

I will Support the Work of Areawide Aging Agency!

Detach and include with your donation.

Last Name: _____ First: _____ MI: _____

Street Address: _____

City: _____ State: _____ Zip _____

Telephone: _____ EMAIL: _____

- My donation is in honor / memory of _____
- Please Check: if you would prefer your contribution and/or name be kept confidential

- Send me information on Planned Giving and Bequests!
- I want to know more about volunteer opportunities!
- I want to receive the SAGE AGE quarterly newsletter!
- Send me information about special events, conferences, and workshops!

Areawide Aging Agency is a non-profit 501(c)(3) organization. Contributions are tax deductible.

WAYS YOU CAN HELP

Chances are someone you know or care about has been helped by services offered through Areawide Aging Agency.

DONATE

Your generosity will help us to...

Provide more programs which improve the quality of life for all seniors

Reduce the number of seniors on waiting lists for meals and other supportive services

Develop needed transportation options

Enhance and increase caregiver support and respite services

Expand affordable housing options

VOLUNTEER

Consider giving us the gift of your time to advocate, lead workshops and assist us in providing services to the community.

Areawide Aging Agency, Inc. does not discriminate in admissions, access, treatment or employment, in its programs or activities on the basis of race, creed, color, gender, age, ancestry, religion, national origin, sexual preference, or disability.

Areawide Aging Agency is dedicated to advancing the dignity and independence of older adults in our community.



Many older adults suffer in silence because they do not know help is available.



Areawide Aging Agency

4101 Perimeter Center DR . 310
Oklahoma City, OK 73112

Main: (405) 942-8500
Information: (405) 943-4344
Fax: (405) 942-8535

What we do...

- **Assess the needs of seniors**
- **Coordinate programs**
- **Link seniors to resources**
- **Provide services**

Seniors Depend on Areawide Aging Agency

Our work involves funding, coordinating and monitoring programs authorized by the Older Americans Act. Services are available to adults age sixty and older which help them remain independent.

A variety of programs and services are available in the community through funding provided by state, federal, private and foundation grants, United Way of Central Oklahoma, and donations which are coordinated by Areawide Aging Agency. Congregate and Home Delivered Meals, Homemaker, Outreach, Respite for Caregivers, Transportation, Legal Education and Assistance programs are provided by Areawide funded projects.

For a complete list of projects or to request assistance, please contact our Information line at :

(405) 943-4344

The following is a partial list of programs provided by Areawide:

Areawide has been the principal developer of programs and services for the elderly for more than 35 years!

Aging Helpline

Funding for this program is provided through private donations and special grants. We help seniors in crisis with assistance not available through any other source. Resources are limited, applicants must meet eligibility requirements.

Long-Term Care Ombudsman

This program serves residents in long-term health care facilities and assisted living. The Ombudsman advocates on behalf of residents. They assist in protecting residents' rights by providing information, exploring problems and recommending corrective action.



Ombudsman Volunteers are critical to the success of the program.

Information and Assistance

Connects individuals, caregivers and professionals to services which may best meet their needs. The *Survival Kit for Seniors*, a 200+ page resource directory is compiled and published by the Information and Assistance division of Areawide.

Living Longer Living Stronger with Chronic Conditions



A six-week workshop series emphasizing strategies to improve your health— one step at a time. Participants learn better ways of coping with chronic illness. Stanford Certified Volunteer Leaders facilitate workshops. Call us to find about workshops available in your community.



Our Aging Specialists assist individuals and caregivers in locating services and resources. We understand you appreciate your independence, thanks to the services available through Areawide Aging Agency you are able to remain independent!



Areawide Aging Agency

(405) 942-8500



Aging Services Division
Oklahoma Department of Human Services

United Way
Partner Agency

