS

<https://usparkpass.com/list-of-national-parks/>

## OKLAHOMA CITY NATIONAL MEMORIAL MUSEUM ..... 405-235-3313

620 N. HARVEY AVE, OKLAHOMA CITY, 73012

Discounts for those 62 years of age or older.

<https://memorialmuseum.com/>

## OKLAHOMA TOURISM AND RECREATION DEPARTMENT..... TOLL-FREE 800-652-6552

123 ROBERT S. KERR AVE, OKLAHOMA CITY, OK 73102 .....405-522-9500

<https://www.travelok.com/>

## OKLAHOMA DEPARTMENT OF WILDLIFE CONSERVATION ..... 405-521-3851

1801 N. LINCOLN, OKLAHOMA CITY, 73105

General information

<https://www.wildlifedepartment.com/>

## CHOCTAW PARKS & RECREATION ..... 405-390-8198

2500 N. CHOCTAW ROAD, CHOCTAW, OK 73020

<https://mychoctaw.org/170/Parks-Recreation>

## DEL CITY PARKS & RECREATION ..... 405-671-2868

<https://cityofdelcity.com/parks-and-recreation>

## EL RENO PARKS & RECREATION ..... 405-262-4070

101 N. CHOCTAW, EL RENO, OK 73036

<https://www.cityofelreno.com/community/parks-recreation/>

## GUTHRIE PARKS & RECREATION..... 405-282-8400

407 COMMERCE BOULEVARD, GUTHRIE, OK 73044

<http://www.cityofguthrie.com/76/Parks-Public-Grounds>

## HARRAH PARKS RECREATION ..... 405-454-2951

<https://cityofharrah.com/parks-recreation/>

<b>MIDWEST CITY PARKS &amp; RECREATION .....</b>	<b>405-739-1293</b>
200 N. MIDWEST BLVD., MIDWEST CITY, OK 73110	
<a href="https://www.midwestcityok.org/parksrec">https://www.midwestcityok.org/parksrec</a>	
<b>MOORE PARKS &amp; RECREATION .....</b>	<b>405-793-5090</b>
700 S. BROADWAY AVE, MOORE, OK 73160	
<a href="https://www.cityofmoore.com/departments/parks-recreation">https://www.cityofmoore.com/departments/parks-recreation</a>	
<b>MUSTANG PARKS &amp; RECREATION .....</b>	<b>405-376-3411</b>
1201 N. Mustang Road, Mustang, OK 73064	
<a href="https://www.cityofmustang.org/parksrec">https://www.cityofmustang.org/parksrec</a>	
<b>NORMAN PARKS &amp; RECREATION .....</b>	<b>405-366-5472</b>
<a href="https://www.normanok.gov/residents-visitors/parks-recreation">https://www.normanok.gov/residents-visitors/parks-recreation</a>	
<b>NOBLE PARKS &amp; RECREATION .....</b>	<b>405-872-9251</b>
<a href="https://cityofnoble.org/departments/parks-recreation/">https://cityofnoble.org/departments/parks-recreation/</a>	
<b>OKLAHOMA CITY PARKS &amp; RECREATION .....</b>	<b>405-297-3882</b>
420 W. MAIN ST, OKLAHOMA CITY, OK 73102	
<a href="https://www.okc.gov/departments/parks-recreation">https://www.okc.gov/departments/parks-recreation</a>	
<b>PIEDMONT PARKS &amp; RECREATION .....</b>	<b>405-818-0510</b>
<a href="https://www.piedmont-ok.gov/171/Parks-Recreation">https://www.piedmont-ok.gov/171/Parks-Recreation</a>	
<b>YUKON PARKS &amp; RECREATION .....</b>	<b>405-350-8937</b>
532 W. MAIN ST., YUKON, OK 73099	
<a href="http://www.yukonok.gov/city-departments/parks-recreation/">http://www.yukonok.gov/city-departments/parks-recreation/</a>	

# LONG TERM CARE INFORMATION

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**LIVING CHOICE..... 888-287-2443**

4345 N. LINCOLN BLVD, OKLAHOMA CITY, 73105

Assists individuals with disabilities or long-term illnesses make the transition from long-term care to their own home in the community. **Must qualify for SoonerCare.**

<https://oklahoma.gov/ohca/individuals/programs/living-choice-contacts.html>

**STATE LONG-TERM CARE OMBUDSMAN..... 405-521-6734**

The ombudsman program serves residents in Oklahoma’s long-term care facilities, including nursing homes, assisted living and similar adult care homes. An ombudsman helps improve the quality of life and the quality of care available to long-term care facility residents.

<http://www.okdhs.org/services/aging/pages/ombudsman.aspx>

**AREAWIDE OMBUDSMAN PROGRAM..... 405-942-8500**

4101 PERIMETER CENTER DRIVE, SUITE 310, OKLAHOMA CITY, 73112

Serves residents in long-term health care and assisted living, advocating on behalf of individual residents and protecting residents’ rights by providing information, exploring problems, and recommending corrective action.

[www.areawideaging.org](http://www.areawideaging.org)

# LONG-TERM CARE FACILITIES

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PLEASE NOTE THIS DATA WAS CURRENT AT THE TIME OF PRINTING AND MAY HAVE CHANGED. DUE TO CONTINUAL CHANGES WITHIN AGENCIES OR ORGANIZATIONS, THE PRINTED VERSION MAY NOT HAVE THE LATEST INFORMATION.

## ASSISTED LIVING FACILITIES

**<https://www.medicare.gov/care-compare/>**

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### CANADIAN COUNTY

<b>ARBOR HOUSE ASSISTED LIVING OF MUSTANG.....</b>	<b>405-376-2872</b>
850 N. CLEARSPRINGS RD., MUSTANG, 73064	
<b>CARRIAGE HOUSE HOMES .....</b>	<b>405-301-0989</b>
11012 COACHMAN RD., YUKON, 73099	
<b>HERITAGE ASSISTED LIVING .....</b>	<b>405-722-5552</b>
9025 N.W. EXPRESSWAY, YUKON, 73099	
<b>ST. KATHERINE DREXEL .....</b>	<b>405-262-2920</b>
301 W. WADE, EL RENO, 73036	
<b>VICTORIAN ESTATES .....</b>	<b>405-350-1055</b>
1129 CAMEO DR., YUKON, 73099	
<b>WILLOWOOD AT MUSTANG ASSISTED LIVING.....</b>	<b>405-376-1200</b>
1017 W. HWY 152, MUSTANG, 73064	

### CLEVELAND COUNTY

<b>ARBOR HOUSE ASSISTED LIVING CENTER .....</b>	<b>405-292-9200</b>
4501 W. MAIN ST., NORMAN, 73072	
<b>ARBOR HOUSE REMINISCE .....</b>	<b>405-310-2499</b>
151 48TH AVE. SW, NORMAN, 73072	
<b>BROOKDALE OF NORMAN .....</b>	<b>405-573-9200</b>
1701 E. ALAMEDA, NORMAN, 73071	
<b>FEATHERSTONE ASSISTED LIVING COMMUNITY OF MOORE.....</b>	<b>405-799-9919</b>
301 N. EASTERN, MOORE, 73160	



<b>HARBORCHASE ASSISTED LIVING .....</b>	<b>405-259-2309</b>
10815 S. MAY AVE., OKLAHOMA CITY, 73170	
<b>JASMINE ESTATES OF SOUTHWEST OKC.....</b>	<b>405-237-7070</b>
2232 S.W. 104TH ST, OKLAHOMA CITY, 73159	
<b>LEGENDS AT RIVENDELL.....</b>	<b>405-691-2300</b>
13200 S. MAY AVE, OKLAHOMA CITY, 73170	
<b>LEGEND MEMORY CARE AT RIVENDELL.....</b>	<b>405-703-2300</b>
2800 S.W. 131ST ST, OKLAHOMA CITY, 73170	
<b>MEADOWLAKE RETIREMENT VILLAGE ASSISTED LIVING.....</b>	<b>405-703-4225</b>
963 S.W. 107TH, OKLAHOMA CITY, 73170	
<b>SOONER STATION AT UNIVERSITY NORTH PARK.....</b>	<b>405-301-5840</b>
2803 24 <sup>TH</sup> AVE. NW, NORMAN, 73065	
<b>WICKSHIRE SENIOR LIVING .....</b>	<b>405-360-4755</b>
1060 RAMBLING OAKS DR., NORMAN, 73072	
<b>THE GARDENS AT RIVERMONT.....</b>	<b>405-360-6056</b>
750 CANADIAN TRAILS DR., NORMAN, 73072	
<b>VILLAGE ON THE PARK.....</b>	<b>405-692-8700</b>
1515 KINGSRIDGE DR, OKLAHOMA CITY, 73170	

### **LOGAN COUNTY**

<b>ASH STREET PLACE.....</b>	<b>405-282-2000</b>
111 S. ASH, GUTHRIE, 73044	

### **OKLAHOMA COUNTY**

<b>BRADFORD VILLAGE ASSISTED LIVING.....</b>	<b>405-341-0810</b>
906 N. BLVD, EDMOND, 73034	
<b>ARBOR HOUSE MIDWEST CITY.....</b>	<b>405-455-3900</b>
9240 E. RENO AVE, MIDWEST CITY, 73110	
<b>BLUE RIDGE PLACE.....</b>	<b>405-741-2000</b>
615 W. BLUE RIDGE DR., MIDWEST CITY, 73110	
<b>BROOKDALE DANFORTH.....</b>	<b>405-330-9100</b>
116 DANFORTH RD, EDMOND, 73003	
<b>BROOKDALE ON SANTA FE ASSISTED LIVING.....</b>	<b>405-330-6600</b>

1500 N. SANTA FE, EDMOND, 73003

**BROOKDALE SOUTHWEST..... 405-691-0409**

10001 S. MAY AVE, OKLAHOMA CITY, 73159

**CRYSTAL PLACE RETIREMENT INC..... 405-616-1980**

400 S.W. 79TH ST., OKLAHOMA CITY, 73139

**DORSET PLACE ASSISTED LIVING..... 405-755-7800**

2435 N.W. 122ND, OKLAHOMA CITY, 73120

**DORSET PLACE MEMORY CARE ..... 405-752-4220**

12401 DORSET DRIVE, OKLAHOMA CITY, 73120

**EDEN CARE COTTAGE AT OAK TREE..... 405-285-5983**

13701 S. SANTA FE, EDMOND, 73025

**EDEN HOUSE AT THE GREEN ..... 405-607-2788**

4025 APPLE VALLEY DR, OKLAHOMA CITY, 73120

**EMERALD SQUARE ASSISTED LIVING COMMUNITY ..... 405-787-4466**

701 N. COUNCIL RD., OKLAHOMA CITY, 73127

**FOUNTAIN BROOK AL AND MEMORY SUPPORT ..... 405-769-7677**

11510 S.E. 15TH, MIDWEST CITY, 73130

**GLADE AVENUE A.L..... 405-495-7100**

2500 N. GLADE AVE., BETHANY, 73008

**GLADE AVENUE/SOUTH..... 405-495-7100**

2480 N. GLADE AVE., BETHANY, 73008

**HEAVEN HOUSE/GEORGIA..... 405-850-1007**

8501 N. GEORGIA, OKLAHOMA CITY, 73114

**HEAVEN HOUSE/ELMWOOD..... 405-848-8393**

3141 ELMWOOD AVE., OKLAHOMA CITY, 73116

**HEAVEN HOUSE/ST CLAIR..... 405-850-1007**

4613 ST. CLAIR, OKLAHOMA CITY, 73112

**HEAVEN HOUSE/TREADWELL..... 405-848-8393**

3420 TREADWELL DR, OKLAHOMA CITY, 73112

**HEAVEN HOUSE/WESTCHESTER..... 405-850-1007**

1312 WESTCHESTER DRIVE, OKLAHOMA CITY, 73120

**HERITAGE POINT..... 405-208-7400**

12000 N. MACARTHUR BLVD, OKLAHOMA CITY, 73162

<b>HOMESTEAD ASSISTED LIVING</b> .....	<b>405-787-9200</b>
4101 N. COUNCIL RD., BETHANY, 73008	
<b>INFINITE CARE HOMES</b> .....	<b>405-471-1947</b>
2236 N.W. 193RD ST, EDMOND, 73012	
<b>IRIS MEMORY CARE</b> .....	<b>405-330-2222</b>
2424 N.W. 178TH STREET, EDMOND, 73012	
<b>JASMINE ESTATES OF EDMOND</b> .....	<b>405-341-1450</b>
1001 S. BRYANT, EDMOND, 73034	
<b>JOHN H. JOHNSON CARE SUITES</b> .....	<b>405-269-2266</b>
1213 N.W. 122ND, OKLAHOMA CITY, 73120	
<b>LEGENDS AT COUNCIL ROAD</b> .....	<b>405-721-0300</b>
11320 N. COUNCIL RD, OKLAHOMA CITY, 73162	
<b>LEGENDS AT JEFFERSON GARDENS ASSISTED LIVING</b> .....	<b>405-715-1717</b>
15401 N. PENNSYLVANIA, EDMOND, 73013	
<b>LYNDALE EDMOND</b> .....	<b>405-348-6006</b>
1229 LAKESHORE DRIVE, EDMOND, 73013	
<b>NORTHHAVEN PLACE</b> .....	<b>405-773-8300</b>
7535 W. HEFNER RD, OKLAHOMA CITY, 73162	
<b>PROVEER @QUAIL CREEK</b> .....	<b>405-748-6464</b>
12928 N. MAY AVE., OKLAHOMA CITY, 73120	
<b>QUAIL RIDGE ASSISTED LIVING</b> .....	<b>405-755-5775</b>
12401 TRAIL OAKS DR., OKLAHOMA CITY, 73120	
<b>SAINT ANN ASSISTED LIVING</b> .....	<b>405-721-0747</b>
7501 W. BRITTON RD., OKLAHOMA CITY, 73132	
<b>SOMMERSET ASSISTED LIVING</b> .....	<b>405-691-9221</b>
1601 S.W. 119TH, OKLAHOMA CITY, 73170	
<b>SOUTHERN PLAZA A.L. &amp; MEMORY CARE</b> .....	<b>405-440-1111</b>
3704 N. ASBURY, BETHANY, 73008	
<b>SOUTHRIDGE PLACE</b> .....	<b>405-691-3366</b>
2500 S.W. 89TH, OKLAHOMA CITY, 73101	
<b>STONE CREEK</b> .....	<b>405-330-5020</b>
17701 N. WESTERN AVENUE, EDMOND, 73012	

<b>STOREY OAKS ASSISTED LIVING .....</b>	<b>405-286-9500</b>
8300 N. MAY, OKLAHOMA CITY, 73120	
<b>SUPERIOR CARE HOMES .....</b>	<b>405-367-7213</b>
8817 N.W. 121ST ST, OKLAHOMA CITY, 731662	
<b>TEAL CREEK SENIOR LIVING.....</b>	<b>405-312-8050</b>
13501 N. BRYANT, OKLAHOMA CITY, 73149	
<b>TEALRIDGE ASSISTED LIVING.....</b>	<b>405-604-5433</b>
2200 N.E. 140TH, EDMOND, 73013	
<b>THE MANSION AT WATERFORD .....</b>	<b>405-848-1817</b>
6100 N. PENN, OKLAHOMA CITY, 73112	
<b>THE VERADEN .....</b>	<b>405-359-1230</b>
2709 E. DANFORTH ROAD, EDMOND, 73034	
<b>TIMBERWOOD ASSISTED LIVING, L.C.....</b>	<b>405-619-0079</b>
5020 S.E. 44TH ST., OKLAHOMA CITY, 73135	
<b>TOUCHMARK AT COFFEE CREEK ASSISTED LIVING .....</b>	<b>405-340-1975</b>
2801 SHORTGRASS RD., EDMOND, 73003	
<b>TOWN VILLAGE ASSISTED LIVING .....</b>	<b>405-297-9600</b>
13000 N. MAY AVE, OKLAHOMA CITY, 73120	
<b>VILLAGE AT OAKWOOD ASSISTED LIVING.....</b>	<b>405-605-6353</b>
817 S.W. 59TH ST, OKLAHOMA CITY, 73109	
<b>VILLAGIO .....</b>	<b>405-755-6469</b>
14300 N. PORTLAND, OKLAHOMA CITY, 73134	
<b>VITALITY LIVING.....</b>	<b>405-751-8430</b>
2333 MANCHESTER DR, OKLAHOMA CITY, 73120	
<b>WELLINGTON PARKE, LLC.....</b>	<b>405-677-2273</b>
3107 TINKER DIAGONAL, DEL CITY, 73115	
<b>WICKSHIRE SENIOR LIVING .....</b>	<b>405-691-6555</b>
12310 S. WESTERN AVE., OKLAHOMA CITY, 73170	

## **CONTINUUM OF CARE**

<b>BAPTIST VILLAGE OF OKLAHOMA CITY (T.B. LACKEY H.C.C.) .....</b>	<b>405-721-2466</b>
9700 MASHBURN BLVD., OKLAHOMA CITY, 73162	

<b>BRADFORD VILLAGE.....</b>	<b>405-341-0810</b>
906 N. BOULEVARD, EDMOND, 73034	
<b>EPWORTH VILLA HEALTH SERVICES .....</b>	<b>405-292-9200</b>
14901 N. PENNSYLVANIA, OKLAHOMA CITY, 73134	
<b>SPANISH COVE HOUSING AUTHORITY .....</b>	<b>405-354-1901</b>
11 PALM AVE., YUKON, 73099	
<b>THE HEALTH CARE CENTER AT CONCORDIA.....</b>	<b>405-720-7200</b>
7703 W. BRITTON RD., OKLAHOMA CITY, 73132	

**INTERMEDIATE CARE FACILITIES FOR INDIVIDUALS  
WITH INTELLECTUAL DISABILITIES**

<b>BRYANT PLACE.....</b>	<b>405-677-3864</b>
2901 S.E. 22ND, OKLAHOMA CITY, 73129	
<b>CENTER OF FAMILY LOVE .....</b>	<b>405-263-4658</b>
6TH & TEXAS, OKARCHE, 73762	
<b>COLUMBIAN HALL.....</b>	<b>405-263-4658</b>
6TH & TEXAS, OKARCHE, 73762	
<b>FAYES PLACE.....</b>	<b>405-282-5775</b>
2102 W. WARNER, GUTHRIE, 73044	
<b>MANSFIELD MANOR .....</b>	<b>405-677-2421</b>
3317 S.E. 18 <sup>TH</sup> , DEL CITY, 73115	
<b>PROVIDENCE HOUSE.....</b>	<b>405-282-2600</b>
405 N. 20 <sup>TH</sup> , GUTHRIE, 73044	
<b>RELIANT LIVING CENTER .....</b>	<b>405-677-0502</b>
2901 S.E. 22ND STREET, OKLAHOMA CITY, 73129	
<b>RELIANT LIVING CENTER OF DEL CITY .....</b>	<b>405-677-2421</b>
3317 S.E. 18th Street, Del City, 73115	
<b>SAINT ANDRE BESSETTE .....</b>	<b>405-263-4658</b>
6TH & TEXAS, OKARCHE, 73762	
<b>SALATKA HALL .....</b>	<b>405-263-4658</b>
6TH & TEXAS, OKARCHE, 73762	
<b>SANTA FE CHEYENNE HOUSE .....</b>	<b>405-793-7370</b>
1000 B S. SANTE FE, MOORE, 73160	

<b>SANTA FE SIERRA HOUSE .....</b>	<b>405-912-5377</b>
1000 A S. SANTE FE, MOORE, 73160	
<b>SANTA FE TUSCON HOUSE .....</b>	<b>405-634-8888</b>
1000 S. SANTE FE, MOORE, 73160	
<b>THE LOOSEN CENTER .....</b>	<b>405-263-4658</b>
643 WEST TEXAS, OKARCHE, 73762	
<b>THE NOVA CENTRE.....</b>	<b>405-348-6682</b>
330 W. DANFORTH, EDMOND, 73034	
<b>WESTVIEW COTTAGES .....</b>	<b>405-282-0205</b>
1900 W. HARRISON, GUTHRIE, 73044	
<b>WESTVIEW COTTAGES #2.....</b>	<b>405-282-0205</b>
1900 W. HARRISON, GUTHRIE, 73044	
<b>WESTVIEW COTTAGES #3.....</b>	<b>405-282-0205</b>
1900 W. HARRISON, GUTHRIE, 73044	
<b>WESTVIEW. COTTAGES #2.....</b>	<b>405-282-0205</b>
1900 W HARRISON, GUTHRIE, 73044	

## **NURSING FACILITIES**

**<https://www.medicare.gov/care-compare/>**

## **CANADIAN COUNTY**

<b>EL RENO POST-ACUTE REHAB AND CARE CENTER.....</b>	<b>405-262-3323</b>
2100 TOWNSEND DR., EL RENO, 73036	
<b>GRAN GRAN'S PLACE .....</b>	<b>405-350-2311</b>
1110 S. CORNWELL DR., YUKON, 73099	
<b>RANCHWOOD NURSING CENTER .....</b>	<b>405-354-2022</b>
824 S. YUKON PARKWAY, YUKON, 73099	
<b>RIVER OAKS SKILLED NURSING &amp; THERAPY .....</b>	<b>405-262-2833</b>
1901 PARKVIEW DR., EL RENO, 73036	
<b>SPANISH COVE HOUSING AUTHORITY .....</b>	<b>405-354-1901</b>
11 PALM AVE., YUKON, 73099	

## CLEVELAND COUNTY

<b>24TH PLACE .....</b>	<b>405-329-6771</b>
600 24TH AVE. SW, NORMAN, 73069	
<b>GRACE SKILLED NURSING &amp; THERAPY .....</b>	<b>405-366-8800</b>
201 48TH AVE. SW, NORMAN, 73072	
<b>HOLIDAY HEIGHTS NURSING HOME .....</b>	<b>405-321-7932</b>
301 E. DALE, NORMAN, 73069	
<b>IGNITE MEDICAL RESORT .....</b>	<b>405-292-2273</b>
1050 RAMBLING OAKS DR., NORMAN, 73072	
<b>MEADOWLAKE ESTATES .....</b>	<b>405-703-3400</b>
959 S.W. 107 <sup>TH</sup> , OKLAHOMA CITY, 73139	
<b>MED PARK WEST REHAB &amp; SKILLED NC (EASTGATE IN MOORE) .....</b>	<b>405-321-2188</b>
3110 HEALTH PLEX DR., NORMAN, 73072	
<b>NOBLE HEALTH CARE CENTER .....</b>	<b>405-872-7102</b>
1501 N. 8 <sup>TH</sup> , NOBLE, 73068	
<b>OKLAHOMA VETERANS CENTER.....</b>	<b>405-360-5600</b>
1776 E. ROBINSON, NORMAN, 73070	
<b>THUNDER CARE AND REHABILITATION .....</b>	<b>405-794-2428</b>
2120 N. BROADWAY, MOORE, 73160	

## LOGAN COUNTY

<b>GOLDEN AGE NURSING HOME OF GUTHRIE, INC. ....</b>	<b>405-282-0144</b>
419 E. OKLAHOMA, GUTHRIE, 73044	
<b>WILLOW CREEK HEALTH CARE.....</b>	<b>405-282-1686</b>
2300 W. NOBLE, GUTHRIE, 73044	

## OKLAHOMA COUNTY

<b>ACCEL AT CRYSTAL PARK.....</b>	<b>405-635-9961</b>
315 S.W. 80TH ST, OKLAHOMA CITY, 73139	
<b>BELLEVUE HEALTH &amp; REHABILITATION CENTER.....</b>	<b>405-767-6500</b>
6500 N. PORTLAND AVE., OKLAHOMA CITY, 73116	
<b>BRADFORD VILLAGE.....</b>	<b>405-341-0810</b>
906 N. BLVD, EDMOND, 73034	

<b>BROOKWOOD SKILLED NURSING AND THERAPY .....</b>	<b>405-636-0626</b>
940 S.W. 84TH STREET, OKLAHOMA CITY, 73159	
<b>CAPITOL HILL SKILLED NURSING &amp; THERAPY .....</b>	<b>405-681-5381</b>
2400 S.W. 55 <sup>TH</sup> , OKLAHOMA CITY, 73119	
<b>CROSS TIMBERS SENIOR MENTAL HEALTH .....</b>	<b>405-251-9988</b>
1400 BUENA VISTA AVENUE, MIDWEST CITY, 73110	
<b>EDMOND HEALTH CARE CENTER .....</b>	<b>405-341-7715</b>
39 E. 33 <sup>RD</sup> , EDMOND, 73013	
<b>EMERALD CARE CENTER SOUTHWEST .....</b>	<b>405-632-7771</b>
5600 S. WALKER, OKLAHOMA CITY, 73109	
<b>EMERALD CARE CENTER MIDWEST CITY .....</b>	<b>405-737-6601</b>
2900 PARKLAWN DR., MIDWEST CITY, 73110	
<b>FAIRMONT SKILLED NURSING &amp; THERAPY .....</b>	<b>405-943-8366</b>
3233 N.W. 10 <sup>TH</sup> , OKLAHOMA CITY, 73107	
<b>HARRAH NURSING CENTER .....</b>	<b>405-454-6255</b>
2400 WHITES MEADOW DR, HARRAH, 73045	
<b>HERITAGE AT BRANDON PLACE .....</b>	<b>405-720-0010</b>
13500 BRANDON PLACE, OKLAHOMA CITY, 73142	
<b>HERITAGE MANOR .....</b>	<b>405-789-7103</b>
3804 N. BARR, OKLAHOMA CITY, 73122	
<b>HERITAGE PARK .....</b>	<b>405-789-7208</b>
6912 N.W. 23 <sup>RD</sup> , BETHANY, 73008	
<b>IGNITE MEDICAL RESORT .....</b>	<b>405-946-6932</b>
6312 N. PORTLAND, OKLAHOMA CITY, 73112	
<b>KINGWOOD SKILLED NURSING &amp; THERAPY .....</b>	<b>405-424-1449</b>
1921 N.E. 21 <sup>ST</sup> , OKLAHOMA CITY, 73111	
<b>LANDMARK OF MIDWEST CITY .....</b>	<b>405-737-8200</b>
REHABILITATION & NURSING CENTER LLC.	
8200 NATIONAL AVE., MIDWEST CITY, 73110	
<b>MID-DEL SKILLED NURSING AND THERAPY (GLC) .....</b>	<b>405-677-3349</b>
400 S. SCOTT ST., DEL CITY, 73115	
<b>NORTH WINDS LIVING CENTER .....</b>	<b>405-942-1014</b>
3718 N. PORTLAND, OKLAHOMA CITY, 73112	



<b>NORTHWEST NURSING CENTER .....</b>	<b>405-842-6601</b>
2801 N.W. 61ST ST., OKLAHOMA CITY, 73112	
<b>OAK HILLS LIVING CENTER .....</b>	<b>405-399-2294</b>
1100 W. GEORGIA, JONES, 73049	
<b>PARK PLACE HEALTHCARE AND REHAB .....</b>	<b>405-768-1155</b>
1530 N.E. GRAND BLVD, OKLAHOMA CITY, 73117	
<b>PARC PLACE MEDICAL RESORT .....</b>	<b>405-875-0040</b>
1400 E. MEMORIAL RD., OKLAHOMA CITY, 73131	
<b>SIENNA EXTENDED CARE AND REHAB .....</b>	<b>405-869-0700</b>
9221 E. HARMONY DR, MIDWEST CITY, 73130	
<b>SOUTH PARK/EAST .....</b>	<b>405-631-7444</b>
225 S.W. 35 <sup>TH</sup> , OKLAHOMA CITY, 73109	
<b>SOUTH POINTE REHAB &amp; HEALTH CENTER .....</b>	<b>405-685-4791</b>
5725 S. ROSS, OKLAHOMA CITY, 73119	
<b>ST. ANN'S HOME, INC. ....</b>	<b>405-728-7888</b>
9400 ST. ANN'S DRIVE, OKLAHOMA CITY, 73162	
<b>THE GRAND @ BETHANY SKILLED NURSING &amp; THERAPY .....</b>	<b>405-789-7242</b>
7000 N.W. 32 <sup>ND</sup> , BETHANY, OK, 73008	
<b>THE LAKES .....</b>	<b>405-773-8900</b>
5701 W. BRITTON RD, OKLAHOMA CITY, 73132	
<b>THE LODGE @ BROOKLINE .....</b>	<b>405-251-2847</b>
5301 N. BROOKLINE, OKLAHOMA CITY, 73112	
<b>THE TIMBERS SKILLED NURSING AND THERAPY .....</b>	<b>405-341-1433</b>
2520 S. RANKIN, EDMOND, 73013	
<b>THE WILSHIRE SKILLED NURSING &amp; THERAPY.....</b>	<b>405-478-0531</b>
505 E. WILSHIRE BLVD., OKLAHOMA CITY, 73105	
<b>THE WOLFE LIVING CENTER AT SUMMIT RIDGE .....</b>	<b>405-454-1400</b>
18501 N.E. 63 <sup>RD</sup> , HARRAH, 73045	
<b>TUSCANY VILLAGE .....</b>	<b>405-286-0835</b>
2333 TUSCANY BLVD, THE VILLAGE, 73120	
<b>WARR ACRES NURSING CENTER.....</b>	<b>405-721-5444</b>
6501 N. MACARTHUR, OKLAHOMA CITY, 73132	

<b>WILDEWOOD SKILLED NURSING &amp; THERAPY.....</b>	<b>405-427-5414</b>
1913 N.E. 50TH ST., OKLAHOMA CITY, 73111	
<b>WINDSOR HILLS NURSING CENTER.....</b>	<b>405-942-8566</b>
2416 N. ANN ARBOR, OKLAHOMA CITY, 73127	

**RESIDENTIAL CARE FACILITIES**

<b>HIGH CEDAR RESIDENTIAL CARE .....</b>	<b>405-447-2532</b>
18601 CEDAR LANE, NOBLE, 73068	
<b>SHILOH MANOR.....</b>	<b>405-745-3270</b>
8528 S.W. 74 <sup>TH</sup> , OKLAHOMA CITY, 73169	
<b>VETERAN'S HARBOR .....</b>	<b>405-943-2273</b>
4100 N. NEWPORT, OKLAHOMA CITY, 73112	

# PEST REMOVAL

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## BED BUG PEST CONTROL - INFORMATION SHEETS

Oklahoma State University County Extensions publish information sheets.  
Access their website or call your county extension office.

**CANADIAN COUNTY** ..... **405-262-0511**

**CLEVELAND COUNTY** ..... **405-321-4774**

**LOGAN COUNTY** ..... **405-282-3331**

**OKLAHOMA COUNTY** ..... **405-713-1125**

*"I Think I Have Bed Bugs"* ID# T-4419

*"Choosing a Pest Management Professional for Bed Bug Control"*

ID# EPP-7332

<https://extension.okstate.edu/county/>

## ANIMAL CONTROL SOLUTIONS - OKLAHOMA WILDLIFE SOLUTION ..... 405-256-3629

Provides removal of pests such as squirrels, raccoons, possums, skunks, and more in Oklahoma City, Edmond, and Norman.

<https://www.animalcontrolsolutions.com/oklahoma/oklahoma-city-animal-removal.html>

## DOG-GONE CRITTERS..... 405-370-7666

10017 W. ROLLING MEADOWS, MUSTANG, OK 73064

<https://dog-gone-critters.business.site/>

## CLASSIC'S PEST CONTROL LLC..... 405-306-6162

11306 COYOTE RUN, GUTHRIE, OK 73044

Rodent and insect control is available throughout the metro.

<http://pest-control.pros.contractors/guthrie-ok>

## EXO PEST SOLUTIONS ..... 405-808-9108

General inspections available for the Oklahoma City metro.

<http://www.exopestsolutions.com/>

## J & H PEST..... 405-585-8948

711 CEDAR AVE, YUKON, OK 73099

Weed, Pest, and Termite control in Yukon.

<https://jandhpest.com/>

- ATLAS TERMITE & PEST CONTROLS, INC..... 405-321-4643**  
3301 DESKIN DRIVE, NORMAN, 73069  
General pest control, rodents, and more.  
<https://www.atlasokla.com/>
- ORKIN PEST & TERMITE CONTROL ..... 405-724-6785**  
3620 S. MOULTON DRIVE, OKLAHOMA CITY, 73179  
[https://www.orkin.com/locations/oklahoma-ok/oklahoma-city-pest-control/branch-856?utm\\_source=local&utm\\_medium=local&utm\\_campaign=LCL0310](https://www.orkin.com/locations/oklahoma-ok/oklahoma-city-pest-control/branch-856?utm_source=local&utm_medium=local&utm_campaign=LCL0310)
- TERMINIX ..... 877-837-6464**  
13220 N. SANTA FE AVE, OKLAHOMA CITY 73114.....405-629-5049  
<https://www.terminix.com/exterminators/>

# PET CARE

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**ASPCA ANIMAL POISON CONTROL CENTER ..... 888-426-4435**

24 hours a day, 7 days week; consultation fee may apply.

<https://www.asPCA.org/pet-care/animal-poison-control>

**ANIMAL EMERGENCY CENTER..... 405-631-7828**

931 S.W. 74TH ST., OKLAHOMA CITY, OK 73139

24/7 Emergency Veterinary Services: emergency surgery, ultrasound, intensive care, orthopedic surgery, digital x-ray, and endoscope.

*Emergency care only.*

<https://www.okcanimalemergency.com/contact>

**ANIMAL WELLNESS CENTER OF OKC ..... 405-896-2120**

5720 S. PENNSYLVANIA AVENUE, OKLAHOMA CITY, OK 73119

Provides vaccinations, low cost spay/neuter, dental care, grooming, and boarding.

<https://www.awcokc.com/service>

**THE BELLA FOUNDATION ..... 866-318-7387**

PO BOX 20035, OKLAHOMA CITY 73156

Assists low-income, elderly or terminally ill pet owners with the cost of veterinary care when it cannot be afforded, or permanent homes for rescues.

<https://bellasPCA.org/veterinary-assistance>

**BEST FRIENDS OF PETS..... 405-418-8511**

(SPAY & NEUTER ASSISTANCE PROGRAM).....

720 W. WILSHIRE, SUITE 101-F, OKLAHOMA CITY 73116

Non-profit organization helping pets and pet owners. Spay and neuter for low income, Medicaid, DHS, SSI \$10.00 Cat. \$20.00 Dog (check current price). Will mail application and list of Veterinarians. Pet Adoptions & ID tags for pets in OKC metro.

<http://www.bestfriendsofpets.org>

**BETHANY ANIMAL HOSPITAL ..... 405-787-1222**

4312 N. COUNCIL ROAD, BETHANY, OK 73008

Provides veterinary services including dentistry, surgery, x-ray, microchipping, nutritional counseling and more.

<https://bethanyah.net/>

- BLUEPEARL PET HOSPITAL OKLAHOMA CITY, OK..... 405-749-6989**  
 1401 W. MEMORIAL RD., OKLAHOMA CITY, OK 73134  
 Specialty and emergency pet hospitals.  
[bluepearlvet.com](http://bluepearlvet.com)
- DOG GONE POOP..... 405-399-7297**  
 DOG GONE POOP, JONES, OK 73049  
 Takes care of pet waste.  
<http://doggonepoop.com/>
- DOGS AS FAMILY, INC. .... 405-771-4742**  
 P.O. BOX 13457, OKLAHOMA CITY, OK 73113  
 Adoption and Rescue. Takes in dogs from older persons. Also adopts out older dogs if space permits.  
<http://www.dogsasfamily.com/>
- EDMOND DOG PARK.....405-359-4630**  
 379 East 33<sup>rd</sup> St, Edmond 73013  
<https://www.edmondok.gov/facilities/facility/details/8>
- HAPPY TAILS MOBILE VET CLINIC ..... 405-609-2327**  
 3224 N.W. 50TH, OKLAHOMA CITY, OK 73112  
 Mobile services, wellness exams, vaccinations, pain management and other services are available.  
<https://www.happytailsmobilevetokc.com/>
- NEEL VETERINARY & EMERGENCY HOSPITAL ..... 405-947-8387**  
 2700 N. MACARTHUR BLVD, OKLAHOMA CITY, 73127  
 Open 24/7 emergency services for pets.  
<https://www.neel.vet/>
- PAW OK DOG PARK ..... 405-760-0292**  
 3303 N.W. GRAND BLVD, OKLAHOMA CITY, OK 73116  
<https://pawokpark.wildapricot.org/>
- PET FOOD PANTRY OF OKLAHOMA CITY ..... 405-664-2858**  
 Non-profit organization provides dog and cat food to low-income seniors, veterans and the homeless.  
<https://www.petfoodpantryokc.org/>

<b>PET VET ON WHEELS .....</b>	<b>405-820-6647</b>
Services to dogs & cats in OKC metro area.	
<a href="http://petvetonwheels.com/"><u>http://petvetonwheels.com/</u></a>	
<b>SAFE HAVEN CLINIC &amp; PET LODGE .....</b>	<b>405-733-4452</b>
5027 SPENCER ROAD, SPENCER, 73084	
<b>SOUTHSIDE DOG, CAT AND BIRD CLINIC.....</b>	<b>405-636-1484</b>
7020 S. SHIELDS, OKLAHOMA CITY, 73149	
Animal medicine & surgery.	
<a href="http://southsideclinic.com/fag/"><u>http://southsideclinic.com/fag/</u></a>	
<b>VETERINARY PET INSURANCE .....</b>	<b>800-872-7387</b>
Largest licensed pet medical insurance provider in U.S. Covers routine care as well as treatment of illnesses and injuries.	
<a href="http://www.petinsurance.com"><u>http://www.petinsurance.com</u></a>	
<b>THE VISITING VETERINARIAN .....</b>	<b>405-341-0000</b>
DR. DAVID NEWSOME	
2825 S. BROADWAY, EDMOND 73013	
Home office visits and house calls for dogs and cats.	
<a href="https://www.visitingvetedmond.org/"><u>https://www.visitingvetedmond.org/</u></a>	
<b>WILD CARE FOUNDATION .....</b>	<b>405-872-9338</b>
7601 84TH ST, NOBLE 73068	
Non-profit facility for rehabilitation of injured or orphaned wild animals.	
Supported through donations.	
<a href="https://www.wildcareoklahoma.org/"><u>https://www.wildcareoklahoma.org/</u></a>	

# PET FUNERAL CEMETERY AND CREMATORY SERVICES

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<b>ALL PAWS GO TO HEAVEN .....</b>	<b>405-313-7297</b>
4404 S. DIVISION ST, GUTHRIE, OK 73044	
Offers Private Crematory Services.	
<a href="https://allpawsok.com/"><u>https://allpawsok.com/</u></a>	
<b>HEAVENLY PETS .....</b>	<b>405-912-7387</b>
2402 REGENCY PL SUITE F, MOORE, OK 73160	
<a href="https://www.heavenlypetsok.com/"><u>https://www.heavenlypetsok.com/</u></a>	
<b>PET MEMORIES CREMATION SERVICE .....</b>	<b>405-840-0800</b>
1336 W. MAIN ST, OKLAHOMA CITY 73106	
<a href="https://petmemoriesok.com/"><u>https://petmemoriesok.com/</u></a>	
<b>PRECIOUS PETS CEMETERY .....</b>	<b>405-771-5510</b>
5510 N. SPENCER RD, SPENCER 73084	
<a href="https://www.preciouspetscemetery.com/"><u>https://www.preciouspetscemetery.com/</u></a>	
<b>PET MEMORIAL GARDENS .....</b>	<b>405-387-5737</b>
17560 STATE HIGHWAY 9, NORMAN 73072	
<a href="https://www.preciouspetscemetery.com/our-gardens-and-facilities/pet-memorial-gardens"><u>https://www.preciouspetscemetery.com/our-gardens-and-facilities/pet-memorial-gardens</u></a>	
<b>PET LOSS AT HOME (PET EUTHANASIA).....</b>	<b>877-219-4811</b>
<a href="https://petlossathome.com/"><u>https://petlossathome.com/</u></a>	



# SENIOR ORGANIZATIONS

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## **AARP FRIENDLY VOICE ..... 1-800-281-0145**

Hearing a friendly voice on the other end of the line can help in challenging times. Trained volunteers will provide a call to say hello. Call the number listed to request a call.

<https://www.aarp.org/home-family/friends-family/friendly-voice/>

## **AARP MEMBERSHIP PROCESSING CENTER ..... 888-687-2277**

3200 E. CARSON ST, LAKEWOOD, CA 90712

<http://www.aarp.org/benefits-discounts/my-membership/>

## **AARP NATIONAL OFFICE ..... 888-687-2277**

601 E. ST NW, WASHINGTON, DC 20049

<https://www.aarp.org/about-aarp/contact-us/?intcmp=AE-HP-FTR-CONTACT>

## **AARP, OKLAHOMA STATE OFFICE ..... 405-715-4472**

126 N. BRYANT, EDMOND, 73034

Provides information, education & advocacy on senior citizen – related issues, such as health care, transportation, housing, employment, voter registration, grief counseling, retirement planning and more.

<https://states.aarp.org/oklahoma/>

## **LOGAN COUNTY COUNCIL ON AGING ..... 405-282-1803**

1102 E. WARNER, GUTHRIE, 73044

<https://www.logancountycouncilonaging.com/>

## **NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES (NARFE)**

<https://www.narfe.org/site/ok/index.cfm>

## **NATIONAL COMMITTEE TO PRESERVE**

SOCIAL SECURITY AND MEDICARE .....202-216-0420

111 K ST NE, SUITE 700, WASHINGTON, DC 20002

<https://www.ncpssm.org/>

<b>OKLAHOMA ALLIANCE ON AGING .....</b>	<b>405-943-1895</b>
PO BOX 12008, OKLAHOMA CITY, 73157	
Meetings are held on the third Tuesday of the month in March, June, September, and December. Call for times.	
The Oklahoma Alliance on Aging monitors state and national legislation relating to services for the elderly. It publishes a newsletter to educate the general population about issues and pending legislation relating to older people.	
<a href="https://okallianceonaging.org/"><u>https://okallianceonaging.org/</u></a>	
<b>OKLAHOMA RETIRED EDUCATOR’S ASSOCIATION.....</b>	<b>800-310-2230</b>
323 E. MADISON, OKLAHOMA CITY 73105	
<a href="https://www.orea.org/"><u>https://www.orea.org/</u></a>	
<b>OKLAHOMA ASSOCIATION OF AREA AGENCIES ON AGING.....</b>	<b>580-562-4882</b>
The Oklahoma Association of Area Agencies on Aging, commonly referred to as O4A, is a nonprofit, statewide network of agencies that provide services for the elderly.	
<b>SILVER HAIRED LEGISLATURE, OKLAHOMA .....</b>	<b>405-521-2281</b>
<a href="https://oklahoma.gov/okdhs/services/aging/ohsl.html"><u>https://oklahoma.gov/okdhs/services/aging/ohsl.html</u></a>	
<b>STATE COUNCIL ON AGING .....</b>	<b>405-521-2281</b>
<a href="https://oklahoma.gov/okdhs/services/cap/ok-state-council-aging.html"><u>https://oklahoma.gov/okdhs/services/cap/ok-state-council-aging.html</u></a>	
<b>THE SENIOR CITIZEN’S LEAGUE.....</b>	<b>800-333-8725</b>
1800 DIAGONAL ROAD STE 600, ALEXANDRIA, VA 22314	
Established in 1992, it is one of the nation’s largest nonpartisan seniors’ groups.	
<a href="https://seniorsleague.org/"><u>https://seniorsleague.org/</u></a>	

# SHELTERS

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**CITY CARE NIGHT SHELTER, OKC..... 405-724-8439**

532 N. VILLA AVE, OKLAHOMA CITY, OK 73107

For men, women, families, and pets. Food and shelter for guests and pets.  
Reservations are recommended.

[www.citycareokc.org/homelesservices](http://www.citycareokc.org/homelesservices)

**CITY RESCUE MISSION..... 405-232-2709**

WOMEN'S ENTRANCE: 800 W. CALIFORNIA, OKLAHOMA CITY, 73106

MEN'S ENTRANCE: 914 W. CALIFORNIA AVE, OKLAHOMA CITY, 73106

Provides medical, dental, vision, veteran's benefits, on-site GED courses, and  
job placement services.

[www.cityrescue.org](http://www.cityrescue.org)

**GRACE RESCUE MISSION..... 405-232-5756**

2205 EXCHANGE AVE., OKLAHOMA CITY, 73108

Homeless shelter for men 19 years and older.

[http://www.cbaokc.net/grace\\_rescue\\_mission](http://www.cbaokc.net/grace_rescue_mission)

**HOMELESS ALLIANCE..... 405-415-8410**

1724 N.W. 4TH, OKLAHOMA CITY, 73106

Collaborates with service providers, city government, and local businesses in  
Oklahoma City.

[www.homelessalliance.org](http://www.homelessalliance.org)

**SALVATION ARMY EMERGENCY SHELTERS**

OKLAHOMA COUNTY.....405-246-1133

Emergency overnight shelter for those who find themselves homeless.

<https://salvationarmyokcac.org/oklahoma-county/>

**CLEVELAND COUNTY..... 405-364-9910**

318 E. HAYES ST, NORMAN, OK 73069

Check-in begins at 4:30 p.m. for available beds. Must have ID or police  
clearance letter from Norman PD. Individuals may stay up to 14 consecutive  
nights. Guests are eligible to return after 45 days.

<https://salvationarmyokcac.org/cleveland-county/>

**THE DAY SHELTER ..... 405-415-8500**

1724 N.W. 4TH ST, OKLAHOMA CITY, OK 73106

Serves breakfast and lunch, provides showers, offers access to computers, phone, and mail, and provides access to needed services including mental and physical healthcare, budgeting assistance, legal support, and multiple classes and programs. **Pet kennel available.**

**<https://homelessalliance.org/>**

# **TAX AND REAL ESTATE TAX INFORMATION**

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**AARP TAX COUNSELING FOR SENIORS ..... 888-687-2277**

**AARP/VOLUNTEER INCOME TAX ASSISTANCE ..... 866-295-7277**

Call for locations, days, and times. Available from February – April.

**INTERNAL REVENUE SERVICE ..... 800-829-1040**

FOR HELP IN LANGUAGES OTHER THAN ENGLISH AND SPANISH ..... **833-553-9895**

TTY/TDD ..... **800-829-4059**

TELE-TAX 800-829-4477, DIRECTORY OF TOPICS ACCESSIBLE BY KEYING IN #123.

PRE-RECORDED MESSAGES CONCERNING TAX ISSUES.

LOCAL OFFICE: 55 N ROBINSON, OKLAHOMA CITY 73102

LOCAL TAXPAYER ADVOCATE ..... **405-297-4057**

Tax information and assistance, All Oklahoma counties

**<http://www.irs.gov/taxtopics>**

**OKLAHOMA STATE TAX COMMISSION ..... 405-521-3160**

TAXPAYER RESOURCE CENTER

300 N. BROADWAY AVE., OKLAHOMA CITY, 73194

Services are provided in the areas of income tax, sales tax, withholding tax and car tags.

**<https://oklahoma.gov/tax/motor-vehicles/taxes-fees-penalties.html>**

## **REAL ESTATE/PERSONAL PROPERTY TAXES**

**CANADIAN COUNTY ..... 405-295-6000**

**CLEVELAND COUNTY ..... 405-366-0230**

**LOGAN COUNTY ..... 405-282-3509**

**OKLAHOMA COUNTY GENERAL INFORMATION ..... 405-713-1200**

**HOMESTEAD EXEMPTION ..... 405-713-1236**

# TRANSPORTATION

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**AGING SERVICES, INC. – KIWANIS KRUISER ..... 405-321-3200**

COMMUNITY SERVICES BUILDING, 1179 E. MAIN, NORMAN, 73071

**Serves Norman only.** Call for appointment. Provides transportation for people age 60+ and people with disabilities under age 60. Medical transportation, shopping, errands, etc.

[www.agingservicesok.com](http://www.agingservicesok.com)

**AIRPORT EXPRESS..... 405-681-3311**

Door to door van service. Make reservations 24 hours a day to and from Will Rogers Airport.

[www.airportexpressokc.com](http://www.airportexpressokc.com)

**AMERICAN CANCER SOCIETY OKLAHOMA CITY ..... 405-843-9888**

**ROAD TO RECOVERY PROGRAM ..... 800-227-2345**

Transportation to cancer related medical appointments. Must be able to get in and out of vehicle without assistance or bring another person with you. Notification of 3 business days prior to appointment required.

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

**ANNIETRANS NON-EMERGENCY TRANSPORTATION ..... 405-789-7070**

P.O. BOX 367, BETHANY, OK 73008

Medical transportation for ambulatory & wheelchair. Cost: \$50 one way within 25-mile radius of Oklahoma City.

**BRAND SENIOR CENTER ..... 405-799-3130**

501 E. MAIN, MOORE, 73160

Transportation within **city limits of Moore only** to doctor appointments, grocery store, and other locations. Schedule at least 1 day in advance.

[www.cityofmoore.com/community-places/senior-centers](http://www.cityofmoore.com/community-places/senior-centers)

**COMPASSIONATE HANDS ..... 405-354-9591**

119 S. 6TH, YUKON, 73099

Transportation for **Yukon residents only**, for shopping and medical appointments. Goes into Oklahoma City, however, trips can't be more than 20-mile radius one way. Must call at least one day in advance to schedule pick up Mon-Fri. 9:00 a.m.- 4:00 p.m.

[www.compassionatehandsyukon.com](http://www.compassionatehandsyukon.com)

<b>DAILY LIVING CENTERS.....</b>	<b>405-868-6627</b>
3000 N. ROCKWELL, BETHANY, 73008.....	<b>405-792-2401</b>
1681 S.W. 86TH ST OKLAHOMA CITY, 73159.....	<b>405-688-5388</b>
2600 EAST 2ND, EDMOND, 73034.....	<b>405-471-6867</b>
Age 60+, medical transportation available within service areas in Canadian, Logan and Oklahoma counties. Wheelchair accessible. Call for appointment availability.	
<b><u><a href="http://www.dailylivingcenters.org">www.dailylivingcenters.org</a></u></b>	
<b>EDMOND CITYLINK - CAPS (CITYLINK ACCESS PARATRANSIT SERVICE) .....</b>	<b>405-509-6370</b>
In Edmond, free curb-to-curb service with appointments for riders with disabilities. Wheelchair accessible. Call at least 1 day in advance to schedule. Must be within ¾ of a mile from a Citylink fixed route, excluding 100x Expresslink.	
<b><u><a href="http://www.Edmondok.com/931/caps-citylink-access-paratransit-service">www.Edmondok.com/931/caps-citylink-access-paratransit-service</a></u></b>	
<b>EDMOND SENIOR CENTER.....</b>	<b>405-216-7600</b>
2733 MARILYN WILLIAMS DRIVE, EDMOND	
Transportation to Senior Center within 6 miles.	
<b>EL RENO TRANSPORTATION.....</b>	<b>405-262-1968</b>
EL RENO SENIOR CENTER	
317 S. GRAND, EL RENO, 73036	
Shopping, medical, dental, social, recreational, etc. El Reno city limits.	
<b>EMBARK NORMAN .....</b>	<b>405-235-7433</b>
Public transportation, paratransit transportation curb-to-curb lift services for eligible individuals with a disability commuter route from OKC/Norman. Operates Monday through Saturday, no Sunday or holiday service. This service is for the city of Norman only.	
<b><u><a href="https://embarkok.com/norman">https://embarkok.com/norman</a></u></b>	
<b>EMBARK SENIOR SERVICES .....</b>	<b>405-297-2583</b>
<b>OKLAHOMA AND CLEVELAND COUNTY .....</b>	<b>OPTION #1</b>
<b>CANADIAN COUNTY .....</b>	<b>OPTION #2</b>
2000 S. MAY AVE, OKLAHOMA CITY, 73108	
Oklahoma, Cleveland, and Canadian counties. Transportation services for individuals 60 and over. Trips are available to access nutrition, grocery stores, wellness, and medical services, and other.	
<b><u><a href="http://www.embarkok.com/special-services">www.embarkok.com/special-services</a></u></b>	

<b>EMSA / TOTAL CARE .....</b>	<b>405-297-7100</b>
1111 CLASSEN DRIVE, OKLAHOMA CITY, 73103	
<a href="http://www.emsaonline.com">www.emsaonline.com</a>	
<b>FIRST CAPITAL TROLLEY .....</b>	<b>405-282-6000</b>
311 AIRPORT RD., GUTHRIE, 73044	
<u>Shuttle service:</u> <b>Guthrie</b> shuttle service with routes available to the public.	
Vehicles are accessible to riders with mobility disabilities. Operates Monday through Friday.	
<u>Demand-response:</u> On demand transportation to various locations such as doctor’s appointments, shopping, etc. Vans are wheelchair accessible.	
Operates 7 days a week. Call for information, prices, and to schedule a ride.	
<a href="http://www.firstcapitaltrolley.com">www.firstcapitaltrolley.com</a>	
<b>GOGOGRANDPARENT .....</b>	<b>855-464-6872</b>
Allows older adults to utilize on demand transportation 24/7 through Uber and Lyft.	
<a href="http://www.gogograndparent.com">www.gogograndparent.com</a>	
<b>GUARDIAN ANGELS CONCIERGE SERVICES .....</b>	<b>405-415-3055</b>
Transportation for medical, shopping, and errands.	
<a href="https://guardianangelsokc.com/">https://guardianangelsokc.com/</a>	
<b>HARRAH SENIOR CENTER .....</b>	<b>405-454-3586</b>
19791 SUMMERS AVE, HARRAH, OK 73045	
Van transportation provided to person’s aged 60 and older or disabled.	
Medical, shopping, and errands <b>within Harrah only</b> , as well as transportation to and from the senior center.	
<b>ITN CENTRAL OKLAHOMA .....</b>	<b>405-602-1558</b>
313 N.E. 50TH STREET, STE 2, OKLAHOMA CITY, 73105	
Riders sign up online or may request a member application.	
<a href="http://www.itncentraloklahoma.org">www.itncentraloklahoma.org</a>	
<b>LOGAN COUNTY AGING SERVICES .....</b>	<b>405-282-1803</b>
1102 E. WARNER, GUTHRIE, 73044	
Transportation for social activities, medical and shopping in Guthrie only.	
<a href="http://www.logancountycouncilonaging.org/">http://www.logancountycouncilonaging.org/</a>	



- MEDRIDE ..... 877-685-8267**  
4225 S.W. 44TH ST., OKLAHOMA CITY, 73119  
An alternative solution to your wheelchair and stretcher van support needs.  
Also does transportation to other activities such as: personal errands,  
shopping, concerts and visits with family and friends.  
[www.medride.com/](http://www.medride.com/)
- NATIONAL PATIENT TRAVEL CENTER HELPLINE ..... 800-296-1217**  
Provides information about forms of charitable, long-distance medically  
related transportation and provides referrals to appropriate sources of help.  
[www.patienttravel.org/](http://www.patienttravel.org/)
- SEND A RIDE ..... 800-731-1885**  
Non-emergency medical transportation, senior transportation; go to website  
or call to create an account & sign up. **Oklahoma City area.**  
<https://www.sendaride.com/>
- SOONERRIDE ..... 877-404-4500**  
Free rides for active Medicaid recipients for non-emergency medical, dental &  
prescription pick-up. Eligibility is determined by the Oklahoma Health Care  
Authority. Rides must be scheduled 3 days in advance. Call for further  
information.  
<https://oklahoma.gov/ohca/individuals/soonerride.html>
- YUKON SENIOR CENTER/DALE ROBERTSON CENTER ..... 405-350-7680**  
1200 LAKE SHORE DR., YUKON, 73099  
Yukon only. Round trip \$2 (Check current price).  
[http://www.yukonok.gov/city-departments/parks-  
recreation/facilities/m.staff/3521/view/267](http://www.yukonok.gov/city-departments/parks-recreation/facilities/m.staff/3521/view/267)

# TRAVEL INFORMATION

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## AIRLINES

WILL ROGERS WORLD AIRPORT .....	405-316-3200
ABM AIRPORT PARKING .....	405-316-3250
AIRPORT INFORMATION/TRAVELER'S AID .....	405-316-3271
<a href="https://www.flyokc.com/">https://www.flyokc.com/</a>	

## BUS SERVICE

GREYHOUND BUS .....	800-231-2222
<a href="https://www.greyhound.com/en">https://www.greyhound.com/en</a>	
JEFFERSON BUS LINES .....	858-800-8898
<a href="https://www.jeffersonlines.com/">https://www.jeffersonlines.com/</a>	

## TRAIN

AMTRAK – HEARTLAND FLYER .....	800-872-7245
100 SOUTH E.K. GAYLORD, OKLAHOMA CITY, 73102	
Destinations: OKC to—Norman-Purcell-Pauls Valley-Ardmore-Gainesville-Fort Worth	
<a href="http://heartlandflyer.com/">http://heartlandflyer.com/</a>	

## TRAVEL ASSISTANCE INFORMATION

UPWARD TRANSITIONS .....	405-232-5507
1134 W. MAIN, OKLAHOMA CITY, 73106	
Help for stranded travelers.	
<a href="https://upwardtransitions.org/">https://upwardtransitions.org/</a>	
OVERSEAS CITIZENS SERVICES.....	888-407-4747
US DEPARTMENT OF STATE, WASHINGTON, DC	
Information on travel problems and civil unrest in particular countries. Acts as liaison between travelers in trouble and their families.	
<a href="https://travel.state.gov/content/travel.html">https://travel.state.gov/content/travel.html</a>	

# PIKEPASS SERVICES

**PIKEPASS ..... 800-745-3727**  
QUAIL BROOK PLAZA  
4401 W. MEMORIAL RD, SUITE 130, OKLAHOMA CITY, 73134  
Pike passes are available at the above location and at some tag agencies.  
<https://www.pikepass.com/contact/StoreLocations.aspx>

# PASSPORT SERVICES

**U.S. PASSPORTS ..... 877-487-2778**  
<https://travel.state.gov/content/travel/en/passports.html/>

## CANADIAN COUNTY

203 N. EVANS AVENUE, EL RENO, 73127..... **405-262-5095**  
600 N. MUSTANG ROAD, MUSTANG, 73064 ..... **405-376-2681**

## CLEVELAND COUNTY

200 36<sup>TH</sup> AVE NW, NORMAN, 73072..... **405-366-6149**  
129 W. GRAY, NORMAN. 73069 ..... **405-321-0281**

## LOGAN COUNTY

201 W. OKLAHOMA AVENUE, GUTHRIE, 73044 ..... **405-282-4736**

## OKLAHOMA COUNTY

**OKLAHOMA COUNTY COURTHOUSE ..... 405-270-0082**  
COURT HOUSE  
COURT CLERK’S OFFICE  
320 ROBERT S. KERR AVE, ROOM 402, OKLAHOMA CITY  
8:00 a.m. - 4:00 p.m., Monday – Friday  
305 NW 5<sup>TH</sup>, OKC, 73102 ..... **405-232-2198**  
4901 W. RENO AVENUE, OKC, 73127 ..... **405-949-9761**  
28 E. MAIN, EDMOND, 73034 ..... **405-359-4515**  
407 W. COVELL ROAD, EDMOND, 73003..... **405-844-0958**  
<https://www.oklahomacounty.org/elected-offices/court-clerk>

## REAL ID SERVICES

DEPARTMENT OF PUBLIC SAFETY..... 405-425-2424

### PRESS 1

Contact your local Tag Agency to confirm they are processing REAL ID requests.

<https://oklahoma.gov/dps/real-id/get-real-id.html>

# VISION CARE AND AIDS

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## **BETTER VISION AHEAD: ADVANCED EYE CARE ..... 888-323-3937**

14701 N. SANTA FE, EDMOND, 73013 ..... **405-752-2733**

3151 W. TECUMSEH ROAD, SUITE 230 NORMAN, OK 73072 ..... **405-310-3088**

7300 S. WESTERN AVE., OKLAHOMA CITY, OK 73139

1703 PROFESSIONAL CIRCLE, YUKON, OK 73099

Expert care for refractive disorders, conditions of the aging eye, including cataract, eyelid reconstruction, glaucoma, corneal disease, and conditions related to diabetes and high blood pressure.

[www.bva20-20.com](http://www.bva20-20.com)

## **CATARACT INSTITUTE OF OKLAHOMA ..... 405-455-3937**

3840 S. BLVD, SUITE 103, EDMOND, 73013

[www.cataractinstituteofok.com](http://www.cataractinstituteofok.com)

## **DEAN MCGEE EYE INSTITUTE ..... 800-787-9012**

608 STANTON L. YOUNG BLVD., OKLAHOMA CITY, 73104 ..... **405-271-6060**

3500 N.W. 56TH ST., OKLAHOMA CITY, 73112 ..... **405-271-9500**

1005 MEDICAL PARK BLVD., EDMOND, 73013 ..... **405-271-0913**

Diagnosis, treatment, exams, and referrals.

[www.dmei.org](http://www.dmei.org)

## **EYE CARE AMERICA ..... 877-887-6327**

Referral services for persons who are 65 and over and have not had an eye exam for 3 years or more. No HMO, VA, or eye doctor. Not an eyeglass program. Online questionnaire to qualify.

[www.aao.org/eyecare-america](http://www.aao.org/eyecare-america)

## **HUMMEL EYE ASSOCIATES ..... 405-755-6111**

4205 MCAULEY BLVD., SUITE 401, OKLAHOMA CITY, 73120

Total eye care, including advanced no shot, no stitch, no patch cataract surgery, laser, eyelid procedures to improve vision, and glaucoma services.

[www.hummeleye.com](http://www.hummeleye.com)

## **INDIAN HEALTH SERVICE CENTERS ..... 405-948-4900 EXT 390**

309 S. ANN ARBOR AVE., OKLAHOMA CITY, OK 73128

<http://okcic.com/services-specialties/optometry/>

<b>LION’S EYE BANK .....</b>	<b>405-947-6540</b>
Provides assistance throughout Oklahoma for vision services.	
<b>MINISTRIES OF JESUS (VISION).....</b>	<b>405-340-7400</b>
1100 E. I-35 FRONTAGE RD., EDMOND, 73034	
Call at 10:00 a.m. Monday to schedule an appointment for vision.	
<u><a href="http://www.moj.com/">www.moj.com/</a></u>	
<b>SKYLINE EYE CLINIC .....</b>	<b>405-605-1079</b>
SKYLINE, 500 S.E. 15TH ST., OKLAHOMA CITY, 73129	
By appointment, for Oklahoma county residents only.	
<u><a href="http://www.skylineurbanministry.org">www.skylineurbanministry.org</a></u>	
<b>VARIETY CARE.....</b>	<b>405-632-6688</b>
4000 W. RENO AVE, OKLAHOMA CITY, OK 73107	
BRITTON - 721 W. BRITTON ROAD, OKLAHOMA CITY, 73114	
STRAKA TERRACE – 1025 STRAKA TERR., OKLAHOMA CITY, 73139	
<u><a href="http://www.varietycare.org">www.varietycare.org</a></u>	

### VISUAL AIDS

<b>AMERICAN PRINTING HOUSE FOR THE BLIND, INC .....</b>	<b>800-223-1839</b>
1839 FRANKFORT AVE., LOUISVILLE, KY 40206	
Aids, tools, and supplies for the visually impaired.	
<u><a href="http://www.aph.org">www.aph.org</a></u>	
<b>HUMANWARE .....</b>	<b>800-722-3393</b>
TECHNOLOGY VENDOR FOR VISUALLY IMPAIRED.	
<u><a href="http://www.humanware.com">www.humanware.com</a></u>	
<b>LIGHTHOUSE GUILD .....</b>	<b>800-284-4422</b>
250 WEST 64TH STREET, NEW YORK, NY 10023	
Resource materials for visually impaired.	
<u><a href="http://www.lighthouseguild.org">www.lighthouseguild.org</a></u>	

- NATIONAL BRAILLE PRESS..... 888-965-8965**  
**BOOKSTORE: 800-548-7323 EXT. 520**  
 88 ST. STEPHEN STREET, BOSTON, MA 02115  
 Empowers the blind and visually impaired with programs, materials, and technology supporting braille literacy and learning through touch.  
[www.nbp.org](http://www.nbp.org)
- NEWVIEW OKLAHOMA ..... 855-811-9699**  
 LOW VISION CLINIC, 4300 N. CLASSEN BLVD., OKLAHOMA CITY, 73118  
 MAIN OFFICE, 501 N. DOUGLAS, OKLAHOMA CITY, 73106  
 Information & assistance, independent skill training, employment, low vision rehabilitation and support services.  
[www.newviewoklahoma.org](http://www.newviewoklahoma.org)
- OKLAHOMA COUNCIL OF THE BLIND..... 877-578-6212**  
 PO BOX 1476, OKLAHOMA CITY, 73101  
 Membership organization for the blind and their families.  
<https://www.acb.org/affiliate-oklahoma>  
<http://okcb.accountsupport.com/>
- OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES..... 405-951-3400 V/TTY**  
 3535 N.W. 58TH ST., SUITE 500, OKLAHOMA CITY, 73112 ..... **800-845-8476**  
<https://oklahoma.gov/okdrs.html>
- OKLAHOMA LIBRARY FOR THE BLIND & PHYSICALLY HANDICAPPED ..... 405-521-3514**  
 300 N.E. 18TH ST., OKLAHOMA CITY, 73105 ..... **800-523-0288**  
 Visual services division, books & newspapers.  
[www.olbph.org](http://www.olbph.org)
- OLDER BLIND INDEPENDENT LIVING PROGRAM..... 405-522-3333**  
**OKLAHOMA DEPARTMENT OF REHABILITATION SERVICES (SHEPHERD CENTER)**  
 2401 N.W. 23RD ST., SUITE 91, OKLAHOMA CITY, 73107 .....  
<https://oklahoma.gov/okdrs/independence/blind/older-blind.html>

# VOLUNTEER OPPORTUNITIES

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## BE A NEIGHBOR

<https://beaneighbor.force.com/s/>

## CATHOLIC CHARITIES ..... 405-523-3000

1232 N. CLASSEN, OKLAHOMA CITY, 73106

Call for volunteer opportunities.

<http://www.catholiccharitiesok.org/>

## HOPE CENTER OF EDMOND ..... 405-348-1340

1251 N. BROADWAY, EDMOND, 73034

Serving zip codes 73034, 73013, 73003, 73007, 73025, and 73012.

Has assistance with food, hygiene items, clothing, household items, utility assistance, rental assistance and others.

<http://hopecenterofedmond.com/>

## LOGAN COUNTY AGING SERVICES ..... 405-282-1803

1102 E. WARNER, GUTHRIE, 73044

An Areawide Aging Agency funded project.

<http://www.logancountycouncilonaging.org/?newsid=97604>

## MEALS ON WHEELS OKC ..... 405-609-1035

222 N.W. 15, OKLAHOMA CITY, 73103

Volunteers are needed across all of Oklahoma County to help homebound seniors receive life-sustaining meals.

<https://www.endinghungerokc.org/volunteers>

## LONG TERM CARE OMBUDSMAN VOLUNTEER PROGRAM ..... 405-942-8500

4101 PERIMETER CENTER DR, SUITE 310, OKLAHOMA CITY, 73112

Ombudsman advocate on behalf of the residents in Long-Term health care facilities and assisted living. They assist in protecting residents' rights by providing information, exploring problems, and recommending corrective action. Ombudsman Volunteers are critical to the success of the program.

<https://www.areawideaging.org/>



<b>OKLAHOMA COUNTY SENIOR NUTRITION PROGRAM .....</b>	<b>405-949-2709</b>
5016 N.W. 10TH ST, OKLAHOMA CITY, 73127	
The program supports a network of nutrition sites in Oklahoma County that provide hot, nutritious meals for senior adults. The locations also offer social activities and health and wellness education.	
An Areawide Aging Agency funded project.	
<b>OU MEDICAL CENTER, CHILDREN’S HOSPITAL .....</b>	<b>405-271-4100</b>
1200 N. CHILDRENS AVENUE, OKLAHOMA CITY, 73104	
Contact the volunteer office for information about becoming a hospital volunteer.	
<a href="https://www.ouhealth.com/oklahoma-childrens-hospital-office-of-philanthro/volunteer/"><u>https://www.ouhealth.com/oklahoma-childrens-hospital-office-of-philanthro/volunteer/</u></a>	
<b>REGIONAL FOOD BANK OF OKLAHOMA .....</b>	<b>405-972-1111</b>
3355 S. PURDUE AVE., OKLAHOMA CITY 73179	
On-site volunteers will sort, pack, and prepare food for food bank programs.	
<a href="https://www.regionalfoodbank.org/volunteer/"><u>https://www.regionalfoodbank.org/volunteer/</u></a>	
<b>RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP).....</b>	<b>405-605-3110</b>
<b>OF CENTRAL OKLAHOMA</b>	
7401 N.E. 23RD ST, OKLAHOMA CITY, 73141	
Links persons age 55+ with volunteer opportunities. Additional services: Professional Volunteer Service and America Reads.	
<a href="https://rsvpokc.org/get-involved/"><u>https://rsvpokc.org/get-involved/</u></a>	
<b>SCORE (SERVICE CORPS. OF RETIRED EXECUTIVES).....</b>	<b>405-233-3050</b>
301 N.W. 6TH, SUITE 116, OKLAHOMA CITY, 73102	
Volunteers must have a previous business background. Help start new businesses & help businesses in trouble.	
<a href="https://oklahomacity.score.org/"><u>https://oklahomacity.score.org/</u></a>	
<b>UNITED WAY OF CENTRAL OKLAHOMA VOLUNTEER CENTER .....</b>	<b>405-236-8441</b>
1444 N.W. 28 <sup>TH</sup> , OKLAHOMA CITY 73106	
<a href="https://www.unitedwayokc.org/get-involved/volunteer/"><u>https://www.unitedwayokc.org/get-involved/volunteer/</u></a>	